

BC Gymnastics "Come Flip , GET FIT"

2018 Winter Schedule

11-week session of classes begin Tuesday, January 2nd

Times/Day	Monday	Tuesday	Wednesday	Thursday	Friday
9:15-10:00					
10:00-10:45	<u>Guided Gym Buddies</u> Walking-age 2		<u>Gym Buddies</u> Age 2		<u>Gym Buddies</u> Age 2
10:45-11:30	SUPER FUNday Monday!		<u>Tots age 4</u>		<u>Tots age 3 & 4</u>
11:00-11:45	<u>11-12pm Parent & Tot open gym walking - 4 yrs</u>			<u>Gym Buddies</u> Age 2	
11:45-12:30	\$6 members \$10 non-members	<u>Tots age 4</u>		<u>Tots age 3</u>	
12:30-1:15					

Times/Day	Saturday
9:15-10:00	<u>Guided/Gym Buddies</u> Walking/age2
10:00-11:00	<u>Gym Buddies</u> Age 2
Advanced Note Time 10:30-12 (90 minute class)	
*Tots & Gym Buddies 10-10:45	
11:00-12:00	
12:00-12:45 (Tots & Gym Buddies)	
12:00-1:00	<u>Gym Buddies</u> Age 2 <u>Girls Intermediate</u>
1:00-1:45 (tots)	<u>Tots age 4</u>
1:00-2:00	<u>Girls Basics</u> Ages 7-9
2:00-3:00	
***** Trampoline & Tumbling Note Time 2-3:30 (90 minute class) *****	
	<u>3:30-4:30</u> <u>4:30-5:30</u> Adult Gymnastics level 1 Adult Gymnastics level 2

Times/Night	Monday	Tuesday	Wednesday	Thursday	Friday
4:30-5:30		<u>Boys Basics</u> Ages 5-6			
TOTS 45 MIN 4:30-5:15	<u>Mini Tumblers</u> Ages 4-6	<u>Tots age 4</u>	<u>Tots age 3</u>		
5:30-6:30	<u>Mini Tumblers</u> Ages 4-6		<u>Girls Basics</u> Ages 5-6	<u>Tots age 3 & 4</u>	
TOTS 45 MIN 5:30-6:15	<u>Tots age 3</u>	<u>5pm Training Track</u>	<u>5pm Girls Advanced</u>	<u>5pm Girls Advanced</u>	
*Advanced & Training Track NOTE TIME 5pm-6:30 (90 minute classes)	<u>5pm Girls Advanced</u>			<u>5pm Training Track</u>	
6:30-7:30		<u>Girls Basics 5-6</u>			
TOTS 45 MIN 6:30-7:15	<u>Tots age 4</u>				
Advanced NOTE TIME 6:30-8PM	<u>Mini Tumblers</u> Ages 4-6	<u>FIT Games!</u> Boys & Girls Ages 6+		<u>Boys Basics</u> Ages 5+	
7:30-8:30					<u>Open Gym</u> <u>7:30-9pm</u>
	Adult Gymnastics 9-10pm		Adult Gymnastics 9-10pm		

