



Download our app (MINDBODY) and book your classes

CHECK-IN: #guidingeyes

May 2018(cleveland)

Find this online @ saramorelandfitness.com

662-207-BFIT; Studiosgreenville@yahoo.com

Facebook: Studio S Instagram: Stu.dio.s

Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
	1 5:15a Kicked 5:30p Studio ² 6:15p Beginner BC	2 5:15a Bootcamp 5:30p GRIT 6:15p Beginner BC	3 5:15a Buns & Guns 5:30p Flex 6:15p Beginner BC	4 5:15a Bootcamp	5
7 5:15a Bootcamp 5:30p Buns & Guns 6:15p Beginner BC	8 5:15a Figure 4 5:30p Triple Fit 6:15p Beginner BC	9 5:15a Bootcamp 5:30p Arm Assault 6:15p Beginner BC	10 5:15a Strength Training 5:30p Leg Crusher 6:15p Beginner BC	11 5:15a Bootcamp	12 9:00a \$5 class
14 5:15a Bootcamp 5:30p GRIT 6:15p Beginner BC	15 5:15a Mashup 5:30p Figure 4 6:15p Beginner BC	16 5:15a Bootcamp 5:30p Kicked 6:15p Beginner BC	17 5:15a Flex 5:30p Strength Training 6:15p Beginner BC	18 5:15a Bootcamp	19
21 5:15a Bootcamp 5:30p Arm Assault 6:15p Beginner BC	22 5:15a GRIT 5:30p Flex 6:15p Beginner BC	23 5:15a Bootcamp 5:30p Hercules 6:15p Beginner BC	24 5:15a Pound Hybrid 5:30p TACS 6:15p Beginner BC	25 5:15a Bootcamp	26 9:00a \$5 class
28 No Class Memorial Day	29 5:15a Leg Crusher 5:30p Mashup 6:15p Beginner BC	30 5:15a Bootcamp 5:30p Studio ² 6:15p Beginner BC	31 5:15a Arm Assault 5:30p Buns & Guns 6:15p Beginner BC		

1 Class \$5 - Studio S unlimited Mon-Fri classes; excludes Saturday
(draft/advanced payment only) \$40 - Studio S Mon -Fri classes +
ANYTIME Fitness membership \$50---Saturday classes \$5