

November
4
2017

Community **HEALTH EXPO**

10 a.m. - 1 p.m. Waccamaw Elementary School Gym
5901 Waccamaw School Road NW, Ash

FREE HEALTH EDUCATION SESSIONS, HEALTH RESOURCES

FREE
swag bag
and giveaways

Pretty in Pink Foundation

Get information about **breast cancer patient care** and support services for uninsured and under-insured.



Project Lifesaver

Learn about the **Project Lifesaver bracelet program** for Brunswick County residents who are caring for loved ones with **Alzheimer's, Dementia, Autism** or other special needs conditions.



Brunswick County Health Services

The health department offers a wide array of services to county residents.

HEALTH AND WELLNESS



Children's Yoga Demo Classes and Techniques

Movement education has both physical and cognitive benefits and **can help children** from all walks of life.

FREE Vitamin Program for Kids

Receive **free vitamins** for kids through Coastal Drug Store. Information on **diabetic care (i.e. shoes, socks)**. Free classes offered.

Veterans Health Services and Resources

Are you or a family member eligible for **military benefits** through the Department of Veterans Affairs? **Find out if you qualify.**

and so much more!

Registration is FREE!

Register early to receive your **free** health and wellness swag bag.

Register online at www.rooseveltandruthfoundation.org. Onsite registration available day of event.

Questions? Contact Natasha Godwin at natasha@rooseveltandruthfoundation.org or 910-250-8764

FREE: registration, swag bag, kids vitamin program, yoga demo, skin care tips, stress relieving techniques, and information about veteran services, military benefits, diabetic care, Alzheimer's, Dementia, Autism and cancer.

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