



# FUN damental

## Skills & Fitness

### IAAF

# Kids' Athletics



## Join in to enjoy!



# What is Kids' Athletics?

- An introduction to a range of play and experiential learning activities that involve maximum participation for all participants
  - Participants enjoy learning the fundamental skills of run, jump and throw using modified equipment
  - An introduction to team-based competition in an age appropriate format focussed on fun and keeping kids moving
- Promotes the values of effort, mutual respect within a team, responsibility and autonomy
- Supports our next generation of active, healthy, sport loving children

"I always need to get a drink when I'm doing Athletics. It's so much fun when we have to keep one heel against the wall then switch feet or run to the other side. Sometimes Mike (coach) tries to trick us. I now know how to start a running race!"

Year 2 student

"Jumping in and out of the hoops was so much fun. I keep on smiling. This is my favourite day!"

Foundation student

Debney Meadows Primary School, Victoria

## SPORTING Schools

Sporting Schools is a \$100 million Australian Government initiative designed to help schools to increase children's participation in sport, and to connect children with community sport.

In partnership with National Sporting Organisations (NSOs), like Athletics Australia, Sporting Schools will help to coordinate coaches and teachers to deliver sport before, during and after school hours.

Over 4,000 schools have already registered to be a part of this initiative committed to helping sports, schools and communities work closer than ever before to grow sporting activity in schools.

The Sporting Schools programs are underpinned by the quality assurance provided by the NSOs, supported with school grants from the Australian Sports Commission and importantly, the programs are free to families.

## How to select Kids' Athletics



## Did you know? Kids' Athletics is:



The only curriculum aligned athletics sports program



Sport in sessions delivered in 2015



requested sport in 2015

The IAAF Kids' Athletics program is the only nationally endorsed Athletics program for Sporting Schools. Kids' Athletics is delivered by endorsed specialist coaches, coaching on behalf of Athletics Australia.



The IAAF Kids' Athletics program is one of the biggest grassroots development programs in the world of sports.

Created by the international athletics association, the IAAF, Kids' Athletics reaches in excess of 1.5 million kids across 100 countries.



# Key Contacts

## SPORTING Schools

### Sporting Schools Program

 [www.sportingschools.gov.au/sports/athletics-australia](http://www.sportingschools.gov.au/sports/athletics-australia)

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