



CALENDAR AND OVERVIEW Out Patient Program (January 2017)

Week	Monday Date	Program	Tuesday Date	Program	Thursday Date	Program
1	January 9, 2017	Margot Doelker: Parameters Group Introductions Cognitive & Behavioral Therapy Group Work	January 10, 2017	Group Session on Grief	January 12, 2017	<ul style="list-style-type: none"> • Introduction – Everyone’s Life is a Story • Close with a Reading • Rising Strong Manifesto
2	January 16, 2017	[No Session – MLK Day]	January 17, 2017	Group Session on Grief	January 19, 2017	<ul style="list-style-type: none"> • The Larger Story • Time Lines (First Quarter) • Close with a Reading • Rising Strong Manifesto
3	January 23, 2017	Cognitive & Behavioral Therapy Group Work	January 24, 2017	[Brenda Lawrence -- AA]	January 26, 2017	<ul style="list-style-type: none"> • Core Desires • Time Lines (Second Quarter) • Close with a Reading • Rising Strong Manifesto
4	January 30, 2017	Cognitive & Behavioral Therapy Group Work	January 31, 2017	[Brenda Lawrence - AA]	February 2, 2017	<ul style="list-style-type: none"> • Times Lines (Third Quarter) • Brene’ Brown <ul style="list-style-type: none"> ▪ TED Talks ▪ Rising Strong Process ▪ Lamp Values Exercise • Close with a Reading • Rising Strong Manifesto
5	February 6, 2017	Cognitive & Behavioral Therapy Group Work	February 7, 2017	Kathleen Logan: “Everyday Courage” and “Trusting People: Can Be Dangerous, So Why Should You Do It”	February 9, 2017	<ul style="list-style-type: none"> • Time Lines (Finalizing) • Creative Process (Story Ropes) • Close with a Reading • Rising Strong Manifesto
6	February 13, 2017	Cognitive & Behavioral Therapy Group Work	February 14, 2017	Kathleen Logan “Be the Catalyst for the Changes You Want in Life” and “Self-esteem: Our Psychological Life Blood”	February 16, 2017	<ul style="list-style-type: none"> • Haunted by a Question • Time Lines (Sharing) • Rising Strong Manifesto • Close with a Reading

7	February 20, 2017	Cognitive & Behavioral Therapy Group Work [President's Day?]	February 21, 2017	Lisa Long [One Hour]	February 23, 2017	<ul style="list-style-type: none"> • Time Lines Sharing • Overview of Writing Assignment • Creative Project • Close with a Reading • Rising Strong Manifesto
8	February 27, 2017	Cognitive & Behavioral Therapy Group Work	February 28, 2017	Kathleen Logan: "Overcoming Obstacles in Life" and "Stress Management"	March 2, 2017	<ul style="list-style-type: none"> • Time Lines Sharing • Overview of Writing Assignment • Wounded • Sharing Answers to Wounded Questions • Writing Begins in Class (SFT) • Story Time Assignments Given • Close with a Reading • Rising Strong Manifesto
9	March 6, 2017	Cognitive & Behavioral Therapy Group Work	March 7, 2017	Kathleen Logan: "Hope and Happiness"	March 9, 2017	<ul style="list-style-type: none"> • AD-Venture Art Project • Story Time • Close with a Reading • Rising Strong Manifesto
10	March 13, 2017	Cognitive & Behavioral Therapy Group Work	March 14, 2017	Kathleen Logan: "Assertiveness: Stand Up For Yourself" and "Success: What Does It Mean for a Woman?"	March 16, 2017	<ul style="list-style-type: none"> • Dream Workshop • Story Time • Close with a Reading • Rising Strong Manifesto
11	March 20, 2017	Cognitive & Behavioral Therapy Group Work	March 21, 2017	[Brenda Lawrence – AA]	March 23, 2017	<ul style="list-style-type: none"> • The Wound • Story Time • Close with a Reading • Rising Strong Manifesto
12	March 27, 2017	Cognitive & Behavioral Therapy Group Work	March 28, 2017	[Brenda Lawrence]	March 30, 2017	<ul style="list-style-type: none"> • Story Time • Close with a Reading • God Given Name/Role/Celebration • Rising Strong Manifesto • Cover TFC Opportunities

13	April 3, 2017	Cognitive & Behavioral Therapy Group Work (Make up from MLK Day)	April 4, 2017	[No Session]	April 6, 2017	[No Session]
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