

**Boots and Buddies Therapeutic Riding**  
203-733-6657

**Student's Application and Health History**

**GENERAL INFORMATION**

Participant name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender M  F

Email: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ H/W/C

Alternate Phone: \_\_\_\_\_ H/W/C

Participant's employer/school: \_\_\_\_\_

**Mother/Guardian:** \_\_\_\_\_ Email: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

**Father/Guardian:** \_\_\_\_\_ Email: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

How did you hear about the program? \_\_\_\_\_

Are you or someone you know a veteran or a member of the armed forces? Yes  No

---

# Boots and Buddies Therapeutic Riding

203-733-6657

## Student's Application and Health History (cont'd.)

### HEALTH HISTORY

Diagnosis: \_\_\_\_\_ Date of onset: \_\_\_\_\_

Please indicate current or past special needs in the following areas:

Area	Y	N	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Asthma/Respiratory			
Digestion			
Elimination			
Circulation			
Emotional/Mental Health			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognition			
Allergies			

List all of participant's current prescription and over-the-counter medications/ supplements, including dose and frequency:

---

---

---

---

---

---

---

---

# Boots and Buddies Therapeutic Riding

203-733-6657

## Student's Application and Health History (cont'd.)

**Describe abilities/difficulties in these areas (include assistance required or equipment needed):**

**Physical function**(e.g. mobility functions such as transfers, walking, wheelchair use, riding):

---

---

---

---

---

---

---

---

**Psycho-social function**( e.g. work/school, including grade completed; leisure interests; relationships/family structure; support systems; companion animals; fears/concerns):

---

---

---

---

---

---

---

---

**Goals** (e.g. reasons you are applying for participation and what you would like to accomplish):

---

---

---

---

---

---

---

---

# Boots and Buddies Therapeutic Riding

203-733-6657

## Student's Application and Health History (cont'd.)

Would you be willing/able to take your child out of school early in order to participate in our programs? Yes  No

Additional comments:

---

---

---

---

---

---

In addition to riding, some students also choose to participate in unmounted sessions to learn general horsemanship skills and experience bonding with therapeutic animals.

Please check here if you are interested in these programs:

**Boots and Buddies Therapeutic Riding**  
203-733-6657

**Authorization for Emergency Medical Treatment**

Participant name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Physician's name: \_\_\_\_\_

Preferred medical facility: \_\_\_\_\_

Allergies to medications: \_\_\_\_\_

Current medications: \_\_\_\_\_

**In the event of an emergency, contact:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate Phone(s): \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate Phone(s): \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate Phone(s): \_\_\_\_\_

**Boots and Buddies Therapeutic Riding**  
203-733-6657

**Authorization for Emergency Medical Treatment (cont'd.)**

If emergency medical aid/treatment is required due to illness or injury during the process of receiving services, I authorize Boots and Buddies Therapeutic Riding to:

1. Secure and retain medical treatment and transportation, if needed.
2. Release client records upon request to the authorized individual or agency involved in the emergency medical treatment.

**Consent Plan**

This authorization includes x-rays, surgery, hospitalization, medication and any treatment procedure deemed "lifesaving" by the physician. This provision will only be invoked if the person(s) above is(are) unable to be reached.

Date: \_\_\_\_\_ Consent

Signature: \_\_\_\_\_

Signature of parent/legal guardian/conservator of participant in his/her name  
**REQUIRED if participant is under 18**

**Non-Consent Plan**

I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while on the property of the farm associated with the agency. A parent or legal guardian will remain on site at all times during equine-assisted activities. In the event that emergency medical treatment/aid is required, I wish the following procedure to take place:

\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_ Non-Consent

Signature: \_\_\_\_\_

Signature of parent/legal guardian/conservator of participant in his/her name  
**REQUIRED if participant is under 18**

# Boots and Buddies Therapeutic Riding

203-733-6657

## Liability Release (Required)

\_\_\_\_\_ (**Participant name**) would like to participate in the Boots and Buddies Therapeutic Riding program. I acknowledge the risks and potential for risks of horseback riding and related equine activities, including grievous bodily harm. However, I feel that the possible benefits to myself/my child/my ward are greater than the risks assumed. I hereby, intending to be legally bound for myself, my heirs and assigns, executors, and administrators, waive and release forever all claims for damages against Boots and Buddies Therapeutic Riding, its Board of Directors, Instructors, Therapists, Aids, Volunteers, Employers and/or any farms, stables, clubs and its officers, directors, employees, agents, landowner and members for any and all injuries and/or losses I/my child/my ward may sustain while participating in the program from whatever cause including but not limited to the negligence of these released parties. This hold harmless agreement shall extend to all activities engaged in, including but not limited to equine-assisted therapeutic activities and horseback riding.

I have read and understood the foregoing and fully consent to the provisions contained herein:

Date: \_\_\_\_\_

Current Signature: \_\_\_\_\_

Signature of parent/legal guardian/conservator of participant in his/her name  
**REQUIRED if participant is under 18**

Witness signature: \_\_\_\_\_

**Required and must be a non-family member**

Print witness name: \_\_\_\_\_ Date: \_\_\_\_\_

# Boots and Buddies Therapeutic Riding

203-733-6657

## Photo Release

For valuable consideration given and which is hereby acknowledged, the undersigned hereby grants to Boots and Buddies Therapy Services, Inc. permission to take or have taken still and moving photographs and films, including television pictures of my child/self, \_\_\_\_\_ (**Participant Name**), and consents to and authorizes Boots and Buddies Therapeutic Riding, its advertising agencies, news media, and any other parties interested in Boots and Buddies Therapeutic Riding, and its work, to use and reproduce the photographs, films and pictures and to circulate and publicize the same by all means including without limiting the generality of the foregoing newspapers, television media, brochures, pamphlets, instructional material, books, clinical material, website and any other form of media.

With respect to the foregoing matters, no inducements or promises have been made to me/us to secure my/our signature(s) to this release other than the intention of Boots and Buddies Therapeutic Riding to use or cause to be used such photographs, films and pictures for the primary purpose of promoting and aiding Boots and Buddies Therapeutic Riding and its work.

I hereby consent to and authorize

I do not consent to, nor do I authorize

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Signature of parent/legal guardian/conservator of participant in his/her name

**REQUIRED if participant is under 18**



# Boots and Buddies Therapeutic Riding

203-733-6657

Dear Health Care Provider:

Date: \_\_\_\_\_

In order to safely provide equine-assisted therapeutic services, our center requests that you complete/update the attached Medical History and Physician's Statement Form.

Please note that the following conditions may suggest precautions and/or contraindications to horseback riding and/or other equine-assisted activities. Therefore, please note whether these conditions are present, and to what degree.

## Orthopedic

- Atlantoaxial instability-include neurologic symptom
- Coxa Arthrosis
- Cranial deficits
- Heterotopic Ossification/ Myositis Ossificans
- Joint subluxation/dislocation
- Osteoporosis
- Pathologic fractures
- Spinal Joint Fusion/Fixations
- Spinal Joint Instability/ Abnormalities

## Other

- Age- under 4 years
- Indwelling catheters/Medical Equipment
- Medications (i.e. those which cause photosensitivity)
- Poor endurance
- Skin breakdown
- Recent surgeries without physician's clearance

## Medical/Psychological

- Allergies
- Animal abuse
- Cardiac condition
- Physical/sexual/emotional abuse
- Blood pressure control
- Dangerous to self or others
- Exacerbations of medical conditions
- Fire settings/pyromania
- Hemophilia/other blood-clotting disorder
- Substance abuse
- Thought Control Disorder
- Weight Control Disorder

## Medical Instability

- Migraines
- PVD
- Cord/Hydromyelia Respiratory Compromise

## Neurologic

- Hydrocephalus/Shunt
- Spina Bifida/Chiari
- Malformation/Tethered
- Seizure disorders

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine-assisted activities, please feel free to contact the center at the address/phone indicated above.

# Boots and Buddies Therapeutic Riding

203-733-6657

## Student's Medical History and Physician's Statement

Participant name: \_\_\_\_\_

DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of onset: \_\_\_\_\_

Past/prospective surgeries:

\_\_\_\_\_

Medications:

\_\_\_\_\_

Seizure type: \_\_\_\_\_ Controlled : Y N

Date of last seizure: \_\_\_\_\_

Shunt present: Y N Date of last revision: \_\_\_\_\_

Special precautions/needs:

\_\_\_\_\_

\_\_\_\_\_

Mobility: Independent Ambulation: Y N

Assisted Ambulation: Y N

Wheelchair: Y N

Braces/assistive devices: \_\_\_\_\_

For those with Down Syndrome, date of AtlantoDens Interval X-Rays: \_\_\_\_\_

Result: + -

Neurologic Symptoms of AtlantoAxial Instability: \_\_\_\_\_

# Boots and Buddies Therapeutic Riding

203-733-6657

## Student's Medical History and Physician's Statement (cont'd.)

Please indicate current or past special needs in the following systems/areas, including recent surgeries:

Area	Y	N	Comments
Auditory			
Visual			
Tactile/sensation			
Speech			
Cardiac			
Circulatory			
Intergumentary/skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning disability			
Cognitive			
Emotional/psychological			
Pain			
Other			

**To my knowledge, there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh the medical information above against the existing precautions and contraindications. I concur that this person's abilities/limitations may be reviewed by a licensed/credentialed health professional(e.g., PT,OT, speech therapist, psychologist, etc.) in the implementation of an effective equestrian program. Should direct physical therapy services be warranted, they will be provided by a licensed physical therapist.**

Name/Title: \_\_\_\_\_ MD DO NP PA Other: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_