

# Growth Tracker

		Ounces															
Pounds		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	0		28	57	85	113	142	170	198	227	255	283	312	340	369	397	425
	1	454	482	510	539	567	595	624	652	680	709	737	765	794	822	850	879
	2	907	936	964	992	1021	1049	1077	1106	1134	1162	1191	1219	1247	1276	1304	1332
	3	1361	1389	1417	1446	1474	1502	1531	1559	1588	1616	1644	1673	1701	1729	1758	1786
	4	1814	1843	1871	1899	1928	1956	1984	2013	2041	2070	2098	2126	2155	2183	2211	2240
	5	2268	2296	2325	2353	2381	2410	2438	2466	2495	2523	2551	2580	2608	2637	2665	2693
	6	2722	2750	2778	2807	2835	2863	2892	2920	2948	2977	3005	3033	3062	3090	3118	3147
	7	3175	3203	3232	3260	3289	3317	3345	3374	3402	3430	3459	3487	3515	3544	3572	3600
	8	3629	3657	3685	3714	3742	3770	3799	3827	3856	3884	3912	3941	3969	3997	4026	4054
	9	4082	4111	4139	4167	4196	4224	4252	4281	4309	4337	4366	4394	4423	4451	4479	4508
10	4536	4564	4593	4621	4649	4678	4706	4734	4763	4791	4819	4848	4876	4904	4933	4961	

Converting baby's weight from grams to pounds and ounces

Day	Date	Weight	Length	Head	Day	Date	Weight	Length	Head
Day 1					Day 21				
Day 2					Day 22				
Day 3					Day 23				
Day 4					Day 24				
Day 5					Day 25				
Day 6					Day 26				
Day 7					Day 27				
Day 8					Day 28				
Day 9					Day 29				
Day 10					Day 30				
Day 11					Day 31				
Day 12					Day 32				
Day 13					Day 33				
Day 14					Day 34				
Day 15					Day 35				
Day 16					Day 36				
Day 17					Day 37				
Day 18					Day 38				
Day 19					Day 39				
Day 20					Day 40				

Day	Date	Weight	Length	Head	Day	Date	Weight	Length	Head
Day 41					Day 75				
Day 42					Day 76				
Day 43					Day 77				
Day 44					Day 78				
Day 45					Day 79				
Day 46					Day 80				
Day 47					Day 81				
Day 48					Day 82				
Day 49					Day 83				
Day 50					Day 84				
Day 51					Day 85				
Day 52					Day 86				
Day 53					Day 87				
Day 54					Day 88				
Day 55					Day 89				
Day 56					Day 90				
Day 57					Day 91				
Day 58					Day 92				
Day 59					Day 93				
Day 60					Day 94				
Day 61					Day 95				
Day 62					Day 96				
Day 63					Day 97				
Day 64					Day 98				
Day 65					Day 99				
Day 66					Day 100				
Day 67					Day 101				
Day 68					Day 102				
Day 69					Day 103				
Day 70					Day 104				
Day 71					Day 105				
Day 72					Day 106				
Day 73					Day 107				
Day 74					Day 108				