

# Mighty Miracles

Support • Educate • Empower

Empowering and supporting families of preemies and those born with special health needs beginning life in the NICU.



## Volunteer Ideas

There are several ways that individuals or organizations can choose to get involved with Mighty Miracles Foundation.

- Making/donating bonding hearts or the NICU octopus. The hearts can be sewn, crocheted, or knitted. The octopus is crocheted. If you don't know how some work to find volunteers or talk to sewing/crafting groups about our mission, work, and share patterns in order to secure more volunteers.
- Drop off information and cards to area NICUs. This can begin the conversation for NICU to be aware of MMF or even begin a partnership (more about partnerships below). The cards let parents know how to request their free care packages and/or graduation keepsakes.
- Writing and creating videos for MMF. If you are a writer or enjoy creating videos and believe you can be an asset to MMF in this way, be sure to talk to us about this opportunity. We love to feature as many NICU families and their stories as we can. We love doing this through videos but we also sometimes do this through a blog format. If we are also working to up our blog to include articles about the NICU, life after, and tips for families (ie going home on oxygen).
- Book drive. Another ideas is by doing a book fair drive through Scholastic. We like to find daycares and schools doing book fairs or Scholastic flyers to help the school or daycare earn points and free books. We pick out a couple of books that we communicate would work best for our packages and/or are on sale through Scholastic. Then volunteers can help push this and purchase as many books for MMF as we can.
- Fundraise
  - Community partnerships. We are very excited that we are getting to explore this option more and more. We love to work directly with as many NICUs as possible. Currently this is done in a couple of ways. One, to keep our cards for their incoming families to request free care packages. Some we also work with to keep them supplied with our free graduation

keepsakes to give to families when they are being discharged. Our other partnership option is when we have sponsors or fundraise to sponsor that NICU and all of their families with care packages and graduation keepsakes. This number needed is calculated by number of average families per year x \$ wholesale amount per care package (minus anything that MMF can cover to assist further).

- Some volunteers want to set up fundraisers in another way. For example creating a team fundraiser for an upcoming race, t-shirt campaign, etc.
- Events. We are always needing volunteers for our fundraising events hosted by MMF. So if you live in the area where one is being held we'd love to have you join our event team. If you would like to discuss hosting or us hosting an event in your area, we are always open to this idea as well.
- Donating items. We've already mentioned making and donating bonding hearts and NICU octopuses/octopi. We are also always in need of new children's books, cardstock, mailer bags, lamination pouches, Amazon gift cards for supplies, Staples gift cards for supplies, and other items you might have access to that would be a good addition.
- Partnerships. If you have a business and want to offer something for NICU families (items, discounts, etc.), want to sponsor an event, or donate an item to raffle off, etc. we are always open to partnerships.
- Other ideas. Do you have an idea? We are always open to ideas.

Thank you for expressing an interest in our cause. We look forward to hearing about how you or your organization would like to help support current NICU families. It takes a mighty village to help support these families and their Mighty Miracles, we'd love for you to be a part.

**#BeMighty**

To learn more about Mighty Miracles Foundation visit: [www.mightymiraclesfoundation.org](http://www.mightymiraclesfoundation.org)

Mighty Miracles Foundation is a recognized 501(c)(3) nonprofit.