



Brackenhurst Primary School



Newsletter 28/2019 9 September 2019

Dear Parents,

Quote for the Week:



PHOTOS

Individual photos: We are not accepting any more photo money/envelopes for individual photos. Parents must please contact the photographer via e-mail jacquiaspeling7@gmail.com for any queries.

***Class and Yearbook Photos:* These photo's will be taken on 11 and 16 September. All learners must come to school dressed in their proper WINTER school uniform. If not, they will be excluded from the class photo. See the Code of Conduct for uniform specifications.**

SUPPORT GROUP

On Wednesday 11 September 2019 Mrs Engelbrecht will be hosting a support group for **parents** of children with **diagnosed ADHD**. This will be an informal way of sharing ideas and coping skills not only for the children, but the families as well.

VENUE: Staffroom
DATE: Wednesday 11 September 2019
TIME: 18:00
COST: No cost involved

Please call the school and let the front desk ladies know if you will be attending. Tea and coffee will be available. Regrettably no children to attend.

DISCIPLINE

It has become quite a norm for children to lash out at others for no real reasons. Please speak to your child about their behaviour at school with their peers and teachers. If we all work together in the best interest

of your child, then he/she can become the best possibility of themselves.

As parents also please check your children's diaries and electronic devices on a regular basis. This will help you gain a better understanding of your child's work ethic and behaviour at school. Thanking you for your co-operation with discipline.

DRIVING AROUND THE SCHOOL

Parents **MUST** be more cautious when driving around the school in the mornings and afternoons when dropping off and fetching learners. Please be mindful of our children and other parents.

CRAZY CRITTERS -

The Crazy Critters Show for Grades 1 to 5 and LSEN will be on 19 September 2019 – children received letters. R20 to be paid to their register teacher by 18 September 2019.



SCHOOL TIMES

Please note that with cycle tests school times stay as normal:

Grade 1 – 2: 07:50 – 13:30 every day
Grade 3 – 7: 07:50 – 14:00 every day

MY SCHOOL CARD

Dear Parents of
Brackenhurst Primary
School,

Everyone needs a little "mahala" in their life! That's why we're giving you a **break on card cost fees**, so you can get even more supporters, at no cost to you.

From **15 August to 15 September 2019** we'll waive the card costs, so during this period each sign up for a MySchool MyVillage MyPlanet card is for free, mahala, zero!

That's right...We're making sign-ups easy. All you need to do is **SMS** the word **"JOIN"** and your Organisation name to **31231** e.g. **Join Brackenhurst Primary School** and we will call you to complete the sign up. **(SMS is free)**

T&Cs apply.



SUMMER SCHOOL UNIFORM

Learners are allowed to wear their summer school uniform from Monday 2 September. Please also note that the proper FULL summer uniform must be worn. If the PE uniform is worn, please ensure it is the COMPLETE PE uniform, not mixed with the normal uniform.

House shirts may be worn on Fridays from Friday 6 September, no other shirts are allowed.

Please ensure that whether your child is wearing their normal uniform or their PE uniform, they should be dressed neatly, cleanly and be proud to wear their uniform. Please do not send them in torn and unwashed uniforms.

SCHOOL TERMS 2019

Term 3: 9 July – 20 September
Term 4: 1 October – 4 December

Public Holidays:

Tuesday 24 September 2019 Heritage Day

ACADEMIC

CYCLE DAYS –TERM 3

DAY	DATE
3	Monday, 9 September
4	Tuesday, 10 September
5	Wednesday, 11 September
6	Thursday, 12 September
7	Friday, 13 September
1	Monday, 16 September
2 – ENTREPRENEURS DAY FOR GR 7'S	Tuesday, 17 September
3	Wednesday, 18 September
4	Thursday, 19 September
5	Friday, 20 September <i>SCHOOL CLOSSES AT 10:00 FOR SEPTEMBER HOLIDAY!</i>

CULTURAL

Please note the practise times for the following cultural activities:

Mondays: Marimba, 14:15 – 15:15

Tuesdays: Snr Choir, 14:15 – 15:45
Gumboot, 15:30 – 16:30

Wednesdays: Jnr Choir, 14:00 – 15:00
Drumming, 14:15 – 15:15

Thursdays: Gumboot, 15:30 – 16:30
Jnr African Dancers, 14:30 – 15:30

SPORTS

Tennis

Free Tennis takes place on Mondays. For more information, contact Coach Rudolph on 064 525 1665.

Practice Schedule – Term 3

Sport	Mon	Tue	Wed	Thu	Fri
Hockey Practice	U/8 U/9	U/7 U/9 U/10 U/11 U/12 U/13	U/7	U/8 U/10 U/11 U/12 U/13	
Cricket Practice	U/11 U/12 U/13	U/9 U/10	U/9 U/10	U/11	U/12 U/13
Girls soccer Practice	U/10&11 U/12&13		U/10&11 U/12&13		
Cross Country		U/9 to U13	U/9 to U13		

Times: U/7 & U/8: 13:30 – 14:30
U/9 to U/13: 14:30 – 15:30

Chess

Practices are held as follows (***Please note the changes:***)

Mondays Gr 3 – 7 from 14:30 to 15:30
Tuesdays Gr 1 – 2 from 13:45 to 14:30

Zumba



Zumba has begun and takes place every Monday:
Grade 1 – 7: 14:00 – 14:45

House Shirts

House shirts will be available to buy every Wednesday morning from 07:00 to 07:30 at the Sport Office.

The cost of the shirts is as follows:

Children's Shirts: R75,00

Adult's Shirts: R90,00

The division for the houses is according to the month in which you were born:

MARS (Red): January, February, March, April

JUPITER (Yellow): May, June, July, August
VENUS (Blue): September, October, November, December

PE Uniform

Please note with regards to the PE uniform, the school is merely providing this service to the parents. The school is not the supplier for this uniform. If you have any queries, please contact Mrs Van Rensburg on 074 780 5522.

See advertisement at the end of this newsletter. Brackenhurst Primary sport kits are also on sale at the Sports Office **every Wednesday morning 07:00 – 07:45**. Learners may also to buy the uniform any day during their breaks.

COMMUNITY OUTREACH

Check the Dojo school story regularly for community news and opportunities.

Term 3 collection:

Coin Collection Term 3

This term, we are collecting coins for St. Mary's Orphanage. Please send spare change and if possible, try to send a total of R10 during the term. Thank you! It all adds up!

Juniors to please send to Miss Tambellini and seniors to Miss Palm. Grade 6P, 4P and Gr 7s may help Miss Palm to separate coins on Mondays after school for half an hour. Thank you to all learners and teachers and Auntie Sheena for counting all the coins!

Children's Books

Hi all, could I ask if anyone with children's books they're finished with could bring them to school? A lady is donating a container to the squatter camp in Germiston to turn into a little library like we did for Rondebult. Any donations would be greatly appreciated. Thank you!

Bottle tops and Bread tags!!!!

Please keep sending! Every bit makes a difference!

Hidden Treasures

Please send all and any second-hand donations to Mr Mostert e.g. Toys, clothes, appliances, books, gadgets, bedding, cutlery, crockery, CDs, DVDs, etc. All the proceeds go towards feeding orphans.

SPCA

Please assist us with collecting newspapers, blankets, pet food (wet or dry), soft leads and collars (no chains please), pet toys, food and water bowls. These items

are to go to Mrs. Robinson (G31). These donations will then be dropped off at the Alberton SPCA. Your contributions will go a long way and is so appreciated.

Pollution Solution

We are trying to keep our school spotless. Any Grade 4 – 7 learners may collect a black bag from Ms Pheiffer. Also we would like to start making eco-bricks with our pollution and 2 litre cold drink bottles.

Let's start making Eco Bricks!

Mrs. Lawrenz will be collecting this term. Collect plastic, chocolate and chips' wrappers, etc. NOT PAPER. This is such a fabulous initiative! Help us clean up our area. Kids can bring a 2 litre cool drink bottle to school and put any waste mentioned above in their bottle during the day. A house has even been built with these... Ripley's Believe it or not.....

NEWSLETTER AND SCHOOL COMMUNICATOR

We will only send out hard copies of the newsletter to parents who have submitted a written request to the register teacher. The newsletter is available via the D6 Communicator app and can also be downloaded from the website, www.brackenprim.co.za. The newsletter will also be downloaded on the children's tablets.

PLEASE MAKE USE OF THE SCHOOL COMMUNICATOR

The school's newsletter is published every Monday during the school term. Then newsletter can be accessed via the following:

- 1) Your child's tablet (Grades 4 – 7). The newsletter can be downloaded onto their device on a weekly basis.
- 2) The School's website: www.brackenprim.co.za/newsletter-archive.
- 3) The communicator app for PC or Laptop – download the software from www.d6.co.za/education/downloads.
- 4) The communicator app for your Smartphone – download the D6 communicator app from your mobile app store.

This is a software programme that will ensure reliable and up to date communication with you, the parent/guardian. This programme is simple and easy to use and can be installed on your home and/or work computer/s and/or smartphone. This will allow us to keep you up to date on a daily basis as to what is happening at school.

Should you have any queries, please contact Mr Fabel or Mrs Roets on (011) 900 1000.

GENERAL

Tuck Shop

Attached to the newsletter is the full Tuckshop Menu.

'HELP-U' ADVERTISER

The 'Help-U' advertiser is published once a month at the end of the month. The cost of a business card size ad is R50,00 monthly. If you would like to advertise in the 'Help-U' Advertiser, please forward your details together with the money to Colette Kruger at the school office. No pictures – just wording.

PARENTS' CORNER

Spring Into Stress-Free Parenting

Spring is a time for renewal and rebirth. Use the season as the reason to revamp some of your parenting strategies and destress your entire household. Here are some Mighty Mommy's tips to spring into Spring.

By Cheryl Butler,

Tip #1: Identify Your Daily Stressors



As parents, we all have our breaking points. Between keeping our households running, working one or more jobs, juggling our kids' activities, homework, [play dates](#), and other appointments, and trying to make time for our spouses and ourselves, there usually isn't any room for anything extra. It's no wonder that we snap and fall apart when one of the kids whines about what we're having for dinner.

One way we, as [parents, can lighten our load](#) is to be aware of what our daily stressors are so that we can try and make some course corrections. In my family, one of the biggest stress-makers was that we were constantly running behind schedule. This caused us to snap at one another, which in turn caused us to arrive late for nearly every appointment or function, thus further adding to our stress. It was a vicious cycle.

Finally, I'd had enough. I started adding an extra 30 minutes to all our departure times for school,

activities, and appointments. This way, we could all get ready and get out the door on time with much less stress.

Tip #2: Prioritize What's Important

It's easy to get whisked away into a whirlwind of unnecessary activities like checking our emails every 15 minutes, or cruising on social media, rather than sitting and [listening to your child tell you all about his day](#). But that does everyone a disservice. We parents need to take inventory of how we spend our time so that it can make the most positive difference in our children's daily lives.

One of the most valuable ways I have learned to spend my time [is to take good care of myself](#). When I exercise on a regular basis and invest time in planning healthy, tasty meals for my family, I feel more energized and equipped to handle my 8 children. Making time to be available after dinner to help with homework or to read stories, watch a favourite show, or just be present when my family might be going through a challenging time is also a priority of mine.

When our kids sense that we are making them a priority, it can definitely help reduce the way we experience stress on a regular basis.

And FINALLY...

I have a pogo stick made out of vegetables. It's a spring onion.

Regards,

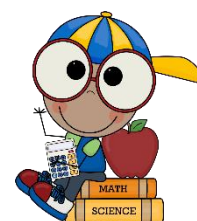
**MRS C SING
PRINCIPAL**

UNIFORM SHOP OPEN

PE UNIFORM



- PE shirts R160 (RED)
- Skort R160
- Shorts R140
- Tracksuits R380 - R400
- CAPs R50
- Beanies R60
- BPS Sporting kit



on sale at the sports office. On sale every
Wednesday morning 07h00 – 07h30

LEARNERS: are welcome to buy anytime during the school day (breaks)
*NO WAITING PERIOD... tracksuits are available from the sports office
size 20 – 30 R380; size 32 – 38 R400.*



Spur:
Bring your family and friends and come and enjoy a hearty meal while supporting a good cause

Kelly Tank is a former student of Brackenhurst Primary School and is teachers assistant at Alberview Primary School whilst studying teaching and dancing



Shadow shift evening: 10% of the evenings turnover will be donated to

Having fun while raising funds

KELLY TANK

Dance New York 2020

Date: **17 September 2019**
Tuesday evening

Place: **Rocky Peak Spur**
Brackenhurst

Time: **17:30 to 21:00**



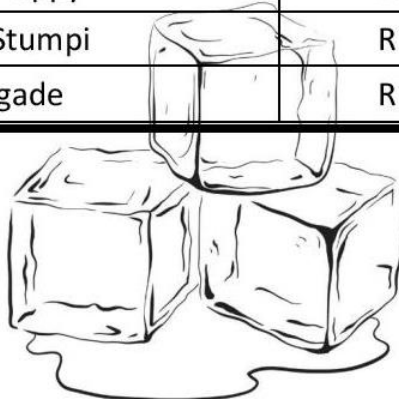
Come one come all,
Bring your friends and family

TUCKSHOP MENU

BEVERAGES



Warm Drinks 250ml	
Coffee	R12
Tea	R12
Hot Chocolate	R15
Cappuccino	R15
Cold drinks	
Buddies	R15
Flavoured Water	R14
Still Water 650ml	R10
Small Milk	R10
Flavoured Milk	R12
Milo Box	R12
Fruit Juices	R8
Kingsley Drinks – Large	R10
Kingsley Drinks – Small	R8
Vitamin Water	R14
Isorade	R14
Iced Tea	R14
Frutesca Shakes	R14
Slush Puppy	R15
Sterri Stumpi	R16
Energade	R15

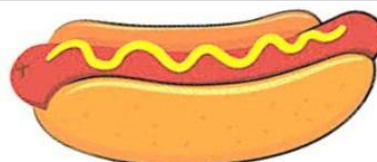


TUCKSHOP MENU

FOOD

Weekly Menu - Lunch of the day		
Monday	Toasted Ham & Cheese	R15
Tuesday	Cheese Griller Dog	R15
Wednesday	Toasted Cheese	R14
Thursday	Hotdog	R14
Friday	Pie of your choice as follows: <i>(Pepper Steak / Chicken / Steak & Kidney / Cornish / Sausage Roll, Cheese & Onion)</i>	R17
Friday Combo Deal: Pie + Small Kingsley Cool drink + Packet of Sweets		R30

Toasted Sandwiches		Breakfast Only (Served from 06:30)	
Cheese	R14	Toast & Jam	R6
Cheese & Tomato	R15	Toasted Bacon, Egg & Cheese	R23
Ham & Cheese	R18	Hot Cross Buns with Margarine	R6
Ham, Cheese & Tomato		Every Day	
Bacon & Cheese	R20	Hot Dog	R14
Chicken Mayo & Bacon	R22	Cheese Griller Dog	R15
Chicken Mayo & Cheese	R22	Pie of Your Choice	R17
Chicken Mayo		2nd Break Only	
Biltong & Cheese	R22	Russian & Chips	R27
Bacon, Cheese, Onion & BBQ Sauce	R22	Slap Chips	R15
Wraps		Russian & Chip Roll	R16
Chicken Wrap	R26	Snacks – All Day	
Chicken & Feta Wrap	R28	Muffin	R8
Salad Wrap	R18	X-Large Biscuit	R8
Biltong & Feta Wrap	R30	Yoghurt	R5
Salads		Biltong Wheel	R9
Chicken & Feta	R28	Biltong Stick	R5
Basic Salad	R18		
Biltong & Feta	R30		





The Breast Health
Foundation

3 September 2019

Brackenhurst Primary School
P O Box 145091
Bracken Gardens
1452

Dear Melody

The Breast Health Foundation, a Non Profit company, was established to educate the public on management of breast disease in general and breast cancer in particular. BHF's vision is "to redefine the face of breast cancer as perceived by South Africans in general and promoting a positive mindset of survival, recovery and quality of life".

On behalf of the BHF I would like to thank you for the donation of R7,013.00 which was raised by Skyla Fry. The donation will be used to spread awareness of breast cancer to more women, which continues to be one of the most common cancers to affect women worldwide.

Thank you for playing such an important role in the wonderful progress being made to eradicate the threat of this disease from the lives of all women.

Yours sincerely

Ms. Louise Turner
Project Director
011 482 9492

