



Brackenhurst Primary School



Newsletter 21/2019 22 July 2019

Dear Parents,

Quote for the Week:



SCHOOL TIMES

Grade 1 – 2: 07:50 – 13:30 every day
Grade 3 – 7: 07:50 – 14:00 every day

*** 2020 ADMISSIONS – IMPORTANT INFORMATION***

Admissions for 2020 opened on **Monday 20 May 2019** (for all grades) and will close on **22 July 2019**. Parents must apply online (**grade 1** and grade 8 only) using the following website: www.gdeadmissions.gov.za. Any queries regarding the 2020 admissions process may be addressed to the admissions officer, Mrs Wilson.
Tel: 011 900 1000 or
e-mail: admissions@brackenprim.co.za

SUPPORT GROUP

On Thursday 1 August 2019 Mrs Engelbrecht will be hosting a support group for **parents** of children with **diagnosed ADHD**. This will be an informal way of sharing ideas and coping skills not only for the children, but the families as well.

VENUE: Staffroom
DATE: Thursday, 1 August 2019
TIME: 18:00
COST: No cost involved

Please call the school and let the front desk ladies know if you will be attending. Tea and coffee will be available. Regrettably no children to attend.

SCARVES

Please note that a limited amount of Brackenhurst Primary knitted scarves are available to purchase at the front office for R60 each.

EISTEDDFOD

Parents please take note of the following! Refrain from phoning the school's office to query about your child's participation in the Alberton Eisteddfod. The Eisteddfod is not run by the school, we merely use the school's premises for hosting it. Learners received their slip from their register teacher last term. The date, time, number and venue appears on the slip that your child received. The letter that went out in Term 1 also specified that you are liable to transport your child to and from the venue. Entrance fee per person watching is R10, payable at the venues.

MATTHEW DOWNS BLANKET DRIVE 2019

Please keep on donating blankets for the Matthew Downs blanket drive.

Mini Councillors

Please can you bring all knitted blanket squares (30cm by 30cm) to Mrs Simeonides in C40.

WINTER SCHOOL UNIFORM

Learners must wear their winter school uniform. Please also note that the proper FULL winter uniform must be worn. If the PE uniform is worn, please ensure it is the COMPLETE PE uniform, not mixed with the normal uniform.

No house shirts allowed to be worn on Fridays until further notice.

Please ensure that whether your child is wearing their normal uniform or their PE uniform, they should be dressed neatly, cleanly and be proud to wear their uniform. Please do not send them in torn and unwashed uniforms.

SCHOOL TERMS 2019

Term 3: 9 July – 20 September
Term 4: 1 October – 4 December

Public Holidays:

Friday 9 August 2019 Women's Day
Tuesday 24 September 2019 Heritage Day

E-LEARNING LEVY

E-Learning Levy for Grades 4 – 7 is **R350,00**. Please make payment for this levy as soon as possible. If we do not receive this levy, we will not be able to load the software onto your child's tablet and they will continue working from hard copy text books.

An annual levy of **R250,00** per child for learners Grade 1 – 3 will be paid as soon as possible. This will cover the cost of the trolley solution with tablets we have purchased for our Foundation Phase learners.

All new parents please note that the **e-levy is included in the enrolment fee which would have been paid when you enrolled**. The **INITIAL e-levy amount payable is R450 for all new applications (regardless of the grade) so parents need not pay an additional R250 for Foundation phase and R350 for Intersen and senior phase**.

IMPORTANT NOTICE:

IF YOU PAY THE R350,00 (INTERSEN PHASE) OR R250,00 (FOUNDATION PHASE) VIA EFT, REFERENCE TO BE USED IS YOUR CHILD'S NAME AND SURNAME AND E-LEVY.

DO NOT PAY THIS AMOUNT WITH YOUR SCHOOL FEES.

IT MUST BE A SEPARATE PAYMENT. IF YOU PUT THE PAYMENT THROUGH WITH SCHOOL FEES IT WILL NOT BE TRANSFERRED TO E-LEVY.

INTERACTIVE WHITEBOARD LEVY

A levy of R100,00 per child per year is payable for the **maintenance** of interactive whiteboards during the course of 2019.

Please send the money as soon as possible in a clearly marked envelope **"WHITEBOARD LEVY"** and your child's name and hand it in to your child's register teacher. **PLEASE DO NOT DO AN EFT FOR THE WHITEBOARD LEVY.**

ACADEMIC**CYCLE DAYS –TERM 3**

| DAY | DATE |
|-----|--------------------|
| 5 | Monday, 22 July |
| 6 | Tuesday, 23 July |
| 7 | Wednesday, 24 July |
| 1 | Thursday, 25 July |
| 2 | Friday, 26 July |
| 3 | Monday, 29 July |
| 4 | Tuesday, 30 July |
| 5 | Wednesday, 31 July |
| 6 | Thursday, 1 August |
| 7 | Friday, 2 August |

CULTURAL

Please note the practise times for the following cultural activities:

Mondays: Marimba, 14:15 – 15:15

Tuesdays: Snr Choir, 14:15 – 15:45
Gumboot, 15:30 – 16:30

Wednesdays: Jnr Choir, 14:00 – 15:00
Drumming, 14:15 – 15:15

Thursdays: Gumboot, 15:30 – 16:30
Jnr African Dancers, 14:30 – 15:30

SPORTS**Tennis**

Free Tennis takes place on Mondays. For more information, contact Coach Rudolph on 064 525 1665.

Practice Schedule – Term 3

| Sport | Mon | Tue | Wed | Thu | Fri |
|------------------------------|----------------------|--|--------------------|-------------------------------------|--------------|
| Hockey Practice | U/8 U/9 | U/7 U/9 U/10 U/11 U/12 U/13 | U/7 | U/8 U/10 U/11 U/12 U/13 | |
| Cricket Practice | U/11 U/12 U/13 | U/9 | U/10 | U/9 U/10 U/11 | U/12 U/13 |
| Girls soccer Practice | U/10&11 U/12&13 | | U/10&11 U/12&13 | | |
| Cross Country | | U/9 to U13 | U/9 to U13 | | |

Times: U/7 & U/8: 13:30 – 14:30
U/9 to U/13: 14:30 – 15:30

Chess

Practices are held as follows (***Please note the changes:***):

Mondays Gr 3 – 7 from 14:30 to 15:30

Tuesdays Gr 1 – 2 from 13:45 to 14:30

Zumba

Zumba has begun and takes place every Monday:

Grade 1 and 2: 13:30 – 14:15

Grade 3 – 7: 14:15 – 15:00

House Shirts

Please contact Alice Lombard on 083 397 5705 for any orders/queries regarding House T-Shirts.

PLEASE NOTE: The house shirts are not allowed until summer. We will let parents know when they can be worn again.

The cost of the shirts is as follows:

Children's Shirts: R75,00

Adult's Shirts: R90,00

The division for the houses is according to the month in which you were born:

MARS (Red): January, February, March, April

JUPITER (Yellow): May, June, July, August

VENUS (Blue): September, October, November, December

PE Uniform

Please note with regards to the PE uniform, the school is merely providing this service to the parents. The school is not the supplier for this uniform. If you have any queries, please contact Mrs Van Rensburg on 074 780 5522.

See advertisement at the end of this newsletter.

Brackenhurst Primary sport kits are also on sale at the Sports Office **every Wednesday morning 07:00 – 07:45.**

Learners may also to buy the uniform any day during their breaks.

COMMUNITY OUTREACH

Check the Dojo school story regularly for community news and opportunities.

Term 3 collection:

Coin Collection Term 3

Thanks so much for the funds raised for TLC orphanage. This term, we are collecting coins for St. Mary's Orphanage. Please send spare change and if possible, try to send a total of R10 during the term. Thank you! It all adds up!

Juniors to please send to Miss Tambellini and seniors to Miss Palm. Grade 6P, 4P and Gr 7s may help Miss Palm to separate coins on Mondays after school for half an hour. Thank you to all learners and teachers and Auntie Sheena for counting all the coins!



GUESS HOW MANY SPECKLED EGGS....

Please buy at least one raffle ticket at R5. Guess how many speckled eggs are in the bottle and win the lot! A photo is up on school dojo. All money raised will go to the TLC orphanage. Raffles will be sold at the tuckshop every break. Thanks to Ethan Lake for this initiative!

Hidden Treasures

Please send all + any second-hand donations to Mr Mostert e.g. Toys, clothes, appliances, books, gadgets, bedding, cutlery, crockery, CDs, DVDs, etc. All the proceeds go towards feeding orphans.

Bread tags and bottle tops for wheelchairs

Thank you for this year's donations! We have done well and are working towards our next wheelchair for a needy recipient. Please send to Mrs Robinson in G31.

SPCA

Please assist us with collecting newspapers, blankets, pet food (wet or dry), soft leads and collars (no chains please), pet toys, food and water bowls. These items are to go to Mrs. Robinson (G31). These donations will then be dropped off at the Alberton SPCA.

Your contributions will go a long way and is so appreciated.

Pollution Solution

We are trying to keep our school spotless. Any Grade 4 – 7 learners may collect a black bag from Ms Pheiffer. Also we would like to start making eco-bricks with our pollution and 2 litre cold drink bottles.

Let's start making Eco Bricks!



Mrs. Lawrenz will be collecting this term. Collect plastic, chocolate and chips' wrappers, etc. NOT PAPER. This is such a fabulous initiative! Help us clean up our area. Kids can bring a 2 litre coldrink bottle to school and put any waste mentioned above in their bottle during the day. A house has even been built with these... Ripley's Believe it or not.....

NEWSLETTER AND SCHOOL COMMUNICATOR

We will only send out hard copies of the newsletter to parents who have submitted a written request to the register teacher. The newsletter is available via the D6 Communicator app and can also be downloaded from the website, www.brackenprim.co.za. The newsletter will also be downloaded on the children's tablets.

PLEASE MAKE USE OF THE SCHOOL COMMUNICATOR

The school's newsletter is published every Monday during the school term. Then newsletter can be accessed via the following:

- 1) Your child's tablet (Grades 4 – 7). The newsletter can be downloaded onto their device on a weekly basis.
- 2) The School's website: www.brackenprim.co.za/newsletter-archive.
- 3) The communicator app for PC or Laptop – download the software from www.d6.co.za/education/downloads.
- 4) The communicator app for your Smartphone – download the D6 communicator app from your mobile app store.

This is a software programme that will ensure reliable and up to date communication with you, the parent/guardian. This programme is simple and easy to use and can be installed on your home and/or work computer/s and/or smartphone. This will allow us to keep you up to date on a daily basis as to what is happening at school.

Should you have any queries, please contact Mr Fabel or Mrs Roets on (011) 900 1000.

GENERAL

Tuck Shop

Attached to the newsletter is the full Tuckshop Menu.

'HELP-U' ADVERTISER

The 'Help-U' advertiser is published once a month at the end of the month. The cost of a business card size ad is R50,00 monthly. If you would like to advertise in the 'Help-U' Advertiser, please forward your details together with the money to Colette Kruger at the school office. No pictures – just wording.

PARENTS' CORNER

What do I tell a child who says she has no friends?

Q: My 7 year old came to me this evening and said she had something "private" to tell me, then proceeded into sobbing that no one liked her anymore at school and she had no friends anymore. She said kids (mostly boys) were saying things to get her in trouble, and girls that she normally speaks highly of won't let her play or sit with them at lunch anymore. Then she told me that she feels no one loves her except for myself and Grandma!

A: It is not unusual for 7-year-old girls to suddenly think that the sky is falling. The first thing to do is to determine whether or not it really is. Is this the first time she's come to you with these sorts of complaints? Has she seemed down or easily upset recently, or has she been mostly happy? If this was an isolated meltdown, it was probably just a bad day. The social scene in 2nd grade changes by the hour. If you see a pattern that concerns you - or if just want to be sure - check with her teacher. Ask the teacher about the incidents she described to you and how she is interacting with the students in the class in general. Has she really been getting in trouble? As a psychologist in an elementary school, I cannot tell you how many calls we receive with fantastic stories about playground insults and severe punishments that turn out to be

exaggerations at best. Girls, in particular, can be quite dramatic! When kids are upset, they often distort stories in their own heads.

Once you have a better idea of what REALLY happened, you may still need to respond. Your goal should not necessarily be to make your daughter feel better. Children need to learn to face difficult situations and the unpleasant emotions that go with them. If you are focused on just helping her to feel better - because you are probably feeling pretty upset yourself - you may inadvertently give the impression that it's not OK to be sad. The more important goal is to learn to manage the situation and the emotion that comes with it. So, first be empathic - listen and tell her that you understand why she feels sad, hurt, or frustrated. Then, after a few minutes of that, ask her what she thinks she can do about it. Explore options with her rather than telling her how to solve it. Should she avoid certain kids? Stand up to them? Stick with her friends? Talk to a teacher? Then, encourage her to carry out the plan and ask her the next day how it went. Make changes to the plan, if necessary. If you are concerned that the conflicts go beyond what your child can handle independently, such as bullying, contact the school and ask them to intervene.

Answered by Dr. Yoni Schwab

And FINALLY...

The Optimist:

The glass is half full.

The Pessimist:

The glass is half empty.

The Engineer:

The glass is twice as big as it needs to be.

ENGINEERING FACT

An opinion without 3.14 is an onion.
You'll understand.

Regards,

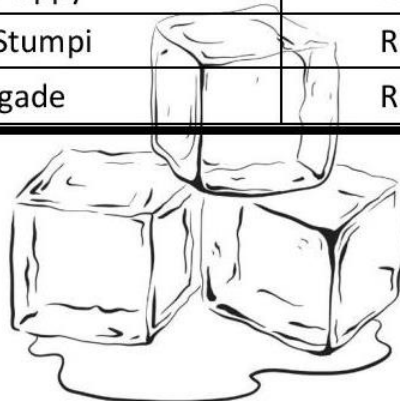
**MRS C SING
PRINCIPAL**

TUCKSHOP MENU

BEVERAGES



| Warm Drinks 250ml | |
|-------------------------|-----|
| Coffee | R12 |
| Tea | R12 |
| Hot Chocolate | R15 |
| Cappuccino | R15 |
| Cold drinks | |
| Buddies | R15 |
| Flavoured Water | R14 |
| Still Water 650ml | R10 |
| Small Milk | R10 |
| Flavoured Milk | R12 |
| Milo Box | R12 |
| Fruit Juices | R8 |
| Kingsley Drinks – Large | R10 |
| Kingsley Drinks – Small | R8 |
| Vitamin Water | R14 |
| Isorade | R14 |
| Iced Tea | R14 |
| Frutesca Shakes | R14 |
| Slush Puppy | R15 |
| Sterri Stumpi | R16 |
| Energade | R15 |

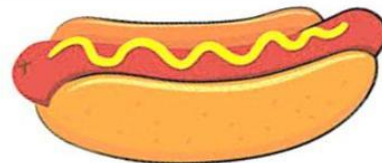


TUCKSHOP MENU

FOOD

| Weekly Menu - Lunch of the day | | |
|--|---|-----|
| Monday | Toasted Ham & Cheese | R15 |
| Tuesday | Cheese Griller Dog | R15 |
| Wednesday | Toasted Cheese | R14 |
| Thursday | Hotdog | R14 |
| Friday | Pie of your choice as follows: <i>(Pepper Steak / Chicken / Steak & Kidney / Cornish / Sausage Roll, Cheese & Onion)</i> | R17 |
| Friday Combo Deal: Pie + Small Kingsley Cool drink + Packet of Sweets | | R30 |

| Toasted Sandwiches | | Breakfast Only (Served from 06:30) | |
|----------------------------------|-----|------------------------------------|-----|
| Cheese | R14 | Toast & Jam | R6 |
| Cheese & Tomato | R15 | Toasted Bacon, Egg & Cheese | R23 |
| Ham & Cheese | R18 | Hot Cross Buns with Margarine | R6 |
| Every Day | | | |
| Ham, Cheese & Tomato | R20 | Hot Dog | R14 |
| Bacon & Cheese | R20 | Cheese Griller Dog | R15 |
| Chicken Mayo & Bacon | R22 | Pie of Your Choice | R17 |
| Chicken Mayo & Cheese | R22 | 2nd Break Only | |
| Chicken Mayo | R20 | Russian & Chips | R27 |
| Biltong & Cheese | R22 | Slap Chips | R15 |
| Bacon, Cheese, Onion & BBQ Sauce | R22 | Russian & Chip Roll | R16 |
| Wraps | | Snacks – All Day | |
| Chicken Wrap | R26 | Muffin | R8 |
| Chicken & Feta Wrap | R28 | X-Large Biscuit | R8 |
| Salad Wrap | R18 | Yoghurt | R5 |
| Biltong & Feta Wrap | R30 | Biltong Wheel | R9 |
| Salads | | Biltong Stick | R5 |
| Chicken & Feta | R28 | | |
| Basic Salad | R18 | | |
| Biltong & Feta | R30 | | |

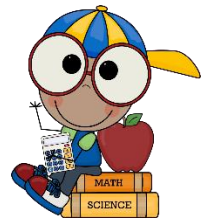


UNIFORM SHOP OPEN

PE UNIFORM



| | |
|------------------|-------------|
| PE shirts | R160 (RED) |
| Skort | R160 |
| Shorts | R140 |
| Tracksuits | R380 - R400 |
| CAPs | R50 |
| Beanies | R60 |
| BPS Sporting kit | |



on sale at the sports office. On sale every
Wednesday morning 07h00 – 07h30

LEARNERS: are welcome to buy anytime during the school day (breaks)
*NO WAITING PERIOD... tracksuits are available from the sports office
size 20 – 30 R380; size 32 – 38 R400.*

therific[®] naturals

Benefits headaches & migraines

Reduces muscle tension

Natural detox

Mai-Thaim
for adults

Kiddy-Calm[®]

Improves sleep patterns

Reduces hyperactivity

Vital for brain development

Bubble FREE & colour FREE

Contains coconut oil to moisturise dry skin and carries the same benefits of both Kiddy-Calm & Mai-Thaim

Pure-Thaim

—Magnesium Bath Salts—
Cost: (2.5kg bags) @ R165 per bag

Contact Lorna for more info: 072 454 2783 - lornaannventer@gmail.com

Help-U Advertiser

July 2019



CUPCAKES

A small sweet treat that's fun to eat

From R6-00 each

Filled cupcakes

Special occasion cupcakes

Cupcakes for school

Vanilla cupcakes

Chocolate cupcakes

Flavoured cupcakes

Egg-free cupcakes

Call Rose - 0763324412

Meyersdal

Tell: 083 656 0942
info@missfitmey.com

Bedfordview

Tell: 082 870 9748
info@missfitview.com

Northcliff

Tell: 082 444 6826
info@missfitcliff.com

www.missfitboxing.com

Exclusive Womens Fitness



Tuition

Is your child battling to learn curriculum skills due to large class sizes and fast pace of work?

Experienced Foundation Phase and Remedial teacher, offering one on one private tuition for Foundation Phase (Grade R – 3) subjects. Also available to Senior Phase learners.

Lessons would focus on

Perceptual skills

Reading skills

Phonics

Handwriting

Mathematics

Study skills

Exam revision

Project research



Available on weekends.

Contact me

Michelle Henning 083 280 0885

J & J

Shuttle & Transport Services

Contact: Neil 082 853 6595 / 082 561 7253

E-mail: jjshuttletransport@gmail.com

Your safety is our business

Services include but not limited to:

- Airport Transfers
- Church Trips
- Day Trips
- Matric Dances
- Conference Centre Transfers
- Company/Christmas Functions
- School Transport
- Sporting Events

Avoid disappointment, BOOK NOW !

NG KERK

ALBERTON SUID

RETIEF

BURGER

Praise & Worship

4 October 2019

NG Kerk Alberton Suid

19h00pm

Sample 082 570 0016 of Lize 079 665 9607

R100 Adults, R50 Kids



Discover a world of adventure, join the Scouts!

The 1st Randhart Scout group would like to invite boys and girls to become part of their group. Discover and explore the world of creativity, nature and fun



Join Today! 010 880 4411
ADVENTURE AWAITS!!

If you are between the ages of 7 to 11, join our cubs pack today. Cubs meet on Friday's from 5:00pm to 6:30pm

If you are between the ages of 11 to 18 then welcome to the world of Hiking, Camping and getting active in the outdoors. Scouts meet on Friday's from 6:30pm to 8:00pm

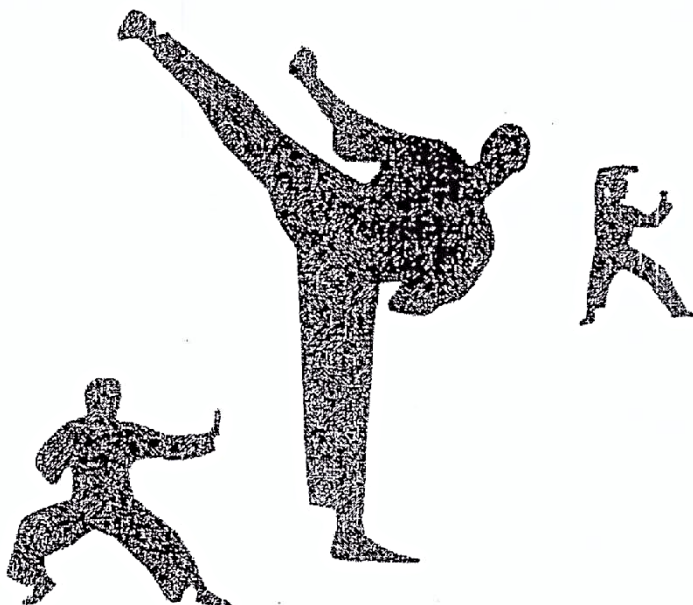


Thank you to CPS Security for their sponsorship of our new alarm system





Cobras Shotokan Karate Club



AFFILIATED TO THE SOUTH AFRICAN SHOTOKAN KARATE ACADEMY

&

THE WORLD UNITED KARATE FEDERATION

Karate instructor Sensei Laurent Gaston Bellegarde is a qualified 6th Dan instructor, registered with the Shotokan International Shotokan ryu Karate Organisation

Sensei Laurent has witnessed in the past 23 years of teaching Karate, the following result in the students training the art of Karate.

Improved balance and co-ordination, self-discipline, self-motivation, increase in achievement, self-confidence, respect to other and assertiveness

Sensei Laurent gives lesson at the Brackenhurst Primary school hall

Training days Monday Beginner class time 15h.00 to 16h.00

Wednesdays advance class time 15h.00 to 16h.00

Duration 1 hour per week

Fees R300 per month

First class will be free of charge for new students whom would like to try out. This will only be allowed with parent consent.

Contact details

Sensei Laurent 082 494 2704

Email : brackencobras @absamail .co.za

Website : WWW. alberton karate