

SkillsUSA Events for

Medical and Health Assisting

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***FOR FULL CONTEST OUTLINES, PLEASE REFER TO THE STATE OR NATIONAL STANDARDS.**

***NATIONAL STANDARDS CAN ONLY BE ACCESSED BY INSTRUCTORS WHO HAVE A CURRENT PROFESSIONAL MEMBERSHIP.**

Contest Name:	Basic Health Care Skills
Shop Alignment:	Health Assisting
Eligibility:	All Students
Contest Type:	Individual
In-House Competition:	YES
District Event:	YES—written test
State Event:	YES—skill based
National Event:	YES—written, interview, and skill components

FOR FULL CONTEST OUTLINES, PLEASE SEE YOUR SHOP INSTRUCTOR OR SKILLS ADVISOR.

Official Contest Description:

“Contestants will demonstrate their knowledge and ability to perform entry-level procedures or skills based on the following list of core standards: Academic Foundations, Communication Skills, Career Opportunity Concepts and Systems, Employability and Teamwork, Ethical and Legal Issues, Safety Practices. Performance will be evaluated through various stations involving written, verbal and skills testing. References: Diversified Health Occupations, Seventh Edition by Louis Simmers, Thomson-Delmar Learning and National Health Care Foundation Standards.”

Source: “Contest Descriptions.” SkillsUSA, www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/.

Contest Name:	First Aid/CPR
Shop Alignment:	Medical Assisting or Health Assisting/Pre-Nursing
Eligibility:	All Students
Contest Type:	Individual
In-House Competition:	YES
District Event:	YES—written test
State Event:	YES—skill based
National Event:	YES—written, interview, and skill components

FOR FULL CONTEST OUTLINES, PLEASE SEE YOUR SHOP INSTRUCTOR OR SKILLS ADVISOR.

Official Contest Description:

“Evaluates a contestant’s ability to perform procedures or take appropriate action based on scenarios presented related to CPR (Adult/AED, 2 man system, child and infant CPR) first aid medical emergencies. There is also a written exam. All skills are judged on nationally accepted standards identified by The American Red Cross, The American Heart Association, The American Safety and Health Institute and The National Safety Council” (Contest Descriptions).

Source: “Contest Descriptions.” SkillsUSA, www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/.

Contest Name:	Health Knowledge Bowl
Shop Alignment:	Health/Medical
Eligibility:	All Students
Contest Type:	Team Event (4 students per team)
In-House Competition:	YES
District Event:	YES—written test
State Event:	YES—skill based
National Event:	YES—written, interview, and skill components

FOR FULL CONTEST OUTLINES, PLEASE SEE YOUR SHOP INSTRUCTOR OR SKILLS ADVISOR.

Official Contest Description:

This event “tests teams of four students on their collective knowledge of health occupations. Teams are judged on speed and accuracy answering questions in nine categories: (1) Academic Foundations; (2) Communication; (3) Systems; (4) Employability Skills; (5) Legal Responsibility; (6) Ethics; (7) Safety Practices; (8) Teamwork; and, (9) Health Maintenance” (Contest Descriptions).

Source: “Contest Descriptions.” SkillsUSA, www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/.

Contest Name:	Health Occupations Professional Portfolio
Shop Alignment:	Health/Medical
Eligibility:	All Students
Contest Type:	Individual
In-House Competition:	No
District Event:	No
State Event:	YES—portfolio, presentation, and written test
National Event:	YES—written, interview, portfolio and presentation

FOR FULL CONTEST OUTLINES, PLEASE SEE YOUR SHOP INSTRUCTOR OR SKILLS ADVISOR.

Official Contest Description:

“The contest recognizes students for their successful development of a professional portfolio. The competition evaluates the ability of the students to present themselves to a prospective employer. The contestants show the use of the portfolio use effective communication skills in presenting. The contest consists of two parts: a portfolio notebook and a live presentation by the contestant” (“Contest Descriptions”).

Source: “Contest Descriptions.” SkillsUSA, www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/.

Contest Name:	Medical Assisting
Shop Alignment:	Medical Assisting
Eligibility:	All Students
Contest Type:	Individual
In-House Competition:	YES
District Event:	YES—written test
State Event:	YES—skill based
National Event:	YES—written, interview, and skill components

FOR FULL CONTEST OUTLINES, PLEASE SEE YOUR SHOP INSTRUCTOR OR SKILLS ADVISOR.

Official Contest Description:

“Contestants are tested on their skills in the clinical and administrative setting. They are judged on speed, the use of correct safety measures and their ability to interact personally with a patient. The students are also judged on general office skills, communication skills, patient education, knowledge of anatomy and physiology, terminology, instrument identification and equipment, as well as on a variety of clinic procedures and techniques. Contestants need to be able to assess a situation in a short period of time and perform a skill required for that situation within the given time limit. Spelling counts for all testing and documentation” (Contest Descriptions).

Source: “Contest Descriptions.” SkillsUSA, www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/.

Contest Name:	Medical Math
Shop Alignment:	Medical Assisting
Eligibility:	All Students
Contest Type:	Individual
In-House Competition:	YES
District Event:	YES—written test
State Event:	YES—skill based
National Event:	YES—written career essentials and skill components

FOR FULL CONTEST OUTLINES, PLEASE SEE YOUR SHOP INSTRUCTOR OR SKILLS ADVISOR.

Official Contest Description:

“Contestants demonstrate their knowledge of general math concepts used in the healthcare fields. They complete a written test that may include the use of ratio/proportion, dosage calculation, metric and household equivalents, Roman numerals, abbreviations, and general math including percentages, among other medical math-related problems” (Contest Descriptions).

Source: “Contest Descriptions.” SkillsUSA, www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/.

Contest Name:	Medical Terminology
Shop Alignment:	Medical Assisting
Eligibility:	All Students
Contest Type:	Individual
In-House Competition:	YES
District Event:	YES—written test
State Event:	YES—skill based
National Event:	YES—written career readiness and skill components

FOR FULL CONTEST OUTLINES, PLEASE SEE YOUR SHOP INSTRUCTOR OR SKILLS ADVISOR.

Official Contest Description:

The purpose of this contest is “to evaluate the knowledge of medical terminology and abbreviations of an individual preparing for employment in the health occupations fields” (Contest Descriptions).

Source: “Contest Descriptions.” SkillsUSA, www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/.

Contest Name:	Nurse Assisting
Shop Alignment:	Health Assisting
Eligibility:	All Students
Contest Type:	Individual
In-House Competition:	YES
District Event:	YES—written test
State Event:	YES—skill based
National Event:	YES—written, interview, and skill components

FOR FULL CONTEST OUTLINES, PLEASE SEE YOUR SHOP INSTRUCTOR OR SKILLS ADVISOR.

Official Contest Description:

“Students will demonstrate knowledge and skill in performing personal care, encouraging patient independence, assisting with ambulation, and performing other routine tasks, including standard infection control procedures used in basic nurse assisting. Students will demonstrate knowledge and abilities in CPR, and the measurement of vital signs. Contestants will be familiar with basic anatomy, communications skills, legal/ethical issues and employment skills” (Contest Descriptions).

Source: “Contest Descriptions.” SkillsUSA, www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/.