

## Media Alert – For Immediate Release

January 10, 2018

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### Greater Attleboro Area Suicide Prevention Coalition Launches New Resource: the Kitchen Table Conversation – Grief Support Roundtable for Suicide Loss Survivors

ATTLEBORO - Grief comes in many forms. There's no one size fits all. Bristol County has experienced more than 200 deaths by suicide in the last three years. That leaves more than 27,000 people across the life span left behind, grieving, many in the Greater Attleboro area.

A grief support program for those who have lost someone to suicide will start on Monday, January 22, 2018 at the Attleboro Public Library, (Judge Lee Trustee Room) 74 North Main Street, Attleboro MA, from 6:30 to 8 p.m., *Kitchen Table Conversations* will continue the fourth Monday of each month.

There will be an additional grief support group which will start on Wednesday, February 14<sup>th</sup>, 2018 at the Murray Universalist Unitarian Church, (Woodland Room) 505 North Main Street, Attleboro, MA from 6:30 to 8 p.m., and this *Kitchen Table Conversations* will continue the second Wednesday of each month.

This is not clinical. It's a peer-to-peer gathering open to anyone ages 19 and over who has been impacted by the loss of a loved one, friend, co-worker, etc., who died by suicide. If you are uncomfortable coming alone, bring a friend. The doors are open to anyone in need of suicide related grief support. Space is limited to 19.

These gatherings will be coordinated by certified facilitators under the auspices of the Greater Attleboro Area Suicide Prevention Coalition and the Bristol County Regional Coalition for Suicide Prevention. There are currently *Kitchen Table Conversations* also taking place in Taunton and Fall River.

These grief support programs are funded, in part by, the Department of Public Health's Suicide Prevention Program and through funds raised via the annual Light the Way Suicide Prevention & Education Walks.

For more information on other resources available through the GAASPC, please contact Coordinator Jacquie O'Brien at 508-223-2222 ext. 3244 or email: [gaaspc@gmail.com](mailto:gaaspc@gmail.com)