



Yang 24 Forms Learning Weekends, 2017

Anne Bower and Marty Kidder will be the lead instructors for the three Yang 24 weekend workshops. Anne, with assistance from other instructors who are comfortable with Yang style, will lead the first two weekends; Marty will join us for the third. Next summer we plan to offer a Certification Workshop in Yang 24 Forms.

The location will likely be the Charlotte Senior Center, but this has not yet been confirmed. If there is any problem with that we will let you know.

July 8-9—Commencement through Single Whip (parts 1 and 2),
August 5-6, Higher Horse through Closing form (parts 3 and 4) plus review of parts 1 and 2.
September 9-10, Review and improvement of full Yang 24.

Each day will run from 9:00-4:30, with short morning and afternoon breaks and a standard midday lunch break.

The first two weekends will cost \$100 each; the third weekend will cost \$150. If you register for all three ahead of time the total cost will be \$300. The cost in all cases includes a practice DVD for Yang 24.

Please send both pages of this form to Anne Bower:
anniebower@yahoo.com or P.O. Box 74, S. Pomfret, VT 05067

Name _____

Mailing Address _____

Best phone number for contacting you _____

Emergency contact phone _____

Your Email _____

List below your prior Tai Chi experience (certifications and classes taken):

List below your previous Tai Chi teaching experience and the agency for which you taught as a volunteer:

Please note below any particular concerns you have about these weekend learning workshops:

Participants in this workshop are expected to practice the sections of Yang form appropriate for each weekend before the workshop.

Tai Chi Vermont will provide snacks and beverages during the workshop but we ask that you bring your own lunch. There are places to buy tasty lunches just a short walk from the Charlotte Senior Center.

Workshop Cost and payment system

If you are paying your own way, just mark the weekends you plan to attend. If paying for individual weekends, payment must be received at least 2 weeks before each workshop date. If paying for all three workshops, please send full payment 2 weeks before the July workshop.

July 8-9 _____ Aug 5-6 _____ Sept. 9-10 _____

If you have the good fortune to receive support from your employer or the agency for which you volunteer, we can bill them for you. If this is the case, please print below the name and address for billing.

Tai Chi Vermont, Inc. is a nonprofit organization dedicated to training and mentoring Tai Chi instructors throughout the state. We work with the state's five Agencies on Aging and SASH (Support and Services at Home) so that volunteer instructors can offer Tai Chi classes in their service areas and facilities.

www.taichivermont.org

Phone: 802-457-2877 P.O. Box 74, South Pomfret, VT 05067