



**Tai Chi Vermont—Level Three (Additional Moves) and Certification/Recertification
Workshop Registration
FALL PREVENTION TAI CHI**

May 8-9, 2018 Capital City Grange, outside Montpelier

Oct. 3 & 4, 2018 (St. Peter's Church, Vergennes)

Led by Authorized Trainers Anne Bower & Ellie Hayes

Time each day: 9:00-4:30

Workshop Content: Review of Levels One and Two (Basic and Advanced Movements) and Teaching Method; Concentrated Learning of Level Three (formerly known as Additional Movements): Leisurely Tying Coat sequence, first to right, then to left.

Participants who are taking their first certification in Level Three need to attend both days. Those who have already been certified in all 3 segments of Fall Prevention Tai Chi may attend on the second day only, if so desired, or may attend for both days for a deeper learning and reviewing process.

During this workshop, the Trainers will carefully assess each participant's ability to teach using our step-by-step teaching method, and to safely model and perform all the Fall Prevention Tai Chi movements. If we feel someone isn't ready for full certification, we'll award a Provisional Certificate instead, with recommendations for further learning and review for full Certification.

*As soon as possible, please send both pages of this form to Anne Bower by email or USPS:
anniebower@yahoo.com or P.O. Box 74, S. Pomfret, VT 05067.*

Check one: I am registering for the Additional Moves/Recert. Workshop in ___ May ___ October

Name _____

Mailing Address _____

Best phone number for contacting you _____

Emergency contact phone _____

Your Email _____

Organization for which you'll be teaching _____

List below your prior Tai Chi learning experience (certifications and classes taken)

List below your previous Tai Chi teaching experience

Participants in this workshop are expected to practice the “Level Three” before the workshop. We have found that those who don't practice adequately sometimes don't earn a full certificate. If you need a copy of our practice DVD (Tai Chi for Arthritis 2) please check here and a copy will be sent to you without cost. _____ Yes, I need the DVD.

During the workshop we will focus on learning how to teach these movements, review the earlier parts of the form and continue improving our teaching techniques.

Tai Chi Vermont will provide snacks and beverages during the workshop, but you'll need to take care of your own lunch. If you have special food restrictions (re the snacks), please let us know.

Your Tai Chi Vermont certification will be good for two years from the date of this workshop. During this two year period, you are entitled to take any of our “Skillbuilder” workshops. These provide Tai Chi practice and often focus on special aspects of the forms and teaching them; they're also a fun way to network with other instructors and learn from each other.

Workshop Cost

Cost for the two day workshop if this is first certification in all 3 segments: \$250 (this includes a copy of the TCA2 DVD if you need one).

Cost for second day only: \$125

Cost for two day Recertification (if you have prior full certification in all 3 segments within past 3 years): \$125

If you are affiliated with one of the Area Agencies on Aging or SASH, please check with that agency to make sure they'll support the cost of your certification/recertification. Tai Chi Vermont will invoice each agency after the completed workshop.

If you wish to pursue this training and are not going to be a volunteer/staff with one of these Agencies or SASH, please indicate your affiliation below, and provide billing address. Of course, contact your employer or organization to make sure they will cover your cost.

Tai Chi Vermont, Inc. is a nonprofit organization dedicated to training and mentoring Tai Chi instructors throughout the state. We work with the state's five Agencies on Aging and SASH (Support and Services at Home) so that volunteer instructors can offer Tai Chi classes in their service areas and facilities.

www.taichivermont.org

Phone: 802-457-2877

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