



## ***Intentional Terrarium***

A Festival of Performances and Experiences in an Immersive Art Installation

Saturdays, April 6, 13, 20, 27, 2024, 1:30-8:30 pm  
MAD Studio, Y Arts Center, 115 East Church Street, Frederick, MD 21701

### **Participating Artists**

#### **MAD Dance**

##### ***Precious***

*April 6 at 3:30 pm and 7:30 pm / April 13 at 3:30 pm and 7:30 pm*

*April 20 at 4 pm and 7:30 pm / April 27 at 3:30 pm and 7:30 pm*

MAD Dance co-artistic directors, Ray C. Shaw and Kitty Clark, are the instigators behind the Intentional Terrarium project. Envisioned as an art installation with a greenhouse as the central feature, it has morphed into a festival featuring a diverse group of artists, performers, thinkers, and healers. Intentional Terrarium and its dance *Precious*, is MAD's seventh project, each of which has drawn on improvisational and somatic practices to manifest deeply intimate work. MAD Dance has received support from the Maryland State Arts Council, the Frederick Arts Council, and from individual donors, all of which have allowed them to bring ideas from concept to reality. Clark and Shaw thrive in collaboration and love the unexpected happenings that transpire when creative minds play together.

#### **Lindy Burns**

##### **Soundbath**

*April 20 at 2 pm and 3:30 pm*

Step into a world of sonic healing with Lindy Burns' expertly curated sound bath sessions, where each note and vibration is designed to resonate deeply within, unlocking a state of profound relaxation and renewal. Lindy Burns brings over two decades of experience in integrating the fields of Clinical Psychology, Chinese Medicine, and Yoga Therapy, holding advanced degrees including a Doctorate in Chinese Medicine and a Masters in Clinical Psychology. As a certified Yoga therapist and a licensed acupuncturist, she specializes in an integrative approach to health, combining traditional and modern therapies to address individual needs. Her commitment to holistic wellness drives her to create accessible, community-based programs that bridge the gap between science and holistic health practices.

#### **James Connors**

##### ***The Molting***

*April 6 at 2:30 pm and 4:30 pm*

Seeking a hypnotherapist for sleeping troubles, a man goes back in time to witness his own abduction.

James Connors is an artist from Frederick, Maryland who explores the visual language of growth. A graduate of Maryland Institute College of Art and Art Center College of Design, for over a decade James has exhibited his drawings, paintings and sculptures across the country. Now an elementary art teacher for FCPS, James is embracing performance art as a new vehicle to investigate his passions.

**Laura First*****Sedna, Breathing the soul to awakening***

April 6 at 7 pm / April 27 at 7 pm

Laura tells tales of the Soul's journey. Her dedication is to the ART of story and the insights and healing that can arise in self and community from hearing and breathing life into the old tales.

**Kinetics Dance Company*****Recollect***

April 27 at 3 pm, 5 pm, and 7 pm

Kinetics Dance Company (KDC) is Kinetics Dance Theatre's professional resident dance group. At *Intentional Terrarium*, the company performs *Recollect*, a duet choreographed by Alex Krebs. The Ellicott City-based company presents work in the Baltimore/DC area and the greater mid-Atlantic region. Through the presentation of its modern and contemporary work, KDC shows its commitment to challenging conventional notions of what dance is, who dance is for, and where/how dance can be presented.

<https://kineticsdance.org/professional-company/>

**Yvette Martin and Elizabeth Kennedy*****Beautiful Human***

April 13 at 2 pm and 4 pm / April 27 at 2:30 pm and 4:30 pm

Yvette Martin - I like to make music that manipulates existing sounds and plays with their rhythms, in order to push them past their original rhythmic intentions, among other things.

<https://soundcloud.com/kekimeshi/tracks>

Elizabeth Kennedy - I speak for a living, through facilitation and invited presentations as a conservation scientist. I dance for my sanity, to weave deep intentions and insights into meaning and possibilities beyond what words can convey.

**Cam Millar*****Conversations with Plants***

April 13 at 3 pm, 5 pm, and 7 pm / April 27 at 2 pm and 4 pm

Cam Millar is a composer/trombonist who has been active in virtually every genre of music and then some. Original music has been heard with the Ice Theatre of New York; for dance choreographers in NYC at the Joyce Theatre, Wave Hill, Cunningham Studios, and St. Marks (NY); over 20 independent film scores; the US National Park Service; HorsePower Live in Toronto, Canada; CBC Jazz Radio Canada and more. His music ensemble, The Weather People, performs Cam's original compositions which includes the recently composed *Picasso Suite* composed for and performed at the Washington County Museum of Fine Arts in Hagerstown, MD, in November, 2023.

**Neha Misra [नेहा मिश्रा](#)****Poetry**

April 20 at 4 pm and 7 pm

Neha Misra is a contemporary eco-folk visual artist, poet, and an award-winning climate justice advocate with a deep belief in the power of human (re) imagination to create new realities. Neha was born and raised in New Delhi, India. As an immigrant to the United States, the Washington D.C. Metropolitan Area is her adopted home. Neha's Mother Earth wisdom centered interdisciplinary creative studio builds intertwined bridges between individual, collective, planetary healing. Her regenerative art practice has roots in the diverse eco-folk traditions, mythology, ancient knowledge, and colorful vibrancy of her Indian heritage. Her immigrant

experience has been a catalyst for rediscovering and re-claiming this sacred tapestry. Neha's education in Physics is the foundation for the mosaic of her work that explores the intersection of worlds - physical and metaphysical, complex and simple, old and new.

**Jodi Obeid**

***Inside (in)***

*April 13 at 2:30 pm, 4:30 pm, and 7 pm*

Jodi Obeid is obsessed with movement of all kinds and enjoys making movement based, dance theater often with many props! Jodi holds an MA in Dance, has taught in many universities over the years in PA , NJ, and Belgium and currently works with dance companies to create in school dance programs. She LOVES Terrariums and has many at home filled with dart frogs, it is a bit of a real zoo.

**Revolution Modern Dance**

***Seedling. Sapling. Snag.***

*April 6 at 3 pm and 5 pm / April 20 at 3 pm and 5 pm*

Local dancers and musicians explore the concept of strong roots as a strength and weakness through modern dance. Amanda Comi (Choreographer) has been dancing her entire life, with a background informed by modern dance, contact improvisation, and social blues dance idioms. She hosts recreational dance classes and events for adults in Frederick, MD. See [RevolutionModernDance.com](http://RevolutionModernDance.com) for information.

**Lisa Sheirer**

***Watershed Lacuna***

*April 6 at 2 pm and 4 pm / April 20 at 2:30 pm and 4:30 pm*

Lisa Sheirer is a visual artist living and working in Frederick, Maryland. She has a resident artist studio at Y Arts Center and Fox Haven Farm & Learning Center. Lisa works in a variety of mediums. Pixels, clay, inks, paint, pulp painting, wood, glass, found objects, video, and cast metals, are among her materials. Natural flora, fauna, and mycoflora have been the longtime basis for Lisa's work. She has an active social media account showing plant life through the seasons in the Catoctin mountains. Plants are documented using photography and citizen scientific research. Lisa's art series spring from her observations. In the fall of 2023, 2 artist books (*WaterShed & A Book of Ghosts*) about regional plant and animal life were self-published by Lisa.