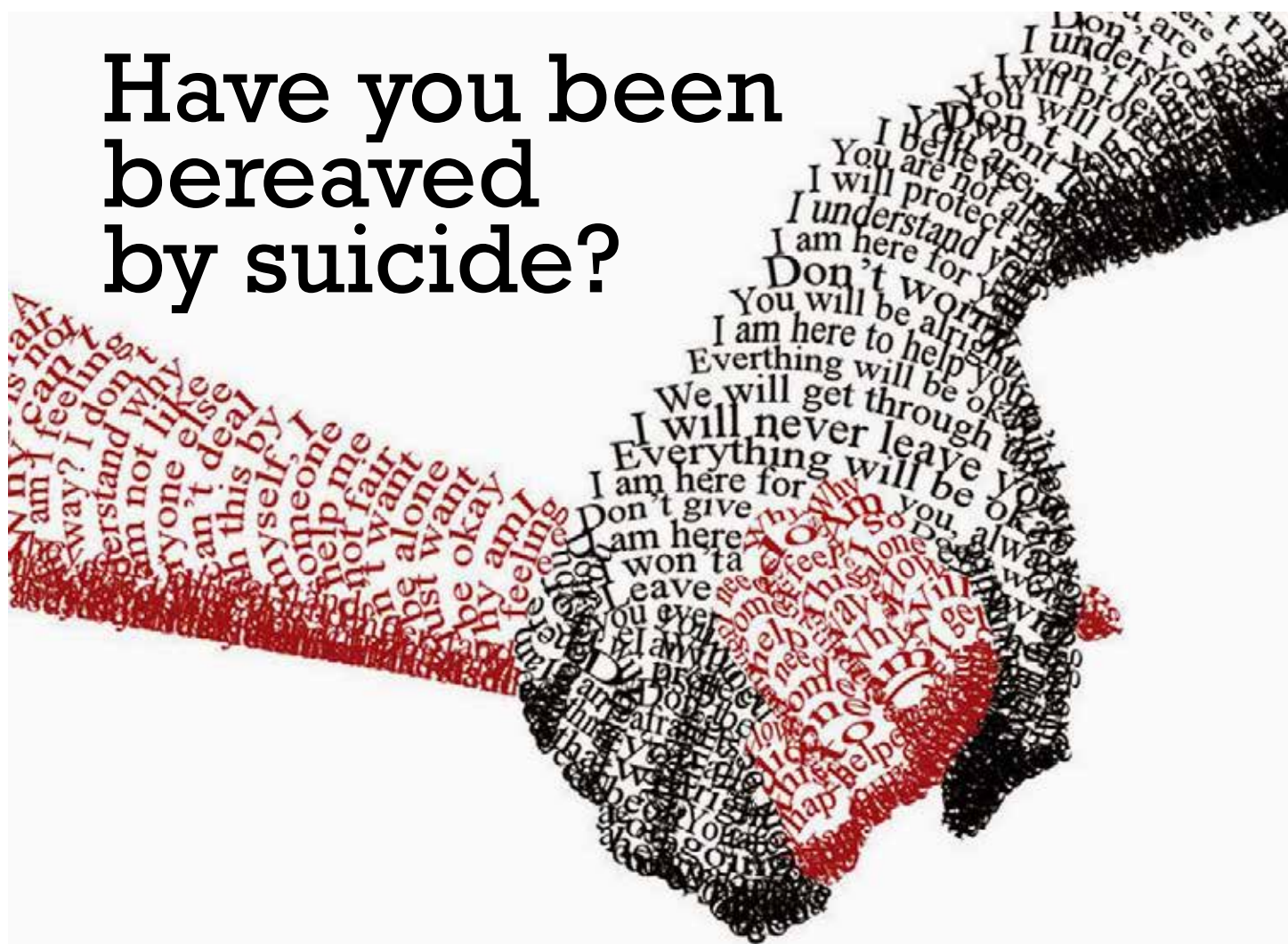


Have you been bereaved by suicide?



You are not alone.

LOSS (Losing Someone by Suicide)

is a self-help group for those bereaved by suicide. It aims to provide a safe and confidential environment in which bereaved people may freely share their experiences and feelings, and in doing so support each other.

LOSS is open to anyone over 16 who has been bereaved by the suicide of a spouse, partner, sibling, family member, friend or colleague. It does not matter if your bereavement is recent or several years ago.

LOSS meetings are free: there are no fees, dues or membership requirements.

WHEN

First Wednesday of every month, 6:00-7:30 p.m.

WHERE

Solstice, Falconer House, 108 Pitts Bay Road, Pembroke

For more information contact:
Chris Gibbons 333-9002 gib.chris@gmail.com

SOLSTICE