



THE
SARACENS
HEAD

MAIN MENU

Early Bird

2 Courses for 16.95pp Monday – Friday until 7.30pm
Marked (EB) on the menu

Nibbles & Sharers

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| 4.50 (EB) Chicken Goujons – tomato salsa (GF) | 10.50 Hickory Smoked Baby Back Ribs (GF) |
| 4.50 (EB) Black Pudding Fritters – mustard mayo | 13.95 Ploughman's – honey-roast ham, Garstang blue & mature cheddar, chicken liver parfait, pork pie, house chutney & crusty bread |
| 4.25 Courgette & Aubergine Fritters – hummus | 13.95 Charcuterie – chorizo, Parma ham, salami, pastrami, focaccia, hummus & sun-blushed tomato |
| 4.50 Garlic Focaccia + cheese 75p | |
| 5.50 Flavoured Focaccia ; cheddar & red onion, walnut, herb & olive. balsamic, olive oil & spiced dukka(v) + feta & olives 2.00 | |

Starters

- 5.00 (EB) **Soup of the Day** – crusty bread & butter (v) (GF)
- 6.50 (EB) **Chicken Liver Parfait** – toast, apple & raisin chutney (GF)
- 5.95 (EB) **Haddock Goujons** – tartar sauce (GF)
- 5.50 (EB) **Creamy Garlic Mushrooms** – filo pastry & crispy leeks (v)
- 6.75 (EB) **Homemade Black Pudding** – caramelised shallots, glazed parsnip & red wine jus
- 6.95 **Duck Spring Roll** – plum sauce & sweet chutney (GF)
- 6.75 **Salt & Pepper Squid** – peppers & wasabi mayo (GF)
- 7.95 **Teriyaki Beef Strips** – coriander egg noodles & stir fried vegetables
- 7.25 **Mini Camembert** – red onion marmalade & toasted croutes (v) (GF)
- 6.95 **Spring Onion Crab Cake** – tempura soft shell crab & sweetcorn cream

Lighter Bites

- 11.95 (EB) **Ham & Smoked Applewood Cheese or Roasted Vegetable & Feta Quiche** – sautéed potatoes or skin on fries, coleslaw & mixed salad (v)
- 11.50 **Butternut & Goats Cheese Pithivier** – candied baby beetroot & sautéed potatoes (v)
- 9.95 **Classic Caesar Salad** – pancetta, Kos lettuce, anchovies, toasted croutes & shaved Parmesan
+ Chicken or Salmon £5
- 9.50 **Chipotle Mixed Salad** – chilli, red onion, sun dried tomatoes, harissa & toasted croutes (v)
+ Chicken £5 or Rump Steak £6



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From the Grill

Served with hand cut chips, confit tomatoes & mushrooms (GF)

13.50 **10oz Gammon-** fried egg & pineapple jam

20.00 **8oz Ribeye**

15.50 **10oz Rump**

26.00 **8oz Fillet**

44.50 **20oz Chateaubriand to share** (limited availability)

2.50 **Sauces** - Red wine jus, Brandy peppercorn, Diane or garlic butter

Main Courses

15.50 **(EB) Roast Chicken Breast** – baby potatoes, peppers & chorizo ragout & smoked paprika cream (GF)

15.95 **(EB) Slow-roasted Pork Belly** – white bean & smoked bacon cassoulet with buttered kale (GF)

15.95 **(EB) Salmon Fillet** – sautéed new potatoes, chilli & mango salsa, lime crème fraîche & coriander oil (GF)

16.95 **Braised Moroccan lamb tagine** – spiced vegetable cous cous, toasted pitta & mint yoghurt (GF)

17.50 **Seabass** – chive creamed potato, braised fennel, lemon & caper butter (GF)

17.95 **Duck Breast** – fig & ginger tart-tatin, duck wontons, bok choy & star anise jus

16.95 **Venison Medallions** – Stilton dauphinoise, pickled red cabbage, roasted shallots & port jus (GF)

15.95 **Chargrilled Lamb Leg Steak** – herb crusted potato, fine beans & rosemary jus (GF)

Our Saracen's Classics

12.95 **(EB) Beer Battered Haddock** – chunky chips, mushy peas & tartar sauce (GF)

12.95 **(EB) Steak & Ale Pie** – chunky chips & seasonal vegetables

12.95 **(EB) Cheese & Onion Pie** – puff pastry lid, vegetable ragout & chunky chips (v)

12.95 **Wild Mushroom & Caramelised Onion Suet Pudding** – chunky chips, braised red cabbage & apple (v)

Gourmet Burgers

Served on a brioche bun with Kos lettuce, tomato & mayo, with skin on fries, spicy salsa sip & herb leaf garnish.

12.95 **(EB) Classic** – crispy bacon, caramelised onion, BBQ sauce, gherkins & Monterey jack cheese (GF)

12.95 **(EB) Breaded Chicken** – maple cured bacon & chipotle mayonnaise

11.95 **(EB) Spring Onion, Pepper & Black Bean** – buffalo mozzarella & basil (v) (GF)

Sides

3.00 **Sautéed Potatoes;** 3.50 **Cauliflower cheese** 3.00 **Buttered Seasonal Greens**

4.00 **Sweet Potato Fries** 3.00 **Seasoned Fries/Hand-cut Chips** 3.50 **Carrot & Beetroot Salad**

All prices are inclusive of VAT. All items are subject to availability. Management reserves the right to withdraw or limit any offers at short notice. All fish may contain bones. (v) - These dishes are suitable for vegetarians. Whilst we take every care to preserve the integrity of our vegetarian products, we must advise these products are handled in a multifunctional kitchen environment. (GF) - Gluten Free variation available – please notify your server. All our products may contain seeds, traces of nuts or nut derivatives. Please speak to your server if you suffer from any allergies.