

Position	Runner	First Name	Surname	Gender	Club	Time
1	1	Callum	Aldous	Male	Chichester Westgate Tri Club	0:36:16
2	61	Byron	Kearns	Male	Unattached	0:36:34
3	12	Gavin	Bowden	Male	Team Titans	0:36:41
4	3	Steven	Amos	Male	Unattached	0:36:42
5	116	Jake	Steer	Male	Promenade Plodders	0:37:29
6	31	Jamie	Ellinor	Male	Unattached	0:38:21
7	149	Ryan	Mercado	Male	Unattached	0:40:17
8	113	Juliet	Stallard	Female	Bognor Regis Tone Zone Runners	0:40:39
9	54	Kieron	Howard	Male	Unattached	0:41:25
10	21	James	Clarke	Male	Unattached	0:41:51
11	33	Daryl	Fairbrother	Male	Unattached	0:41:56
12	41	Steve	Gracey	Male	Unattached	0:42:15
13	145	Katie	Young	Female	Unattached	0:42:42
14	42	Richard	Gray	Male	South Downs & Coastal Cannicrossers	0:42:50
15	122	Christopher	Stoner	Male	Unattached	0:42:54
16	9	Will	Biffen	Male	Unattached	0:42:57
17	44	Gary	Griffiths	Male	HeAls	0:43:04
18	7	William	Barker	Male	South Downs & Coastal Cannicrossers	0:43:17
19	51	Jack	Harrison	Male	Promenade Plodders	0:43:19
20	38	Justin	Geri	Male	Unattached	0:43:30
21	70	Stan	Mack	Male	Bognor Regis Tone Zone Runners	0:43:45
22	102	David	Rowe	Male	Bognor Regis Tone Zone Runners	0:44:14
23	128	Linda	Tombs	Female	Fittleworth Flyers	0:44:27
24	2	Mark	Aldous	Male	Unattached	0:44:47
25	144	Jim	Simmons	Male	Bognor Regis Tone Zone Runners	0:44:55
26	126	Neil	Strudwick	Male	Bognor Regis Tone Zone Runners	0:44:56
27	27	Gary	Curran	Male	Unattached	0:45:05
28	138	Kevin	Williams	Male	Chichester Runners & AC	0:45:09
29	15	Carl	Bryant	Male	Bognor Regis Tone Zone Runners	0:45:16
30	143	Mark	Holland	Male	Unattached	0:45:18

Position	Runner	First Name	Surname	Gender	Club	Time
31	75	James	Martin	Male	Unattached	0:45:19
32	46	paul	Guarnccio	Male	Unattached	0:45:23
33	65	Rebecca	Kipping	Female	Unattached	0:45:24
34	40	Rowenna	Gordon	Female	Unattached	0:45:28
35	32	Josie	Faggetter	Female	Bognor Regis Tone Zone Runners	0:45:31
36	43	Andy	Gray	Male	Unattached	0:45:48
37	23	Darren	Cobby	Male	Promenade Plodders	0:46:17
38	121	Paul	Stevens	Male	Unattached	0:46:24
39	30	Richard	Earl	Male	Unattached	0:47:19
40	139	Max	Wilson	Male	Unattached	0:47:25
41	114	Carolyn	Stapely	Female	Bognor Regis Tone Zone Runners	0:47:39
42	147	Will	King	Male	Unattached	0:47:40
43	120	Hannah	Stemp	Female	Unattached	0:48:06
44	96	Ellen	Perry	Female	Chichester Runners & AC	0:48:30
45	108	Ross	Shipway	Male	DSRC	0:48:33
46	118	Kiley	Steer	Male	Promenade Plodders	0:48:36
47	93	Ian	Pearce	Male	Unattached	0:48:57
48	20	Nigel	Clark	Male	Unattached	0:49:08
49	129	Yasmine	Van Dooren	Female	Unattached	0:49:13
50	119	Gareth	Stemp	Male	Bognor Regis Tone Zone Runners	0:49:21
51	83	Alan	Milstein	Male	South Downs & Coastal Cannicrossers	0:49:29
52	53	Jonathan	Hermans	Male	Unattached	0:49:34
53	101	Sharon	Riley	Female	Tadley Runners	0:49:35
54	97	Emma	Pethybridge	Female	Unattached	0:50:06
55	62	Mark	Kent	Male	Unattached	0:50:08
56	105	Sarah	Santer	Female	Bognor Regis Tone Zone Runners	0:50:21
57	73	Sarah	Mann	Female	Unattached	0:50:22
58	81	Michael	Millyard	Male	Unattached	0:51:00
59	25	Zoe	Cornish	Female	DSRC	0:51:12
60	47	Alex	Hand	Female	Unattached	0:51:13

Position	Runner	First Name	Surname	Gender	Club	Time
61	74	Michael	Manwill	Male	Bognor Regis Tone Zone Runners	0:52:20
62	152	Stuart	Withers	Male	Unattached	0:52:20
63	100	Lesley	Prideaux	Female	Unattached	0:52:46
64	99	Jon	Prideaux	Male	Unattached	0:52:49
65	86	Charlie	Moss	Male	David Moss	0:53:05
66	85	David	Moss	Male	David Moss	0:53:06
67	125	Donna	Strowger	Female	Bognor Regis Tone Zone Runners	0:53:25
68	92	Debbie	Patching	Female	Bognor Regis Tone Zone Runners	0:53:28
69	55	Daniel	Hughes	Male	Bognor Regis Tone Zone Runners	0:53:39
70	28	Rebecca	Dunbar	Female	Unattached	0:53:50
71	131	Lisa	Wadey	Female	Bognor Regis Tone Zone Runners	0:53:51
72	52	Zoe	Hemes	Female	Unattached	0:53:55
73	48	Debra	Harper	Female	Unattached	0:54:00
74	124	Emma	Strange	Female	Unattached	0:54:02
75	37	Martin	Fryer	Male	Chichester Runners & AC	0:54:03
76	111	Sophie	Smith	Female	Unattached	0:54:11
77	39	Catherine	Golding	Female	South Downs & Coastal Cannicrossers	0:54:17
78	136	Wendy	Whelan	Female	Karibu	0:54:18
79	79	Sarah	Mercer	Female	Promenade Plodders	0:54:20
80	142	Samantha	Yates	Female	Bognor Regis Tone Zone Runners	0:54:30
81	71	Sarah	Macuix	Female	Bognor Regis Tone Zone Runners	0:54:37
82	59	Lisa	Joyce	Female	Bognor Regis Tone Zone Runners	0:54:37
83	123	Sarah	Stothard	Female	Bognor Regis Tone Zone Runners	0:54:48
84	84	Rodney	Morley	Male	HeAls	0:55:45
85	134	Alison	Waterfield-Jones	Female	South Downs & Coastal Cannicrossers	0:56:15
86	14	Gill	Brown	Female	Chichester Runners & AC	0:56:47
87	18	Wendy	Cannon	Female	Bognor Regis Tone Zone Runners	0:56:57
88	77	Tony	McCarthy	Male	Unattached	0:56:59
89	140	Lynette	Woodward	Female	Chichester Runners & AC	0:57:03
90	82	Peter	Millyard	Male	Unattached	0:57:08

Position	Runner	First Name	Surname	Gender	Club	Time
91	106	Charlotte	Seaton	Female	Bognor Regis Tone Zone Runners	0:57:27
92	89	Robyn	Ostrom	Female	Unattached	0:57:28
93	112	Sarah	Spurr	Female	Bognor Regis Tone Zone Runners	0:57:28
94	50	Jeremy	Harrison	Male	Chichester Runners & AC	0:57:36
95	148	Chris	Chapman	Female	Bognor Regis Tone Zone Runners	0:57:51
96	8	Michael	Bhola	Male	South Downs & Coastal Cannicrossers	0:58:02
97	109	David	Sinclair	Male	Bognor Regis Tone Zone Runners	0:58:05
98	34	Victoria	Falconer	Female	Unattached	0:58:36
99	24	Isabella	Cobby	Female	Promenade Plodders	0:58:53
100	67	Stacie-Leigh	Landen	Female	Promenade Plodders	0:59:14
101	110	Alice	Slater	Female	Bognor Regis Tone zone Runners	0:59:24
102	127	Alan	Sullivan	Male	HeAls	0:59:57
103	66	Cheryl	Laing	Female	Bognor Regis Tone Zone Runners	1:00:55
104	72	Louise	Maddison	Female	Unattached	1:01:07
105	16	Lyn	Bryant-Nichols	Female	Unattached	1:01:22
106	26	Jayne	Cox	Female	Arunners RC	1:01:38
107	68	Tony	Lee	Male	Unattached	1:01:40
108	11	Amy	Boniface	Female	Rotary Road Runners	1:01:56
109	22	Abigail	Cobby	Female	Promenade Plodders	1:02:06
110	130	Donna	Vincent	Female	Bognor Regis Tone Zone Runners	1:02:25
111	29	Kirsten	Dunn	Female	Promenade Plodders	1:02:25
112	80	Debbie	Millar	Female	Purple Plodders	1:02:33
113	90	Ann	Parker	Female	South Downs & Coastal Cannicrossers	1:02:41
114	135	Jo	Westbrook	Female	South Downs & Coastal Cannicrossers	1:02:49
115	58	Jac	Jones	Female	Promenade Plodders	1:03:12
116	115	Alison	Stead	Female	Bognor Regis Tone Zone Runners	1:03:20
117	64	Nicola	King	Female	Bognor Regis Tone Zone Runners	1:03:28
118	117	Tracey	Steer	Female	Promenade Plodders	1:03:38
119	98	Kirstee	Porter	Female	Bognor Regis Tone Zone Runners	1:04:27
120	45	Wendy	Groussin	Female	Arunners RC	1:04:53

Position	Runner	First Name	Surname	Gender	Club	Time
121	78	Cheryl	Melaniphy	Female	Unattached	1:06:42
122	150	Nicola	Houston	Female	Unattached	1:07:09
123	151	Jenifer	Witton	Female	Unattached	1:07:58
124	49	Zach	Steer	Male	Promenade Plodders	1:08:02
125	13	Lisa	Broad	Female	Bognor Regis Tone Zone Runners	1:08:07
126	17	Debbie	Camp	Female	Epsom Allsorts	1:08:07
127	154	Tara	Wright	Female	Unattached	1:08:10
128	10	Raymond	Blackwell	Male	RoadRunners Club UK	1:09:01
129	94	Jo	Penfold	Female	Bognor Regis Tone Zone Runners	1:09:06
130	6	John	Baitup	Male	Unattached	1:09:07
131	36	Tony	Flint	Male	Arunners RC	1:11:43
132	35	Maureen	Flint	Female	Arunners RC	1:12:32
133	5	Laura	Bagnall	Female	Arunners RC	1:12:40
134	153	Sarah	Vockins	Female	Bognor Regis Tone Zone Runners	1:17:14
135	103	Terri	Sansom	Female	Promenade Plodders	1:24:13
136	104	Alexander	Sansom	Male	Promenade Plodders	1:24:14
137	4	Nicola	Baglee	Female	Bognor Regis Tone Zone Runners	1:36:30
138	19	Peter	Chittenden	Male	Bognor Regis Tone Zone Runners	2:08:06