



## 2018-2019 Schedule Dance Class Options

### BEYOND THE BARRE ELECTIVES

Stretch & Strengthen (ages 8 and up)- S & S uses a combination of Pilates, floor, barre and other techniques to improve balance, strength, placement and coordination. This class is perfect for athletes who want to build strength, agility and coordination to improve their level of awesomeness!

1 hour class/Teacher-Jaiden Morley/Dena Morley

Contemporary - (ages 10 and up)-Contemporary is an expressive form of dance using vocabulary from ballet, jazz, lyrical and modern techniques. Students will be exposed to a variety of movement qualities, musical rhythms and emotional interpretations. Students will learn through warm ups, across the floor and longer combinations.

1 hour class/Teacher- Karla Coghill

### JAZZ CLASSES

Jazz 1 (ages 7-9)/ Jazz 2 (ages 10 and up)-These Jazz classes will focus on learning proper jazz technique such as isolations of the body, improving performance quality and developing complex rhythms and patterns. Students will be exposed to various styles of jazz such as Broadway, Street and Contemporary to help develop a well-rounded dancer. Both levels of Jazz include a proper warm-up, stretches, across-the-floor progressions, and combinations.

1 hour class/ Teacher-Heather Yee

### TAP CLASSES

Tap 1 (ages 5-8)-This basic tap class focuses on basic rhythm and tap choreography. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun. .75 hour class/Teacher-Tiffany Rusch

Tap 2 (ages 8 and up)-Tap classes are designed to develop rhythm, style and sound. Students will learn a variety of tap styles from Broadway to Rhythm tap. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun. Musical Theater class will focus on learning proper dance technique while exploring the various dance styles used in Broadway shows. Class curriculum is based on ballet technique layered with Broadway style jazz movement and includes a proper warm-up, stretches, isolations, across-the-floor progressions, and combinations.

Emphasis will also be placed on learning performance skills such as connecting with the audience and telling a story through dance and facial expressions.

1 hr class/Teacher-Tiffany Rusch

<b>DANCE ELECTIVES</b>	<b>Day / Time</b>
Stretch & Strengthen (ages 8 up)	Tuesday 6:00-7:00 (JM/DM)
Jazz 1 (ages 7-9)	Wednesday 4:30-5:30 (HY)
Jazz 2 (ages 10 and up)	Thursday 4:30-5:30 (HY)
Tap 1 (ages 5-8)	Saturday 2:30-3:15 (TR)
Tap 2 (ages 8 up)	Saturday 1:30-2:30 (TR)
Contemporary (ages 10 and up)	Thursday 7:00-8:00 (KC)

<b>Once Yearly Reg. Fee</b>
\$35.00
<b>Performance Fee</b>
\$100 due 1/7/19

<b>DANCE ELECTIVES</b>	<b>Hours per week</b>	<b>Monthly Cost</b>	<b>Semester Cost</b>	<b>Yearly Cost</b>
Tap 1	0.75	\$62.00	\$248.00	\$496.00
1 hr elective	1	\$67.00	\$268.00	\$536.00
1 hr elective + Tap 1	1.75	\$108.25	\$433.00	\$865.00
2-1 hr electives	2	\$123.50	\$494.00	\$989.00
3-1 hr electives	3	\$149.50	\$598.00	\$1196.00
4-1 hr electives	4	\$208.00	\$832.00	\$1664.00