

The top 5 tips for teething puppies

Teething is a tricky time. Here's how to keep puppies properly occupied—and out of the shoe closet!



Offer frozen mini bagels, plain or fruit variety, not onion. Allowing them to chew, and eventually consume, the bagels helps to numb the gingiva, easing discomfort. The denseness of the bagel may actually help to remove loose baby teeth.



Cold carrots may help relieve discomfort—and they offer vitamins and minerals. Just don't offer more than one whole carrot a day, because of its high fiber content.



Try frozen fruit, such as strawberries or bits of banana. The "cold pack" may help relieve oral discomfort and the fruit is edible, although it might get a little messy.



Wet a dishrag or towel, twist it into a rope-like shape and freeze. The cold helps relieve oral discomfort, and the chewiness of the towel helps encourage proper biting behavior.



Offer puppy-specific toys, such as a Chilly Bone or Kong. These can also be frozen.

Note: The tips for teething puppies are suggested to help relieve the discomfort of teething. No toy or other implement should be offered without supervision. Not all of the suggestions will work for all breeds of puppies. Discretion is necessary.