**Camp Objectives**

- Develop competitive spirit and good sportsmanship through individual instruction and supervised competition
- Improve overall fitness & conditioning
- Get the most out of practice time
- Improve essential skills: passing, moving without the ball, shooting, dribble moves, defensive positioning, and overall team play

Over the past 10 years the RVC Girls Camp has been considered one of the best women’s basketball camps in New York. You cannot find a better run, better staffed camp than the G7 Women’s Basketball Camp in RVC.
Camp Directors & Staff

Marc Von Essen
Game 7 Boot Camp

Dennis O’Brien
Sacred Heart Academy
GAME7 Boot Camp

Haron Hargrave
Sacramento State University

Carrem Gay
Duke University
GAME7 Instructor

Ariel Edwards
Penn State University

Kyle Hunt
Canadian Pro

Rockville Centre Basketball Camps

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
<th>Grades</th>
<th>Tuition</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>7/9- 7/13</td>
<td>3-8</td>
<td>$225 or $400 for any two sessions</td>
</tr>
<tr>
<td>Boys</td>
<td>9am-3pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>II</td>
<td>7/23 - 7/27</td>
<td>3-8</td>
<td>$225 or $400 for any two sessions</td>
</tr>
<tr>
<td>Boys</td>
<td>9am-3pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>III</td>
<td>7/30—8/3</td>
<td>3-8</td>
<td>$225 or $400 for any two sessions</td>
</tr>
<tr>
<td>Boys</td>
<td>9am-3pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IV</td>
<td>8/13—8/17</td>
<td>3-10</td>
<td>$260</td>
</tr>
<tr>
<td>Girls</td>
<td>9am-3pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V</td>
<td>8/13—8/17</td>
<td>K-3</td>
<td>$140</td>
</tr>
<tr>
<td>Rookie (boys &amp; girls)</td>
<td>9am-12noon</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Early Drop Off: 8:30 AM
Late Pick-Up: 3:30 PM

Players will be divided by age and ability. Intense training will emphasize the fundamentals of ball handling, passing, shooting, and rebounding. Each player will participate in league competition and receive individual instruction. Our enthusiastic coaching staff will encourage the campers to improve their skills with practice.

Our Philosophy
When choosing a basketball camp for a young player, it is important to make sure that the camp offers a quality coaching staff at an adequate location. All of our camps are directed and staffed by intense, experienced coaches from various levels. We only offer a week or two at each location. When choosing a basketball camp for a young player, it is important to make sure that the camp offers a quality coaching staff and that the camp is a place to learn and then practice what you have learned on your own. This is the recipe for becoming a better player.

Rockville Centre Basketball Camps

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
<th>Grades</th>
<th>Tuition</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>7/9- 7/13</td>
<td>3-8</td>
<td>$225 or $400 for any two sessions</td>
</tr>
<tr>
<td>Boys</td>
<td>9am-3pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>II</td>
<td>7/23 - 7/27</td>
<td>3-8</td>
<td>$225 or $400 for any two sessions</td>
</tr>
<tr>
<td>Boys</td>
<td>9am-3pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>III</td>
<td>7/30—8/3</td>
<td>3-8</td>
<td>$225 or $400 for any two sessions</td>
</tr>
<tr>
<td>Boys</td>
<td>9am-3pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IV</td>
<td>8/13—8/17</td>
<td>3-10</td>
<td>$260</td>
</tr>
<tr>
<td>Girls</td>
<td>9am-3pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V</td>
<td>8/13—8/17</td>
<td>K-3</td>
<td>$140</td>
</tr>
<tr>
<td>Rookie (boys &amp; girls)</td>
<td>9am-12noon</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Early Drop Off: 8:30 AM
Late Pick-Up: 3:30 PM

Players will be divided by age and ability. Intense training will emphasize the fundamentals of ball handling, passing, shooting, and rebounding. Each player will participate in league competition and receive individual instruction. Our enthusiastic coaching staff will encourage the campers to improve their skills with practice.

Our Philosophy
When choosing a basketball camp for a young player, it is important to make sure that the camp offers a quality coaching staff at an adequate location. All of our camps are directed and staffed by intense, experienced coaches from various levels. We only offer a week or two at each location. When choosing a basketball camp for a young player, it is important to make sure that the camp offers a quality coaching staff and that the camp is a place to learn and then practice what you have learned on your own. This is the recipe for becoming a better player.

Typical Camp Schedule

9:00 “Gym Rat” Session
9:30 Stretch Out/Calisthenics
9:45 Team Meeting
10:00 Stations “Skill of the Day”
10:30 Offensive Improvement
11:00 Morning Game
12:00 Lunch (Instructor Game)
1:00 Lecture/Demonstration
1:30 Skills Contest
2:00 Afternoon Team Game
3:00 Hustle Awards

Rookie Camp Schedule

9:00 “Gym Rat” Sessions
9:30 Stretch Out/Calisthenics
9:45 Stations “Skill of the Day”
10:45 Break for drink & snack
11:00 Skills contest

“Every young aspiring basketball player can benefit from Game 7’s instruction. Coach Von Essen’s energy and passion for the game will help push you to become the best player you can be. I highly recommend Game 7 Boot Camp.”

Billy Donovan - Oklahoma City Thunder

Other Camp Locations:

- Freeport
- Lincroft, NJ

For BOOT CAMP info
WWW.GAME7SPORTS.COM

Typical Camp Schedule

9:00 “Gym Rat” Session
9:30 Stretch Out/Calisthenics
9:45 Team Meeting
10:00 Stations “Skill of the Day”
10:30 Offensive Improvement
11:00 Morning Game
12:00 Lunch (Instructor Game)
1:00 Lecture/Demonstration
1:30 Skills Contest
2:00 Afternoon Team Game
3:00 Hustle Awards

Early Drop Off: 8:30 AM
Late Pick-Up: 3:30 PM

Our Philosophy
When choosing a basketball camp for a young player, it is important to make sure that the camp offers a quality coaching staff at an adequate location. All of our camps are directed and staffed by intense, experienced coaches from various levels. We only offer a week or two at each location. When choosing a basketball camp for a young player, it is important to make sure that the camp offers a quality coaching staff and that the camp is a place to learn and then practice what you have learned on your own. This is the recipe for becoming a better player.

Typical Camp Schedule

9:00 “Gym Rat” Session
9:30 Stretch Out/Calisthenics
9:45 Team Meeting
10:00 Stations “Skill of the Day”
10:30 Offensive Improvement
11:00 Morning Game
12:00 Lunch (Instructor Game)
1:00 Lecture/Demonstration
1:30 Skills Contest
2:00 Afternoon Team Game
3:00 Hustle Awards

Rookie Camp Schedule

9:00 “Gym Rat” Sessions
9:30 Stretch Out/Calisthenics
9:45 Stations “Skill of the Day”
10:45 Break for drink & snack
11:00 Skills contest

“Every young aspiring basketball player can benefit from Game 7’s instruction. Coach Von Essen’s energy and passion for the game will help push you to become the best player you can be. I highly recommend Game 7 Boot Camp.”

Billy Donovan - Oklahoma City Thunder

CAMP APPLICATION

DETACH AND MAIL TO
29 Marvin Ave, Rockville Centre, NY 11570
Please make check payable to Game 7 Sports, Inc.
For Boy’s camp make check payable to St. Agnes CYO

(Summer of 2017)

RVC GIRLS AND BOYS CAMP WAS SOLD OUT IN THE SUMMER OF 2017

Other Camp Locations:

- Freeport
- Lincroft, NJ

For BOOT CAMP info
WWW.GAME7SPORTS.COM