

GAME 7

GIRLS BASKETBALL CAMP

SUMMER 2019



We Teach Fundamentals First

- Dribbling, Passing & Shooting
- Defensive Play
- Teamwork & Hustle



GIRLS grades 3rd – 10th
August 19-23
9:00am-3:00pm

GIRLS CAMP

@ The Rockville Centre Recreation Center
111 North Oceanside Road, Rockville Centre, 11570

AUGUST 19 - 23

9:00am-3:00pm

Grades 3rd- 10th as of Sept. 2019

\$260 per player

ALL CAMPERS RECEIVE A CAMP T-SHIRT

REGISTER ONLINE AT WWW.GAME7SPORTS.COM

Questions? Email us: admin@game7sports.com

Daily Schedule* Includes:

- 8:30 AM Early bird drop-off, shoot around
- 9:00 Warm-up/Stretch
- 9:15 Skill of the day
- 10:00 Stations (Rotating skills sessions in small groups)
- 11:00 Morning team games
- 12:00pm Lunch
- 12:45 Guest lecture/demonstration
- 1:15 Competitive Contest
- 2:00 Afternoon team games
- 3:00 Dismissal

Our Philosophy

When choosing a basketball camp for a young player, it is important to make sure that the camp offers a quality coaching staff at an adequate location. All of our camps are directed and staffed by intense, experienced coaches from various levels. We only offer a week or two at each location because we believe that basketball camp is a place to learn and then practice what you have learned on your own. This is the recipe for becoming a better player. Players will be divided by age and ability. Intense training will emphasize the fundamentals of ball handling, passing, shooting, and rebounding. Each player will participate in league competition and receive individual instruction. Our enthusiastic coaching staff will encourage the campers to improve their skills with practice.