

# 1-2-3-4 Bully No More Pledge

1

## **I Will Be Aware!**

I will be educated and informed. I will know what bullying is and what bullying is not. I will be able to recognize “bullying” when I see it. I will learn strategies to remove someone who is being bullied from the scene. I will know what to say to *safely* deflate a bullying incident.

2

## **I Will Care!**

I understand that *I* can help! I will know what to do if I see bullying taking place in my school or community. I will care enough to support with my words of encouragement, time, and resources to help spread the anti-bullying movement.

3

## **I Will Share!**

I will share information, protection, and encouragement. I will teach others to accept the differences in others. If I am an adult, I will teach the youth around me how to respond properly to bullying, whether they be the victim or the bystander. If I am taking this pledge on behalf of a school, we will adopt a no-nonsense policy and offer an open discussion on bullying throughout the *entire* school year.

4

## **I Will Dare!**

I will dare to speak up, speak out, and Stop Bullying Now!!!! I will take preventive measures against bullying. I will be proactive and empower my community with education. I will Dare to be a part of a growing movement to stomp out bullying. I will join The Mikki High Bully No More! Project team in its efforts to stomp out bullying!

Sign \_\_\_\_\_

Date \_\_\_\_\_