

**Men's Divorce Recovery exists to**  
***Empower divorced men...***  
***Through Support, Encouragement and***  
***Knowledge...***

Each of these words is important.

The newly divorced man is lonely in the extreme. MDR exists to alleviate the newly divorced man's loneliness through tenaciously committed and ongoing **SUPPORT**.

The divorced man is discouraged. Whether victim or perpetrator (usually a combination thereof), discouragement fills the vacuum left by so much loss. MDR exists to fill that vacuum, to 'put courage' back into the divorced man's heart. **ENCOURAGEMENT** is the second component in helping a divorced man regain his footing.

All this comes through **KNOWLEDGE**. The truth of God and the truths God has allowed humanity to discover through the social sciences (and in other areas) will be rigorously sought and taught to divorced men so they can rebuild their lives on the solid foundation of God's truth