

INTERNATIONAL FOOD LOVERS

Walking Map of New Westminster

Downtown New Westminster - Columbia St

A Guide to Ethnic Food Shops and Restaurants

Discover the Diversity...



100% Authentic, Local and Walkable

About the Project

The New Westminster Food Action Committee formed in 2006. Our slogan `Food for Every Body` has been reflective of our work & belief that access to wholesome, safe, nourishing food is a basic human right, integral to healthy individuals & healthy communities. We believe that collaboration among diverse stakeholders is a critical tool to ensure the development & sustainability of food initiatives that address local needs.

The New Westminster Healthier Community Partnership is a partnership between the City of New Westminster, New Westminster Schools, Fraser Health and other key community stakeholders. It works to shift the focus of health from treatment to prevention by promoting healthy lifestyles and creating supportive built and social environments.



Walk

Eat

Discover

Explore








Share your walking
adventure with us through
the tag #WalkNewWest

Thank you to our funders
Fraser Health Healthy Community Grant
and the City of New Westminster.



DISCOVER DOWNTOWN NEW WESTMINSTER

-  SKYTRAIN STATION
-  BUS STOPS
-  BENCHES
-  BIKE RACK
-  PUBLIC WASHROOM

-  WATER FOUNTAIN
-  GROCERY STORE
-  RESTAURANT
- \$\$\$ AVERAGE MEAL COST
- H HALAL OPTIONS

MORE SHOPS & RESTAURANTS AT:

Columbia Square Plaza

SHOPS AT NEW WEST
Columbia & 8th Street
shopsatnewwest.com

RIVER MARKET
AT WESTMINSTER QUAY

ADVERTISE YOUR BUSINESS HERE!
Contact Antonia Reynolds at
areynolds@newwestcity.ca for more information