

# INTERNATIONAL FOOD LOVERS

Walking Map of New Westminster



Downtown New Westminster - Columbia St

## A Guide to Ethnic Food Shops and Restaurants

*Discover the Diversity...*



100% Authentic, Local and Walkable

### About the Project

The New Westminster Food Action Committee formed in 2006. Our slogan `Food for Every Body` has been reflective of our work & belief that access to wholesome, safe, nourishing food is a basic human right, integral to healthy individuals & healthy communities. We believe that collaboration among diverse stakeholders is a critical tool to ensure the development & sustainability of food initiatives that address local needs.

The New Westminster Healthier Community Partnership is a partnership between the City of New Westminster, New Westminster Schools, Fraser Health and other key community stakeholders. It works to shift the focus of health from treatment to prevention by promoting healthy lifestyles and creating supportive built and social environments.



# Walk

# Eat

# Discover

# Explore



Share your walking adventure with us through the tag #WalkNewWest

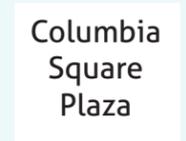
Thank you to our funders  
Fraser Health Healthy Community Grant  
and the City of New Westminster.



## DISCOVER DOWNTOWN NEW WESTMINSTER

-  SKYTRAIN STATION
-  BUS STOPS
-  BENCHES
-  BIKE RACK
-  PUBLIC WASHROOM
-  WATER FOUNTAIN
-  GROCERY STORE
-  RESTAURANT
- \$\$\$ AVERAGE MEAL COST
- H HALAL OPTIONS

MORE SHOPS & RESTAURANTS AT:





**ADVERTISE YOUR BUSINESS HERE!**  
 Contact Antonia Reynolds at [areynolds@newwestcity.ca](mailto:areynolds@newwestcity.ca) for more information