



Woman's Club of Seal Beach

Promoting the Educational and Civic Life of the Community Since 1923

BULLETIN

September
2014

Volume 15, Issue 7



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President's Message

Dear Members,

Welcome back to another exciting year at the Woman's Club of Seal Beach. I hope you all had a wonderful summer.

Not only do we have fun at the WCSB, but I've learned so much about our community from the interesting programs Becky Williams has arranged for us. I also am learning more about the non-profits we support.

Most recently, I visited one of our newer charities, the Lestonnac Free Clinic's main facility in Orange. (They also have a clinic in Los Alamitos.) It made me feel good to know we have donated to such a worthwhile organization.

Some of you have been working for WCSB over the summer. Thanks to Irene Berkley and Jackie Hildebrant for spending time reviewing our financial books. This is an old cliché, but with so many people volunteering their time for WCSB, our organization does run like a well oiled machine.

Don't forget our first fundraising event of the year..... our Plant Sale, which will be held on Saturday, September 6th and Sunday, September 7th. The schedule of volunteers is included in this issue of our Bulletin.

I look forward to seeing you at the Plant Sale and at our September 17th meeting!

Margy

September at a Glance

Board Mtg. - **Wed. Sept 3** 10 a.m.
 Bunco - **Wed. 3** 11:45 a.m.
 Book - **Thurs. 4th** 2 p.m.
 Garden - **Wed. 10th** 12 p.m.
 Lunch Plus - **Thurs. 25th** 9:45 a.m.

Libby Appelgate - Bulletin Editor
 applelib@aol.com

General Meeting: Wednesday, September 17
 10 a.m. - Coffee and Conversation
 10:15 - Business Meeting
 11:15 - Program
 11:45 - Lunch

Chair: Carla Watson

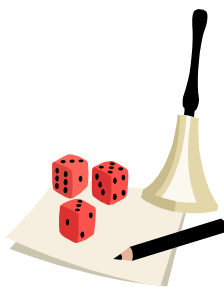
Bunco Section

Please arrive at 11:45 a.m. on the first Wednesday. Library Senior Center
 Game starts promptly at 12:15 p.m.
 Bring your lunch, if you wish and \$3 for Bunco.
 Coffee, tea and a snack will be provided.
 We are located at the Senior center, behind the library.

Regrets Only:

Rosario Mauritz 431-4437

Betty Brand 598-5028



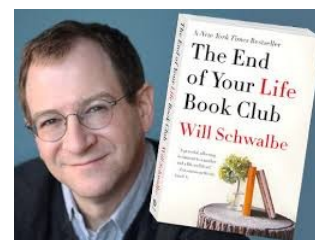
Book Section

Hostess: Kathy Cunningham
 1641 Ocean Ave., Seal Beach
 430-6465

During her treatment for cancer, Mary Anne Schwalbe and her son Will spent many hours sitting in waiting rooms together. To pass the time, they would talk about the books they were reading. Once, by chance, they read the same book at the same time—and an informal book club of two was born.

Through their wide-ranging reading, Will and Mary Anne—and we, their fellow readers—are reminded how

books can be comforting, astonishing, and illuminating, changing the way that we feel about and interact with the world around us. A profoundly moving memoir of caregiving, mourning, and love—*The End of Your Life Book Club* is also about the joy of reading, and the ways that joy is multiplied when we share it with others.



Program

Laughter for Health

Beverly Bender, MA is trying to save the world through the power of laughter.

A Certified Laugh Leader and Gerontologist.

Laughter is indeed an effective non-medicated way to improve your health.



Her focus is “Laughing for the Health of it.” Her speeches and classes encourage her participants to see the hilarity in life. Especially while surrounded by challenges and chaos. You will learn to “laugh for no reason”. Bev believes that laughter should be used as a complimentary healthcare practice because laughter is the most inexpensive and effective wonder drug with no side effects.

ANOTHER EASY PEASY FUNDRAISER

Remember the fun we had before? The Woman's Club of Seal Beach has scheduled another fundraiser for Tuesday, October 21 at ***Domenico's Italian Restaurant since 1954***. 5339 E. 2nd Street, Belmont Shore, Long Beach.

Go all day from 11:30 a.m. to 10:00 p.m. as long as you have a flyer with you. Eat in or Take Out.
 Thanks, Donna Dominguez

Lunch Plus

Thursday September 25

Visit the Sherman

Library & Gardens for the price of \$3.

Meet at the Pavilions parking lot at 9:45 a.m. Our guided tour of the grounds will be at 11:00 a.m., followed by lunch on-site at Café Jardin.

Please reply by September 17 to either Elaine Layne 431-7448 or Ann Harmon 296-5143.

Sherman Library & Gardens

provides a museum of living plants, displayed in an attractive setting of fountains, sculpture and well-tended shrubs and lawns. Large flower beds and numerous hanging baskets radiate seasonal color and accent the Early California architectural theme of the surrounding buildings.



Mystery Member

Who Among Us?

Is a California native, born in Upland.

A resident of Seal Beach for 35 years.

Married for 59 years.

Loves gardening, cooking (specialty is cookies).

A teacher in Seal Beach for 20 years at both Zoeter Elementary and McGaugh Middle School.

Ham radio operator since 1984. Knows Morse Code and communicates with people in Hawaii, New Zealand, England and the South Pole. Call sign KA6HNI.

A teacher in Seal Beach for 20 years.

Social Services

Sent to Rob Lowenberg- Program Director

A client's thank you for a young child named Maya.

Maya's birthday was so special. She was so excited picking out all of the birthday gifts! She was overwhelmed, excited, crying and laughing with every time she put something in her basket. She kept say-

ing, "Is this real, mommy?" "God bless you Rob!" She kept saying over and over. A lady nearby overheard and said it brought tears to her eyes. We Care does this.

God bless everyone that donates and blessings to everyone.

I wanted you to know this.

**HAPPY BIRTHDAY
MAYA!**



SATURDAY PLANT SALE

Set-up 6 a.m. Tents and tarps

Twyla Karkut
Nancey Kredell
Marilyn R. Bittle
Sylvia Sellers & Don
Carla Watson & Perry

PLANT DELIVERY 7 a.m.

7-9 a.m.

Roxanne Davis
Twyla Karkut
Dottie Palaski
Cathy Oliver
Rosario Mauritz
Patty Biggerstaff

9-11 a.m.

Twyla Karkut
Becky Williams
Bev McNally
Carol McNallen
Donna Domenquez
Betty Brand

11-1 p.m.

Twyla Karkut
Mary Castagna
Lynne Alexander
Betty Smith

Charlene Frazier

1-3 p.m.

Twyla Karkut
Carol Brisson
Rosa Ana Schmidke

3-5 p.m.

Twyla Karkut
Lyn Landers
Irene Berkley
Margo Arthur

SUNDAY PLANT SALE

Sept. 6 & 7

7-9 a.m.

Dottie Palaski
Patty Biggerstaff
Jackie Hildebrant
Margo Arthur
Lara Edwards

9-11 a.m.

Elaine Layne
Judy O'Neill
Karen Russell
Kathy Cunningham
Helen Sebring

11-1 p.m.

Sharon Westafer
Diane Delaterre
Betty Brand

Libby Appelgate

1-3 p.m.

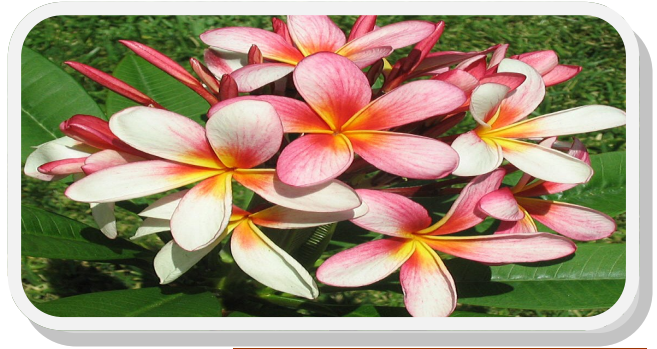
Twyla Karkut
Ann Harmon
Maria Buhbe
Gloria Souders
Gloria Luna
Pat McNeerney

3-5 p.m.

Twyla Karkut
Lyn Landers
Lara Edwards
Marie Antos & Charles

TAKE DOWN THE TARPS AND TENTS AT 5:15 p.m.

SIGN UP FOR A CELEBRATORY LUNCHEON AND MEETING AT YUCATAN GRILL. WEDNESDAY, SEPTEMBER 10 AT 11:30 a.m.



Sunshine & Raindrops

Best wishes were sent to Gloria Luna, whose husband is ill and in the hospital.

Gloria Souders recently fell and broke her wrist. Greetings were sent to Gloria wishing her a speedy recovery.

We're sending positive thoughts their way.

Sharon Westafer
562 493-4749

Please call if you know of a member in need.



Please welcome our new member

DONNA MELODY (Lee) B-Day July 11

1771 Sunningdale Rd. Apt 49 A

Seal Beach 562 431-2637

donnamelody@yhahoo.com



BIRTHDAYS

Sharon Russell 3
Diane Delaterre 15
Rose Wenjen 19
Carla Watson 25



OCTOBER 15, 2014 REMEMBER THE DATE!

A Jewelry Sale/ Fundraiser has been several years since we've done this. We made \$450.00 with very little effort.

"One woman's junk is another's treasure"
Bring your costume jewelry that you no longer wear and buy something "new".

Please bring your donated jewelry to the September meeting.

Any questions? Call Judy O'Neill 562 598-0718