

## HIFU- Skin Tightening and Fat Destruction

HIFU stands for 'High Intensity Focused Ultrasound'. This treatment can target various depths of the body's tissue for skin tightening, skin lifting and body contouring. Entirely non-invasive, HIFU works by targeting deep layers in the skin – it boosts new collagen production and collagen regeneration right at the source. HIFU energy can also be used to target and destroy fat cells for body contouring.

### HIFU treatment for the face

HIFU treatment for the face provides a non-invasive skin tightening effect. It can be used on the neck, submental area (double chin), jowls, lower face and cheeks. HIFU can improve overall skin tone, pores, brightness and elasticity.

Our HIFU device targets the lower dermis layer and most importantly the superficial musculoaponeurotic system (SMAS). The SMAS is the layer that sits between the muscle and the fat, the actual area a plastic or cosmetic surgeon would pull and tighten under the knife. HIFU targets this layer without any surgical incisions.

### HIFU treatment for the body

Our HIFU device can also target and destroy unwanted, stubborn fat cells and is ideal for body contouring eg. post pregnancy tummy, abdomen fat, bingo wings, thighs and under the buttocks.

### How soon before results are observed?

Results are typically observed 2-3 months after treatment

### How many treatments are required?

Only 1 session typically required.

### PRICES

Lower face (jowls, under chin)	£220
Neck (neck, under chin)	£220
Lower face + Neck	£360
Arms	£220
Other Areas	
Abdomen, thighs, buttocks	TBA

## Vitamin B<sub>12</sub> Injections

A deficiency in vitamin B<sub>12</sub> can lead to a variety of symptoms including tiredness, fatigue and at very severe levels: nervous system disruption and cognitive problems.

### What causes a deficiency in vitamin B<sub>12</sub>?

Vitamin B<sub>12</sub> deficiency can be due to several causes:

- A lack of vitamin B<sub>12</sub> rich diet sources (eg. vegans & vegetarians)
- Certain medications such as those used to treat epilepsy, excess stomach acid and some diabetic medications.
- An autoimmune condition where your body prevents absorption of vitamin B<sub>12</sub> in the stomach called pernicious anaemia.

If you are vitamin B<sub>12</sub> deficient, you may already be experiencing a lack of energy which will be detrimental to your weight loss journey.

By having vitamin B<sub>12</sub> injections you should start to see benefits such as; increased energy levels, reduced insomnia, reduced symptoms of depression, stress and anxiety & improved memory and concentration.

### How often are B<sub>12</sub> injections recommended?

Vitamin B<sub>12</sub> injection recommended at 3 monthly intervals.

### PRICES

Single Vitamin B <sub>12</sub> Injection	£30
-Hydroxocobalamin Injection 1mg/1ml	

## Contact Details:

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## WEIGHT MANAGEMENT AND TREATMENT PRICE LIST

JAN 2019



**BEST NEW CLINIC, UK &  
IRELAND**



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# Weight Loss Medication

You have tried for years. Countless diets. Short-term exercise fads. Endless frustration. It's no longer about finding a quick fix—it's about focusing on your ongoing weight loss. One way to achieve this is with the aid of a doctor monitored program and the assistance of prescription only appetite suppressants.

## Saxenda Appetite Suppressant – What is it?

Saxenda® is an FDA-approved prescription injectable medicine that may help some adults with excess weight (body mass index [BMI] ≥27) who also have weight-related medical problems or obesity (BMI ≥30), lose weight and keep it off. Saxenda® should be used with a reduced-calorie meal plan and increased physical activity.

## How does it Work?

Saxenda® is different from weight management products that you may have taken in the past. It works like a hormone the body produces naturally that regulates appetite, known as glucagon-like-peptide (GLP-1). By activating areas of your brain that regulate appetite, Saxenda® may make you feel less hungry, which can lead to lower calorie intake and weight loss. Saxenda® can help you to not only lose weight, but keep it off as well.

## What can I expect?

You should expect to achieve between 5% and 10% of your initial bodyweight lost within 12 weeks.



Individual results may vary.

# Weight Loss Medication- Saxenda

## What Results Have Been Seen With Saxenda®?

Medical studies<sup>1</sup> with more than 3,000 people taking Saxenda® were conducted to understand the benefits and risks of Saxenda®.

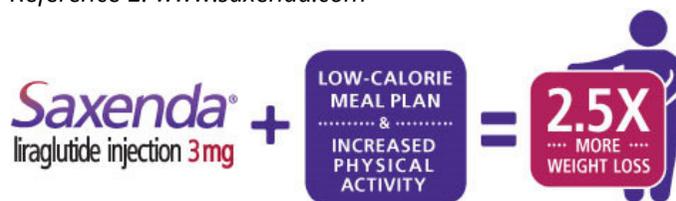
## Results from the medical study showed significant weight loss

Along with a low-calorie meal plan and increased physical activity, some people in the medical study lost nearly 2.5 times more weight with Saxenda® versus placebo (17.3 lb vs 7 lb).

In the same study<sup>1</sup>, the majority of people achieved significant weight loss.

Saxenda® can help you keep weight off. In a 1-year medical study<sup>1</sup>, 8 out of 10 people who were able to lose 5% or more of their weight within 4 to 12 weeks with a low-calorie meal plan and increased physical activity were able to maintain that weight loss with Saxenda® along with a low-calorie meal plan and increased physical activity.

Reference 1. [www.saxenda.com](http://www.saxenda.com)



Individual results may vary.

## PRICES Saxenda Liraglutide

Variable dosage self-administering injection pen	
- 17 days of medication*	£100
- 5 weeks of medication*	£300
- 6 weeks + 5 days of medication*	£500

NB: payment can be made in instalments

\* Based on initial recommended dosage

# Fat Dissolving Injections

## What are fat dissolving injections?

A product designed to get rid of stubborn localised fat deposits from the body contour, abdominal folds, upper arms, thighs, buttocks, knees, chin and waist. It can also be used to get rid of lipomas and in liposuction treatments.

The product used is called BCN ADIPO FORTE and is a lipolytic cocktail containing a variety of active ingredients (see below) designed to destroy fat and tighten the skin. The cocktail is either injected subcutaneously or micro-needled into the desired area.

## Who is the treatment recommended for?

It is recommended for people who are of normal weight or slightly over, but who have localised areas of fat and for people wishing to optimise and maintain the results of a fat reduction treatment.

## LIPOLYTIC COCKTAIL

**Phosphatidylcholine** dissolves the fat stored in the adipocytes or fat cells, allowing it to eliminate localised adipocytes.

**Deoxycholic acid** is used in the reduction of localised fat. **L-carnitine** mobilizes fat deposits making them available for your metabolism to burn them.

**Organic silica**, is a structural element of the connective tissue which rehydrates, renews and regenerates the cells by stimulating and regulating the proliferation of fibroblasts, improving the synthesis of collagen and promoting the regeneration of elastic fibres. It also keeps the epidermis hydrated, firming and strengthening the skin.

## PRICES

Submental fat (double chin)	£280
Abdominal fold	£440
Buttocks	£480
Arms, back, legs,	TBA