

Vegetable	Sowing	Planting Out	Harvest
A's			
Artichoke Globe	March – April	May (in second year)	July – November
Asparagus	January – February	April – May	April – June
Aubergine (indoor)	November – February	January – April	April onwards
B's			
Beans – Broad (outdoor)	November, February – May		May – October
Beans – French Climbing (indoor)	February – May	May – June	May – October
Beans – French Climbing (outdoor)	May – June		July – October
Beans – Dwarf French (outdoor)	May – June		July – October
Beans – Runner	May – June		July – October
Beans – Yard Long (indoor)	February – March	May – June	July – October
Beet – leaves	March – July		June – October
Beetroot	March – July		June – October
Black Cabbage	April – May		September – January
Borecole / Kale	May – July	June – August	October – February
Broccoli – Sprouting	April – June	June – July	July – May
Broccoli Raab	Spring & Late Summer – Early Autumn		Early Summer – Autumn
Brussel Sprouts	February – April	April – May	August – March
C's			
Cabbage – Pointed	February – June	March	June – October
Cabbage – Ballhead & Red	February – May	April – July	July – November
Cabbage – Winter	April – May	May – June	July – November
Cabbage – Savoy	April – May	May – June	October onwards
Calabrese	March – July	April – July	June – December

Carrots	January – August		June – March
Cauliflower	January – June	March – July	All year round
Celeriac	February – April	April – May	October – December
Celery	February – May	March – June	July – November
Celtuce	March – June		June Onwards
Chicory	May – June		October – December
Courgette	March – April	May – June	June - September
Cucumber (indoor)	December – April	January – May	March – June
E's			
Endive (outdoor)	March – July	May – August	July – October
F's			
Florence Fennel	April – July	May – August	July – September
G's			
Garlic	September – December		June – July
K's			
Kale / Borecole	May – July	June – August	October to February
Khol Rabi	February – July	April – June	June – October
L's			
Lambs Lettuce	July – August		3 – 4 weeks after sowing
Leek	March – May	April – May	July – April
Lettuce (indoor)	All year round		3 – 4 weeks after sowing
Lettuce (outdoor)	February onwards	April onwards	June onwards
M's			
Marrow	March – April	May – June	June - September
Mustard	April & June – September		4 – 6 weeks after sowing
O's			
Okra	Early Spring onwards	June	Pick when young
Onion – Salad	February – June		June – November
Onion – Bulbing	February – April		August – October

Onion – Japanese	August		June – July
Oriental Chinese Cabbage	February – July	March – August	June – November
P's			
Pak Choi	May – September		June – October
Parsnip	February – April		October – February
Peas	November & March – June		May & June – September
Peas – Sugar snap	February – May		June – September
Peppers (indoor)	December – April	February – June	April – October
Pumpkin	April – June	May	July – October
R's			
Radicchio	March – May	April – June	June – November
Radish (indoor)	All year round		February – December
Radish (outdoor)	March – August		June – November
Rocket	February – September		3 – 4 weeks after sowing
S's			
Salsify	Early Spring		August – October
Scorzonera	Spring & August		Winter
Spinach	March – July		April – October
Swede	April – June		September – March
Sweetcorn	April – June		August – October
Swiss Chard	Spring – Late Summer		Late Summer – Spring
T's			
Tomatillo	February – April		August – September
Tomato (indoor)	November – March	January – May	August – October
Turnip	March – August		June – November
W's			
Watercress	Mid Spring onwards		June onwards