



THE FOLLOWING MEDICATIONS SHOULD NOT BE TAKEN PRIOR TO ALLERGY TESTING

7 DAYS PRIOR

Claritin (Loratadine)
Clarinex (Desloratidine)

4 DAYS PRIOR

Allegra (Fexofenadine)
Zytrec (Cetirizine)
Xyzal (Levocetirizine Dihydrochloride)
Benadryl (Diphenhydramine)
Any OTC Allergy or cold/sinus medication*
Phenergan (Promethazine)
Antivert (Meclizine)
Tylenol PM
Atorax (Hydroxyzine)
Vistaril (Hydroxyzine)
Tricyclic anti-depressant (Elavil, Adopin, Ponor, Sinequan, and Tofranil)
Beta Blockers – (Blood pressure medications and migraine medications)
Theophylline

*** It is O.K. to take plain Sudafed and/or nasal steroid sprays prior to testing.
No oral steroids for 6 weeks prior to the allergy testing.
No injectable steroids for 2 weeks prior to the allergy testing.**