

## Kids Fitness And Nutrition Club December 2016

**Call:** 989-272-1688 or

**Email:** kidsfitnessandnutritionclub@gmail.com or

**Visit:** www.kidsfitnessandnutritionclub.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit 5:15-6:15 Littles FAN Club 6:30-7:30 Kids FAN Club	2 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit  6-8 Fit Fun Friday: <b>Monster Madness</b>	3 10-12 Drop In (18mos+)  Birthday Parties Available
4 <b>FREE WORKSHOP FOR PARENTS</b> 2pm to 3pm “Easy Holiday Baking Substitutions”	5 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit 5:15-6:15 Littles FAN Club 6:30-7:30 Kids FAN Club	6 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit	7 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit	8 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit 5:15-6:15 Littles FAN Club 6:30-7:30 Kids FAN Club	9 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit  6-8 Fit Fun Friday: <b>Farm to Table</b>	10 10-12 Drop In (18mos+)  Birthday Parties Available
11  Birthday Parties Available	12 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit 5:15-6:15 Littles FAN Club 6:30-7:30 Kids FAN Club	13 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit	14 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit	15 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit 5:15-6:15 Littles FAN Club 6:30-7:30 Kids FAN Club	16 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit  6-8 Fit Fun Friday: <b>Ship Wrecked</b>	7 10-12 Drop In (18mos+)  <b><u>Reindeer Games Event</u></b> 1-3pm: Kids 4-5pm: Littles
18 <b>FREE WORKSHOP FOR PARENTS</b> 2pm to 3pm “Surviving Holiday Cooking”	19 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit 5:15-6:15 Littles FAN Club 6:30-7:30 Kids FAN Club	20 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit	21 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit	22 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit 5:15-6:15 Littles FAN Club 6:30-7:30 Kids FAN Club	23 2:50-3:50 Jr/Sr High Circuit 4:15-5 Elementary Circuit  6-8 Fit Fun Friday: <b>Holiday Jingle</b>	24  <b>~CLOSED~</b>
25 <b>~CLOSED~</b> <b>Merry Christmas</b>	26 <b>Christmas Camp</b> 9-1pm: 18 mos+ 1-5pm: 3yrs+  5:15-6 Littles FAN Club 6:30-7:30 Kids FAN Club	27 <b>Christmas Camp</b> 9-1pm: 18mos+ 1-5pm: 3yrs+	28 <b>Christmas Camp</b> 9-1pm: 18mos+ 1-5pm: 5 yrs+	29 <b>Christmas Camp</b> 9-1pm: 18mos+ 1-5pm: 5 yrs+  5:15-6:15 Littles FAN Club 6:30-7:30 Kids FAN Club	30 <b>Christmas Camp</b> 9-1pm: 18mos+ 1-5pm: 3 yrs+  6-8 Fit Fun Friday: <b>Winter Olympics</b>	31 <b>Kiddies News Years Eve Celebration</b>  4pm to 8pm: Kids (3yrs+)

Class Age Groups(Ages 18mos to 16yrs):

Kids F.A.N.: 3yrs and up

Littles F.A.N. : 18mos to 6 yrs

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