

Kids Fitness And Nutrition Club

989-340-2111

January 2018

www.kidsfitnessandnutritionclub.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Class Age Groups: (L) Littles: 18 Mos-5 Yrs (O) Older: 5 Yrs-12 Yrs</p>	<p>1 CLOSED for NEW YEARS DAY!!!</p>	<p>2 5-6pm Beginner Sports (L) 6-7pm Sports On Wheels (O)</p>	<p>3 4-5pm Drumming 4 Fitness (O) 5-6pm Jumping Beans (L) 6-7pm Ultimate Sports(O)</p>	<p>4 1-2 pm HyPEd Up (All Ages Welcome) 5-6pm MoveNGroove (L) 6-7pm Soccer Mania (O)</p>	<p>5 10-11amParachute Games (L) 11-12pm ABC 123 Fitness (L) 5-6pm Animal Actions (L) 6-8pm FIT Theme Party(O) *Hockey Town*</p>	<p>6 10-11am Littles FIT Party (L) *Mickey & Friends* 11-12pm Bowl-A-Rama (L)</p>
<p>7 Contact Us TODAY About: Individual Sports Lessons and Themed Healthy Birthday Parties!!!</p>	<p>8 4-5pm Locoball (O) 5-6pm Toddlers In Kitchen (L) 6-7pm Ultimate Sports (O)</p>	<p>9 5-6pm Beginner Sports (L) 6-7pm Sports On Wheels (O)</p>	<p>10 4-5pm Drumming 4 Fitness (O) 5-6pm Jumping Beans (L) 6-7pm Ultimate Sports(O)</p>	<p>11 1-2 pm HyPEd Up (All Ages Welcome) 5-6pm MoveNGroove (L) 6-7pm Soccer Mania (O)</p>	<p>12 10-11amParachute Games (L) 11-12pm ABC 123 Fitness (L) 5-6pm Animal Actions (L) 6-8pm FIT Theme Party(O) *Harry Potter Wizard Training*</p>	<p>13 10-11am Littles FIT Party (L) *Dinosaurs* 11-12pm Bowl-A-Rama (L)</p>
<p>14 Contact Us TODAY About: Individual Sports Lessons and Themed Healthy Birthday Parties!!!</p>	<p>15 4-5pm Locoball (O) 5-6pm Toddlers In Kitchen (L) 6-7pm Ultimate Sports (O)</p>	<p>16 5-6pm Beginner Sports (L) 6-7pm Sports On Wheels (O)</p>	<p>17 4-5pm Drumming 4 Fitness (O) 5-6pm Jumping Beans (L) 6-7pm Ultimate Sports(O)</p>	<p>18 1-2 pm HyPEd Up (All Ages Welcome) 5-6pm MoveNGroove (L) 6-7pm Soccer Mania (O)</p>	<p>19 10-11amParachute Games (L) 11-12pm ABC 123 Fitness (L) 5-6pm Animal Actions (L) 6-8pm FIT Theme Party(O) *Orienteering*</p>	<p>20 10-11am Littles FIT Party (L) *Scooby Do* 11-12pm Bowl-A-Rama (L) EVENT: 4:30-7pm Kids Night Out (Kindergarten and Up) Winter Olympic Games</p>
<p>21 Contact Us TODAY About: Individual Sports Lessons and Themed Healthy Birthday Parties!!!</p>	<p>22 4-5pm Locoball (O) 5-6pm Toddlers In Kitchen (L) 6-7pm Ultimate Sports (O)</p>	<p>23 5-6pm Beginner Sports (L) 6-7pm Sports On Wheels (O)</p>	<p>24 4-5pm Drumming 4 Fitness (O) 5-6pm Jumping Beans (L) 6-7pm Ultimate Sports(O)</p>	<p>25 1-2 pm HyPEd Up (All Ages Welcome) 5-6pm MoveNGroove (L) 6-7pm Soccer Mania (O)</p>	<p>26 10-11amParachute Games (L) 11-12pm ABC 123 Fitness (L) 5-6pm Animal Actions (L) 6-8pm FIT Theme Party(O) *Go Green!</p>	<p>27 10-11am Littles FIT Party (L) *Popeye's Training* 11-12pm Bowl-A-Rama (L)</p>
<p>28 Contact Us TODAY About: Individual Sports Lessons and Themed Healthy Birthday Parties!!!</p>	<p>29 SPECIAL EVENT: <i>Cook With A Book</i> 5-7pm (All Ages Welcome) Pancakes, Pancakes (Cooking Experience, Craft, Games, Book & MORE) Find more info on our Facebook Page</p>	<p>30 5-6pm Beginner Sports (L) 6-7pm Sports On Wheels (O)</p>	<p>31 4-5pm Drumming 4 Fitness (O) 5-6pm Jumping Beans (L) 6-7pm Ultimate Sports(O)</p>			

