Consection





6750 BAKER BLVD. 817-616-3738

PAGE 4 - Find success with your New Year's resolutions and save money.

PAGE 8 - Spring and **Summer Camp registration** dates inside!

2 - NEW CONNECTIONS

Memberships (pg. 4)

The New Year's Membership Sale ends January 15. Hurry in while prices are the lowest they have ever been! *Sale only applies to new or existing 6 month and annual memberships.

Youth Athletics (pg. 10)

The Link has partnered with Richland Youth Association to offer basketball, T-Ball, and football.

Adult Athletics (pg. 10)

Pickleball lessons and open play times have expanded!

Preschool Athletics (pg. 11)

Sign-up for preschool T-Ball coming this Spring!

Expanded Bird's Nest (Starting January 2)

The Link will offer a separate supervised child watch area for kids ages 7-9 years old on designated nights. See staff Create-A-Thon is back! Each monthly event will be a for more details!

"A spotlight on new happenings at The Link"



Programs (pg. 12)

Be on the look out for ANS rhythmic gymnastics beginning in early 2018. Visit TheLinkRec.com or ask a staff member for more details.

special theme and sponsored by a different vendor. Register soon as this class tends to sell out early.



BROCHURE CONTENTS - 3

CONTACT US

6750 Baker Blvd. Richland Hills, TX 76118 817-616-3738 www.TheLinkRec.com

BUSINESS HOURS

Mon5:30 a.m.-10 p.m.Tues8:00 a.m.-10 p.m.Wed5:30 a.m.-10 p.m.Thurs8:00 a.m.-10 p.m.Fri5:30 a.m.-8 p.m.Sat8:00 a.m.-5 p.m.

HOLIDAY HOURS

1:00 p.m.-5 p.m.

New Years 8 a.m.-10 p.m.

Easter Closed

Memorial 8 a.m.-2 p.m.

Day

Sun

BIRD'S NEST HOURS

Mon-Fri 8-11 a.m.

Mon-Thurs 5-8 p.m.

Sat 8 a.m.-noon

The Link Membership

Find out pricing and what benefits members receive at The Link.

Our winter membership sale ends Jan. 15.

Group Exercise Memberships

Our group exercise membership includes several live instructor classes and video on demand classes each week.

Personal Training

The Link offers certified personal trainers to help you meet your fitness goals.

Rental Space

Did you know you can rent event space for any occasion! The Link's community rooms can accommodate up to 220 guests.

Children's Birthday Party Package

If you are looking for a place to host your child's next party, then The link has you covered.

Seasonal Camps

Spring Break and Summer Camp registration information! Registration opens on Feb. 1.

After School Program

Find out if The Link Learners' Academy is right for you! We offer before school care too!

Youth Athletics

The Link is starting registration for Spring T-Ball and has much more sports programming to come!

Adult Athletics

Find out when pickleball and volleyball is offered for adults.

Pickleball lessons are now available.

Preschool Classes

Now offering new weekend classes that are sure to be a hit! If The Link does not have what you are looking for, let us know!

Youth Classes

The Link has classes for the art and dance enthusiast.
as well as Parent's Night Out!

Adult Classes

The Link is bringing back Dave Ramsey's 9-week Financial Peace University along with a great program, Create-A-Thon!

Senior Activities

Thursdays are sure to be BIG at The Link for seniors! Field trips and events are posted through May.

Special Events

The City offers great annual events for the entire family! Find out about upcoming city and Link specific events!

Frequently Asked Questions

You have questions, we have answers!













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MEMBERSHIP AMENITIES:

- Fitness center & weight room
- Gymnasium & indoor track
- Locker rooms* & showers
- 10% off after school program
- 10% off classes and camps
- 10% off event rentals

MEMBERSHIPS	RESIDENTS Valid I.D. and proof of residency is required to receive resident rates.		NON-RESIDENTS Valid I.D. is required to purchase a membership.			
FAMILIES	DAILY	MONTHLY	ANNUAL	DAILY	MONTHLY	ANNUAL
FAMILY PARENTING COUPLE & ALL LEGAL DEPENDENTS	N/A	\$42	\$420	N/A	\$50	\$500
SENIOR COUPLE BOTH MEMBERS MUST BE 55-UP	N/A	\$25	\$250	N/A	\$30	\$300
INDIVIDUALS	DAILY	MONTHLY	ANNUAL	DAILY	MONTHLY	ANNUAL
ADULTS AGES 19-54	\$8	\$25	\$250	\$8	\$30	\$300
SENIORS AGES 55-UP	\$5	\$15	\$150	\$5	\$18	\$180
TEENS AGES 14-18	\$5	\$15	\$150	\$5	\$18	\$180
CHILDREN AGES 5-13	\$5	\$10	\$100	\$5	\$12	\$120
PRESCHOOL AGES 4 & UNDER	-0-	-0-	-0-	-0-	-0-	-0-
EMPLOYED IN R.H. AGES 19-54	N/A	N/A	N/A	N/A	\$25 + \$15 reg. fee	\$250 + \$15 reg. fee
MEDICARE	DAILY	MONTHLY	ANNUAL	DAILY	MONTHLY	ANNUAL
SILVER SNEAKERS CALL YOUR INSURANCE PROVIDER	-0-	-0-	-0-	-0-	-0-	-0-
SILVER & FIT CALL YOUR INSURANCE PROVIDER	-0-	-0-	-0-	-0-	-0-	-0-

^{*}Lockers are available for daily use for free. Members can also reserve their own locker for \$5/mo. or \$50 for the year.

The Link Policies & Age Restrictions

All minors must have a legal guardian present during their first visit to sign The Link account form and liability waiver. Children under the age of 10 must be directly supervised by an adult at all times, unless the child is attending a class or has been checked into the Bird's Nest. Youth under the age of 14 are not permitted to use the weight room or participate in group exercise classes. The Link requires a 30-day cancellation notice for all month-to-month memberships. Annual memberships are non-refundable. See The Link staff for more details. Food and drink is not permitted past the front desk. Water only please.

GROUP EXERCISE CLASSES

- The Link's group exercise package can be purchased as stand alone or additional membership amenity.
- Unlimited access to around 20 live instructor classes per week. Video on demand classes are also available.
- Free drop-in childcare for customers with a general access membership and group exercise membership.
- Get a class schedule at TheLinkRec.com or pickup a copy while you are at The Link!



GROUP EXERCISE	GENERAL ACCESS MEMBERS Valid general access membership required.			GROUP EXERCISE ONLY Valid I.D. is required to purchase a membership.		
	DAILY MONTHLY ANNUAL		DAILY	MONTHLY	ANNUAL	
FAMILY (AGES 14-UP) PARENTING COUPLE & ALL LEGAL DEPENDENTS	N/A	\$15 Free Bird's Nest	\$150 Free Bird's Nest	N/A	\$45	\$450
INDIVIDUAL AGES 14-UP	\$10/class	\$10 Free Bird's Nest	\$100 Free Bird's Nest	\$10/class	\$30	\$300

TRAINING & COACHING

PERSONAL TRAINING	DAILY
1 HOUR PACKAGE AGES 14-UP	\$55
5 HOUR PACKAGE AGES 14-UP	\$250
10 HOUR PACKAGE AGES 14-UP	\$450
20 HOUR PACKAGE AGES 14-UP	\$800
SEMI-PRIVATE AGES 14-UP	Call for prices
TEEN & SENIOR TRAINING AGES 14-18 & AGES 55-UP	\$120

Child Watch (Bird's Nest)

\$2 per child per visit, or 20 visits for \$30, or free with Combo

Any person can utilize the Link's drop-in child watch while at The Link. Staff can only accept well-children ages 6 months to 9 years old. Children are eligible to stay up to 2-hours while their guardian is inside The Link. Children ages 7-9 will spend time supervised in the game area. Please visit the Bird's Nest to view all policies.

Fitness Orientation - Free with general access membership

New members are encouraged to sign up for a free fitness orientation class to familiarize yourself with the equipment on the fitness floor. Members must register at least 24 hours in advance.

Jan-May Sat 10-11 a.m. Ages 14-up

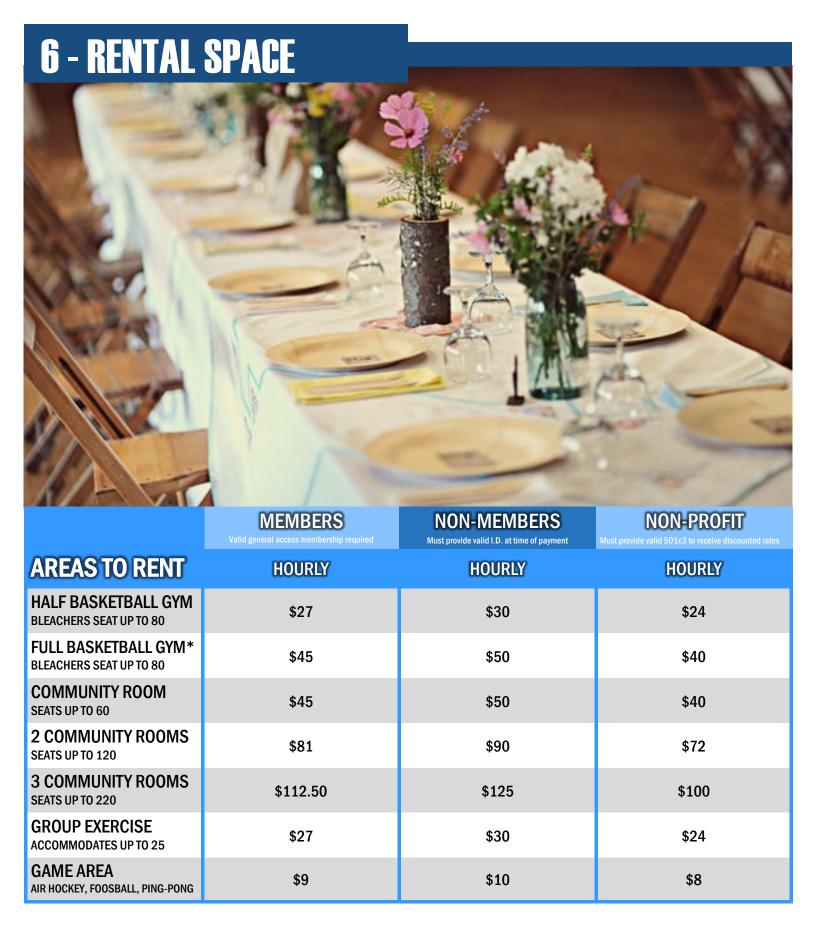
L.Y.F.T. Program - Free with general access membership

The Link Youth and Training (L.Y.F.T.) will teach weight room safety and etiquette, along with body weight exercises, cardio, stretching, health, and proper technique for weight lifting!

Jan-May Wed 5-5:50 p.m. Ages 12-13

Group Exercise and Personal Training Information

Some group exercise classes have limited space. Customers must sign-in for daily classes in person to secure their spot in the class. For an updated class schedule visit TheLinkRec.com. Personal trainers at The Link are nationally certified and are here to help you with all of your fitness goals, including: weight loss, training, improving metabolism, increasing mobility, and assisting with functional fitness. Group exercise classes and personal training is restricted to customers at least 14 years old, unless otherwise stated. Payment plans are available for 10 hour, 20 hour, and semi-private personal training packages.



The Link's Rental Policy Overview

Renters must be at least 18 years of age. The Link allows 30 minutes before and 30 minutes after every rental for set-up and clean up. The room(s) will be inspected before the reservation begins and must be left in the same condition as it was given. Renters will be provided cleaning supplies to sweep, spot mop, and clean tables, chairs and countertops. For a full list of policies please review your specific reservation permit. Lock-ins are also available upon request. If you have questions please contact us at 817-616-3738 or contact us at TheLinkRec.com. *The basketball gym can only be rented after hours.

EVENT SPACE - 7

Rental Policies

Set-up and clean-up is the responsibility of the renter, though both can be paid for so that you can enjoy hosting. Decorations are allowed on the tables and counters only. Please review our entire rental policies online at TheLinkRec.com.

Community Room Accommodations

The Link's community rooms can host up to 220 guests for banquets, weddings, meetings, events or casual get together. Tables and chairs are complimentary (based on availability). Outside catering is allowed. To find out more, call us, stop by, or visit TheLinkRec.com.

ADD-ON ITEMS	COST
AFTER HOURS FEE	\$15/hour
KITCHEN	\$50 one time charge
PROJECTOR	\$50 one time charge
PODIUM	\$35 one time charge
TABLE LINENS	\$12 each
CHAIR COVERS	\$1.25 each
SET-UP & CLEAN-UP	Call for prices

Room Rental Pricing

Room rentals are priced by the hour. Rental hours that occur after The Link's normal business hours will be charged an additional \$15 per hour.

Deposits

All rentals over \$200 require an additional deposit. All deposits must be paid for by cash or check. Rentals totaling less than \$200 will be due in full at the time of booking to be scheduled on The Link's calendar. All deposits are fully refundable if the facility is left in good condition and the event has ended on time.

Under \$200	No Deposit
\$201-\$500	\$150
Over 500	\$250

Alcohol Policy

Alcohol is permitted, however, a peace officer is required during your event. An additional \$150 deposit will also be required.

PARK PAVILION RENTALS				
RESIDENTS	\$50 Deposit			
NON-RESIDENTS	\$50 Deposit + \$11/hour			
TABLES \$10/each				

KIDS PARTY PACKAGE



The Link offers an easy one-stop-shop birthday party package for 10 kids that requires no stress and no mess! Parties start at \$75 for 1 hour and include:

- A guarter sheet cake
- Private use of the Bird's Nest room
- Confetti themed party supplies
- 2 gallons of juice or bottled water
- Individual ice cream cups
- A designated staff member to set-up and clean up





REGISTRATION STARTS FEBRUARY 1

General Camp Information

Get ready for an exciting camp filled with friends, trips, games, and fun. The Link provides full day camp services to kids currently enrolled in (spring) or just completed (summer) K-5th grade. Camp hours are from 7 a.m.-6 p.m.

Spring Break Specifics

Campers are provided a light breakfast and snack each day. Lunches are NOT provided. Your camp registration fee includes 2 fields trips planned for Tuesday and Thursday!

Summer Camp Specifics

Campers are provided a light breakfast, LUNCH, and snack each day. Lunches are provided by the Tarrant Area Food Bank. Your camp registration fee also includes 2 swim days and 1 field trip per week.

Summer Camp Deposits

The Link allows parents/legal guardians to place a \$10 deposit down to hold your child's spot for any summer camp week. The remaining balance will be drafted 2 weeks prior to the start of camp. If your plans change, or you cannot pay off the balance, you will forfeit your \$10 deposit.

CAMPS	MEMBER	NON-MEMBER
SPRING BREAK MARCH 12-16	\$108	\$120
SUMMER JUNE 4-AUG 17	\$108/week	\$120/week
DROP-IN RATES	ALL CUSTOMERS IF SPACE IS AVAILABLE	
MON/WED MUST REGISTER DAY OF ONLY	\$30 each day	
TUES/THURS/FRI MUST REGISTER DAY OF ONLY	\$38 each day	

How To Register for any of The Link's Programs

- You will need to have a Link account.
 - Open your account in person
 - Or create an account online at activenet.active.com/thelinkrec/login
- Register and pay.
 - Register in person
 - Or register online (see site above)
- Complete and return registration form before the first day.

AFTER SCHOOL PROGRAM - 9



THE LINK LEARNERS' ACADEMY 2018-2019

- Before and after school care
- Open to all K-5th grade students who attend Birdville ISD or International Leadership of Texas
- Snacks are provided
- No extra charge for early dismissal days
- Easy monthly draft payments

REGISTRATION STARTS JUNE 1

General Information

The Link after school program, also known as the Link Learners' Academy, provides before and after school care for kids currently enrolled in K-5th grade. Before school care is from 6:30-7:30 a.m. After school hours are from dismissal to 6 p.m.

Program Cost and Payments

The school year cost is determined by the number of school days left for the entire school year (including early dismissal days) and multiple it by the daily price that applies to you. (See Learners' Academy chart)

The monthly cost is dependent on the number of months left in school. Your monthly price will be drafted on the 15th of every month, with your first payment due at the time of registration.

LEARNERS' ACADEMY	MEMBER	NON-MEMBER
BEFORE SCHOOL 6:30-7:30 A.M.	\$1.80/day	\$2/day
AFTER SCHOOL DISMISSAL-6 P.M.	\$7.20/day	\$8/day

School Holidays

Even though the after school program will be closed on days that students do not report to school, you can still register for The Link's single day or week long camps.

Early Dismissal Days

The Link Learners' Academy will still be open and pickup children on early dismissal days at no extra charge!

How To Register

Please see the "How To Register" section on the previous page.



BUS TRANSPORTATION AVAILABLE TO & FROM:

Jack C. Binion

Richland Elementary

International Leadership

10 - YOUTH ATHLETICS

Preschool Sports Program

Non-Member: \$40/season Members: \$36/season
The Link strives to offer athletic programs that focus on basic fundamentals, socialization and fun! Visit us online

at TheLinkRec.com for new athletic updates and opportunities to register for leagues!

Saturday Mornings Ages 3-5

Projected registration timelines:

- Preschool Basketball Nov. & Dec.
- T-Ball Mar. & April
- Preschool Soccer Aug. & Sept.

R.Y.A. T-Ball

Registration begins January 1

The main focus of this program is to teach the basics to new and beginning players. Children will learn the fundamentals of catching, throwing, and hitting. The Link hopes to have enough participants to create a team to put in Richland Youth Association's T-Ball league. Registration fees do not include uniforms.

\$100 per child Ages 5-6

ADULT ATHLETICS

Pickleball Lessons

Non-Member: \$5/mo. Members: \$4.50/mo. You may be asking yourself "what is Pickleball? " Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players use solid paddles made of wood or composite materials to hit a perforated wiffle ball over a net.

Contact: Robert Powers - (817) 851-2855

Jan-May Fri 8-9 a.m. Ages 18-up

Pickleball Open Play

Non-Member: \$5-\$8 day pass fee or \$15/mo.

Members: Free

Jan-MayTues9 a.m.-noonAges 18-upJan-MayWed9 a.m.-noonAges 18-upJan-MayFri9 a.m.-noonAges 18-up

*Other days may be available

M.I. MILL TRITTENIO MANA AND TRITTENIO MANA

Volleyball Open Play

Non-Member: \$5-\$8 day pass fee

Members: Free

Jan-MayThurs6-7 p.m.Ages 13-17Jan-MayThurs7-9:45 p.m.Ages 18-upApril-MaySat8-10 a.m.Ages 18-up

PRESCHOOL CLASSES - 11

The Link's classes are taught by outside instructors and meet weekly unless otherwise stated. Customers must reenroll each month to secure his/her spot. A class that does not meet the minimum enrollment by the 1st day of the month will be cancelled. Classes are not prorated so please register early or sign up for the following month.

Soccer Lessons

Non-Member: \$25/mo. Member: \$22.50/mo.

The main focus of this program is to teach the basics to new and beginning players. Children will learn the fundamentals of dribbling, passing and shooting.

Contact: Tony Cavalle - (214) 693-7196

Jan-May Mon 5:30-6:10 p.m. Ages 3-6

Cultured Kids

Non-Member: \$20/mo. Member: \$18/mo.

This class combines art, dance and music to teach basic knowledge with a goal of inspiring further education. One discipline will be explored each week from painting, to sing-alongs to creative movement.

Contact: Heather Cordova - (214) 534-8087

Jan-May Sat 8:30-9:15 a.m. Ages 3-5

Ballet and Tap Lessons

Non-Member: \$30/mo. Member: \$27/mo.

Children will develop poise and coordination while learning the fundamentals of ballet and tap. Classes will create group interaction skills and support your child's self-esteem and positive image. Children will also develop rhythm and music appreciation skills.

Contact: Jo-Ann Ingram - (817) 996-0286

Jan-May Sat 12:15-1 p.m. Ages 3-5



YOUTH CLASSES

Hip-Hop Lessons

Non-Member: \$25/mo. Member: \$22.50/mo. Blend of modern dance, jazz, and tap-like stomping. Classes encourage students to bring out their own style and personality.

Contact: Heather Cordova - (214) 534-8087

Jan-May Thurs 4-4:45 p.m. Ages 8-12

Beginning Art

Non-Member: \$25/mo. Member: \$22.50/mo. Classes apply to a general audience and offer customizable workshops. Designed to be less detailed and more entertaining than the elementary art category.

Contact: Heather Cordova - (214) 534-8087

Jan-May Sat 9:30-10:30 a.m. Ages 5-12

Parents' Night Out

Non-Member: \$10 per visit Member: \$9 per visit

Need an evening without the kids? Go out for a night on
the town feeling confident that your child is safe and
having fun at The Link. 1st & 3rd Friday. Dinner included.

Jan-May Fri 6-9:30 p.m. Ages 5-12

Ballet and Tap Lessons

Non-Member: \$30/mo. Member: \$27/mo.

Children will develop poise and coordination while learning the fundamentals of ballet and tap. Classes will create group interaction skills and support your child's self-esteem and positive image. Children will also develop rhythm and music appreciation skills.

Contact: Jo-Ann Ingram - (817) 996-0286

Jan-May Sat 1-1:45 p.m. Ages 6-12

12 - ADULT CLASSES

The Link offers a full range of classes and programs for multiple interests and hobbies. Our members save 10% off of most class fees. Please let staff know if there is a class or program that you would like to see offered at The Link. For your convenience, you can go to www.activenet.active.com/thelinkrec to register.

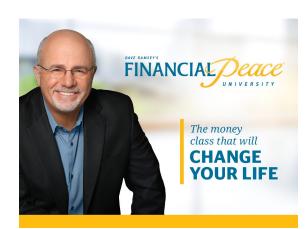
Financial Peace University

Non-Member: \$15/9 weeks Member: \$13.50/9 weeks

Do you want to change your life and your debt? This 9-week money management course can do just that! You will learn practical steps to beat debt, take control of your money, give generously and secure your family's future. Join us on a journey to financial freedom. Financial Peace University is sponsored by Center Point Church. In addition to your registration fee, \$60 will be collected by Center Point Church for your class materials. The last class will be May 16.

Contact: Frank DeLeo - (817) 581-4900

Starts March 21 Wed 6:30-8:30 p.m. Ages 18-up



Create-A-Thon

Non-Member: \$45/event Member: \$41.50/event

Each event will be a special theme and vendor sponsored craft time. Dinner, snacks and beverages provided. Double layout kit designed just for YOU! Bring up your own projects and enjoy time with other crafters. Lots of prize drawings and great vendor giveaways for ALL who attend! Register early as these event will sell out.

Contact: Tracy Pounds - (817) 431-7930

Create-A-Thon Dates

Jan. 6	10 a.m10 p.m.
Feb. 3	10 a.m10 p.m.
Mar. 17	10 a.m10 p.m.
Apr. 21	10 a.m10 p.m.
May 5	10 a.m10 p.m.

SENIOR ACTIVITIES



The Link proudly accepts these programs.

SENIOR TRIPS

PRE-REGISTRATION REQUIRED

Kiowa Casino Tues, Jan. 30 \$10 per person 7:45 a.m.-6 p.m. Dallas Blooms Wed, Mar. 28 \$18 per person 9 a.m.-3 p.m. Ennis Bluebonnet Trails Wed, Apr. 18 \$3 per person 9 a.m.-3 p.m.

Synergy Expo Thurs, May 3 \$3 per person 8:30 a.m.-1:30 p.m. Kiowa Casino Tues, May 29 \$10 per person 7:45 a.m.-6 p.m.

MONTHLY THURSDAY ACTIVITIES

PRE-REGISTRATION REQUIRED

NON-MEMBERS: \$3 PER VISIT MEMBERS: FREE

Table Games & Snacks
1st Thursday
1-3 p.m.

Senior Lunch Bunch & Games 2nd Thursday noon-2 p.m.

Meet-N-Eat 3rd Thursday 10:30 a.m.-1:30 p.m. Member: \$2.70 Lunch Learn & Burn 4th Thursday 11 a.m.-1 p.m.

Bridge & Snacks 4th Thursday 1-3 p.m.

SENIOR ACTIVITIES - 13

Individuals ages 55-up can enjoy a variety of activities and trips. Connect with new friends, learn a new skill or create a healthier lifestyle through one of our programs. Registration is required for all activities unless noted otherwise. If you have an interest or an idea for a class, please let us know.

Exercise to Music

Silver Sneakers and Silver & Fit members ONLY

Light aerobic exercises for seniors that can also be modified to exercise while sitting in a chair.

Jan-May	M/W	11-11:45 a.m.	Ages 55-up
Jan-May	F	10-10:45 a.m.	Ages 55-up

Meet-N-Eat

Non-Member: \$3 per trip Member: \$2.70 per trip

Take a trip and discover a new restaurant or enjoy an old favorite with your friends on the 3rd Thursday of every month. Bring money to purchase the entrée of your choice.

Jan-May	3rd Thurs	10:30 a.m1:30 p.m.	Ages 55-up
Jan 18		Swiss Pastry Shop	
Feb 15		Coopers Old Time	Pit BBQ
Mar 15		Paris Coffee Shop	
Apr 19		Movie Tavern (din	ing & movie)
May 17		Babes Chicken	

Senior Lunch Bunch & Games

Non-Member: \$3 recommended Member: Free

Join your friends for a catered lunch followed by bingo

and fun. Space is limited so register early.

Jan-May 2nd Thurs noon-2 p.m. Ages 55-up

Lunch Learn & Burn

Non-Member: \$3 per visit Member: Free

A true holistic activity! Participants will first get the opportunity to LEARN about a senior related topic, then BURN some calories before you LUNCH with friends.

Jan-May 4th Thurs 11 a.m.-1 p.m. Ages 55-up

Bridge & Snacks

Non-Member: \$3 per visit Member: Free

Test your skills and luck in a fun game of bridge. Snacks, cards and tables are provided.

Jan-May 4th Thurs 1-3 p.m. Ages 55-up

Table Games & Snacks

Non-Member: \$3 per visit Member: Free

Enjoy friendly competition in table games like dominoes,

cards, or chess.

Jan-May 1st Thurs 1-3 p.m. Ages 55-up

Kiowa Casino Trips

Non-Member: \$10per trip Member: \$9 per trip

Try your luck on the gaming floor offering over 800 of your favorite slot machines and table games including Blackjack, Ultimate Texas Hold-Em, and 3 Card Poker. Fee includes roundtrip charter bus transportation and all -you-can-eat buffet.

Jan 30 Tues 7:45 a.m.-6 p.m. Ages 18-up May 29 Tues 7:45 a.m.-6 p.m. Ages 18-up

Dallas Blooms

Non-Member: \$18 Member: \$16.20

Visit the Dallas Arboretum with a spectacular show of color of over 500,000 spring-blooming bulbs and other flowers creating a magical display. Price includes transportation and garden admission. Bring a sack lunch or buy one at the gardens (\$10-\$12).

Mar 28 Wed 9 a.m.-3 p.m. Ages 55-up

Ennis Bluebonnet Trails

Non-Member: \$3 Member: \$2.70

Visit the "Official Bluebonnet City of Texas" to view a wonderful wildflower show. Ennis showcases over 40 miles of mapped driving Bluebonnet Trails. These trails are the oldest such trails known in the state. Price includes transportation and driving tour. Bring a sack lunch or buy one in Ennis (\$8-\$12).

April 18 Wed 9 a.m.-3 p.m. Ages 55-up

Senior Synergy Expo

Non-Member: \$3 Member: Free

Learn more about living a healthy, safe and productive life while visiting free workshops, health screenings, exhibitor booths and more!

May 3 Thurs 8:30 a.m.-1:30 p.m. Ages 55-up

Chronic Disease Self-Management Course

Non-Member: \$24 Member: Free

This six-week program teaches seniors practical skills for managing chronic health conditions such as diabetes, hypertension, heart disease, and stroke. This class also includes a 2-month Link membership for non-members. Mar 20-April 24 Tues 1-3:30 p.m. Ages 55-up





How can my business or organization get involved with special events?

The City of Richland Hills hosts a variety of family friendly events annually through the support of our sponsors and community partners. As a result of these collaborative efforts, the community enjoys free admission and complimentary attractions, crafts and more. Special thanks goes to our Tricky Treat Trail sponsor, Center Point Church. Additional community partners for our fall events include The Little Blue House, Farmer's Market Fort Worth, Richland

Baptist Church, Grand Events and Service Air Corp. If you want to show your community support or be involved in our events,

Contact: Dona - (817) 616-3738 or dkinney@richlandhills.com



Do I have to have a membership to register for a program or class?

Membership is not required to utilize The Link, however members can save BIG on group exercise classes, and 10% off of programs, after school care, seasonal camps, and rentals.

Is The Link hiring?

The Link is always looking to add people who love to customer serve, can work effectively with others and have good communication skills.

We will also have a need for summer camp counselors starting in May. If you have experience working with kids, particularly in a camp or after school environment we welcome you to apply. Please email your resume to Andrew at asaxon@richlandhills.com.

GET CONNECTED THROUGH ACTIVENET

What is ActiveNet?

ActiveNet is The Link's online customer portal where members and non-members can:

- Register for classes and camps
- Pay on account
- Print weekly schedules
- Print tax reports and more
- Check rental availability



www.activenet.active.com/thelinkrec

I have already enrolled at The Link, should I create my online profile?

No, when you registered for a membership or program, you should have provided us with your email address. That email address is your ActiveNet username and is connected to your individual or family membership. If you try to create a new profile, staff will deny any duplicate accounts. If you do not know your password, simply click "forgot password," and you will receive an email to update it shortly.

I have never visited The Link, should I create a profile online?

Yes, or you can visit us in person. ActiveNet will ask you to input some information about yourself and your family members. Please add all of your legal dependents to 1 account. (Do not make separate accounts for each family member). Please allow 24-48 business hours for your account to be activated. If ActiveNet has a concern about your account, you will be notified about the problem.



The Link-Event & Recreation Center 6750 Baker Blvd.
Richland Hills, TX 76118

