

## Camp Good News Packing List

- Sleeping bag or bedding & a pillow
- Bible, notebook, and a pen or pencil
- Two Towels (one for the lake and one for the shower)
- Soap, shampoo, toothbrush and toothpaste
- Tennis shoes
- Pajamas
- Flashlight
- Modest swimsuit, beach towel, and beach footwear
- Insect repellent
- Suntan lotion
- Long pants and short pants
- T-shirts
- Sweatshirt or jacket
- Socks and underwear

### Optional Stuff:

- Hat
- Talent for the talent show – possibly background music for a song you might sing or an instrument you might play, sheet music, a skit, etc.
- Dark clothes for camper/counselor hunt at night
- Water bottle
- A twin-fitted sheet is always nice to have under your bedding
- Dirty laundry bag

Any prescription medication in a zip lock bag with the camper's name on it and instructions for camp the nurse; any medication but be original bottle and NOT loose.

.

Please Leave at Home: phones, video games, iPods, and other electronics. We ask you to leave these things at home so we can create an atmosphere where everyone can focus on God and their friends.