

TAM Classic Journey to the Andes including Cusco, Sacred Valley, Machu Picchu & Lake Titicaca - 13 days

**** Itinerary is subject to change as required***

DAY 1: Morning arrival to Cusco from Lima where you will be picked up at the airport and checked-in to the hotel to rest and acclimate to the altitude. There will be a dinner and orientation together in the evening with the other participants on the journey. Overnight in Cusco.

DAY 2: Today we will have the opportunity to visit the sacred sites in Cusco and the surrounding areas including Saqsayhuaman, the Qoricancha temple (energetic centre of the Andean world) and other historical, cultural and spiritually significant sites. This will give us a strong grounding and context for the Andean teachings that we will be exploring and discovering during our journey together. Overnight in Cusco.

DAY 3: Travel by private bus to the Sacred Valley and en route we will visit the visit the Ccochahuasi Animal Sanctuary followed by the visit to a traditional market in Pisac where there are beautiful authentic handicrafts and weavings for purchase. We will spend the afternoon visiting the sacred Pisac temple and learning of the genetic coding and seeds for the new humanity that the Ancestors of this region were cultivating for thousands of years. Overnight in the Sacred Valley.

DAY 4: Visit Ollantaytambo site which will connect us to working with the teachings of the four elements and the Llama - service of love. There will be time to also visit a pottery/artisan collective in Urubamba to see how traditional art-forms are carefully and lovingly being preserved. There will be a traditional Andean Despacho ceremony and offering in the evening which will include wisdom teachings connected to the Andean Cosmo-Vision and a fireside healing ceremony in support of our healing and setting our intentions for the journey ahead. Overnight in Sacred Valley.

DAY 5: Travel to Machu Picchu by early-morning train (approximately 2.5 hours). We will have the afternoon free to explore the town of Aguas Calientes and markets. Optional personal healing sessions are available this afternoon with Jhaimy as well as traditional coca-leaf readings. There will be the option of visiting the hot springs in the evening as a group. Overnight in Aguas Calientes.

DAY 6: Early morning shuttle bus to welcome the new day at the magical site of Machu Picchu followed by a full-day at this sacred sanctuary where we will visit the temples, learn of the ancient history of this mystical city and connect with the powerful energy of the *Apus* (Mountain spirits) through personal meditation and reflection. Overnight in Aguas Calientes.

DAY 7: Early morning return train to Ollantaytambo and return travel to Cusco via the Sacred Valley. We will visit the community of Chinchero and their incredible weaving collective and then travel back to Cusco. Overnight in Cusco.

Day 8: Free day in Cusco to prepare for the next leg of our journey and to visit the markets, cathedrals and sites at your own pace. Overnight in Cusco.

DAY 9: Early morning travel to Ayavidi/Tinajani via Raatchi. Visit local community and learn of current projects & initiatives. Overnight camping in the magical valley of Tinanjeni and participate in sacred ceremony and wisdom teachings around the fire as we connect with the stars and our origins under the beautiful Southern Sky. ***Please note that for this one night we will be camping in tents with sleeping bags and mattresses. There is the option to also stay in a hotel in Ayavidi town for the evening.***

DAY 10: Travel to Puno by day and have the afternoon/evening to rest and integrate the night before. Overnight in Puno.

DAY 11: Traditional teachings at the *Aramu Muru* energetic gateway. Working with the energy of the serpent of light and of transformation, transmutation and the Alchemical teachings. Afternoon free for optional personal healing sessions and integration.

DAY 12: Visit Los Uros Islands - floating Islands. Spend time learning about the construction of these islands, learn about the community that has lived there for thousands of years and the wisdom teachings and creation stories from the Lake Titicaca area. Celebration dinner together. Overnight in Puno.

DAY 13: Fly from Lake Titicaca (Juliaca airport) back to Lima in the morning to connect with International Flights later that day OR continue onwards with one of our extensions.

RATES:

- **\$3900 USD per person**
- \$1000 USD non-refundable deposit required to confirm registration
- Balance due 1 month prior to departure

COSTS INCLUDE:

- All accommodations (based on double-occupancy) ***minimum 3 star hotels + one night of optional camping in Tinajani**
- All private ground transportation upon arrival to Cusco
- Breakfast at hotels for all days
- 1 lunch (buffet lunch at Machu Picchu) and 1 welcome dinner upon arrival
- Entrance fees to all sacred sites
- Tourist Card for entrance to all Sacred Valley and Cusco sites
- Entrance fee to Machu Picchu
- Shuttle bus to Machu Picchu
- Return train fare for Machu Picchu
- Buffet lunch at Machu Picchu
- Entrance to Aguas Calientes (hot springs) at Machu Picchu
- All sacred ceremonies and wisdom teachings with Jhaimy
- All gratuities for tour services (i.e. hotel, transportation, etc...)
- Personal spiritual guide, Jhaimy Alvarez-Acosta and assistants
- Personal coordinator with C7Rays Events to assist with all pre-trip coordination
- **Contribution to community-based projects through C7Rays Foundation**

COSTS DO NOT INCLUDE:

- International airfare from/to Lima, Peru
- Domestic flights in Peru
- Tips/gratuities for your guide
- Lunches and dinners that are not listed above
- Travel/medical insurance (required)
- Additional add-on of single room supplement (\$600USD per person upon request)
- Additional add-on's of personal healing sessions & readings with Jhaimy

Optional add-ons available:

Personal healing session with Jhaimy Alvarez-Acosta (Integration of Mind, Body & Spirit)

Experience ancient Andean techniques used for cleansing, healing and re-balancing the subtle energies through the integration of the subconscious and conscious minds. This integration will support you to experience freedom from limitations or past traumas, and the opening of an alignment of mind, body and spirit.

Healing sessions with Jhaimy are intended to bring about a deeper connection with your heart, so that you can live more fully in the present moment. Each session consists of a personal consultation followed by integrated body and energy work, which is tailored to each individual in support of your personal healing journey. Duration: 1 hour 15 minutes **\$100 USD**

Traditional coca-leaf intuitive reading with Jhaimy Alvarez-Acosta

An unique opportunity to experience a powerful tool that has been used in the Andes since time immemorial as a way to give guidance and insight into aspects of one's life including areas of family, health, work and purpose/direction on their path. Duration: 30 minutes **\$50 USD**