



PreCare Instructions

- *No waxing, laser, electrolysis or sunburns x1 week prior
- *No Botox or chemical peels x2 weeks prior
- *Discontinue exfoliating products close to eyebrows including Retinol, Glycolic, AHA/BHA x2 weeks before **and** after procedure
- *Do not take blood thinners including Aspirin, Ibuprofen, excessive alcohol, Fish oil, Turmeric, Vitamin E and Ginkgo x1 week prior. Unless medically necessary.

AfterCare Instructions

After your procedure, an aftercare ointment is applied. Do not wipe or wet/wash your brows for at least 24 hours. If you have oily skin- do not wash for 72 hours. After this time you may wet your brows but only by splashing cool water. Do not scrub or use cleansers. Allow to air dry 30 minutes and then apply the aftercare ointment **very lightly**. Apply ointment sparingly twice a day to keep scabs from forming. Do not pick or scratch flakes or scabs. Minimally wet and apply ointment for 7 days. After 7 days, you may wash brows normally. SPF of at least 30+ is recommended to prevent the sun from fading the brows.

AVOID 7 days post procedure

- Increased sweating, swimming
- Hot sauna, bath or Jacuzzi
- Tanning
- Laser or chemical treatments to face
- Picking, scrubbing, peeling or scratching procedure area
- Excess alcohol or smoking as it slows wound healing
- Driving in open air vehicles such as convertibles, boats, bicycles or motorcycles

What to Expect after Microblading session

Color will be initially darker for about 3 days post procedure. Once it starts healing, it may look like dry skin or flaking. This is the superficial layer of the skin and the pigment does soften once healed. Microblading heals about 30-50% lighter. Use the aftercare ointment as directed to prevent scabbing. Scabbing is undesirable but it does happen. If scabbing occurs, do not pick and just let them heal. Touch-up's are necessary to add more pigment or strokes and to maintain the look. Once healed, SPF 30-50+ is recommended daily to prevent excess fading from the sun. A touch-up in 4-6 weeks is recommended as micro-pigmentation is an intra-dermal pigmentation process that involves layering. Modification of shape and/or color of pigment lightening may require multiple sessions.