

Gym N' Cricket Gymnastics

Fun for Boys & Girls

FUN is number one with CSA Kids. We want our students to have fun and feel good about their gymnastics participation while learning. Gym N' Cricket preschool curriculum is planned with themes, music and skills that generate positive feelings loaded with developmentally appropriate age skill oriented activities.

Fitness

Gymnastics gives children the opportunity to frequently experience success, which makes movement pleasurable for them. Thus, they are more likely to become, AND STAY, physically fit.

Social Value

CSA's Gym N' Cricket program can help a child to adjust socially and emotionally because it can provide a student with successful experiences and permit interrelationships with other students in partnerships or groups. They develop social awareness and achieve satisfaction through peer relationships and group activities.

Creativity and Self-Expression

CSA Kids emphasizes and promotes these traits by encouraging students to find their own ways of responding to challenges by allowing them to be individuals and asking them to *imagine*.

Coordination

Of course, good posture, poise and coordination are three

obvious benefits of our quality gymnastic program. They're required for healthy, capable bodies. But perhaps more importantly, they result in greater self-confidence and improved self-image.

Stimulation of the Learning Process

By using a problem-solving method of instruction with the children, we also enhancing their problem solving capabilities. They're going to discover that their will always be more than one way to solve any problem or to meet any challenge.

Skill and Age Levels Little Crickets

Walking to 3 years old

Fun and playful parent and child class is centered around age appropriate developmental movements and skills. Working towards socialization with group involvement. Bigger challenges with greater excitement and fun.

PeeWee Crickets 3 year old

No parent needed here. There are mountains to climb, canyons to jump, vines to swing and tramps to jump on. Challenges are fun. They work on beams, bars, trampoline, foam pit plus vault and they do tumbling.

Super Crickets 4 - 5 years

Fun class for those beginning to really step out and move. By tumbling, vaulting and doing skills on the bars, beams and the trampoline and into the foam pit. It is essential that their physical challenges be monitored for

safety, yet their attempts be rewarded.

Student-Teacher

Little Crickets 1:12 with parent
Peewee Cricket 1:6
Super Cricket 1:7

Teaching Staff

Experienced, well qualified, Safety Certified, Coaching Accredited. A professional staff that enjoys teaching preschoolers gymnastics!

Sticker Program

Each Gym N' Cricket will receive a sticker board. A sticker is awarded each week to stimulate your child's motivation.

Attire

Girls: leotards/ shorts & tee shirt.
Boys: shorts and tee shirt.
Footwear: cotton socks or all purpose gymnastics shoes. All of these items may be bought in our Sport N' Stuff gift shop.

Observation Area

Great spacious viewing area.

Party Time

Gym Dandy Birthday parties are well planned gymnastic activities for 3 years thru pre-teens with no work for Mom!

Contact US!

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