

# Signpost

## The Newsletter of the **Women's Club of Glen Ridge**

Vol. 57 No. 3

February/March 2017

“Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.” - John Wesley

The Community Service Department invites you to a very special February luncheon on Tuesday, February 7<sup>th</sup>.

Luncheon is at 12:00. Program is at 1:00.

Members/\$15; Non-Members/\$25

Program Only: Members/Free; Non-Members/\$10.



We will have a representative from CASA, Court-Appointed Special Advocates, speaking of the work they do in Essex county. “The mission of CASA for Children of Essex County is to promote the welfare of children who have been removed from their homes because of abuse, neglect or abandonment by providing a safety net of support, advocacy and mentorship.” This will be a very special and informative luncheon.

Space is limited. Please RSVP on the Club's website, [www.womensclubglenridge.com](http://www.womensclubglenridge.com), by email at [womensclubgr@juno.com](mailto:womensclubgr@juno.com), or by calling the Club office at 973-748-5459.



The International Affairs Department is hosting the Monthly Luncheon on Tuesday, March 7<sup>th</sup>.



The program is TBD. Watch your emails for more information.

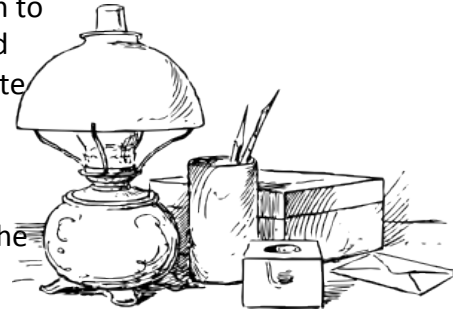
The luncheon will be at 12:00.

## President's Post

Dear Members,

Happy New Year! I hope this letter finds you well and enjoying the fresh start a new calendar year brings. Speaking of the new year, how are your resolutions working out? The ritual of New Year's resolutions has been on my mind of late, so I did a little research to discover the most popular choices in the past year. To my surprise and delight, the list of top 10 choices discovered on the Nielsen.com website included many that can be accomplished with your fellow members at the Women's Club! For example:

**Stay Fit and Healthy** – You can easily start down the path to a more active life by enrolling in the Wednesday morning yoga class at the Club. Veteran teacher, Jason Martin, will challenge and inspire you on your search for a healthier life and a bit of inner peace.



**Read more** – The Club gives you two groups to choose from in this category. If you're looking for the latest in contemporary fiction, Novelties is the group to get you inspired. Books are chosen by the group members, with evening meetings monthly or bi-monthly over wine and noshes to discuss what's been read. Looking for something a little more tried and true? Give Classics a try. This group of women meets monthly on Wednesday evening to discuss books that fall loosely into the "classic" genre. It can be interesting to re-read a book you last read in high school or college and discover how your view of "what it's all about" has changed based on your life experiences. Both groups welcome new members, so please come and check us out. The most recent book choices can be found on the web-site and in this issue of *Signpost*.

**Learn something new** – The Home & Garden Department excels in this department with the annual Holiday Centerpiece Workshop in December. We all gather to learn the basics of how to construct a centerpiece and put the lesson to work as we create our own masterpieces. I have heard a rumor that in 2017 we may not have to wait until December to get our hands dirty. Keep your ear to the ground for information of a possible spring greens event coming soon!

**Help make the world a better place** – Our Community Service Department continues to find new ways to help those in need as well as continuing to support the causes that are such an important part of our Club. There are many ways you can lend a helping hand. Reach out to chair, Megan Giulianelli, to discover how you can get involved.

**Spend more time with family and friends** – Thanks to the revitalization of our Family Department under the enthusiastic leadership of new chair, Michelle McKenna Shuey, there are more opportunities than ever before to enjoy activities with your family. The latest opportunity is our new Music With Molly series of parent-and-me music classes. Have a little one age 3 or under? This class is a lovely way to spend time enjoying music as a family.

**Enjoy life to the fullest** – This one is the easiest of all. Take a look at the calendar in this edition of *Signpost* or visit our website to find all the ways you can enjoy yourself at the Club. Do you enjoy a night out with friends? Reserve now for Tricks and Trivia on Saturday, Jan. 28<sup>th</sup>. Looking for an evening tailor-made for the Associate Member in your life? Mark your calendar for Friday, March 17<sup>th</sup> for our annual Henry Chapman Night. Do you have someone in your life that loves dolls? Plan to come to the Favorite Doll Tea on Sunday, March 12<sup>th</sup>. Is your obsession historic homes and their décor? Look ahead to May when our bi-annual House Tour will be the hottest ticket in town. As you can see, you don't have to travel far to live a life that will meet your requirements of resolutions met. I look forward to seeing each and every one of you in the new year.

**Connect ~ Share ~ Celebrate ~ in 2017!**

Warmly,  
Jill

Feb/March 2017

## The Social Committee is Hosting a Night of Tricks and Trivia on Saturday, January 28<sup>th</sup> at 7:00pm!

This fun-filled evening will combine cocktails, appetizers, and desserts with card tricks performed by Jonathan Blair followed by an hour of trivia. Make your own team of 6 or 7 people, or we will gladly put teams together. This members-only event is also open to prospective new members. Prospective members will have the opportunity to complete an application and become a member during the event!

Cost: \$30/Person. Please RSVP on our website at [www.womensclubglenridge.com](http://www.womensclubglenridge.com), by email at [womensclubgr@juno.com](mailto:womensclubgr@juno.com), or by calling the office at 973-748-5459. We look forward to seeing you!



## Be Mine - Valentine's Day Party for Kids

Potluck style kids lunch.  
Newborn - 4 yrs. with parent.  
Tuesday, February 14th  
11:00am - 12:30pm



Join the Family Department for a Valentine themed play date. We will have crafts and fun kid activities to keep everyone occupied. Come out of the cold and meet other parents from the area. Please bring a kid-friendly dish, with a list of ingredients, to share. This event is free, however please RSVP so we may have an idea of how many people to expect.

[www.womensclubglenridge.com](http://www.womensclubglenridge.com), [womensclubgr@juno.com](mailto:womensclubgr@juno.com), or 973-748-5459.

**The Art Department is taking a field trip to the Matisse and American Art Exhibit at the Montclair Art Museum on Thursday, 3/2/17, 2:00pm.**

We will enjoy an informed talk and guided tour of the collection hosted by Petra Pankow, Director of Education at MAM.

Costs: All Members: \$6

Senior Non-Members: \$16

Other Non-Members: \$18

Please RSVP on the Club's website, [www.womensclubglenridge.com](http://www.womensclubglenridge.com), by calling the Club's office at 973-748-5459 or via email [womensclubgr@juno.com](mailto:womensclubgr@juno.com). All attendees must meet at the museum prior to 2:00pm.

For information on the exhibit, visit MAM's website at: <https://www.montclairartmuseum.org/exhibition/matisse-and-american-art>



**The Community Service Department wishes to extend warmest wishes for a Healthy and Happy New Year!**

The Community Service Department had a very busy couple of months leading up to the holidays. Our members donated and dropped off several baskets of Thanksgiving meals to local families in need and we organized several 'drives' that benefited many of the Club's charitable benefactors.

4CS of Passaic County was the recipient of warm, winter coats for children. Wynona's House was the recipient of over 75 new toys donated by members of the Girl's Club, as well as Glen Ridge residents. The Human Needs Food Pantry received a check for \$500, which was matched dollar for dollar by Partners In Health organization, over \$1,100 worth of Grocery Gift cards were purchased by individuals in town and donated and distributed amongst families who we directly support and a successful fundraising was organized to collect donations for a local family whose child is battling brain cancer.

We could never do what we do without your generosity and continued support and we thank you wholeheartedly. Special thanks to our "Guardians" for their continued support.



## ***In 2017 ~ Take Steps Toward Personal Awareness & Spiritual Growth***

Save the Date ~~ Tuesday, April 4, 2017

Monthly Luncheon Sponsored by the Religions and Spirituality Department

### **Religious Differences ~ Spiritual Togetherness**



Most people make resolutions and take steps to change and/or grow in a new year. 2017 is undoubtedly no exception. As one of your resolutions, consider taking time to focus on women in the world and how they intersect with you. Whether you study/live Buddhist, Christian, Hindu, Jewish, Muslim, or Native People's beliefs, this winter is an important time to grow in understanding about spiritual practices and beliefs of different ethnic cultures. Look for tidbits everywhere. Expand your horizons. Read. Reflect. Plan to attend the April 4, 2017 luncheon meeting sponsored by Religions and Spirituality.



### **Come Join Us for Henry Chapman Night!**



Friday, March 17<sup>th</sup>, 7:00pm  
Free for Associate Members!  
Price for Non-Associates: TBD

This annual event has become a true tradition for the Women's Club. It is a time for Associate Members to meet and mingle and enjoy good food and drink.

This year's theme is, of course, St. Patrick's Day! Come join us for an evening of all things Irish, including Irish fare accompanied by Guinness and Irish whiskey. Our guest speaker is Thomas Ihde, a Glen Ridge resident, who will be speaking of all things Irish and Gaelic. Tom earned his master's and PhD from Trinity College, University of Dublin, has written extensively on the Irish language, and is currently a professor of languages at Lehman College, City University of New York, and chair of the Department of Languages and Literatures.

Associate Members – You may invite a guest to join you in the festivities. Your guest will be able to fill out an application and become a member on the spot.

Contact the Club for more information and please RSVP by March 14<sup>th</sup>.

[www.womensclubglenridge.com](http://www.womensclubglenridge.com), [womensclubgr@juno.com](mailto:womensclubgr@juno.com), 973-748-5459

# February

<u>Day/Date</u>	<u>Time</u>	<u>Event</u>
Mon/6	7:30pm	Girls' Club Executive Board Mtg.
Tues/7	12:00pm	Monthly Mtg. & Comm'ty. Service Dept. Open House
Mon/13	7:30pm	Finance Committee Mtg.
Mon/13	7:30pm	Girls' Club General Mtg.
Wed/15	8:00pm	Classics Book Group: <i>Out of Africa</i> by Isak Dinesen
<b>Mon/20 - Fri/24</b>	<b>Club Closed - Winter Break</b>	
Tues/28	9:00am	Board of Trustees Mtg.

## Weekly Classes

Mondays	10:30-11:15am	Music With Molly
* No Music With Molly on 2/20	11:30-12:15am	
Wednesdays	9:30-10:45am	Yoga
* No Yoga on 2/22		



# March

<u>Day/Date</u>	<u>Time</u>	<u>Event</u>
Wed/1		Signpost - Deadline for Submissions
Wed/1	8:00pm	Novelties Book Group - <i>Born A Crime</i> by Trevor Noah
Mon/6	7:30pm	Girls' Club Executive Mtg.
Tues/7	12:00pm	Monthly Mtg. & International Dept. Open House
Sun/12	3:00 - 5:00pm	Favorite Doll Tea
Tues/14	7:30pm	Finance Committee Mtg.
Wed/15	8:00pm	Classics Book Group
Fri/17	7:00pm	Henry Chapman Night
Tues/21	7:30pm	Board of Trustees Mtg.
Mon/27	7:30pm	Girls' Club General Mtg.

## Weekly Classes

Mondays	10:30 - 11:15am	Music With Molly
* No Music With Molly on 3/6	11:30am - 12:15pm	
Wednesdays	9:30 - 10:45am	Yoga

## Annual Favorite Doll Tea

Sunday, March 12, 2017

3:00pm - 5:00pm

Returning for the 9th straight year is the much anticipated Annual Doll Tea on March 12th. This event has grown over the years to be our most successful and well-attended fundraiser. The afternoon starts with the arrival of the children with their parents, grandparents, and dolls all dressed for a traditional high tea. Often the children and their dolls are dressed in coordinated outfits. The tables are laid with an array of finger sandwiches, steaming pots of tea, and refreshing lemonade. Dolls can visit the beauty salon run by the Girls' Club for a new doll hair style and a bit of pampering! Take a chance on the many raffle prizes and visit the vendors offering doll clothes, jewelry, and small toys. The event is capped off with a delicious array of delicate desserts served on our three tier trays. At the end, every child leaves with a prize to remember her afternoon with us.



The Doll Tea sells out every year! RSVP by March 3<sup>rd</sup> to ensure your seats at the table. You must purchase your tickets ahead of the event. We cannot take walk-ins the day of the event.

Adult Members: \$25; Members' Children (ages 3-14): \$20

Non-members: \$30; Non-Members' Children (ages 3-14 ): \$25

*Assigned seating is limited. No tickets will be sold at the door on the day of the event. RSVP by visiting the Club's website at [www.womensclubglenridge.com](http://www.womensclubglenridge.com) or calling 973-748-5459 to reserve your seat today.*

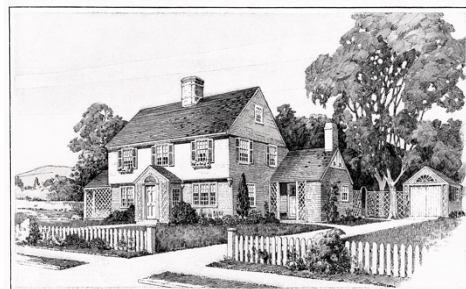
## Mark Your Calendar for the 2017 House Tour!

Sunday, May 7<sup>th</sup>

1:00 – 4:00pm

This year's tour will once again showcase a variety of exceptionally beautiful homes followed by a reception at the Clubhouse. The tour is self-guided and open to anyone ages 14 and older.

Check the Club's website and the next edition of Signpost for more details! [www.womensclubglenridge.com](http://www.womensclubglenridge.com)



Are you aware of what the House Department does for the Women's Club? They may operate 'behind the scenes', but what they do is imperative to keeping the clubhouse maintained.



There is a lot going on around the House!

After a whirlwind of events in December, the Club was officially closed for the Holidays. Behind the scenes our elves were busy at work. Take a good look around the next time you drop by. Start on the lower level and check out the newly refurbished Children's room. Behind the French doors, what was once a damp, gloomy space has new walls, wall to wall carpeting, and fresh paint. We now have a bright, inviting space for the use of the Family Department and for our youngest members to congregate.

On the main level, all the wood floors have been given the annual once over and look fantastic! The upholstery in the Mary Raymond room and halls has all been cleaned and the woodwork and trim in the ballroom given a fresh coat of paint.

The main entrance to the Club and vestibule has also recently been painted. The exterior columns received some much needed TLC!

Last but not least, the Ladies Room has been freshly painted and all the stall doors adjusted. Might not seem like much, but antique hinges need to be lovingly coaxed into place for doors to operate properly.

We've received a wonderful donation from Barbara Parker Kalemkerian in memory of her mother, Ellie Parker. This has been earmarked to redecorate the bride's room. A lovely sofa donated by Carol Harpster is on its way to be reupholstered and the space should have a fresh, new look in time for spring weddings.

The finishing touches in the office update are coming soon. There's a brand new chandelier illuminating the office and shades are about to be ordered for the windows thanks to a generous donation by Mary Lou and John Malyska.

The House Department is constantly working to keep our 90 + year old Clubhouse functioning and looking beautiful!



The new yoga session starts Wednesday, 3/15. Classes are every Wednesday from 9:30 - 10:45am. (Unless otherwise noted on the calendar.) All levels welcome! Please bring your own mat.

Members - \$80 for 8 sessions  
Non-Members - \$88 for 8 sessions  
Walk-In Rate - \$15/Class

You may call the office with any questions. 973-748-5459



**New Members!**

Let's wish our new members and associate members a hearty, "Welcome!"

Meredith DeSalazar  
Heather Gaida  
Sami Hero  
Anne Klimpl  
Rebecca Peterson  
Gina Russo  
Diane Schaming  
Sarah Stonbely



**Announcing a New Parent and Child Program  
through the Family Department!  
Music With Molly!**

These interactive classes – appropriate for newborns to 3 years old – help children develop a love of music early and are a great way to spend time with your little one out of the house.

Each 6 week session costs:

\$65/Member; \$80/Non-member

Single Class Drop-Ins are permitted when space allows. Please call ahead to check on availability. \$12/Member; \$15/Non-member



Classes are either 10:30-11:15 or 11:30-12:15. You must select one class time when you register.

Contact the Club for more information and to sign up for this new class!

[www.womensclubglenridge.com](http://www.womensclubglenridge.com) or [womensclubgr@juno.com](mailto:womensclubgr@juno.com) or 973-748-5459

**Congratulations to us!**

The Suburban Essex Chamber of Commerce (SECC) is honoring The Women's Club of Glen Ridge with an award for our service to the community. This award will be presented to our club on March 23<sup>rd</sup> at the SECC 100<sup>th</sup> anniversary gala. To quote from the letter of announcement we received from them:



“The Suburban Essex Chamber of Commerce offers our warmest congratulations for being our chosen recipient of our 2017 “Community Service Award.” The award is to acknowledge all of the wonderful accomplishments that The Women's Club of Glen Ridge has made over the past 100+ years to the Glen Ridge Community. We invite you and your members to our 100<sup>th</sup> Anniversary Gala on

Thursday, March 23, 2017 at 6:30 p.m. to join in the festivities and to celebrate the prestigious success of The Women's Club.”

Other award recipients are Mary Ellen Clyne, Ph.D., President and CEO, Clara Maas Medical Center in Belleville and Michael L. Scurman, Director, Bloomfield Recreation Center, Bloomfield.

The above mentioned gala will be held at Nanina's in the Park in Belleville. The cost is \$100 per person. You can RSVP through the Women's Club on the website, [www.womensclubglenridge.com](http://www.womensclubglenridge.com), or by calling the office, 973-748-5459. We will submit our reservations together. Let's see how many tables we can fill!

We are looking forward to seeing many of our members as we receive this prestigious honor.



### Classics Book Group

The Classics Book Group meets on the 3<sup>rd</sup> Wednesday of each month at 8:00pm. Books are selected by consensus two months prior to their discussion meeting. From Homer to Hawthorne, Kipling to Conrad, and Melville to Marquez, we are a fun and lively group. For more information, contact Barbara Kalemkerian,

[bparker1539@msn.com](mailto:bparker1539@msn.com). Upcoming dates and titles are:

1/18 *Breakfast At Tiffany's* – T. Capote

2/15 *Out of Africa* – I. Dinesen

3/15

April – TBD

5/17

6/21

### Novelties Book Group

Novelties Book Group was created as a book group for busy moms. Our book choices are collectively chosen and voted on by our attendees. We meet Wednesday evenings at 8pm approx. every 6-8 weeks. For more information, contact Ingrid Kozlowski, [ingridkozlowski@gmail.com](mailto:ingridkozlowski@gmail.com). Upcoming dates and titles are:

3/1 *Born A Crime* – Trevor Noah

4/26

6/14



The Evergreen Centerpiece Workshop. December 6<sup>th</sup>, 2016

### Signpost Staff

Vol. 57 No. 3

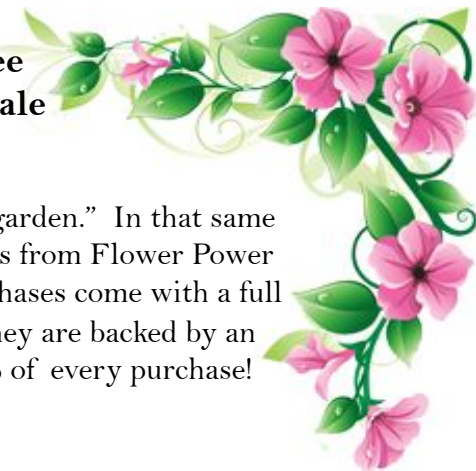
Editor: Linda Lee Potter

Editor and Layout: Amy Luka

Submissions: Elizabeth Shaw

Connect  
Share  
Celebrate

## The Ways and Means Committee Is having a Flower Power Plant Sale to Support the Women's Club



According to an old Chinese proverb, "Life begins the day you start a garden." In that same spirit, you can get a jump on your summer garden by purchasing plants from Flower Power Fundraising and support the Women's Club at the same time. All purchases come with a full color label that includes planting and garden planning information. They are backed by an unconditional 100% money-back guarantee. The Club will receive 50% of every purchase!

Orders must be placed by May 1<sup>st</sup>, 2017.

To place your order, go to [www.flowerpowerfundraising.com](http://www.flowerpowerfundraising.com). Click on "Find A Group" in the upper right corner. On the Find A Group page, enter 'Glen Ridge' and 'New Jersey' in the appropriate fields, then select 'Women's Club of Glen Ridge (NJ)'.

The FlowerPower link is also available on the Club's website [www.womensclubglenridge.com](http://www.womensclubglenridge.com). For additional questions, you can contact the Club via email [womensclubgr@juno.com](mailto:womensclubgr@juno.com) or phone 973-748-5459.



Girls' Club of Glen Ridge



The Girls' Club had an extremely busy end to 2016 participating in a multitude of events leading up to our Candy Cane Ball. These events included: volunteering at the Church on The Green soup kitchen, doing office work for COPE, helping with crafts at the Glen Ridge Library, making Thanksgiving crafts and gingerbread houses with children from SMART, as well as helping at Glen Ridge's annual Ashenfelter 8-K race and the Women's Club's holiday Santa event.

All the girls were ecstatic to finally have all of their hours in for the Candy Cane ball. The theme for the Candy Cane Ball was Northern Lights! The Club was transformed into a beautiful snowy background illuminated with magical lights mimicking the aurora borealis. Prior to the evening, the Girls' Club hosted the annual police meeting in order to remind the girls and their dates to be safe and responsible the night of Candy Cane. The Girls' Club also decided this year to donate toys given to them by the girls and their dates to Wynona's House. The night was amazing and the girls had tons of fun dancing and taking pictures inside a beautifully decorated Women's Club.

The December General Membership Meeting was the annual cookie swap. Each girl brought 2 dozen cookies - one to be traded with other members and one to be donated to charity. We brought bags of home made delights to Toni's Kitchen in Montclair.

With the new year starting, the girls are ready to continue volunteering at a number of places such as the Church on the Green and MESH. We will be planning for another Breakfast Run on March 18 and will soon begin planning for the Annual Spring Fashion Show coming up on Friday, May 12<sup>th</sup>. As in the past, this event will be raising money for a cause or organization chosen by the club officers.

2016 was a great year for the Girls' Club of Glen Ridge, and we are looking forward to more amazing things to come in 2017!

## The Ways and Means Committee Has Two Big Events This Spring and Needs Your Help!

### The Favorite Doll Tea

The Favorite Doll Tea has grown to be one of the biggest and most anticipated events of the Club's year. This year's event will be held on Sunday, March 12<sup>th</sup>. We need your help with volunteering and/or donations to keep it vibrant.



Volunteers are needed to help set up and clean up, as cashiers and servers, to help organize the raffle prizes, and to assist in the booths.

Donations are needed for the fabulous raffle prizes. Prizes should be appropriate for approximately ages 3 – 10 years and can include: dolls and doll clothes/ accessories, books, stuffed animals, mani/pedi (particularly fun if it is for a 'Mommy and Me'), science kits, craft kits, Legos, etc.

Donations can be dropped off in the Club any time the Club House is open. All donations should be new-in-box or in excellent used condition.

If you are interested in volunteering, please contact the Club office via email, [womensclubgr@juno.com](mailto:womensclubgr@juno.com) or phone, 973-748-5459.

### The House Tour

The House Tour is much anticipated and successful bi-annual Ways and Means event. All Club members are asked to donate an hour of their time for the House Tour on Sunday, May 7<sup>th</sup>.

A solicitation email and/or phone call will be made in early spring to all members asking for volunteers to docent in the participating houses. You may also help with the reception in the Club. We need help with setup and cleanup, keeping the food platters and beverage tables full, etc.

The Ways and Means Committee extends a hearty, "Thank you" to all of you who can take the time to volunteer. We are grateful for your time.



Our lovely Mary Raymond Room all dressed up for a party.



## Keep in Touch

It's never too early to plan your submission for *Signpost*. These are the proposed submission dates for the 2016-17 year.

Remaining *Signpost*  
Issue for 2016-2017

Deadline for  
Submissions

April-May-June '17

3/1/17

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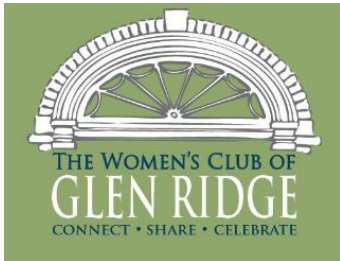
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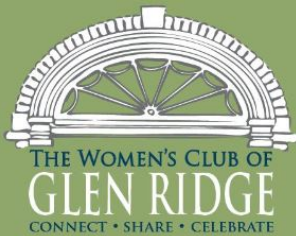
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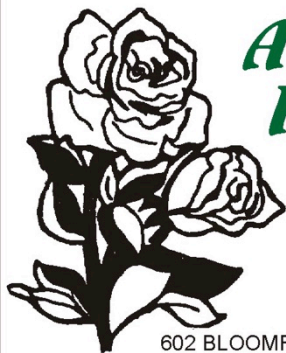
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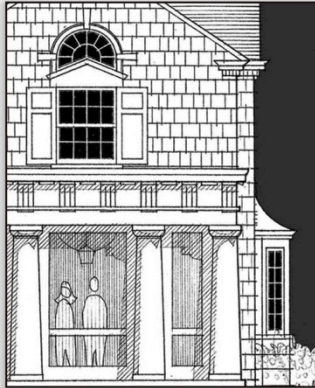
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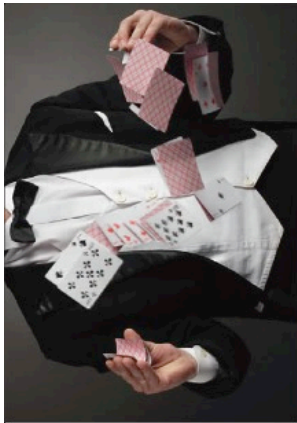
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# Tricks and Trivia

**Saturday, January 28, 2017  
from 7:00 to 11:00 pm**

Mix and mingle from 7:00 to 8:30 with fellow Club members and their potential member guests, as you enjoy beverages and hors d'oeuvres. Be amazed by the astounding prestidigitation of Jonathan Blair!

Then, it's time to get serious on trivia. Choose your team of 6 or 7, or we will gladly put teams together. Let the games begin!

Dessert to follow. We hope to see you there.

**\$30.00 per person**

(\$25.00 per person with paid registration by January 14, 2017)  
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