

# Signpost

The Newsletter of the  
**Women's Club of Glen Ridge**

Vol. 58 No. 4

April/May/June 2018

## Women's Club of Glen Ridge

### 113th Annual Meeting and Dinner

May 15, 2018 ✿ 7:00 pm

Williamsburg Room

\$20.00 per person

Reservations required

*Celebrate the year completed*

Wine & Refreshments ✿ Delicious Buffet Dinner

Recognize the generous service of our current board members  
and welcome our new trustees for the 2018-19 club year.

**Members-only event.**

*(Associate Members enthusiastically encouraged to attend.)*

**Please RSVP by May 11th**

online at [www.womensclubglenridge.com](http://www.womensclubglenridge.com)

or call the office at 973-748-5459.

# President's Post



As I contemplate what to say in my final President's Post, I am jarred by the staccato banging of a jackhammer ripping up the kitchen floor of my family's vacation home in Florida. Each jolt is a visceral reminder that in order to age gracefully, all cherished homes require critical upkeep from time to time—often beyond the superficial facelift of a fresh coat of paint or pretty new curtains.

As sister members of the Women's Club, we are all caretakers of our stately clubhouse, an historic beacon in Glen Ridge. However, as I prepare to leave office, I must recognize the unflagging attention of Deb Lebow and Jula Cordeira (House Chairs) to preserving the inherent beauty of our home over the last four years. These dedicated and talented women have truly gone above and beyond in their mission to maintain, renovate, and decorate our beautiful building. Together they have been able to tastefully update the Mary Raymond Room; replace our exterior shutters; redecorate the office; upgrade the electrical service in both the ballroom and kitchen; replace stoves and refrigerators; install new French doors with barrier-free entry; etc., etc.....

However, our clubhouse is far more than just a gracious community landmark. The Women's "Club" exists in spirit because of each one of us...every woman who has walked its halls before us and every woman who will cross its threshold long after we have moved on. The Women's Club thrives because of our enthusiasm, generosity, talent, compassion, curiosity, intelligence, and, of course, *joie de vivre!*

I suspect we are all better off for the opportunity to take active part in this vital community organization. I know that it has been a gift to me. I am grateful to you as members who have trusted me to grow into the position of President; indulged my wacky schemes and lofty dreams; and more than once forgiven my mistakes. Most of all, I would like to thank you for affording me these four years to fall in love with the heart and soul of the Women's Club. Like everything we love, it both makes me crazy and brings me joy...and the friendships I have "cemented" here will definitely last me a lifetime!

As I wrap up my final missal, I would also like to thank both Amy Luka (stalwart *Signpost* Editor) and Jennifer Agarwal, for their careful editing, no-holds-barred feedback, and "fresh eyes." Thank you, ladies, for your expertise as wordsmiths and mistresses of literary layout. Finally, I would like to thank each and every Board Member that it has been my distinct pleasure to serve alongside these last four years. I appreciate your commitment and sacrifice to our principles and myriad projects.

My final thoughts and a bit of a benediction: We go forth rooted in our history, working in the present, and dreaming of our future. Genuine thanks for allowing me the privilege of serving as your leader these four short years. The experience has been transformative. As we transition to bright new leadership, may we all meet here again, under the Women's Club sturdy roof, to...

Connect, Share, & Celebrate

Jill

The Music Department  
Monthly Meeting & Luncheon  
*High Tea with "Little Women"*  
Tuesday, April 3<sup>rd</sup>  
Lunch at 12:00 Program at 1:00

*Little Women*, the classic semi-autobiographical book by Louisa May Alcott, remains one of the most widely read novels of all time and has been the inspiration for several movies. But did you know it was made into a musical? It opened on Broadway in 2005, featuring Sutton Foster as Jo and Maureen McGovern as Marmee.

Now you can reunite with the beloved characters Marmee, Aunt March, Laurie, Meg, Jo, Beth, and Amy when the Glen Ridge High School drama students stage their own production of this delightful musical.

We hope you will join the Music Department on Tuesday, April 3<sup>rd</sup> for a High Tea themed luncheon, a preview of selections from the show, commentary by director Angelo De Fazio, and a peek at some of the costumes created by our very own Lynne Oliver.

This glorious musical weaves the story of Jo and her sisters and their experience growing up during the Civil War into a powerful score that "soars with the sound of a young America finding its voice."



Program and Lunch: Members – \$15.00 Non-Members – \$30.00  
Program Only: Members – Free Non-Members – \$15.00

Please RSVP on our website: [www.womensclubglenridge.com](http://www.womensclubglenridge.com), by email at [womensclubgr@juno.com](mailto:womensclubgr@juno.com) or by calling the office at 973-748-5459.

**Annual Advanced Student Art Show**

**April 25<sup>th</sup>**

**7:00-9:00pm**

The Advanced Student Art Show (ASAS) will once again be held in the Women's Club. This annual event showcases the artwork of Glen Ridge High School seniors in a more professional setting to compete for scholarships awarded by the Glen Ridge Art Patrons Association (GRAPA.) The artwork displayed is of top quality and shows the students' commitment to the arts. Local professional artists and art professors are recruited to judge the students' work and assign the level of scholarship value.



This event has been a staple for many years. It is free, open to the public, and a great night to come out and support the arts in Glen Ridge.



**The Women's Club of Glen Ridge Presents ...  
2018 Spring House Tour & Boutique  
Sunday, May 6<sup>th</sup>  
Tickets on sale now!**

Buy your tickets now for the upcoming May 6<sup>th</sup> Spring House Tour\*. Five stunning homes will be showcased reflecting the different lifestyles, tastes and interests of their owners. The self-guided tour is in Glen Ridge and open to anyone ages 14 and older.

New to the Spring House Tour is a fabulous Boutique at the Clubhouse featuring a selection of goods for home and garden, along with jewelry and accessories. This is a perfect opportunity to shop for Mother's Day!

Event Schedule:

1:00-4:00 p.m. – Homes Open for Viewing

1:00-5:30 p.m. – Boutique Open for Shopping

3:00-5:30 p.m. – Reception with complimentary beverages, sweets and savories

Tickets:

Early Bird Admission Price - \$40 (in effect through April 22, 2018)

Regular Admission Price - \$50 (in effect April 23, 2018 to May 6, 2018)

To purchase tickets, visit the Club website [www.womensclubglenridge.com](http://www.womensclubglenridge.com) and click on the "Events" link.

Questions can be directed to Elizabeth in the club office at (973) 748-5459.

\* Please note that all Club Members will be asked by email to support the House Tour by being a docent for one shift. There will still be time to enjoy the afternoon and a ticket must be purchased if you plan to go on the tour.



## Happy Spring from the Community Service Committee!!

We had a wonderful luncheon in February titled “Fighting Hunger One Person at a Time.” We had speakers from several of our local service agencies who explained how they often coordinate their efforts to help our community. Did you know there are a variety of ways you can get involved if you want to help? Here are just a few.



*Are you a gardener or want to try gardening?* A Lot to Grow has community gardens that provide fresh vegetables and herbs to food pantries like Montclair’s Human Needs Food Pantry and soup kitchens like Toni’s Kitchen. Please check out their website <https://alottogrow.org> to learn about volunteering in their gardens.

*Doing some spring cleaning of your pantry?* You can always donate unopened cans of food, cereal, pasta, and other nonperishable items to the Human Needs Food Pantry. Please check expiration dates. Human Needs accepts donations Tuesdays and Thursdays between 8:30am – 3:00pm at 9 Label St., Montclair, NJ.

*Do you want to get out and meet new people?* Toni’s Kitchen is a local soup kitchen that is always looking for friendly volunteers to help with food preparation and serving. Please go to their website <https://tk.slechurch.org> to sign up!



## TONI'S KITCHEN

*Super busy but want to help?* With a few clicks of the keys you can donate through our Virtual Food Drive to the Community Food Bank of New Jersey (CFBNJ). The CFBNJ provides food to our local food pantries and soup kitchens. Go to the club’s website at <https://womensclubglenridge.com>, scroll down to the Community Food Bank icon and click on it. If you don’t have time to virtually shop, just click on “Skip and Donate Now!”

It has been heartwarming to have so many members ask how they can get involved and help and we hope this gives everyone some ideas!

Much Gratitude,  
The Community Service Department



The Williamsburg Room was festive in pink for this year’s Annual Favorite Doll Tea held on Sunday, March 18<sup>th</sup>.



## **Membership Renewal Coffee Hour** **Monday, May 21<sup>st</sup>** **9 a.m. to noon at the Club**

Enjoy a leisurely morning coffee while renewing your Membership for the 2018-19 Club year. The Basic Membership is \$100 (\$75 for Seniors). Or, consider increasing your Club support to another level:

- Patron -- \$150
- Sponsor -- \$275
- Benefactor -- \$500

Reminder: Men can show their support by becoming Associate Members—only \$25 for the Club year\*!

*\* The Club year runs from August 1 to July 31.*





Girls' Club of Glen Ridge

Throughout the months of January and February the Girls' Club of Glen Ridge has kept busy with many different events and activities! We kicked it off with our membership meeting in the beginning of January, where we held a great self defense class. Jose Dicervo, from Sovereign Martial Arts, donates his time each year to teach the girls self defense.

For the February meeting, we made cozy fleece blankets for St. Joseph's Children's Hospital, and this weekend we are about to go on our second Breakfast Run of the year. A special thanks to the incredibly generous donations from the Women's Club members. Because of these donations and because many people donated several sweatshirts, we will be bringing a mountain of sweatshirts to give out!

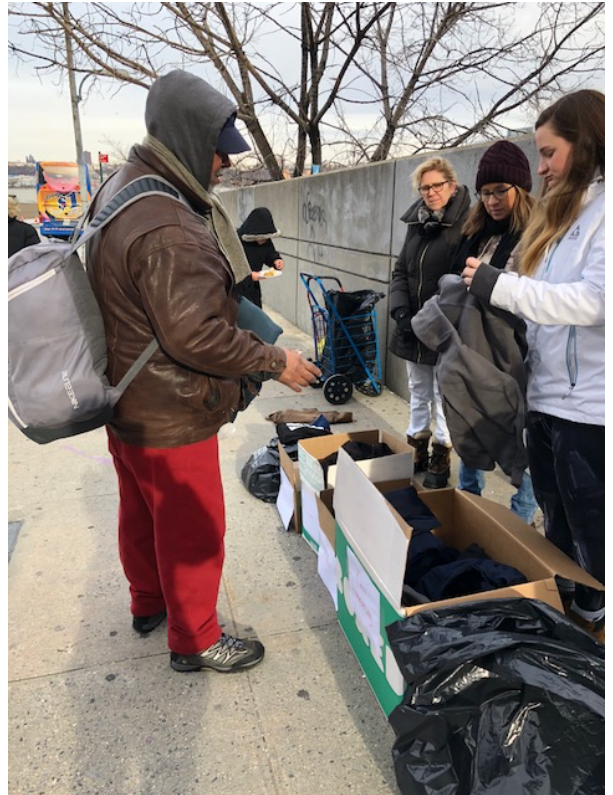
We have also been helping out with many town and school events. We had volunteers helping at the Gas Lamp musical "Hairspray", mailing for the Hurrell field house project, the community book swap, and the Forest Avenue School Pancake Breakfast. In addition to these, we have been continuing to cook and serve meals to the local homeless population through MESH and Church on the Green.

Mark your calendars for our 15th annual Fashion Show on May 11th! We are very grateful to Tami Kinley, junior advisor, for taking on chairmanship of the event for the second year in a row! The theme this year is Paris Fashion Week, and the proceeds will be donated to Wynona's House and SAVE of Essex County (Sexual Assault and Violence Education), which provides medical and legal advocacy and counseling for victims of sexual assault. We are excited to be supporting a cause that is getting so much national attention right now, has ties to the fashion industry and Hollywood, and has outreach programs specifically targeted to teens and college-age girls, which is why we chose to donate the proceeds here.

We are looking forward to helping out at the upcoming Doll Tea, and hope to see lots of members and their families at the Fashion Show later this spring!

Respectfully submitted,

Kate Reynolds  
Corresponding Secretary, Girls' Club



Macy Weber, Kim Connaghan, and Angela Zazu distributing sweatshirts in NYC.

Your *Signpost* Editorial Staff

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Editor & Layout: Amy Luka

Editor: Angela Gkionis

Submissions: Elizabeth Shaw

### Classics Book Group

The Classics Book Group meets on the 3<sup>rd</sup> Wednesday of each month at 8:00pm. Books are selected by consensus two months prior to their discussion meeting. From Homer to Hawthorne, Kipling to Conrad, and Melville to Marquez, we are a fun and lively group. For more information, contact Barbara Kalemkerian, [bparker1539@msn.com](mailto:bparker1539@msn.com). Upcoming dates and titles are:  
3/29 – *A Wrinkle in Time* by Madeline L'Engle  
4/25 – TBD  
5/16 – TBD  
6/20 – TBD



### Novelties Book Group

Novelties Book Group was created as a book group for busy women. Our book choices are collectively chosen and voted on by our attendees. We meet Wednesday evenings at 8:00pm approx. every 6-8 weeks. For more information, contact Ingrid Kozlowski, [ingridkozlowski@gmail.com](mailto:ingridkozlowski@gmail.com). Upcoming dates and titles are:  
5/2 – *Murder In Matera* by Helen Stapinsky  
6/6 – TBD



### April 2018

Day/Date	Time	Event
Mon/2	7:30pm	Girls' Club Executive Board Meeting
Tues/3	12:00pm	Monthly Meeting and Music Dept. Open House – <i>Little Women</i>
Tues/10	7:30pm	Finance Committee Meeting
Mon/23	7:30pm	Girls' Club General Meeting
Tues/24	7:30pm	Board of Trustees Meeting
Wed/25	8:00pm	Classics Book Group

### Weekly Class

Mon	9:30 – 10:15am	Music with Molly
	10:30-11:15am	Music with Molly
	11:30-12:15pm	Music with Molly
Weds	9:30-10:45am	Yoga



## May 2018

Day/Date	Time	Event
Wed/2	8:00pm	Novelties Book Group
Sun/6	1:00pm	House Tour, Champagne Reception & Boutique – Ways & Means
Mon/7	7:30pm	Girls' Club Executive Board Meeting
Tues/8	7:30pm	Finance Committee Meeting
Fri/11	7:00pm	Girls' Club Fashion Show
Tues/15	7:00pm	<b>Annual Meeting and Dinner</b> <i>7:00pm--Cocktail Hour</i> <i>7:30pm—Dinner</i>
Wed/16	8:00pm	Classics Book Group
Mon/21	7:30pm	Girls' Club General Meeting
Tues/22	7:30pm	Board of Trustees Meeting
<b>Mon/28</b>		<b>Club Closed – Memorial Day</b>
Thurs/31	7:00pm	Year End Cocktail Party

### Weekly Class

Mon	9:30 – 10:15am	Music with Molly
	10:30-11:15am	Music with Molly
	11:30-12:15pm	Music with Molly
Weds	9:30-10:45am	Yoga



## June 2018

Day/Date	Time	Event
Wed/6	7:30pm	Girls' Club Year End Dinner
Wed/6	8:00pm	Novelties Book Group
Tues/12	7:30pm	Finance Committee Meeting
Tues/19	7:30pm	Board of Trustees Meeting
Wed/20	8:00pm	Classics Book Group

### Weekly Class

Mon	9:30 – 10:15am	Music with Molly
	10:30-11:15am	Music with Molly
	11:30-12:15pm	Music with Molly
Weds	9:30-10:45am	Yoga

Yoga ends on June 28.

# SPRING COCKTAIL PARTY

Thursday, May 31<sup>st</sup> at 7 p.m.

Save the date for our annual end-of-year Membership cocktail party! Let's celebrate the closing of another successful year at the Women's Club.



Watch your email for details.



## New Members:

George Abraham	LoriJeane Moody
Robin Blanz	Kristin O'Neil
Colin Convey	Charlie Potters
Leslie Convey	Dr. Roma Rosa
Molly Dorsman	Andrea Webb
Elizabeth Evans	

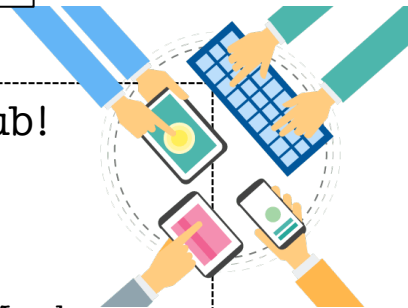
## Stay Connected With the Women's Club!

Online: [www.Womensclubglenridge.com](http://www.Womensclubglenridge.com)

Facebook: [www.Facebook.com/WomensClubGlenRidge](http://www.Facebook.com/WomensClubGlenRidge)

Members Only Facebook Page: [www.Facebook.com/WCGRMembers](http://www.Facebook.com/WCGRMembers)

Email: [womensclubgr@juno.com](mailto:womensclubgr@juno.com) Phone: 973-748-5459



THE 15<sup>TH</sup> ANNUAL GIRLS' CLUB  
FASHION SHOW PRESENTS:

# Paris Fashion Week

*Friday, May 11*

**TIME:** 7:00 PM

After-party immediately following  
the show – refreshments served!

**ADVANCE TICKETS | ADULTS:** \$10

**STUDENTS:** \$5

**AT THE DOOR | ADULTS:** \$12

**STUDENTS:** \$6

*Great Raffle Baskets!*

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For advance  
tickets please call  
**973.748.5459**

## The Religions and Spirituality Department proposes a name change to **Spirituality & Wellness**

The department started out as the Bible Department and then changed over the years to Religions and Spirituality. Spirituality encompasses and retains the internal aspect of each woman's personal beliefs, while Wellness extends the concept and incorporates contemporary ways a woman may enhance mind and body. Our membership includes many diverse cultures and this respects many beliefs. Thus, this name change is proposed.

Chair: Janet Spoerl

Members: Jennifer Agarwal, Jean Bendel, Nancy Bigelow, Deborah Brandell, Jodi Brooks, Deborah Fitzpatrick, Margo Garrison, Susan Hughes, Anna Katarina, Mary Lou Malyska, Frances Mielach, Barbara Stevens

### **Proposed change to By-Laws**

The following proposed change to the Club's By-Laws was approved by the Board of Trustees at the February 27, 2018 meeting and will be voted on by the general membership at the Annual Dinner meeting on Tuesday, May 15, 2018.

#### **As it currently stands:**

ARTICLE VIII: DEPARTMENTS

Section 1. Personnel: There shall be the following departments: Art, **Religions and Spirituality**, Family, Community Service, Drama, Home and Garden, International Affairs, Literature, and Music.

#### **Revised wording:**

Section 1. Personnel: There shall be the following departments: Art, **Spirituality & Wellness**, Family, Community Service, Drama, Home and Garden, International Affairs, Literature, and Music.

#### Rationale:

The name change better reflects the interests and needs of today's women in order to address our global and diverse membership. A bigger "umbrella" terminology would allow offerings, programs and classes that preserve the idea of personal, self-reflecting spirituality centering on women's health and wellness.

HOW DO YOU PREFER TO READ THE *SIGNPOST*?  
DID YOU KNOW YOU HAVE A CHOICE?



IF YOU PREFER TO READ THE SIGNPOST ONLINE AND DO NOT WISH TO RECEIVE A PAPER COPY IN THE MAIL, PLEASE NOTIFY ELIZABETH IN THE OFFICE. [WOMENSLUBGR@JUNO.COM](mailto:WOMENSLUBGR@JUNO.COM) OR 973-748-5459



## Board of Trustees Proposed Slate 2018-2019

Positions and names in **Bold** are being elected at this year's Annual Meeting, May 15<sup>th</sup>. An elected term is two years in duration with two consecutive terms the maximum. The other board members shown below are in the middle of their term.

<b>Position</b>	<b>Member</b>	<b>Term</b>
<b><u>Executive Board</u></b>		
<b>President</b>	<b>Alyssa Collins</b>	<b>2018-20</b>
<b>Vice President</b>	<b>Sandra Lefkovits</b>	<b>2018-20</b>
<b>Finance</b>	<b>Deb Lebow</b>	<b>2018-19 (1 year term)</b>
<b>Treasurer</b>	<b>Linda Rovalino</b>	<b>2018-19 (1 year term)</b>
<i>(Treasurer is not subject to term limits.)</i>		
Assistant Treasurer	Open	
Recording Secretary	Lori Lance	2017-19
Corresponding Secretary	Open	
<b><u>Committees</u></b>		
<b>Girls' Club Liaison</b>	<b>Ann Koenig</b>	<b>2018-20</b>
Grounds	Sue Cali	2017-19
Hospitality	Laura Merriman	2017-19
<b>House</b>	<b>Liz Zazzali</b>	<b>2018-20</b>
	<b>Tami Kinley</b>	<b>2018-20</b>
Membership	Stephanie Koskuba	2017-19
	Anne Alix	2017-19
Nominating	Open	
<b>Public Relations</b>	<b>Kyle Howland</b>	<b>2018-20</b>
<b>Rental</b>	<b>Laura Merriman</b>	<b>2018-20</b>
<i>Signpost</i> Editors	Amy Luka	2017-19
	Angela Gkionis	2017-19
Social	Marianne Sweeney	2017-19
<b>Ways and Means</b>	<b>Kelly Garvey Schactel</b>	<b>2018-20</b>
	<b>Shilpa Patel</b>	<b>2018-20</b>
<b><u>Departments</u></b>		
Art	Ann Marie Linke	2017-19
<b>Community Service</b>	<b>Carolyn Twitchell</b>	<b>2018-20</b>
	Beth Ege	2017-19
<b>Drama</b>	<b>Lyn Vaux</b>	<b>2018-20</b>
<b>Family</b>	<b>Michelle Shuey</b>	<b>2018-20</b>
<b>Home and Garden</b>	<b>Tami Kinley</b>	<b>2018-20</b>
International	Open	
Literature	Mary Lou Malyska	2017-19
<b>Music</b>	<b>Lyn Vaux</b>	<b>2018-20</b>
<b>Religions and Spirituality</b>	<b>Jodi Brooks</b>	<b>2018-20</b>

Proposed Budget  
FY 2018-2019

August 18-July 19

Actual Proposed Budget

Income

Advertising Income

WC Sponsorship Advertising 3,000.00

Website Rental Advertising 2,000.00

Total Advertising Income 5,000.00

Investment Income 18,000.00

Membership Dues 24,000.00

Rental Income, net 80,000.00

Boiling Springs Cap Program 2,000.00

Family Department net 3,500.00

Ways & Means, net

Fundraiser 5,000.00

Favorite Doll High Tea 5,000.00

Flower Power Fundraiser 250.00

Total Ways & Means, net 10,250.00

Other Income

Mindful Meditation 600.00

Total Income 143,350.00

Expense

Committee Expenses

Historian Expenses 100.00

Hospitality Comm. Expenses 700.00

Membership Comm. Expenses 400.00

Public Relations Comm. Expenses 150.00

Total Committee Expenses 1,350.00

Community Service Donations 6,000.00

Department Expenses 0.00

Total Department Expenses 0.00

Proposed Budget, continued  
FY 2018-2019

	<b>Grounds</b>	
	Fall/Spring Cleanups	1,000.00
	Landscape Maintenance	600.00
	Lawn Maintenance	1,000.00
	Snow Removal	1,200.00
	Sprinkler System Maintenance	<u>200.00</u>
	<b>Total Grounds</b>	<u><b>4,000.00</b></u>
	<b>House</b>	
	Floor Maintenance	3,000.00
	Gutter cleaning	800.00
	Heating/cooling maint.	800.00
	House supplies	1,400.00
	Normal operations & fire safety	1,200.00
	Pest control	1,200.00
	Repairs & maintenance	6,000.00
	House Deep Cleaning	<u>3,000.00</u>
	<b>Total House</b>	<u><b>17,400.00</b></u>
	<b>Insurance</b>	28,000.00
	<b>Office Expenses</b>	2,500.00
	<b>Professional Fees</b>	
	Accounting	1,200.00
	Card Service Fees	500.00
	Web Host Fees	500.00
	Licenses & Permits	500.00
	Payroll Processing Fees	1,200.00
	Piano Tuning	500.00
	Portfolio Management	<u>400.00</u>
	<b>Total Professional Fees</b>	<u><b>4,800.00</b></u>
	<b>Salaries</b>	51,700.00
	Over regular hours	4,300.00
<b>Operations</b>	<b>Yearbook Expenses</b>	850.00
	<b>Signpost Expenses</b>	1,200.00
	<b>Telephone</b>	2,000.00
	<b>Utilities</b>	<u>30,000.00</u>
	<b>Total Expense</b>	<u><b>154,100.00</b></u>
		<u><b>-\$10,750.00</b></u>
	<b>Total net income</b>	<u><u><b>-\$10,750.00</b></u></u>



The new yoga session will begin March 29<sup>th</sup>.

Classes are every Wednesday from 9:30am - 10:45am. (Unless otherwise noted on the calendar.)

All levels welcome!

Please bring your own mat.

Members - \$80 for 8 sessions

Non-Members - \$100 for 8 sessions

Drop-In Rate - \$16/Class

You may call the office with any questions. 973-748-5459



The dance party fundraiser "She's A Brick House" held on March 9<sup>th</sup> had members dancing the night away!

Sponsored by the Family Department, Music with Molly is an interactive class that helps children develop a love of music at an early age. It is also a great way to spend time with your little one out of the house.

Classes are held on Mondays and are divided into three sessions:

Mixed Age Drop-In only class: 9:30 - 10:15am

Session 1: 1 - 4 year olds, 10:30 - 11:15am

Session 2: Newborn - 12 months, 11:30am - 12:15pm

The next session begins April 23<sup>rd</sup>.

Six week sessions cost:

Member: \$65/6 weeks; Sibling Rate: \$30/6 weeks

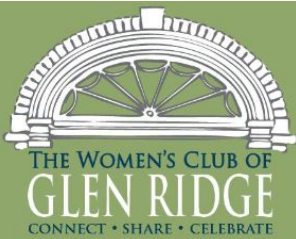
Non-members: \$90/6 weeks; Sibling Rate: \$36

Drop-In Rate Member: \$15; Drop-In Rate Non-member: \$20



Visit the Club's web site at [www.womensclubglenridge.com](http://www.womensclubglenridge.com) to register and for more information. Class size is limited.





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## ANNA KATARINA

Creative Arts Facilitator  
 Caregiver

- ★ Anna gives beautiful care to the individuals she is privileged to work with through:
- ★ Art: collages, painting, tryptichs, music, acting, creative writing, beading
- ★ Connecting to the individual's roots and cultural background
- ★ Reaching into the areas of the brain and spirit which joyfully reconnect to the inner wealth of creativity and the landscape of early memories



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 annak9396@gmail.com

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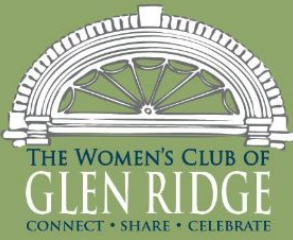
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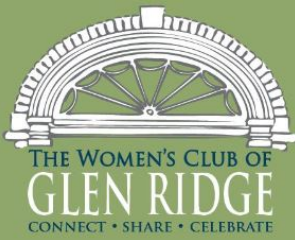
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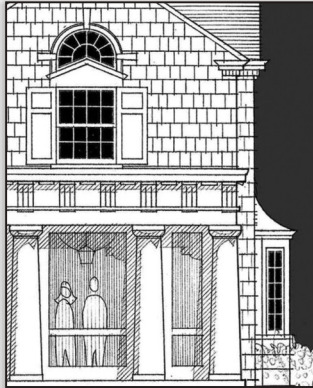
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