



### Confidential Patient Questionnaire

#### Patient Information

Title: Mr. \_\_\_ Mrs. \_\_\_ Ms. \_\_\_ Dr. \_\_\_ Today's Date: \_\_\_/\_\_\_/\_\_\_

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home #: (\_\_\_\_) \_\_\_\_\_ Work #: (\_\_\_\_) \_\_\_\_\_ Cell #: (\_\_\_\_) \_\_\_\_\_

Preferred: Home \_\_\_ Work \_\_\_ Cell \_\_\_ How do you prefer to be verbally addressed? \_\_\_\_\_

E-mail: \_\_\_\_\_ Sex: M-F Marital Status: S-M-D-W Age: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

How did you hear about Avail? \_\_\_\_\_

#### Employment Information

Employer & Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

#### Emergency Contact

Emergency Contact Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

#### Agreement and Release

I, the undersigned, certify that I (or my legal dependent) am financially responsible for all charges. I hereby authorize the provider to relate all information necessary to secure payment. I submit this information to being accurate and true to the best of my knowledge.

Patient/Legal Guardian: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

**Primary Complaint Form**

**Primary Complaint** (only one): \_\_\_\_\_

Additional Complaints: \_\_\_\_\_

**When did this begin?** \_\_\_\_\_ How did it begin? \_\_\_\_\_

**Pain Type:** Sharp \_\_\_ Stabbing \_\_\_ Dull \_\_\_ Achy \_\_\_ Sore \_\_\_ Weakness \_\_\_ Throbbing \_\_\_  
Burning \_\_\_ Tingling \_\_\_ Numb \_\_\_ Shooting \_\_\_ Constricting \_\_\_ Other \_\_\_\_\_

Other Symptoms? Please Describe: \_\_\_\_\_

**Severity:** 0 = No pain 10 = Worst Pain \_\_\_\_\_ (1-10) How often is the pain? (% of day) \_\_\_\_\_

Since starting, has your pain: Increased \_\_\_ Decreased \_\_\_ No Change \_\_\_ Varies \_\_\_

**What makes it worse?** Nothing \_\_\_ Walking \_\_\_ Sitting \_\_\_ Standing \_\_\_ Riding in a car \_\_\_  
Lifting \_\_\_ Bending \_\_\_ Stretching \_\_\_ Twisting \_\_\_ Other \_\_\_\_\_

**What makes it better?** Rest \_\_\_ Sitting \_\_\_ Standing \_\_\_ Meds \_\_\_ Ice/Heat \_\_\_ Other \_\_\_\_\_

When is it the worst? Morning \_\_\_ Afternoon \_\_\_ Evening \_\_\_ Night \_\_\_ Always \_\_\_

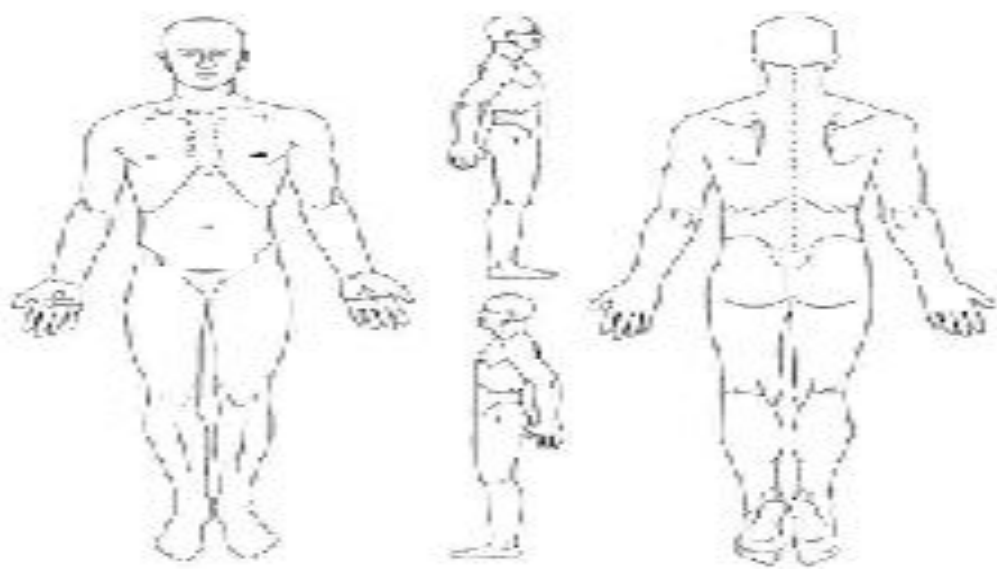
Has this affected your sleep? Yes \_\_\_ No \_\_\_ If "yes", please explain: \_\_\_\_\_

Any dizziness? Yes - No Fever or chills? Yes - No Change in bowel/bladder function? Yes - No

Does this affect your activities of daily living? No \_\_\_ Mildly \_\_\_ Moderately \_\_\_ Significantly \_\_\_

Does your work require you to: Sit (Hours:\_\_\_\_) Stand (Hours:\_\_\_\_) Lift Things (Light \_\_\_ Heavy \_\_\_)

Using the diagram below, please indicate where you are experiencing symptoms:  
N = Numbness B = Burning S = Sharp/Stabbing T = Tingling D = Dull/Achy O = Other (describe)



**Primary Complaint Continued**

Have you seen anyone for this condition? (MD, PT, DC, etc) Yes \_\_\_\_ No \_\_\_\_

Treatment type/imaging (X-ray, MRI)? \_\_\_\_\_

Findings on imaging: \_\_\_\_\_

If necessary for best treatment outcome, is it okay to contact your primary physician? Yes \_\_\_\_ No \_\_\_\_

Have you broken any bones? Yes \_\_\_\_ No \_\_\_\_ If yes, please explain \_\_\_\_\_

Do you take any non-prescription drugs? Aspirin \_\_\_\_ Tylenol \_\_\_\_ Ibuprofen \_\_\_\_ Other: \_\_\_\_\_

Please list any prescription medications: \_\_\_\_\_

Any allergies to drugs or other products? Yes \_\_\_\_ No \_\_\_\_ If yes, please explain \_\_\_\_\_

Hospital/Surgery History, please describe: \_\_\_\_\_

Do you smoke? Yes \_\_\_\_ No \_\_\_\_ Consume Alcohol? Yes \_\_\_\_ No \_\_\_\_ Exercise? Yes \_\_\_\_ No \_\_\_\_

Exercise Frequency: \_\_\_\_\_ times/week Exercise Intensity: Mild \_\_\_\_ Moderate \_\_\_\_ Intense \_\_\_\_

Exercise Routine (running, crossfit, etc.) \_\_\_\_\_

What do you like to do, but can't due to pain? \_\_\_\_\_

**Health History/Medical Conditions (check all that apply)**

AIDS/HIV	<input type="checkbox"/> Yes <input type="checkbox"/> No	Gout	<input type="checkbox"/> Yes <input type="checkbox"/> No	Pinched Nerve	<input type="checkbox"/> Yes <input type="checkbox"/> No
Allergies	<input type="checkbox"/> Yes <input type="checkbox"/> No	Heart Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	Polio	<input type="checkbox"/> Yes <input type="checkbox"/> No
Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	Hepatitis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Prostate Issues	<input type="checkbox"/> Yes <input type="checkbox"/> No
Arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Hernia	<input type="checkbox"/> Yes <input type="checkbox"/> No	Rheum. Arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No
Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	Herniated Disk	<input type="checkbox"/> Yes <input type="checkbox"/> No	Sinus Condition	<input type="checkbox"/> Yes <input type="checkbox"/> No
Backaches	<input type="checkbox"/> Yes <input type="checkbox"/> No	Migraine Headaches	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stroke	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	Other Headaches	<input type="checkbox"/> Yes <input type="checkbox"/> No	Thyroid Issues	<input type="checkbox"/> Yes <input type="checkbox"/> No
Concussion	<input type="checkbox"/> Yes <input type="checkbox"/> No	Multiple Sclerosis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Tuberculosis	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	Muscular Dystrophy	<input type="checkbox"/> Yes <input type="checkbox"/> No	Tumors	<input type="checkbox"/> Yes <input type="checkbox"/> No
Digestive Disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	Neuritis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Ulcers	<input type="checkbox"/> Yes <input type="checkbox"/> No
Dizziness/Vertigo	<input type="checkbox"/> Yes <input type="checkbox"/> No	Numbness	<input type="checkbox"/> Yes <input type="checkbox"/> No	Other	_____
Emphysema	<input type="checkbox"/> Yes <input type="checkbox"/> No	Osteoporosis	<input type="checkbox"/> Yes <input type="checkbox"/> No		_____
Epilepsy	<input type="checkbox"/> Yes <input type="checkbox"/> No	Pacemaker	<input type="checkbox"/> Yes <input type="checkbox"/> No		_____
Fractures	<input type="checkbox"/> Yes <input type="checkbox"/> No	Parkinson's Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No		

**Family History (check all that apply)**

Arthritis \_\_\_\_ Cancer \_\_\_\_ High Cholesterol \_\_\_\_ Diabetes \_\_\_\_ Heart Problems \_\_\_\_  
 High Blood Pressure \_\_\_\_ Psychiatric \_\_\_\_ Stroke \_\_\_\_ Thyroid \_\_\_\_ Other \_\_\_\_\_

Patient/Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_