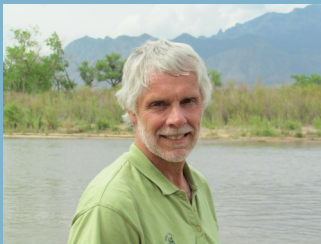


# Explore Contemplation and Spiritual Direction A Retreat Day of Learning and Prayer

*Jesus said to them: “Come apart into a deserted place and rest a while”*



*Description: Come join us for ‘a day apart’ coupled with an introduction to contemplation and spiritual direction. Leaders will explore with participants the nature of contemplation, the work of spiritual direction, and ways to deepen one's spiritual life. There will be opportunity for sharing with others, for learning and for questioning, all in an atmosphere of loving quiet. Gift yourself and someone else with this day of exploration.*



**Leaders:** *Mike Allwein is lead pastor at St. James Lutheran Church, Gettysburg, PA. Mike was ordained in 1980 and has served several congregations in south central Pennsylvania since then. Mike completed the Spiritual Direction for Spiritual Guides program with Oasis in 2003 and the Contemplative Living program in 2011.*

*Glenn Mitchell is Director of Oasis Ministries and a spiritual director living in Spring Mills, Pa. Glenn has been a leader with Oasis since 1996. Glenn is an ordained minister in the Church of the Brethren and was a pastor before his call to spiritual direction and Oasis.*



**Date:** Saturday, November 11, 2017

**Time:** 9:30am-3:30pm

**Where:** St. James Lutheran Church  
109 York St. Gettysburg, PA 17325

**Retreat Fee:** \$60 - \$85 (as you are able)

Please bring a bag lunch.



**Ministries for Spiritual Development**  
Drawing from the depths of spirit  
Contemplatively  
Actively

**Oasis Ministries for Spiritual Development**

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