

Hildegard von Bingen

A Reformer for Her Time, A Visionary for Today

Pilgrimage to Germany

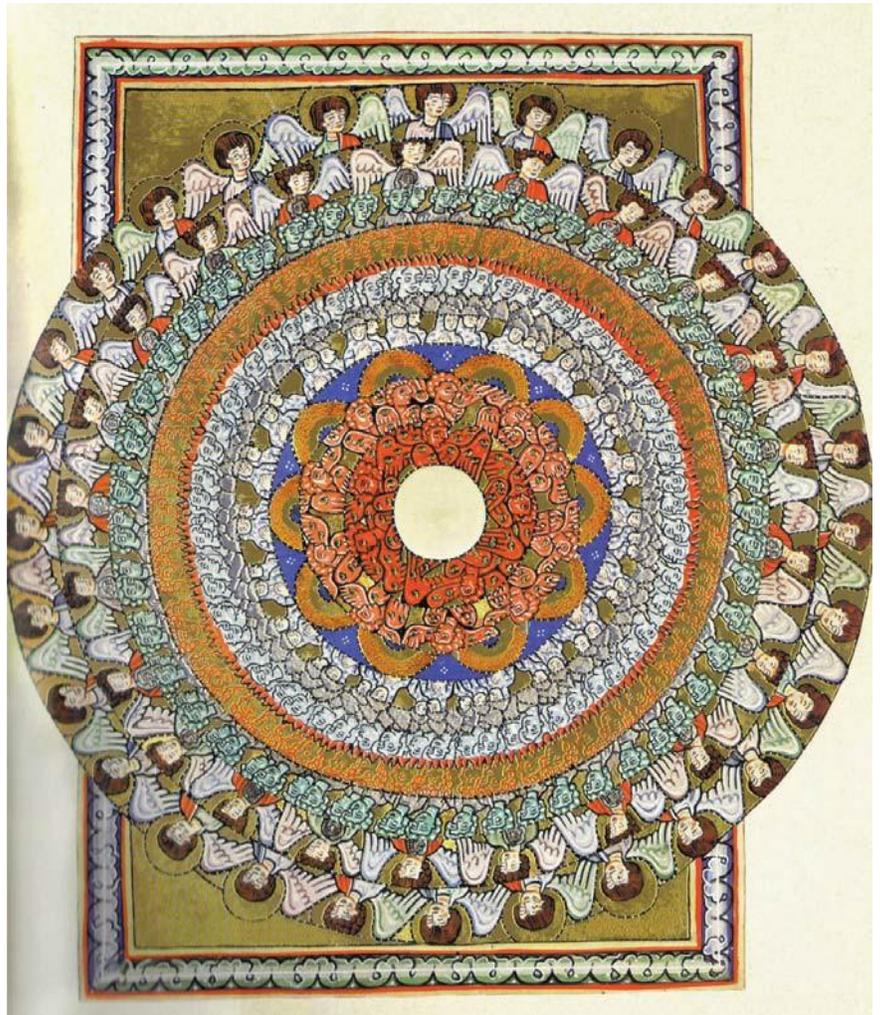
Sept. 9 –18, 2018

Hosted by: The Rev. Dale Selover &
The Rev. Dr. Kathleen L. Roney

Hildegard von Bingen was a universal genius and one of the most important women of Medieval times. As an abbess, she was highly educated in natural remedies and the healing arts. She also contributed numerous musical and theological works. She was admired and honored by the common people. At the same time, she was a counselor and an admonisher for the pope, emperor and bishops. Even today, more than 900 years after her birth, people still find her knowledge and lessons fascinating.

Discover the saint's message as you visit the "Land of Hildegard," located between the Rhine and Nahe rivers. Experience the culture, the natural landscape, attend meetings and savor unforgettable moments.

- Stay at the unique and cozy Hotel Rheingau in the lovely town of Bingen, birthplace of Hildegard, located at the confluence of the Rhine and Nahe Rivers. Hike the area surrounding this town, which had a central meaning in the life of Hildegard.
- Walk through the medieval Benedictine herb garden at Hildegard Form and mix your own marigold balm.
- Visit the gemstone mines and museum, connected to Hildegard's study of gemstones and their use for medical reasons.
- Enjoy visits to the nearby historical cities of Mainz, Worms and Heidelberg, including a cruise on the Rhine River.
- Join the celebration in Eibingen of the life of Hildegard on Sept. 17, the day of her death, including a visit to St. Hildegard Abbey.



Sunday, Sept. 9 **Departure**

Depart from Newark or JFK Airport this evening on a non-stop transatlantic flight to Frankfurt.

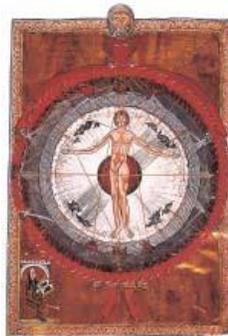
Monday, Sept. 10 **Arrival - Worms - Bingen**

The tour guide for the duration of the tour will welcome the group upon arrival at Frankfurt International. Travel to Mainz via a private, deluxe motor coach. Hildegard had close connections to the archbishops of Mainz and Heinrich I of Mainz played a significant role for her recognition as a prophetess. Tour St. Martin's Cathedral, built in the 8th century, towers over the city in all its might and grandeur. The coronation of seven kings took place at St. Martin's over the centuries. Visit the birthplace of printing, the Gutenberg Museum where the evolution of printing is documented. Gutenberg's first Bible is on display, as well as the world's tiniest Bible. Jon Gooseflesh, better known as Johannes Gutenberg is considered to be the most important individual contributor of the Second Millennium. Visit St. Stephen's Church, famous for its marvelous Chagall windows if time allows before continuing to Bingen for the night. D



Tuesday, Sept. 11 **Bingen**

This morning explore on a city tour the most important sites of Hildegard in Bingen: Museum am Strom - housing one of the largest Hildegard of Bingen exhibition. In fascinating models, the long destroyed Hildegard monasteries take shape again while impressive art works, precious originals (e.g. the first print of "Physica" of 1553) and elaborate graphics make her life and works vivid. Rupertsberg - around 1150, Hildegard of Bingen, along with 20 sisters, left the nuns' convent at the monastery on the Disibodenberg and founded her first monastery. During the Thirty Years' War, the monastery was destroyed. The ruins were from then on used by the convent as an agricultural estate. Visit the Rupertsberg cellar, located under Hildegard's Church in her Monastery. B, D



Wednesday, Sept. 12 **Herbal Medicine**

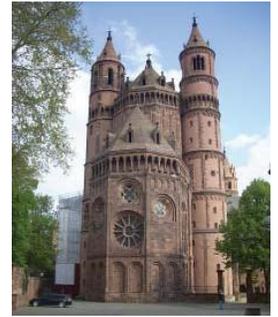
Hildegard von Bingen has described in her natural history "Physica" nearly 300 herbs, shrubs and trees with their (healthy) effect on the person. A skilled guidance initiates you into the secrets of this plant world. The guidance begins in the medieval Benedictine herb garden at Hildegard Forum. From there you continue to the Hildesgarden nearby the Museum am Strom. Your local guide shows and explains the herbs which heal back pains and rheumatic illnesses. At the end you may mix your own marigold balm. B, D



Thursday, Sept. 13 **Worms / Heidelberg**

Tour Worms this morning, thought to be one of the oldest towns in Germany. This is where Luther was summoned in 1521 to appear before an Imperial Diet to justify his conduct. Visit the world's largest Memorial to the Reformation and view the Church of the Holy Trinity, believed to be where the decisive hearing took place. Visit St. Peter's Cathedral, where Martin Luther was summoned by emperor Charles V to recant his teachings before the Diet of Worms in 1521, an historic assembly that was to change the history of Christianity. Behind the cathedral in the Heylshof Park a plaque on the ground marks the place where Luther made his brave declaration, "Here I stand and can do no other." The Luther Room in the Worms City Museum in St. Andrew's Col-

legiate houses a copy of a Luther Bible from 1521 with handwritten annotations by the reformer. Visit Europe's oldest Jewish cemetery, the Holy Sands and the former Jewish quarter with one of the best preserved medieval mikvahs in existence. After lunch on your own, continue to Heidelberg, a gorgeous town on the Neckar River. A walking tour includes the Old Town, the famous Stone Bridge over the Neckar River, the Heidelberg Castle (where the Heidelberg Confession was written in 1653), the Castle Church, German Apothecary Museum, and the Church of the Holy Ghost. In the late afternoon return to Bingen for dinner and overnight. B, D



Friday, Sept. 14 **Gemstones**

Following breakfast, drive into the "Land of Hildegard" along the "German Gem Road" to Idar-Oberstein. The city is also connected to Hildegard through the natural existence of the gemstones agate, jasper and rock crystal in the region. In "Physica", her comprehensive work on natural history, Hildegard dedicated an entire book to the gemstones and their use for medical reasons. In the gemstone mines, former dig sites can be visited, and in the "Historical Water Mill" ("Historische Weiherschleife"), a water mill for grinding the gemstones, the historical ways of processing are shown. You also visit the German Gemstone Museum. All types of gemstones can be admired here in more than 10,000 exhibits. You return to Bingen. B, D

Saturday, Sept. 15 **Hiking around Bingen**

Today, hike in the area surrounding of Bingen in the traces of Hildegard. Learn more about the cultural landscape which had a central meaning in the life of this mystic woman. Visit the Rochuskapelle, which became an important site for the devotion of Hildegard. B, D

Sunday, Sept. 16 **Rhine River cruise**

Today is dedicated to the mighty Rhine River which starts in the Swiss Alps in a small spring and crosses 5 European countries. One of the most impressive stretches is the Middle Rhine valley. Here, you sail past magnificent castles and the famous Loreley rock. You meet your tour guide again in Coblenz, where the Moselle River meets the Rhine River. After a city tour and lunch time, you return to Bingen. B, D



Monday, Sept. 17 **Eibingen - Abbey St. Hildegard**

Visit the parish church in Eibingen which was the abbey of Rupertsberg. Hildegard came here twice a week. Hildegard's relics as well as the Hildegardis Shrine are kept in the church. Since 1857, the Hildegardis Day with a ceremonial procession has taken place every year on 17 Sept., the day of Hildegard's death, where the relics are carried through the decorated streets of Eibingen. Visit the new abbey of Eibingen: St. Hildegard - it was not founded by Hildegard herself, but is seen as the subsequent monastery after the foundation of the Eibingen Monastery. The artful interior painting of the monastery church is considered as one of the most successful compositions of the "Beuron Art School", but unfortunately it has been partly whitewashed. Return to Bingen. B, D



Tuesday, Sept. 18 **Departure**

You are transferred to Frankfurt International airport for your flight home to the USA.

Tour Price: \$4,379 per person, based on sharing a double room

Single Room Supplement: \$195

Optional Group Travel Protection Plan (non-refundable): \$397 per person, covers up to \$5,000 in cancellation fees. Payment due with deposit for immediate cancellation coverage.

Payments: A \$500 per person deposit is due at time of registration. Final payment is due July 11, 2018.

This tour price reflects special group rates. Registrations with deposits received after June 1, 2018, will likely incur additional charges due to supplier contract terms.

Included:

- Round-trip airfare from Newark Liberty International Airport
- Accommodations at Hotel-Restaurant Rheingan
- Breakfast and dinner daily (B=Breakfast, D=Dinner)
- Sightseeing and entrance fees to sites listed in itinerary
- Services of English-speaking licensed guide
- Driver and transportation in air-conditioned motor coach
- Hotel service charges and local taxes
- Tips to drivers, guides and hotel staff
- Hotel porters
- Audio headsets

Not Included:

- Transportation from home to Newark Airport and return
- Passport fees
- Lunches and lunch tips
- Beverages with dinners
- Items of a personal nature
- Travel insurance (nonrefundable)

For more information, contact:

Rev. Dale Selover Froehke

dale.graceministries@gmail.com

Rev. Dr. Kathleen L. Roney

ravenbeads122@hotmail.com

Register on-line at: <http://www.cvent.com/d/vtq0kt>

Your Tour Hosts:

Rev. Dale Selover

Pastor Selover is an ordained minister in the Evangelical Lutheran Church in America. Over the span of nearly thirty years, she has served congregations in Budd Lake, Oldwick, and Kendall Park, New Jersey. Dale currently serves as the Director of Living in Grace Ministries, a spiritual direction and retreat ministry located in Princeton Junction, NJ. Dale received her training as a spiritual director from Oasis Ministries, where she currently serves as a co-teacher for Contemplative Leadership and as the chairperson of the Board of Directors.

Dale graduated from Gettysburg College and the Lutheran Theological Seminary at Gettysburg.



The Rev. Dr. Kathleen L. Roney

The Reverend Dr. Kathleen L. Roney has been an ordained American Baptist minister for 30 years, as well as a trained Spiritual Director. She is associated with the Iona community as regional coordinator for Family Groups in the mid-Atlantic region of the U.S. She has a Doctor of Ministry degree (DMin) in Spirituality from the Theological School of Drew University. Kathleen is very widely traveled and has led pilgrimages to many places throughout the world, including Iona for both Oasis Ministries and Kirkridge.



Your Tour Guide:

Bernhard Selig

Bernhard Selig, M.A. (born 1984), studied Cultural Sciences focused on religion, Business Administration, and theologies at the University of Bayreuth. He specialized in multi- and interreligious prayer/faith rooms, mysticism and pilgrimage in different religions and the relationship between sport and religion. Bernhard has been a tour guide for Biblical Tours since 2015. He guides American groups in the footsteps of Martin Luther, John Calvin and Huldrych Zwingli through Germany, France and Switzerland. Furthermore, he also guides in Great Britain and Ireland.



Travel Arrangements by:
Raptim Humanitarian Travel
116 Lake Street
Ephrata, PA 17522
Tel: (800) 874-9330
E-mail: tours.us@raptim.org

Tour Features and Conditions

Please read all Tour Features and Conditions carefully. Payment of tour deposit constitutes acceptance of these conditions.

Air Transportation: Air transportation is restricted to the services of any IATA carrier, in economy class based on nonrefundable fare. Travelers are responsible to provide their names as they appear in their passport. Ticketing will be made 30-45 days prior to departure, after which there will be a charge for name corrections. Tour price includes current airline taxes and fuel surcharges, which are subject to change until ticketed. Tour participants are responsible for any increase in airline taxes or fuel surcharges imposed by the airline.

Seat Assignments: Raptim Humanitarian Travel notes specific seat assignments as requested by tour members and submits them to the airline. However, the airline makes the actual assignments; there is no guarantee that all requests will be honored. Any changes should be requested at check-in by the traveler. Please advise your travel consultant of any special seating needs due to health or mobility, or note under "Airline Seat Request" when registering.

Accommodations: Based on two or more persons sharing a room in accommodations listed in itinerary, or similar. Single rooms are subject to availability at an additional charge. If a passenger cannot supply a roommate, the passenger is responsible for the additional charge.

Meals: In-flight meals and snacks are served according to airline policy. Breakfast and dinner will be provided daily.

Transfers and Baggage: Group transfers between airports and hotels upon arrival and departure are included in the tour price, including handling of one medium-sized suitcase per person, not exceeding 62 dimensional inches (length plus width plus height) or weighing more than a maximum of 50 pounds. Due to limited luggage storage space on motor coaches, it is important that each person bring only ONE piece of checked baggage. In addition, a flight bag or overnight case may be taken, which must be handled by the passenger at all times. Baggage allowance is subject to change according to airline policy.

Sightseeing and Entrance Fees: Are included as indicated in itinerary, using private motor coach or other conveyance, with local guides where necessary.

Tips and Taxes: Service charges and taxes on accommodations and tips to guides, drivers, and hotel staff are included. Tips for lunches and personal services are not included.

Not Included: Lunches and lunch tips, beverages with dinners, passport fee, travel protection plan, checked baggage fees, and expenses of a purely personal nature are not included. Transportation from your home to departure city and return is not included.

Deposit and Payment: Reservations may be secured prior to June 1, 2018, with a deposit payment of \$500 per person at time of registration. You will be invoiced for final payment, which is due July 11, 2018.

Raptim Cancellation Conditions: The cancellation conditions outlined below apply to all passenger initiated cancellations. Should circumstances require that the passenger cancel, written notice of cancellation must be received by Raptim Humanitarian Travel a minimum of 100 days prior to departure to secure any refund of deposit funds.

- From date of deposit to and including June 1, 2018: \$100 per person service fee applies (Exception: When tour is cancelled by the tour host within this time period, a \$35 per person service fee will apply.)
- From June 2, 2018 to and including July 11, 2018: Full deposit is forfeited (\$500 per person) plus any unrecoverable fees
- After July 11, 2018: No refund

Cancellation policies apply when cancellation occurs for any reason. There is no refund for any unused services or portion of the tour package.

Protect Your Investment: Group travel protection coverage is available to cover medical expenses (primary coverage), medical evacuation & repatriation, trip cancellation/interruption, trip delay, baggage and personal effects loss and baggage delay. A pre-existing condition exclusion waiver is available if coverage is purchased up to and including time of final payment. Further information can be found on the Travel Insurance tab of the tour registration website or by contacting your Raptim consultant.

Passport, Visa & Health Requirements: A valid passport is required. If you do not have a passport, you should apply for one immediately. Information on obtaining or renewing a U.S. passport can be found at <http://travel.state.gov>. If you now have a passport, please verify that it is valid until March 18, 2019. A visa for Germany is not required for U.S. citizens. Non-U.S. citizens are responsible to fulfill entry requirements for countries to be visited by contacting the appropriate consulates. No inoculations are required, but please check with your physician for his recommendation.

Rates & Fares Information: Rates are based on a minimum of 22 persons traveling together. Fewer tour participants will result in a price increase. The quoted tour price is based on the current rate of exchange. Fluctuation in the foreign exchange rate can result in price increase.

Deviations: Any individual making a change in travel arrangements apart from this group program will be charged a service fee of \$100 per person, plus any additional air or land costs incurred. If you choose to make your own travel arrangements (not through Raptim Humanitarian Travel), we are not responsible for any charges or cancellation fees you may incur at any time.

Tour Operator Itinerary Changes: The itinerary as outlined is an indication of sequence and sites to be included in the tour program. However, the tour operator reserves the right to alter or change the itinerary and/or the sites included should it be deemed necessary due to local conditions, time restrictions, or other circumstances.

Traveler Safety: In the ever-changing world situation, Raptim Humanitarian Travel recommends personal monitoring of news about your destination. For the latest country information from the U.S. Dept. of State, please visit <http://www.state.gov/travel/>.

Frequent Flyer Miles: If you have a frequent flyer account, it is your responsibility to see that your miles are credited to your account. We advise that you take your frequent flyer card with you to show to the airline agent at check in. Always retain your boarding passes until you check your mileage account after your travel.

Disabilities: Guests with disabilities or dietary restrictions should inquire prior to registration about whether their needs can be accommodated.

Responsibility

Raptim Humanitarian Travel, and their employees, agents, officers, shareholders and staff act only as independent third parties to connect customers with the various companies whose accommodations are utilized. Raptim Humanitarian Travel, its employees, agents, officers, shareholders and staff assume no responsibility or liability in connection with the services of any train, vessel, carriage, automobile, airplane or other conveyance, anticipated to be used or which is used, either wholly or in part, in any travels. Raptim Humanitarian Travel, its employees, agents, officers, shareholders and staff are not and will not be responsible and the passenger fully releases Raptim Humanitarian Travel, its employees, agents, officers, shareholders and staff for and from any act, error or omission, or any resulting expense or any injury to person or property (including death), other loss, accident, or any delays which may be occasioned, by reason of defect in any vehicle or through neglect or default of any company or persons engaged in the conveying of passengers including but not limited to any steamer, airplane services or that of any other conveyance, or through any sickness, accident, weather, strikes, war, quarantine or other causes, and all such losses, injury and expenses must be and will be borne solely by the passenger.

Prices and schedules appearing in this brochure are based on current schedules and tariff rates and are subject to change without notice. The tour operator reserves the right to modify the itinerary where deemed necessary or caused by changes in air or other schedules. The airlines and/or other transportation companies concerned are not to be held responsible for any act, omission or event during the time passengers are not aboard their plane or conveyance. The passage contract in use by the airlines concerned, when issued, shall constitute the sole contract between the airlines and purchaser of tours and/or the passenger.

Reservation Form
Hildegard von Bingenm A Reformer for Her Time, A Visionary for Today
September 9–18, 2018

Hosted by: Rev. Dale Selover Froehle & Rev. Dr. Kathleen L. Roney

Electronic Registration is available at: <http://www.cvent.com/d/svqxc4>

Please complete and mail this form, along with your deposit of \$500 per person (checks payable to Raptim Humanitarian Travel) to Raptim Humanitarian Travel, 116 Lake Street., Ephrata, PA 17522 or complete the credit card payment information below.

(Please Print)

PARTICIPANT INFORMATION (AS IT APPEARS ON PASSPORT)		
Name 1		
Nickname for Badge		
Address		
City	State	Zip
Phone (days)	Phone (cell)	
Email		
Emergency Contact Name		
Emergency Contact Phone		
Passport #		
Exp. Date	Birthdate	
Please provide a clear copy of your passport. Make sure your passport is valid beyond March 18, 2019.		
FLIGHT INFORMATION		
United Frequent Flyer #		
Special Dietary Requirements		
Airline Seat Requests		
Do you need connecting flights to Newark? Yes <input type="checkbox"/> No <input type="checkbox"/>		From where?
ROOM TYPE		
<input type="checkbox"/> Twin <input type="checkbox"/> Double <input type="checkbox"/> Single I need a roommate <input type="checkbox"/> Yes <input type="checkbox"/> No		
My roommate's name is:		
TRAVEL PROTECTION PLAN THROUGH TRAVELEX INSURANCE SERVICES (PAYABLE WITH DEPOSIT)		
<input type="checkbox"/> \$397 per person, nonrefundable, covers up to \$5,000 in cancellation fees		
<input type="checkbox"/> No, I decline the insurance		
CREDIT CARD INFORMATION		
Name on Card		
Card Number		
Exp.	CVV	
Amount to Charge (Deposit + Insurance x # of participants) = \$		
<input type="checkbox"/> Mastercard <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> American Express		
Signature:		

PARTICIPANT INFORMATION (AS IT APPEARS ON PASSPORT)		
Name 2		
Nickname for Badge		
Address		
City	State	Zip
Phone (days)	Phone (cell)	
Email		
Emergency Contact Name		
Emergency Contact Phone		
Passport #		
Exp. Date	Birthdate	
Please provide a clear copy of your passport. Make sure your passport is valid beyond March 18, 2019.		
FLIGHT INFORMATION		
United Frequent Flyer #		
Special Dietary Requirements		
Airline Seat Requests		
Do you need connecting flights to Newark? Yes <input type="checkbox"/> No <input type="checkbox"/>		From where?
ROOM TYPE		
<input type="checkbox"/> Twin <input type="checkbox"/> Double <input type="checkbox"/> Double I need a roommate <input type="checkbox"/> Yes <input type="checkbox"/> No		
My roommate's name is:		
TRAVEL PROTECTION PLAN THROUGH TRAVELEX INSURANCE SERVICES (PAYABLE WITH DEPOSIT)		
<input type="checkbox"/> \$397 per person, nonrefundable, covers up to \$5,000 in cancellation fees		
<input type="checkbox"/> No, I decline the insurance		
CREDIT CARD INFORMATION		
Name on Card		
Card Number		
Exp.	CVV	
Amount to Charge (Deposit + Insurance x # of participants) = \$		
<input type="checkbox"/> Mastercard <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> American Express		
Signature:		

I have read the Tour Features and Conditions for this tour and agree to the terms listed therein. I understand that the airline tickets or air tours I am purchasing are subject to supplemental price increases after the date of deposit due to additional charges imposed by a supplier or government. I acknowledge that I may be charged additional sums by Raptim Humanitarian Travel to offset increased fees, fuel surcharges, taxes, and fluctuations in foreign exchange markets or any combination thereof. I hereby consent to any post-purchase price increases. Raptim Humanitarian Travel has offered the option of purchasing travel insurance, and I take full responsibility for my decision to purchase or not.

Signature: _____

Checking the box above and signature are both required in the processing of the registration of this tour.