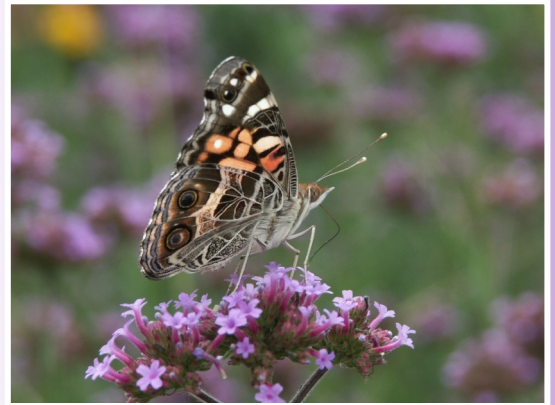


The Contemplative Art of Watching Butterflies



Description: *Teresa Knipper, Spiritual Director, Master Gardener and intuitive art teacher will offer this day long program about **The Contemplative Art of Watching Butterflies**. The program will include instruction on the best plants to use to attract butterflies to your home garden, tips on viewing and photographing butterflies, suggestions on field guides and garden information and also ample time to settle inward and discover the significance of butterflies in your own personal journey through private prayer time journaling and art experience. The day will also include walks to view butterflies in the Mercer Educational Gardens. Please dress for the outdoors with sturdy shoes, hat, insect repellent and sunscreen if you use, and bring water and lunch.*



Leader: *Teresa Knipper received her certification in Spiritual Direction from the Upper Room Spiritual Center in Neptune NJ in 2012. She has a practice of Spiritual Direction in her home parish of St. Paul of Princeton. She also volunteers in the garden therapy and retreat programs at Cranleith Spiritual Center in Philadelphia, PA. Teresa loves inspiring home owners to create space for wildlife in their own gardens. Teresa finds God in the most densely populated state in the United States by seeking the wild places that are still there if you seek- even in New Jersey! More information about her art and spirituality programs can be found at artandsoul.us.*

Date: Saturday, June 9, 2018

Time: 9:30am-3:30pm

Where: Mercer Educational Gardens 431A Federal City Road, Pennington, NJ 08534

Retreat Fee: \$60- \$85 (as you are able) See above for things to bring.



Ministries for Spiritual Development
Drawing from the depths of spirit
Contemplatively
Actively

Oasis Ministries for Spiritual Development

419 Deerfield Road Camp Hill, Pa 17011

(717) 737-8222 | www.oasismin.org

Email: oasis@oasismin.org