



Mt. Morris Senior Center Newsletter

April— —May 2018

mmseniorcenter.com



Thank you

Thanks to everyone who supported our Fish Fry and Garage sale fundraiser. A special thanks to Rod & Jan Avey for cooking the fish and all the workers that made it a success.

The Senior Center will be closed:

May 28, Memorial Day



Jam Session

If you play an instrument or sing, or just come and listen to the music. Join us for our Jam session on April 25 and May 23rd at 10:30 am, if you are hungry a lunch for \$3 will be served at noon.

Bingo & Birthday Party



April 18, 2018

Bingo Free 10:30

Lunch 11:30 \$6

Menu: Ham, Cheesy Potatoes, Green Beans, Cake & Ice Cream



May 16, 2018

Bingo Free 10:30

Lunch 11:30 \$6

Menu: Fish, Baked Potato, Salad, Cake & Ice Cream

Monthly Potluck

Bring a friend or neighbor and join us for our monthly potluck. Please bring a dish to pass and your own table service.

April 20th Time 5:30 pm

Host for April : Kayla Haub



Program: Baseball. Wear your favorite team colors

May 18th 5:30pm

Host for May: Betty Sorensen

Grocery Delivery

A service for older adults and the disabled for home delivered grocery service. Here's how it works, you, the client call Sullivan's Food (815-734-6868) and set up an account. Place your order on Wednesday, and the senior center will deliver your bags of groceries on Thursday morning around 9am.

If you have any questions call us at 815-734-6335.



Free Lunch

Mark your calendars for our Free Lunch:

Tuesday April 10th.

Tuesday May 22nd

Time: 11:00-1:00!

Hope you can join us.

New/Renewed Membership

Genevieve Satterfield, Kathryn Knutti, Marilyn Smith, Barbara Hansen, Anna Millhouse, Maribelle Gersey, Marilyn Melvin, Lorna Snapp, Thelma Messer, Mary Kahly, Deloris Fair, Francis Vaughn, Elaine Sweet & John & Marilyn Pazera. Life member donation Wilma Hongsermeir.

Your continued support is very much appreciated.

Thank you for the memorials for Howard Heid

Carol LaBudde, Robert & Karen Urish, Richard & Julie Robinson, Marcia Sterenberg, Gretchen Diab, Edward & Molly Baker, Michael & Brenda Anderson, Monte & Judy Nixon, Barbara Wells, Elaine Sweet, Joyce Groenhagen, Jack & Brenda Hayden, Pat & Larry Clausen, Jerry & Anne Knodle, Jamie & Eme Haas, Don & Betty Sorensen and Fran Baker.

Thank you for the memorials for Nancy Hagemann

Forrest & Pamela Floto, Ruth Joan Willis, Elaine Sweet, Roberta (BJ) Brandon, Barbara Horner, Pat Miller, Edmund & Lynette Williams, Juanita Miller, Gretchen Diab, Marcia Sterenberg, Alice Hagemann, and Richard & Julie Robinson.

Lifescape Community Meals: For home delivery meals call 800-779-1189

Lunch Bunch

April 6. Pinecricker in Polo.

May 4th, Hector's Cocina at Conover Square.

Please call us at 815-734-6335 by April 4th and May 2nd so we can make reservation. We will car-pool from the Senior Center at 10:30.

C.A.S.T.

C.A.S.T. stands for Chana And Seniors Together. We had a great time at our first meeting in March, so students from the Chana Education Center will join us for snacks, fun, and games at the Mt Morris Senior Center on Tuesday April 3rd. If you would like to join this awesome partnership please bring your favorite board game. We will start at noon, and we will love for you to join us. Call us at 815-734-6335 if you have any questions.

New Medicare Cards are coming 2018

New cards will automatically come to you in the mail. This has been put in place to remove all Social Security numbers from your cards for your identity protection. There will be no gender and no signature line on new cards and the cards will arrive in an HHS envelope.

Please be aware no one will call you for your information. If you receive a call about your new Medicare Card, IT IS A SCAM !!!!

New cards will start being mailed in April of 2018 and all will be replaced by April of 2019, so watch your mail, and shred your old Medicare Card as soon as you get your new one. If you do not have access to a shredder, bring your old card to Mt. Morris Senior Center and we will shred them for you.

Here is some new activities we are planning for April and May

Call us at 815-734-6335 to reserve your spot, so we can plan on how much food or supplies we need.

Thursday, April 12th is National Grilled Cheese Lunch: We will be serving a gourmet grilled cheese lunch and all the fixings for \$5. Brownies for dessert.

If you have a knack for trivia, then grab some friends & come on down!



**Monday, April 16th at 6:00 pm
at the Mt. Morris Senior Center!**

9 East Front Street, Mt. Morris

- Play on teams of 3.
- All participants must be age 50 or older.
- Play 4 rounds of 5 trivia questions.
- Trivia Questions can be from any of the following categories: Entertainment, Sports, Geography, Arts & Literature, and Science & Nature.
- The Local 1st Place Winners will advance to the Regional Competition.
- The Regional 1st Place Winners will advance to the State Competition, held at the Illinois State Fair on Senior Day—Monday, August 13th.

**For more information or to sign up, contact:
Melissa Nicholson, Mt. Morris Senior Center
at 815-734-6335 or mmsrcenter@gmail.com.**

Mt. Morris Senior Center



**Meet at the location listed below
at 9:00 am each day or at the Senior
Center at 8:30 am to carpool.**

May 8—LOMC

June 12—White Pines State Park

July 10—Castle Rock State Park

August 14—Lowden State Park

September 11—Camp Emmaus

October 9—Stronghold

Come walk with us!

April 23 is National Picnic Day. We will be having a potluck picnic lunch at White Pines State Park. We will be inviting the students from Chana to join us for the fun opportunity.

Thursday May 10, 6pm Spelling Bee. The state has decided not to hold a senior spelling bee, so we will hold our own local bee. If you would like to participate in thi competition please register by calling 815-734-6335.

Tuesday, May 15, 5pm, International Day of Families. We will be showing a family-friendly movie . We will serve pizza and dessert for \$5. Please call 815-734-6335 to save your place.

Wednesday May 16, Spring Tree Craft, 2pm. We will make a recycled spring tree canvases. Cost \$10 which included all supplies. Please call 815-734-6335 so we know how many to plan for.

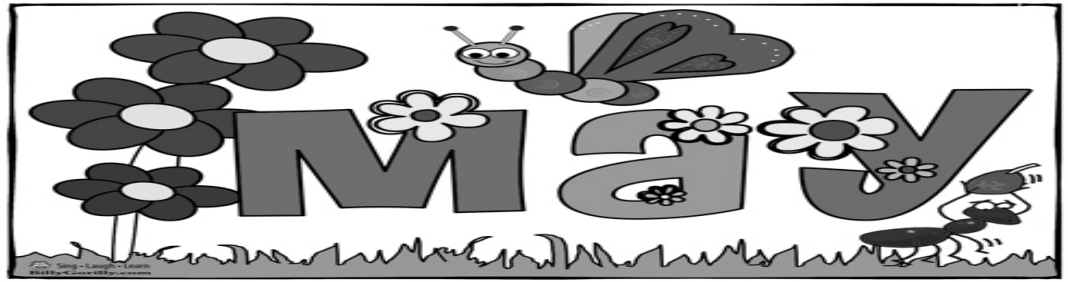
Monday, May 21, 1pm, World Baking Day. The senior center will provide the basics (flour, sugar, butter, and vanilla) bring any other ingredients you need to bake your favorite cookies and we will have an afternoon of fun!

Mt. Morris Senior Center
 9 East Front St.
 Mt. Morris, Il. 61054
 Phone: 815-74-6335



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Easter AA Mtg. 7 pm	2 Fitness Class 9-10 Hand & Foot 12:30 pm	3 C.A.S.T. 12 pm Euchre 12:30	4 Fitness Class 9-10 am Biscuits & Gravy 8-10:00 Ship 1-3 pm	5 Mexican Train 12:30	6 Fitness Class 9-10 Lunch Bunch 10:30 Pinecricker, Polo	7
8 AA Mtg. 7 pm	9 Fitness Class 9-10 am Hand & Foot 12:30	10 Free Lunch 11am-1 pm Euchre 12:30	11 Fitness Class 9-10 am Biscuits & Gravy 8-10:00 Ship 1-3 pm	12 Noon Gourmet Grilled Cheese Lunch Mex. Train 12:30 American Legion 7pm	13 Fitness Class 9-10 am	14
15 AA Mtg. 7 pm	16 Fit. Class 9-10 am Hand Foot 12:30 Brain Games 6pm	17 Euchre 12:30	18 Fit Class 9-10 Biscuits & Gravy 8-10:00 Free Bingo 10:30 B/Lunch 11:30 Bridge 1 pm Ship 1-3 pm	19 MMSC Board Mtg. 8:30 am Mexican Train 12:30	20 Fitness Class 9-10am Potluck 5:30	21
22 AA Mtg. 7 pm	23 Fit. Class 9- 10 Hand & Foot 12:30	24 Euchre 12:30	25 Fit. Class 9-10 Biscuits & Gravy 8- 10:00 Jam Session 10:30 Lunch 12 Ship 1-3 pm Bridge 1 pm	26 Mexican Train 12:30	27 Fitness Class 9-10am	28 Spring Bazaar 10-2pm
29 AA Mtg. 7 pm	30					

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Euchre 12:30	2 Fit. Class 9-10 Biscuits & Gravy 8-10:00 Ship 1-3 pm Bridge 1 pm	3 Eat Smart 10am Mexican Train 12:30	4 Fit. Class 9-10 Lunch Bunch 10:30 Hector's Cocina	5
6 AA Mtg. 7 pm	7 Fitness Class 9-10 am Hand & Foot 12:30	8 Walking Club 9am Euchre 12:30	9 Fit. Class 9-10 Biscuits & Gravy 8-10 am Ship 1-3 pm Bridge 1 pm	10 Eat Smart 10am Mex. Train 12:30 Spelling Bee 6pm American Legion 7 pm	11 Fitness Class 9-10 am	12
13 AA Mtg. 7 pm	14 Fitness Class 9-10 am Hand & Foot 12:30	15 Euchre 12:30 Movie & Pizza \$5 5pm	16 Fit. Class 9-10 Biscuits & Gravy 8-10 am Free Bingo 10:30 B/Lunch 1:30 Ship 1-3 Bridge 1 pm Spring Tree Craft 2pm	17 MMSC Board Mtg. 8:30 Mexican Train 12:30	18 Fitness Class 9-10 am Potluck 5:30	19
20 AA Mtg. 7 pm	21 Fitness Class 9-10 am Hand & Foot 12:30 Baking Day 2pm	22 Free Lunch 11am-1pm Euchre 12:30	23 Fit. Class 9-10 Biscuits & Gravy 8-10 Jam Session 10:30 Lunch 12 Ship 1-3 Bridge 1	24 Eat Smart 10am Mexican Train 12:30	25 Fitness Class 9-10am	26
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Take Me Out to the Ballgame

The Mount Morris Senior Center is taking a trip on Tuesday, June 5th to see the Rockford Rivets baseball team. Tickets are \$30 for members and \$35 for non-members. Tickets include reserved seating, **all you can eat** hot dogs, hamburgers, brats, chips, & soft drink from 10 am until 2 hours after the first pitch. We will meet at the Mt. Morris Senior Center and car pool up to the game. We will leave the Senior Center by 9:00 am. All ages welcome.

Please RSVP no later than May 25th by calling 815-734-6335 or stopping in the Senior Center office. Volunteers for carpool drivers are also needed. We may also be able to reserve a Rock River Center bus if needed.



4503 Interstate Blvd
Loves Park, IL 61111

Tuesday June 5th

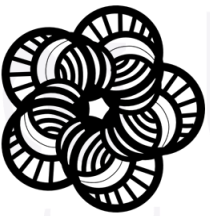
**Leave Senior Center: 9:00
a.m.**

\$30 members

\$35 non members

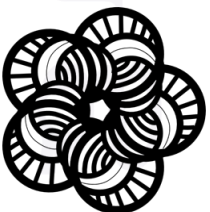
Springs Bazaar

at the Mt. Morris Senior Center!



April 28, 2018

10:00 am-2:00 pm



9 East Front Street, Mt. Morris, IL

Tupperware, 31, Tastefully Simple, Makeup Eraser, Mary Kay, Lu La Roe, Pampered Chef, doTERRA, Norwex, Plexus, Wine At Home, Wreaths, Vinyl Projects, Crochet Crafts, Bake Sale, and more!

Head right around the corner to the Campus Café for lunch!

Space is still available. Call Melissa to reserve a table at 815-734-6335

**You Are Invited
To Join Us For...**



Eat Smart, Live Strong

Eat Smart, Live Strong is an education program for older adults focusing on fruits, vegetables, and low fat eating. There will be a healthy recipe prepared each week to sample, and you can even bring your own recipes to learn how to adapt them to be more healthy. Mary Beth Christen from the University of Illinois Extension will be teaching this class.

Where: Mt. Morris Senior Center (9 E. Front Street)

Time: 10:00 am

Dates: May 3, May 10, May 24, and May 31

**Advance registration is necessary, so please call
815-734-6335 today to reserve your spot!**

Do You Qualify for Extra Help with your Prescription Drug Cost? The Mt. Morris Senior Center can help!

Extra Help, the federal assistance program that helps individuals with limited finances pay for their Medicare prescription drug costs. You may qualify for Extra Help if...

- In 2016, individuals who receive \$1,485 or less each month and have \$13,640 or less in assets should qualify for Extra Help.
- In 2016, couples who receives \$2,003 or less each month and have \$27,250 or less in assets should qualify for Extra Help.

If you have Medicaid, a Medicare Savings Program or you receive Supplemental Security Income (SSI), you should get Extra Help automatically. If you do not get Extra Help automatically, or think you may qualify, call the Mt. Morris Senior Center to make an appointment, 815-734-6335.

AmazonSmile is an easy way to give to our Senior Center!

On your first visit to **AmazonSmile** (smile.amazon.com), you are prompted to select a charitable organization from the list of eligible organizations. You can change your selection at any time. To change your charitable organization sign in to smile.amazon.com on your desktop or mobile phone browser.

Directions:

1. Sign in to smile.amazon.com on your desktop or mobile phone browser.
2. From your desktop, go to **Your Account** from the navigation at the top of the page, and then select the option to **Change your Charity** under “Shopping, Programs & Rentals”, at the bottom of the page.
3. Type Mount Morris Senior Center in the **Search** box. Select Mount Morris Senior Center. 0.5% of the purchase will automatically go to our center.

Tell your family, friends and neighbors to choose Mount Morris Senior Center as their preferred charity.

Do you qualify for a License Plate discount?

You may qualify if:

- You are 65 years or older by December 31, 2017 or 16 years of age or older and totally disabled before January 1 2018 and a current Illinois resident.
- Total income last year must be less the \$27,610 for a 1 person household (yourself only) * \$36,635 for a 2 person household (yourself and your spouse, or yourself and one Qualified Additional Resident). *\$45,657 for a 3 person household (yourself, your spouse and one Qualified Additional Resident, or yourself and two Qualified Additional Residents).
- If you meet these requirements call 815-+734-6335 to set up an appointment.

Are you turning 65?

Do you need help understanding

Medicare A, B, C, & D

The Mt. Morris Senior Center can help! Call 815-734-6335 to make an appointment with one of our trained certified councilors.

Annual Level of Giving

Seniors on the Move,

Membership per individual

Caring,

Supporting- — - - - - - - - \$25

Sharing,

Contributing- - - - - - - - \$35

& Serving

Sustaining- - - - - - - - \$50

Sponsor per individual- - - \$100

Or Organization

Make check payable to Mt. Morris Senior Center

Life membership levels

Silver- - - - - - - - \$500

Gold- - - - - - - - \$1000

Circle of Friends Support

Name _____

Address _____

Phone _____

Spouse _____

Amount of gift _____

Would you like to receive the Newsletter. Yes _____ No _____

The above levels of giving is a suggestion, any support given is very welcome and appreciated. All gifts are tax deductible to the limit the law allows.

Date of application:

Date entered in system:

Mt. Morris Senior Citizens Council, Inc.
9 East Front St.
Mt. Morris, Il. 61054
Phone: 815-734-6335
Fax: 815-734-4665

Non Profit Org.
US Postage Paid
Permit #32

Return Service Requested

Please Notice This

Newsletter



If you have moved or are going away for several months, or don't want to receive our newsletter please let us know. We need your correct address other wise we will get your letter back and have to pay postage again. We can always e-mail the newsletter to you so you won't miss out on what's going on at the senior center.

Need Transportation: Call Rock River Center:
815-732-3252 or 800-541-5479

Or

Lots (Lee-Ogle Transportation)
815-288-2117 nor 888-239-9228