



Mt. Morris Senior Center Newsletter

June—July 2018

mmseniorcenter.com



Friday Night Concert

June 1st, 2018

We will be serving Pulled Pork Sandwiches, Hot Dogs, Coleslaw, Baked Beans, Chips, Dilly Bars, Soda & Water.

Please come and support our booth and listen to the Jimmies.

Jam Session

Bring your instruments or voice or just listen to the music on June 27 & July 25 at 10:30 am. There will be a lunch served at 12 noon for \$3.

Bingo & Birthday Party

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPACE	46	74
2	28	37	55	68
10	27	39	59	75

June 20, 2018

Bingo Free 10:30 am

Lunch 11:30 \$6

Menu: Pulled Pork, Chips, Pasta Salad, Cake & Ice Cream

RSVP by June 18



July 18, 2018

Bingo Free 10:30 am

Lunch 11:30 am \$6

Menu: Grilled Hot Dogs, Baked Beans, Potato Salad, Cake & Ice Cream

RSVP by July 16

Mind-Body-Spirit Massage Therapy

Diana Harshman will be giving 10 minutes chair massages on June 4 and July 2.

Time: 10:30 Cost: \$10

Please call the senior center to sign up for your massage.

815-734-6335

Hand Massages

Crista Brooner from doTERRA essential oils will be doing FREE aromatoach hand massages.

June 11 and July 16 beginning at 10:30am.

Call for an appointment today!!

815-734-6335

The Senior Center will be closed Wednesday July 4th.



Monthly Potluck

Bring a friend or neighbor and join us for our monthly potluck. Please bring a dish to pass or a donation and your own table service.

June 15, 2018 5:30 pm

Host: Johna Templin

Program: Honey Bees Good Apiaries by Carol Cline

There will be no potluck in July.



New/Renewed Membership

Steve Duncan, Stanley & Angie Burke, Roger Thorngren, Carolyn Janatka, Janet Lawrence, Linda Swisher, Betty Sorensen, Sharon Davis, Brenda Hayden, Dale & Carol Collins, Judi DeKoning, Jamie & Shirley Smith, Dorthy Randecker, Forrest & Pam Floto, Robert & Leona Groenhagen & Fran Baker.



Janis Bearman:

Stanley & Angie Burke,
Elmars & Marion Kalnins,
Sandra Nordman, Brenda
Baal & Lisa James.

Nancy Hageman

Jack & Brenda Hayden

Mark Your Calanders

Chair Massages by Diana Harshman 10 minutes \$10

Flag Day Ceremony June 14, 11 am Lunch 11:30 am

Hand Massages June 11 & July 16

Picnic at Dillehay June 18, 11 am.

Pecan Pie Day Class, July 12, 2pm \$10

Noon Ice Cream Sundaes July 16

AARP Drivers Class July 18 & 19, 12-4 pm \$

Int. Day of Friendship, Cheesecake & Tea 1 pm

Please call the center 815-734-6335 to sign up for these activities.



For everyone who attended our Spring Bazaar and the Vendors who took time out for us, so we could shop in one location. Thanks to all our bakers who donated baked goods. .

Mt. Morris Village donation.



Flag Day Ceremony

We will be having a Flag Day Ceremony on June 14 at 11 am. A light lunch will be served at 11:30. Please join us and call 815-734-6335 if you plan on staying for lunch.



We have so many volunteers and people that donate money or goods to the senior center.

Joan Base, Kathy Clark, Barb. Horner, Rod Avey, Sharon Davis, Molly Baker, Gloria Hartle, Betty Sorensen, Cindy Nicholson, Johna Templin, Kayla Haub, Linda Black, Aaron Rowe, Herman Hartle, Ralph Ubben, Marilyn Melvin, Betty Calvert. Judy Miller, Walt LeFevre. & Kathy Knutti
We appreciate all that you do to help the senior center.



Picnic at Dillehay

Join us and bring a dish to pass and your own table service.
June 18 at 11am

Are you turning 65?

Do you need help understanding Medicare A, B, C, & D

The Mt. Morris Senior Center can help! Call 815-734-6335 to make an appointment.

May 17, 2018

Dear Friends,

Wow! These first six months have been a whirlwind of fun, cooking, getting to know people, and learning. I think the Mt. Morris Senior Center is a fantastic place that is providing necessary services to the community. I am excited to see where I can help the Senior Center and the community go in the future.

The Mission of the Mt. Morris Senior Center is to provide services, programs and resources for the area's 60 plus community that promote healthy aging and lifelong learning, support independence, and encourage involvement in community life. Throughout the past year the Senior Center has furthered this mission statement in many different ways. Healthy aging has been promoted through speakers, our Highland Community College sponsored fitness class, the walking club, and our annual health fair. We have promoted lifelong learning through classes, new games and activities, and daily conversations. We have supported independence through cooking and other classes as well as personal relationships. We have encouraged involvement in community life through our Lunch Bunch, free meals, our first Spring Bazaar, and C.A.S.T. (Chana and Seniors Together). We also encourage our members to be involved with and attend events of other organizations like Loaves and Fish Food Pantry, Encore, Let Freedom Ring, the Mt. Morris Moose, Mt. Morris Jamboree Friday Night Concerts, and others. We are doing all of these things, so does that mean we don't need to do more? Absolutely not!

We say we are "Seniors on the Move, Caring, Sharing, and Serving." My challenge to each of you for the upcoming year is to live this out more. We all need to move more, so join our Walking Club, attend the fitness class, or go out to lunch with the group. We can care more for each other during daily conversations, meals together, card games or dominoes, and other activities. Go out into the community and share what we are doing here with others. In the next year my goal is to promote the Mt. Morris Senior Center by connecting with the community more. We would love to help and be here for more people in Mt Morris. There are many ways we can serve more including volunteering to be a part of the Mt. Morris Senior Citizen's Council Board, helping to serve during a free lunch, asking if they need help at Loaves and Fish or other community organizations, or volunteering to help with an event. I believe we can always do more in these areas.

The Mt. Morris Senior Center is here for each of you. Thank you to those who volunteer their time and resources to help with activities or even just inspire others. I encourage you to take advantage of the many things we offer, and to invite your friends and neighbors to join you. If you have an idea for a program or would like to become more involved in any way please let me know.

Sincerely,

Melissa Nicholson
Executive Director

Let Freedom Ring Fundraiser Dinner

June 27, 2018 (see flyer)



Ice Cream Social

July 11, 2018 (see flyer)

Lunch Bunch

June 1 Farmers Restaurant, Forreston

July 6 Grubsteakers Rt.64 & 251

Meet at Senior Center at 11am. Call and let us know if you are going so we can make reservations.

AARP Driving Class

July 18 & July 19

12-4 pm

An eight hour class for motorist 50 and over designed specifically to meet the needs of older drivers. Participants will sharpen their driving skill, develop strategies for adjusting to age related changes in vision, hearing, and reaction time, also learn about the effects of medications on driving performance.

By taking this class you can lower your insurance premium by most insurance companies.

The cost is \$15 for AARP members and \$20 for non members.

Please make checks payable to AARP

Pecan Pie

Make your own Pecan Pie on National Pecan Pie Day, \$10

Includes all ingredients. Call to sign up today. 815-734-6335

International Day of Friendship Cheesecake Tea

July 30th at 1 pm.

This is a free event. Invite your friends and neighbors

Call to RSVP 815-734-6335

If you would like to donate a cheesecake please let us know.



Have fun this summer. Time goes fast so enjoy every day.

Let Freedom Ring Fundraiser Dinner

Mt. Morris Senior Center



June 27, 2018

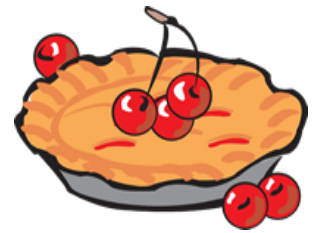
4:30-7:00 pm

BBQ Sandwich or Hot Dog

Baked Beans & Potato Salad

Chips

Homemade Pie



Coffee and Lemonade

\$8 for Adults \$5 for kids 5-12 Under 5 free

All proceeds will help the senior center to continue to support our programs and help the seniors in our community.

Mt. Morris Kable Band

Ice Cream Social

Sponsored by:

Mt. Morris Senior Center

Wednesday, July 11, 2018

Start serving at 6:30 pm

Concert at 7:30 pm



Bring your own lawn chairs

**Proceeds are used to help provide programs and
services to seniors in our community**

**I am willing to Help My
Senior Center with their Summer Projects!!**



**Dollars to help out
welcome also!!**

Provide

Friday Night Concert

Friday June 1, 2018

Name _____

Phone: _____

36# Pork Roast

15 Packs of Hamburger Buns (8 Pack)

10 big bags of Potato Chips

30 Boxes of Dilly Bars

Cases of pop: Coke, Diet Coke, Pepsi,

Sprite and Root Beer

Have at center by Wednesday May 31

Please Respond ASAP

(cut here, mail or bring to center)

Provide

Let Freedom Ring Dinner

Wednesday June 27, 2018

Name _____

Phone _____

46# Ground Beef

15 Packs Hamburger Buns (packs of 8)

19 Pies

**Please bring Hamburger & buns to center
Monday June 25, buns Tuesday June 26.**

Pies by 3:00 pm June 27

Respond ASAP (cut here, mail or bring to center)

Provide

Kable Band Concert

Ice Cream Social

Wednesday July 11, 2018

Name _____

Phone _____

Need 12 Pies

4 pails Vanilla Ice Cream

Bring to Kable Campus by 6:30

RESPOND ASAP (cut here, mail or bring to center)

**Thank you for your support to the
Senior Center. We appreciate all
that you do to help us continue
serving the community.**

New Medicare Cards are coming 2018

New cards will automatically come to you in the mail. This has been put in place to remove all Social Security numbers from your cards for your identity protection. There will be no gender and no signature line on new cards and the cards will arrive in an HHS envelope.

Please be aware no one will call you for your information. If you receive a call about your new Medicare Card, IT IS A SCAM !!!!

New cards will start being mailed in April of 2018 and all will be replaced by April of 2019, so watch your mail, and shred your old Medicare Card as soon as you get your new one. If you do not have access to a shredder, bring your old card to Mt. Morris Senior Center and we will shred them for you.

Do You Qualify for Extra Help with your Prescription Drug Cost? The Mt. Morris Senior Center can help!

Extra Help, the federal assistance program that helps individuals with limited finances pay for their Medicare prescription drug costs. You may qualify for Extra Help if...

- In 2016, individuals who receive \$1,485 or less each month and have \$13,640 or less in assets should qualify for Extra Help.
- In 2016, couples who receive \$2,003 or less each month and have \$27,250 or less in assets should qualify for Extra Help.

If you have Medicaid, a Medicare Savings Program or you receive Supplemental Security Income (SSI), you should get Extra Help automatically. If you do not get Extra Help automatically, or think you may qualify, call the Mt. Morris Senior Center to make an appointment, 815-734-6335.

AmazonSmile is an easy way to give to our Senior Center!

On your first visit to **AmazonSmile** (smile.amazon.com), you are prompted to select a charitable organization from the list of eligible organizations. You can change your selection at any time. To change your charitable organization sign in to **smile.amazon.com** on your desktop or mobile phone browser.

Directions:

1. Sign in to smile.amazon.com on your desktop or mobile phone browser.
2. From your desktop, go to **Your Account** from the navigation at the top of the page, and then select the option to **Change your Charity** under "Shopping, Programs & Rentals", at the bottom of the page.
3. Type Mount Morris Senior Center in the **Search** box. Select Mount Morris Senior Center. 0.5% of the purchase will automatically go to our center.

~~There is a special discount for license plates for Mount Morris Senior Center. This~~

Do you qualify for a License Plate discount?

You may qualify if:

- You are 65 years or older by December 31, 2017 or 16 years of age or older and totally disabled before January 1 2018 and a current Illinois resident.
- Total income last year must be less than \$27,610 for a 1 person household (yourself only) * \$36,635 for a 2 person household (yourself and your spouse, or yourself and one Qualified Additional Resident). *\$45,657 for a 3 person household (yourself, your spouse and one Qualified Additional Resident, or yourself and two Qualified Additional Residents).
- If you meet these requirements call 815-734-6335 to set up an appointment.

B & R TOUR PRESENTS

Niagara Falls & Toronto

**** You Must Bring a Valid U.S. Passport or U.S. Passport Card for this Tour**

INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 5 nights lodging including 3 consecutive nights in the Niagara Falls area
- ◆ 8 meals: 5 breakfasts and 3 dinners
- ◆ GUIDED TOURS OF NIAGARA FALLS & TORONTO
- ◆ A Journey to The Falls on a "HORNBLOWER NIAGARA CRUISE"
- ◆ Gaming at FALLSVIEW CASINO
- ◆ A visit to NIAGARA-ON-THE-LAKE & QUEEN VICTORIA PARK
- ◆ A visit to Casa Loma; Canada's most magnificent castle
- ◆ For more pictures, video and information visit:
www.GroupTrips.com/barbandro

\$586 *

6 DAYS 5 NIGHTS

PER PERSON, DOUBLE OCCUPANCY

(Mon - Sat)

September

17 - 22, 2018

Departure: 409 W. Brayton Rd, Mt. Morris, IL @ 8 am

Day 1: Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination: captivating, awe-inspiring Niagara Falls! This evening, you will check into an en route hotel and relax for the evening.

Day 2: Enjoy a Continental Breakfast before continuing towards your destination. You'll begin with a Guided Tour of the Niagara Falls area. Visit an engineering marvel, the Welland Shipping Canal and beautiful Queen Victoria Park – home of one of the world's largest Floral Clocks. Later, enjoy a relaxing Dinner and check into your Niagara Falls area hotel for three nights.

Day 3: Enjoy a Continental Breakfast before departing for a Guided Tour of the beautiful cosmopolitan city of Toronto, Ontario. You will also visit Toronto's majestic castle estate – Casa Loma! Later, you will dine at a local restaurant before heading back to your Niagara Falls area hotel.

Day 4: Start the day with a Continental Breakfast before enjoying one of Niagara's most popular and breath-taking attractions, a boat ride on a "Hornblower Niagara Cruise." Sail near the base of the Horseshoe Falls and enjoy a truly awe-inspiring view of the mighty Niagara. Then, you'll take a tour of historical Niagara-on-the-Lake, one of the prettiest towns in Canada and full of 19th century charm. Later, enjoy Dinner and a visit to exciting Fallsview Casino and get in some gaming action before returning to your hotel.

Day 5: Enjoy a Continental Breakfast before leaving for the Erie Maritime Museum. This evening, relax at your en route hotel.

Day 6: Today after enjoying a Continental Breakfast, you depart for home... a time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive *Travel Confident*® Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

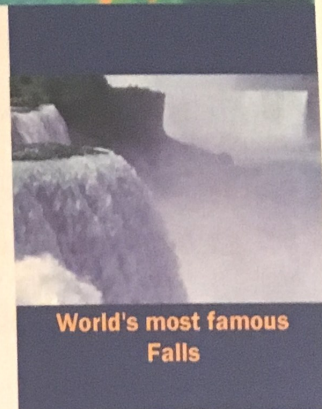
\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$180 for single occupancy.

Final Payment Due: 7/10/2018

FOR INFORMATION & RESERVATIONS CONTACT:

Barb Davis @ (815) 441-0900
Rogene Strite @ (815) 238-3620

Diamond Tours[®] inc.
Bringing Group Travel to a Higher Standard[®]



World's most famous Falls



Magnificent Casa Loma Castle in Toronto



Gaming at Fallsview Casino



Visit beautiful Queen Victoria Park

Put Your Mind at Ease on the Next Trip...

with the **Travel Confident® Protection Plan!**
Travel Insurance - Same Price - Regardless of Age!

PLAN BENEFITS INCLUDE:

- Trip Cancellation:** You are covered for your **FULL TOUR COST** in the event you must cancel your trip for one of the reasons below.
- Trip Interruption:** You are covered for reimbursement of your fare to travel home and your unused prepaid tour cost (not to exceed 150% of your total tour cost), when you must leave your trip early for one of the following reasons:
- Sickness, Injury or death** to you, a traveling companion, a family member, or a business partner
 - Jury Duty** or being required to appear as a witness in a legal action
 - A Strike** that causes services to cease for at least 48 hours
 - Losing Your Job** where you have worked for at least 3 years
 - Terrorist Attack, Hijack or Quarantine**
 - Weather** that causes your common carrier to cease operations for at least 48 hours
 - Fire, Flood or Natural Disaster** that causes your home to become uninhabitable
 - Burglary** of your home within 10 days of departure
 - Getting into a Traffic Accident** on your way to your trip's departure point

You are covered for the "single supplement" surcharge if your roommate cancels for one of the above reasons.

**QUESTIONS?
CALL 1-855-376-2037**

2 EASY Ways to Sign Up:

1.) MAIL - Give a check to your Group Leader in the amount indicated by the table made out to "Travel Insured International" **OR**

2.) INTERNET - Sign up at www.travelconfident.com

Trip Cost (per person)	Travel Confident® Cost (per person)
Up to \$500	= \$35
\$501 - \$600	= \$45
\$601 - \$700	= \$59
\$701 - \$1,100	= \$69
\$1,101 - \$1,500	= \$94
\$1,501 - \$2,000	= \$129
www.travelconfident.com/exclusions.aspx	

RECEIVE THIS BENEFIT!

ACT NOW so you are eligible for **PRE-EXISTING CONDITION** coverage! You must purchase your Travel Confident Protection Plan within **14** days of writing your check for your initial trip deposit. Review the complete terms in the exclusion section of your policy.

- Baggage Benefit - Up to \$1,000!** If your baggage is lost, stolen or damaged!
- Medical Expense - Up to \$5,000!** If you are injured or become ill on the trip. You also are covered for up to \$750 in emergency dental treatment.
- Emergency Medical Evacuation - Up to \$20,000!** Should a severe illness require immediate care and a local hospital cannot meet your needs, you are eligible for transportation to the nearest hospital with appropriate treatment. A toll-free call to 1-888-268-2824 starts the arrangements. If you are traveling alone, you are also covered for the air fare of a companion to join you at the hospital (providing you are in the hospital for at least 7 days).
- 24/7 Assistance Services included:** Lost Baggage Retrieval • Emergency Cash Advance • Medical or Legal Referrals • Prescription Drug/Eyeglass Replacement • Translation Services • Payment to the Assistance Company is Your Responsibility.

**** TIPS FOR TRAVELERS: ****

- Cancel with your Group Leader as soon as you are aware of the need to cancel.
- In the event you need to file a claim, contact Travel Insured International at 1-855-376-2037 as soon as possible. Be prepared to provide the insurance company with proof of payments for all portions of your trip, including the insurance.
- Get detailed medical statements from treating physicians where and when an accident or sickness occurred. Save your receipts, proof of all payments and proof of insurance. Pay by check or credit card when you can.
- If you have purchased the Travel Confident Protection Plan, for emergency medical evacuation or to arrange emergency travel home, please call the Assistance Company at 1-888-268-2824 or collect at 1-202-296-8720. Be sure to call before you incur any expenses!

** Please remember - this Flyer **IS NOT** your insurance policy. Be sure you receive a copy of your policy and read it before your trip. See your Group Leader or visit www.travelconfident.com to obtain a copy. **

This is a brief summary of benefits under the Plan. The benefits are subject to the provisions, limitations and exclusions of the Policy. Refer to Your Policy for complete details. Plans are underwritten by the United States Fire Insurance Company. The Crum & Forster group of companies is rated A (Excellent) by AM Best Company 2012. Not all coverage is available in all jurisdictions. Travel Assistance Services are provided by an independent organization and not by United States Fire Insurance Company or Travel Insured International.

Mt. Morris Senior Center
 9 East Front St.
 Mt. Morris, Il. 61054
 Phone: 815-734-6335

June 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Fitness Class 9-10 am Lunch Bunch 10:30 Farmers Restaurant Forreston Fri. night concert	2
3 AA Mtg. 7 pm	4 Fitness Class 9-10 am Chair Massages 10:30 Hand & Foot 12:30	5 Euchre 12:30 pm Rockford Rivets Baseball game 9 am	6 Fitness Class 9-10 Biscuits & Gravy 8-10 am Ship 1-3 pm Bridge 1 pm	7 Mexican Train 12:30 pm	8 Fitness Class 9-10 am	9
10 AA Mtg. 7 pm	11 Fitness Class 9-10 am Hand Massage 10:30 am Hand & Foot 12:30	12 Euchre 12:30pm	13 Fitness Class 9-10 Biscuits & Gravy 8-10 am Ship 1-3 pm Bridge 1 pm	14 Flag Day 11 Lunch 11:30 Walking Club, White Pines 8:30 Mex. Train 12:30 Legion 7	15 Fitness Class 9-10 am Potluck 5:30	16
17 Fa- thers Day AA	18 Fitness Class 9-10 Picnic Dillehay 11 am Hand & Foot 12:30 pm	19 Euchre 12:30 pm	20 Fitness Class 9-10 Biscuits & Gravy 8-10 am Bingo 10:30 Birthday Lunch 11:30 Ship 1-3 pm Bridge 1 pm	21 Mexican Train 12:30 pm	22 Fitness Class 9-10 am	23
24 AA Mtg. 7 pm	25 Fitness Class 9-10 am Hand & Foot 12:30 pm	26 Euchre 12:30 pm	27 Fitness Class 9-10 Biscuits & Gravy 8-10 Jam Session - Lunch 12 \$3 Ship 1-3pm Bridge 1 Let Freedom Ring 4:30-7 pm	28 Mexican Train 12:30 pm	29 Fitness Class 9-10 am	30

Mt. Morris Senior Center
 9 East Front St
 Mt. Morris, IL 61054
 Phone 815-734-6335

July 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 AA Mtg. 7 pm	2 Fitness Class 9-10 am Chair Massages 10:30 Hand & foot 12:30 pm	3 Walking Club Castle Rock 8:30 Euchre 12:30 pm	4 Senior Center Closed. Enjoy the 4th of July	5 Mexican Train 12:30 pm	6 Fitness Class 9-10 Lunch Bunch 10:30 am Grubsteakers	7
8 AA Mtg. 7 pm	9 Fitness Class 9-10 am Hand & foot 12:30 pm	10 Euchre 12:30 pm	11 Fitness Class 9-10 Biscuits & Gravy 8-10 am Ship 1-3 pm Bridge 1 pm Ice Cream Social	12 Mexican Train 12:30 Pecan Pie Day Class 2 pm Legion 7 pm	13 Fitness Class 9-10 am	14
15 AA Mtg. 7 pm	16 Fitness Class 9-10 am Noon Ice Cream Sundaes Hand & foot 12:30 pm	17 Euchre 12:30 pm	18 Fitness Class 9-10 Biscuits & Gravy 8-10 Bingo 10:30 Lunch 11:30 Ship 1-3 Bridge 1 pm AARP Driver Class 12-4 pm	19 MMSC Board Mtg. 8:30 am Mexican Train 12:30 pm AARP Driver Class 12-4 pm	20 Fitness Class 9-10 am No Potluck 5:30pm	21
22 AA Mtg. 7 pm	23 Fitness Class 9-10 am Hand & foot 12:30 pm	24 Euchre 12:30 pm	25 Fitness Class 9-10 am Biscuits & Gravy 8-10 am Jam Session 10:30 Lunch 12 Ship 1-3 Bridge 1 pm	26 Mexican Train 12:30 pm	27 Fitness Class 9-10 am	28
29 AA Mtg. 7 pm	30 Fitness Class 9-10 am Hand & foot 12:30 pm Int. Day of Friend- ship Cheesecake Tea 1 pm	31 Euchre 12:30 pm				

Annual Level of Giving

Seniors on the Move,

Membership per individual

Supporting- — - - - - - - - \$25

Contributing- - - - - - - - \$35

Sustaining- - - - - - - - \$50

Sponsor per individual- - - \$100

Or Organization

*Caring,
Sharing,
& Serving*

Make checks out to the
Mt. Morris Senior Center

Life membership levels

Silver- - - - - - - - \$500

Gold- - - - - - - - \$1000

Circle of Friends Support

Name _____

Address _____

Phone _____

Spouse _____

Amount of gift _____

Would you like to receive the Newsletter. Yes _____ No _____ Email _____

The above levels of giving is a suggestion, any support given is very welcome and appreciated. All gifts are tax deductible to the limit the law allows.

Date of application:

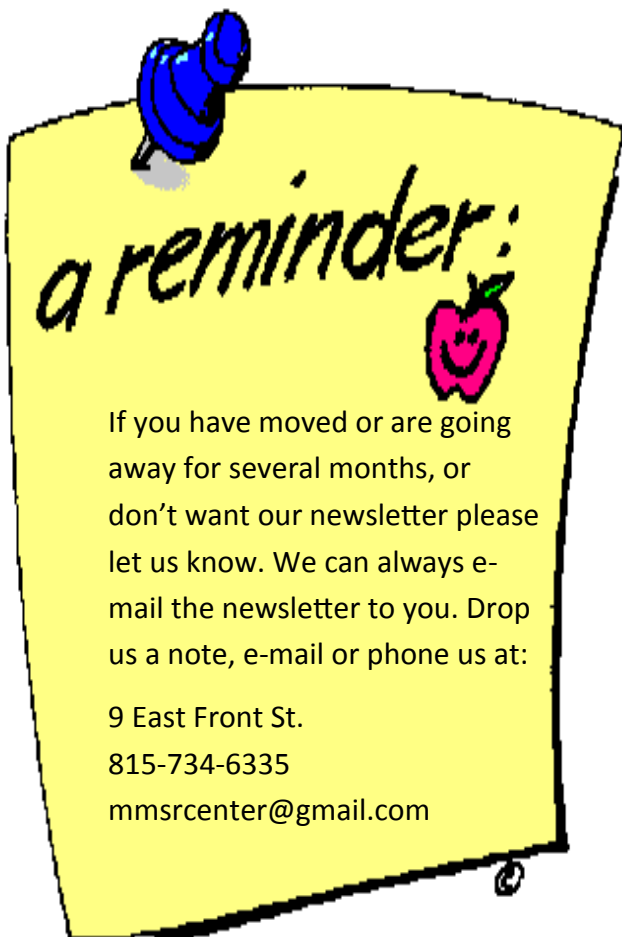
Date entered in system:

Mt. Morris Senior Citizens Council, Inc.
9 East Front St.
Mt. Morris, Il. 61054

Phone 815-734-6335
Fax 815-734-4665

Non Profit Org.
US Postage Paid
Permit #32

Return Service Requested



Need Transportation: Call Rock River Center:
815-732-3252 or 800-541-5479

Or

Lots (Lee-Ogle Transportation)
815-288-2117 or 888-239-9228

