



HELLO GRAAF SUPPORTERS!

### Amazon Smile

GRAAF is now a participating charity on AmazonSmile!

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Support Greater Rochester Amateur Athletic Federation through Amazon!



**With your help** GRAAF has been Supporting Rochester's Olympic and Paralympic hopefuls since 1982. **THANK YOU!**



### Did You Know? ...

**Marie Vallone**, Team USA Handball, has qualified for the 2019 Pan Am Games.

**AJ Gruttadauro**, Race Walk, is the USA 30K Nat'l Champ.

**Amy Cymermann** - Draft Triathlon took 1st place in her second professional race.

**Joe Fusare**, has qualified for the 2019 Toyota Slopestyle Freeski team.

**Chris Lillis**, took GOLD in the 2019 US National Championship in aerial skiing & brother **Jon Lillis** took 2nd. **WOW!**

### Competing at the Olympic Level requires total Dedication to a Sport

--All of the funds we raise come from individual donors like you and 100% of our funds go to the athletes. Our grants are modest, but every dollar helps. Athletes training to compete at the Olympic level often give up their main source of income to train full-time and GRAAF's funding helps to provide them needed assistance!



**National Champ & Olympian Sets New American Record!** GRAAF Olympian **Miranda Melville** walked a 22:23.91 on 12/29/18 for the win and she set a new American Record at the 5000m Race Walk National Championships! **Congratulations Miranda!**

**USA** --Your Athletes are only a year and a half away from the 2020 Tokyo Summer Games, and 3 years from the 2022 Beijing Winter games and need your support!

Please Give!  Find us  
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## News

Thank you for supporting  
Greater Rochester  
Amateur Athletic  
Federation!

# Winter 2019

IN THIS ISSUE

### Meet Your Fall 2018 Grant Recipients

Congratulations to the five talented athletes listed below, GRAAF's most recent Grant Recipients!



**AJ Gruttadauro** - Race Walk  
**Miranda Melville** - Race Walk  
**Joe Fusare** - Slopestyle Ski  
**Marie Vallone** - Team Handball  
**Amy Cymermann** - Draft Triathlon

Support GRAAF by Donating your Used Vehicle. [www.v-dac.com/org](http://www.v-dac.com/org)



**Just In** -- GRAAF VP & Olympian, **Iris Zimmermann** will receive this year's Press Radio Club Jean Giambrone award at the 70th Day of Champions Dinner in April.

This prestigious award is presented to a person gwho has made an exemplary lifetime commitment to local women's sports. **Congratulations Iris!!**