

## Vegetarian/Vegan Menu

**Price per pan (1 pan feeds approx. 12-15 people)**

### *Appetizers*

- \*Banana Fritters **\$75.00**
- \*Pumpkin Fritters **\$75.00**
- \*Ackee Scramble **\$65.00**
- \*Pholourie (Split Pea Fritters) **\$75.00**
- \*Plantain Balls **\$75.00**
- \*Eggplant Choka **\$65.00**
- \*Christophenes (Chayote) Farcis **\$65.00**
- \*Curried Potato Salad **\$55.00**
- \*Vegan Beef Patties **\$60.00**
- \*Lentil Patties **\$55.00**
- \*Callaloo patties **\$55.00**

### *SOUPS\* could be made dairy free (no cream)*

- Caribbean Green Split pea Soup **\$30.00**
- Creamy Pumpkin Soup **\$30.00**
- Bajan Soup with Dumplings **\$30.00**

### *STEWES*

- \*Lentil Stew **\$55.00**
- \*Bajan meatless Stew **\$55.00**
- \*ChickPea Curry **\$55.00**
- \*Mixed Bean Stew **\$55.00**

\*Fat Free Black Eyed pea Stew **\$55.00**

\*Yellow Split pea Dal **\$55.00**

\*Creole Red Bean Stew **\$55.00**

***ENTREES***

\*Jerk (Vegan) Chicken **\$90.00**

\*Jerk Tofu **\$90.00**

\*Vegan Ham **\$90.00**

\*Apricot Chicken (Vegan) **\$120.00**

\*Wedged sautéed tofu **\$100.00**

\*Lentil Roast **\$90.00**

\*Barbadian Pelau **\$80.00**

\*Sweet potato Shepherd's pie **\$90.00**

\*Cou Cou **\$90.00**

\*Macaroni pie with vegan cheddar **\$100.00**

***SIDES***

\*Spanish rice **\$60.00**

\*Creole rice **\$60.00**

\*Spinach rice **\$60.00**

\*Pigeon pea rice **\$60.00**

\*Curried rice **\$50.00**

\*Creole spaghetti **\$60.00**

\*Rice and peas **\$60.00**

\*Dal Puri Roti **\$50.00**

**\*Buss Up Shut Roti \$50.00**

**\*Cabbage Medley \$50.00**

**\*Spicy Baked Sweet potato Wedges \$55.00**

**\*Curried Potato and Pumpkin \$55.00**

**\*Boil and Fry (Cassava or Green plantain) \$55.00**

**\*Creole Ratatouille \$55.00**

**\*Sauteed Spinach \$50.00**

**\*Warm Green banana and squash Stir fry \$55.00**

**\*Mashed Green Banana \$55.00**

**\*Fried Plantains \$60.00**

**\*Steamed Plantains with Sauce Chien \$65.00**

**\*Okra in Sofrito sauce \$55.00**

**\*Okra Slush \$45.00**

**\*Sauteed Okra \$45.00**

**\*Steamed Vegetables \$50.00**

### ***SALADS***

**\*Mixed Green Salad – \$75.00**

**\*Cobb Salad, Veggie Bacon, Avocado, Blue Cheese – \$100.00**

**\*Cesar Salad, Sourdough Croutons, Dressing – \$60.00**

**\*Island Mango Relish Salad Red Onions, Marinated Cucumbers – \$70.00**

**\*Red Bliss Potato Salad, with Creole Seasonings – \$55.00**

**\*Pasta Salad, with Creamy Curry Vinaigrette – \$60.00**

*\*Vegan – no meat, milk, eggs or animal product*