



Menu

Week #1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK-FAST	Cereal w/Milk	Hash browns w/Egg	Pancakes w/Sausage	Blueberry Muffin	Sausage Biscuit
A.M. SNACK	Tropical Fruit Salad	Graham Crackers w/Applesauce	Nutri Grain Bar	Yogurt w/Granola	Blueberry Muffin
LUNCH	Salisbury Steak Potatoes Green Beans Peaches Veggie Patty	Cheeseburger French Fries Carrot Sticks Diced Pears Veggie Burger	Chicken Nuggets Corn Pineapple Tidbits Veggie Nuggets	Spaghetti w/Meat Sauce Green Peas Applesauce Spaghetti w/Sauce	Cheese Pizza Salad Mixed Fruit Cheese Pizza
P.M. SNACK	Crackers w/Cheese	Trail Mix	Oreo Cookies	Baked Chips	Fruit Cup

Vegetarian Substitute

Meals are served with milk and water

Snacks are served with water