

2017 Senior Resource Guide

Fort Wayne, Allen County and Surrounding Communities



Council on Senior Services
(COSS)

www.councilseniorservices.org



Kindly assisting
seniors through
consistent, dignified
and qualified care.



TrueCare Seniors™

In-home Professional Care Providers attending to personal care such as: transportation and companionship, cleaning and meal preparation, bathing and incontinence care, and medication reminders.



TrueCare Homes™

Beautifully furnished and well-maintained homes, nestled in established neighborhoods. No more than four residents each with 24-hour Professional Care Providers on site. Those with dementia, cognitive impairment or physical needs deserve to be highly engaged in their community - not isolated from it.




TrueCare Solutions™

Care Navigators advocate for seniors, explain the healthcare system, Insurance, Medicare & Medicaid benefits, attend medical appointments, condition management and provide guidance when seniors transition from their home.

Call us to learn more: (260) 333-6440 | www.true.care

We accept Private Pay, Long-Term Care Insurance, Medicaid Waiver & Veteran's Administration Benefits



**Caring for someone with
Alzheimer's isn't easy.**

Reaching us is.

If you care for someone with Alzheimer's disease, memory loss or dementia, you are not alone. We're here day or night — whenever you need us — offering reliable information and support.

Free 24/7 Helpline: **800.272.3900**

Alzheimer's and Dementia Caregiver Center: **alz.org/care**

alzheimer's  association®

How to Obtain a Copy

Directories will be available for pickup at the Community Center, 233 W. Main St.; Aging and In-Home Services, 2927 Lake Ave; Kingston at Dupont, 1716 E. Dupont Rd.; The League, 5821 S. Anthony Blvd.; Kingston Residence, 7515 Winchester Rd. and branches of the Allen County Public Library. To request a copy to be mailed to you, call Aging & In-Home Services of Northeast Indiana at 745-1200. The directory is also available on the COSS website at: www.councilseniorservices.org.

Organizations interested in placing an ad in the 2018 directory may contact Jill Headrick via e-mail at: jheadrick@kingstonhealthcare.com.

A Word from the President of the Council on Senior Services

BY KATHY LEWIS

The Council on Senior Services (COSS) is a community council of professionals who work for and volunteer for agencies and businesses that serve senior citizens. The goal of COSS is to improve access to services for seniors in Allen County. This directory has been developed to educate senior citizens and professionals about the numerous services that exist.

Proceeds from the advertising sales in this directory pay for printing of the book and for grants to organizations that submit projects created for the health, education and/or welfare of seniors in our community. Grants awarded in 2016 included Community Transportation Network, Allen County TRIAD, Volunteer Center, Turnstone Center for Children and Adults, Long Term Care Ombudsman, Hope Alive, Health Visions of Fort Wayne, St. Vincent DePaul, Alzheimer's Association, Homebound Meals, McMillen Center, Salem Manor, Visiting Nurse and Wellspring Interfaith Social Services.



The information in this book has been compiled through the efforts of volunteers. The Council on Senior Services (COSS) makes every attempt to ensure that the information is complete and accurate. COSS does not take responsibility for omissions or errors. Listings in this book do not imply endorsement.

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Senior Information Services

Aging & In-Home Services of Northeast Indiana (Area Agency on Aging) - Information and Assistance

2927 Lake Ave., FW 46805 • www.agingihs.org **745-1200**
800-552-3662

If you know someone in need of assistance – just call us! Each year, we touch the lives of over 59,000 older adults, persons with disabilities, and their caregivers through planning, providing, or funding services to age-in-place. As the Area III Area Agency on Aging as designated by the U.S. Administration on Aging and the State of Indiana, AIHS is the primary resource for older adults, persons with disabilities, and their caregivers and the largest funder of services including support for the Council on Aging in a nine county service area. Primary program areas include Care Transitions in partnership with hospitals to reduce Medicare readmissions; Aging & Disability Resource Center for information and assistance including Benefits Enrollment, Medicare Insurance Education, and Medicare Low-income Subsidy; Programs for Productive Aging including Chronic Disease Self-Management and Preventative Health; Family Caregiver Center including Support Groups, Dementia Caregiving, and Men as Caregivers Initiative; Home & Community Services including Meals on Wheels home-delivered meals and Senior Dining; Geriatric & Disability Case Management including assessment, care planning, and enrollment in the following funding programs: CHOICE (Community Home Options to Institutional Care for the Elderly), SSBG (Senior Services Block Grant), Medicaid Waiver for the Aged & Disabled, Older Americans Act and Traumatic Brain Injury Waiver.

Aging & In-Home Services of Northeast Indiana - Information and Referral

2927 Lake Ave., FW 46805 • www.agingihs.com **745-1200**
Specializes in local services and/or referral to appropriate local provider. Division of Aging & In-Home Services of Northeast Indiana. Accepts referrals for the following programs: Assisted Transportation, In-Home Assistance, and TeleCare telephone safety checks.

Emergency/Crisis Services

Emergency (Fire, Police, or Ambulance) 911

Continued on page 12

2927 Lake Avenue
Fort Wayne IN 46805



Aging & In-Home Services OF NORTHEAST INDIANA

Your resource for information & services to support:



- Older adults
- Persons with disabilities
- Caregivers

If you know someone
in need of assistance,
just call us.



1-800-552-3662
1-260-745-1200
www.agingihs.org



Division of
Aging



Aging & In-Home Services of Northeast Indiana, Inc. (AIHS) promotes independence, dignity, and advocacy for all older adults and persons with disabilities. As the Area III Agency on Aging, AIHS is the primary resource for aging and disabled populations and the largest funder of services including support for the Council on Aging in the following nine counties:

Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, Whitley

Emergency/Crisis Services

Non-Emergency/United Way 211 211

Provides information on human services not-for-profits such as food pantries, clothing, housing, clinics, counseling, financial assistance programs, and education. **740-0700**

Adult Protective Services (APS) 449-7989

911 after 4:30 pm for emergency

Reporting of abuse, neglect, self-neglect, and exploitation of seniors.

American Red Cross of N.E. Indiana

1212 E. California Rd., FW 46825 **484-9336**

Assistance with basic human needs for victims of disasters.

Center for Non Violence

235 W. Creighton, FW 46807 **456-4112**

Charis House

431 Fairmount Pl., FW 46808 **426-8123**

Homeless shelter location for women and children.

Community Harvest Food Bank

999 E. Tillman Rd., FW 46816 **447-3696**

Services include: disaster relief, crisis food assistance, hunger workshops, SeniorPak, Community Cupboard, Farm Wagon, Kids Cafe, and volunteer program.

Fort Wayne Rescue Mission

301 W. Superior, FW 46802 **426-7357**

Shelter for homeless men. Open 24 hours.

Fort Wayne Sexual Assault Treatment Center

2270 Lake Ave., Ste. 201, FW 46805 **423-2222**

First response medical examination for sexually assaulted men, women and children.

Fort Wayne Women's Bureau

2417 Fairfield Ave., FW 46807 **424-7977**

Crisis counseling for sexual assault and domestic violence. Drug and alcohol treatment center.

Interfaith Hospitality Network

2925 E. State Blvd., FW 46805 **458-9772**

Open M - Sun 7 am - 5 pm

Emergency / Crisis Services

Law Enforcement Offices - Non Emergency

- Allen County Prosecuting Attorney **449-7641**
- Allen County Sheriff's Department **449-7535**
- FW Police Department Desk Sergeant **427-1222**
- Greater Fort Wayne Crime Stoppers **436-7867**
- Indiana State Police **432-8661**
- Monroeville Police Department **623-6370**
- New Haven Police Department **748-7080**
- Roanoke Police Department **672-3202**

Poison Control **1-800-222-1222**

Immediate information provided on poison ingestion or spills.

St. Joseph Hospital

700 Broadway, FW 46802 **425-3000**

The Salvation Army

2901 N. Clinton St., FW 46805 **744-2311**

Thrift store items for victims of disasters; food and utility bill assistance.

Vincent Village

2827 Holton Ave., FW 46806 **456-4172**

Office open M - F 8 am - 5 pm

YWCA Shelter for Women Victims of Violence

Open 24 hours **447-7233**

Adult Day Services

Active Day Adult Day Services

3711 Rupp Dr., Ste. 106, FW 46815 **484-2414**

Serving frail elderly and those with Alzheimer's/dementia.

M - F 7:30 am - 5 pm

Courtyard Club

• Saint Anne Communities Grace Pointe

5610 Noll Ave., FW 46806 **745-7039**

• Saint Anne Communities Randallia Place

1900 Randallia, FW 46805 **484-5555**

Continued on page 14

Adult Day Services

Miller's Merry Manor

5544 E. State Blvd., FW 46815 **749-9506**

Orchard Pointe

702 Sawyer Rd., Kendallville 46755 **260-347-3333**

Turnstone Center for Children & Adults

3320 N. Clinton St., FW 46805 **483-2100**

Village of Birchwood - Lutheran Life Villages

8151 Glencarin Blvd., FW 46804 **432-0011**

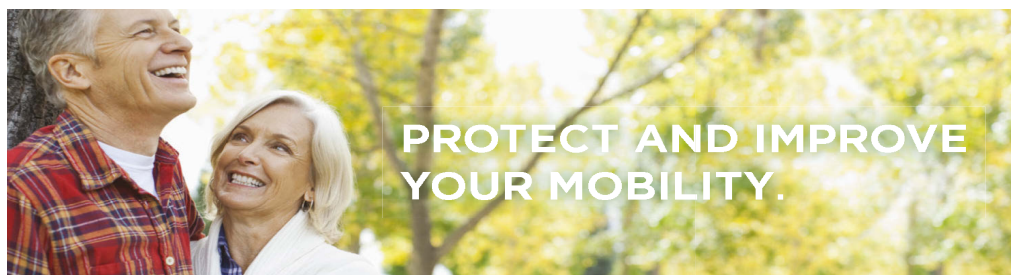
Specializes in adults with Alzheimer's/dementia. Serves all seniors.

Open M - F 6 am - 5:30 pm, 2 Sat's per month

Advance Care Planning

Aging & In-Home Services of Northeast Indiana

2927 Lake Ave., FW 46805 **469-3036**



Falling is the No. 1 cause of traumatic injury for people ages 65 and older. It can create long-term challenges to everyday activities. Thankfully, **Parkview's Fall Prevention Clinic** can help you, or someone you love, reduce the risk of falling.

If you visit the clinic, you will experience: easy access to specialists in neurology, nursing, physical therapy, occupational therapy, pharmacy and social work; the convenience of being seen by several team members in one visit; and personalized care by our multi-disciplinary team.

Ask your doctor if a referral is appropriate for you. The clinic is located at Parkview Hospital Randallia.

2200 Randallia Drive, 2nd Floor,
Fort Wayne, IN 46805
www.parkview.com/preventfalls
(260) 373-4443

 **PARKVIEW**
NEUROSCIENCES



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Adult Day Services
(formerly known as ResCare)

A Compassionate Community For Adults



A safe place with stimulating activities so your loved one isn't at home alone during the day. Call today for more information.

**Music | Dancing | Pet Therapy | Crafts
Exercise | Reminiscing Therapy | Social Outings**

Monday through Friday, 7:30 am-5 pm

260-484-2414



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ADULT DAY SERVICES

3711 Rupp Drive, Suite 106 • Ft. Wayne, IN 46815

Advocacy & Legal

AARP Indiana 888-687-2277

One North Capitol Ave., Ste. 1275, Indianapolis 46204

Adult Protective Services 449-7989

Reporting of abuse, neglect, self-neglect and exploitation of seniors.

Aging & In-Home Services of Northeast Indiana

2927 Lake Ave., FW 46805 **469-3036**

Offers advance care planning information and resources.

Allen County Bar Association Lawyer Referral Service

924 S. Calhoun St., FW 46802 **423-2358**

Allen County Bar Association Legal Line 423-2358

Offers 30 minute legal consult for a prepaid fee.

Call 5 - 7 pm

Allen County Prosecuting Attorney

602 S. Calhoun St., FW 46802 **449-7641**

Reporting of domestic violence.

Allen County TRIAD

2927 Lake Ave., FW 46805 **469-3036**

Education on senior safety, medication safety. Provides unwanted medication collection program, SafeNet and Safe at Home Programs. See pages 44, 87, 101, 102.

Forensic Advocacy Center for Elders (FACE)

2270 Lake Ave., Ste. 201, FW 46805 **432-2222**

Fort Wayne Urban League

2135 S. Hanna St., #3, FW 46803 **745-3100**

Indiana Legal Services

919 S. Harrison St., Ste. 200, FW 46802 **424-9155**

Legal representation, consultation and advice for low income.

Call T - Th 9 - 11 am

Indiana Protection & Advocacy Services

Commission TTY: 800-838-1131 / 800-622-4845

Advocate for rights of people with disabilities.

Advocacy & Legal

Long Term Care Ombudsman

3215 Stellhorn Rd., FW 46815 **469-3161**
Investigates concerns about nursing homes and other long term care facilities. Free and confidential.

Michael Rosswurm Elder Mediation Services

1910 St. Joe Center Rd., FW 46825 **483-7660**

National Academy of Elder Law

Attorneys (NAELA) **703-942-5711, ext. 222**

National Active & Retired Federal Employees (NARFE)

2125 Meridian St., FW 46808 **422-7925**
Mission is to protect and improve the retirement benefits of federal retirees, employees, and families. Call for local meeting.

Proactive Elder Care Inc.

6920 W. Hamilton Rd., FW 46814 **672-3987**

The League

5821 S. Anthony Blvd., FW 46816 **Voice/TTY: 441-0551**

The Senior Alliance **749-6949**

Providing senior services through a variety of area experts.

Volunteer Center

3401 Lake Ave., Ste. 4, FW 46805 **424-3505/888-219-6868**
Helps low income residents apply for expungement from criminal record.

Volunteer Lawyer Program of NE Indiana Inc.

111 W. Wayne St., FW 46802 **407-0917**
Pro bono attorneys for variety of legal matters, not criminal, for low income seniors.

Don't Let Nursing Home Costs Drain Your Life Savings



Medicaid Planning
Elder Law
Estate Planning

Smith, Smith

Rayle, PC

Attorneys at Law

Thompson Smith



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Your Plan . . . Your Choice . . . Our Assistance!

Free Initial Consultation

- Estate Planning
- Medicaid Planning
- Elder Law
- Estate Settlements
- Business



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Warsaw Office

- Asset Preservation Planning
- Medicaid Planning
- Nursing Home, Assisted Living and In-Home Services Planning
- Veterans Affairs Pensions/ Benefits
- Wills & Trusts; Living Wills, Powers of Attorney & Guardianship
- Estate Planning & Administration

All Elder Law attorneys are accredited for the preparation, presentation, and prosecution of claims for the Veterans Affairs Benefits before the Department of Veterans Affairs (VA).



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BACKS & SALIN, LLP**
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Auburn
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Swagger Law 260-925-3738
Auburn
Cory Swagger

Continued on page 22

THE ELDER LAW FIRM OF JAMES E. SPRINGER, P.C.

Finding the Best Care without Losing the Farm!



Our Firm is dedicated to helping families who are overwhelmed or confused by all the decisions required to obtain the best quality of life for their loved ones.

- Elder Law
- Guardianship
- Wills
- Probate
- Medicaid & Estate Planning
- Special Needs Trusts
- Durable Powers of Attorney
- Advance Health Care Directives
- VA Benefits

FOR A FREE COPY OF SPECIAL REPORTS:

"Northeastern Indiana Nursing
Home, Assisted Living &
Hospice Guide"

Call, Email or Fax Us



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Auctioneers

Ellenberger Brothers, Inc.
130 W. Market St., Bluffton 46714 **260-824-2426**

Scheerer McCulloch Auctioneers
4420 Ardmore Ave., FW 46809 **441-8636**

Steffen Group, Inc.
803 S. Calhoun St., Ste. 100, FW 46802 **426-0633**

Council On Senior Services (COSS) ***MISSION***

To promote services and benefits available to seniors and their caregivers in Northeastern Indiana through a not-for-profit network catering to the aging population.



BOEGLIN GERARDOT & GRUBBS PC

The Legacy Law Firm

ROBERT A. GRUBBS, J.D.

Wills
Trusts
Estates

Living Wills
Powers of Attorney
Charitable Gift Planning

Guardianships
Elder Law
Medicaid

7321 W. Jefferson Blvd. Fort Wayne, IN 46804
(260) 436-3883

Care Transitions

Aging and In-Home Services of Northeast Indiana

2927 Lake Ave., FW 46805 **469-3036**

True Care Solutions **260-333-6440**

Caregiver Support

Caregiver Homes

7221 Engle Rd., Ste. 230, FW 46804 **388-5395**

Cleaning Services

T & C Cleaning Service & Window & Screen Cleaning

1706 Huffman Blvd., FW 46808 **422-9232**

Clothing Banks

Anthony Wayne First Church of God

6012 South Bend Dr., FW 46804 **432-3323**

M and W 9 - 11 am

Trinity United Methodist Church

609 Putman St., FW 46808 **422-7924**

Thrift Store T and Th 10 am - 3:30 pm, Sat. 10 am - 1 pm

United Faith Presbyterian Church

1616 W. Main St., FW 46808 **424-5610**

M and W 9 - 11 am, 3rd Sat 10 am - 2 pm

Wellspring Shoppe

1210 Broadway, FW 46802 **422-6618**

Call ahead for appointment. M 10 am - 2 pm, T 2 - 6 pm, Th 10 am - 2 pm, 2nd Sat. 9 am - 1 pm.

Computer/Technology Training

Fort Wayne Parks and Recreation Community Center

233 W. Main St., FW 46802 **427-6460**

Dental

IPFW Dental Clinic

109 Neff Hall, 2101 E. Coliseum Blvd., FW 46805 **481-6575**
Cleaning, fluoride, sealants, and x-rays provided by dental hygiene students by appointment for nominal fee.

Matthew 25 Dental Clinic

413 E. Jefferson Blvd., FW 46802 **426-3250**
M 8:30 am - 4 pm, T 12:30 - 8 pm, W 8:30 am - 4 pm, Th 8:30 am - Noon, F 8:30 am - 4 pm. Call for appointment.

Neighborhood Health Clinic

1717 S. Calhoun St., FW 46802 **458-2641**

Disability Services

Audio Reading Service of

the Allen County Public Library **421-1376**

Benchmark Human Services

8515 Bluffton Rd., FW 46809 **744-6145**

Easter Seals ARC of Northeast Indiana

4919 Coldwater Rd., FW 46825 **456-4534**

Indiana Developmental Disabilities Services

201 E. Rudisill, Ste. 300, FW 46806 **423-2571**

The League

5821 S. Anthony Blvd., FW 46816 **Voice/TTY 441-0551**

Driving Rehabilitation

Provides a comprehensive evaluation and examination for elderly drivers to determine their safety in driving. Physician referral required.

Parkview Hospital Driver Rehabilitation

2200 Randallia Dr., FW 46805 **373-3202**
Pre-paid service.

Rehabilitation Hospital of Fort Wayne

7970 W. Jefferson Blvd., FW 46804 **435-6100**

Education/Social Activities

AARP Indiana

One North Capitol, Ste. 1275, Indianapolis 46204 **888-687-2277**

Allen County Public Library

900 Library Plaza, FW 46802 **421-1200**

Outreach Services - Home Delivery **421-1237**

BRANCH LOCATIONS:

• Aboite

5630 Coventry Ln., FW 46804 **421-1310**

• Dupont

536 E Dupont Rd., FW 46825 **421-1315**

• Georgetown

6600 E State Blvd., FW 46815 **421-1320**

• Grabill

13521 State St., Grabill, 46741 **421-1325**

• Hessen Cassel

3030 E Paulding Rd., FW 46806 **421-1330**

• Little Turtle

2201 Sherman, FW 46808 **421-1355**

• Monroeville

115 Main St., Monroeville **421-1340**

• New Haven

648 Green St., New Haven 46774 **421-1345**

• Pontiac

2215 Hanna St., FW 46803 **421-1350**

• Shawnee

5600 Noll Ave., FW 46806 **421-1355**

• Tecumseh

1411 E. State Blvd., FW 46805 **421-1360**

• Waynedale

2200 Lower Huntington Rd., FW 46819 **421-1365**

• Woodburn

4701 State Road 101 North, Woodburn 46797 **421-1370**

Allen County TRIAD

2927 Lake Ave., FW 46805 **469-3036**

Continued on page 26

Education/Social Activities

Fort Wayne Parks and Recreation Community Center

233 W. Main St., FW 46802 **427-6460**

Variety of classes and activities.

IPFW Department of Continuing Education

2101 E. Coliseum Blvd., FW 46805 **481-6619**

Oak Street Health

436 E. Washington Blvd., FW 46802 **209-7154**

Parkview Center for Healthy Living

11123 Parkview Plaza Dr., FW 46805 **672-6500**

3350 E. Paulding Rd., FW 46816 **458-2641**

Health education, activities and support groups.

Parkview Senior Services

2200 Randallia, FW 46805 **373-7209**

Health education and activities.

Parkview Seniors Club

**offers many benefits
for its members in Allen,
Huntington, Kosciusko,
Noble and Whitley counties.**

- Educational programs by physicians and other health experts
- Fitness and exercise classes
- Social activities
- Private showings of newly released movies
- Discounts at more than 100 businesses, including restaurants, recreational facilities, retail stores and healthcare providers

This club is perfect for people over 50 who are interested in an active, healthy lifestyle. Call (260) 373-7209 for more information.

Parkview Seniors Club | 2200 Randallia Drive | Fort Wayne, IN 46805

www.parkview.com

 **PARKVIEW
SENIORS CLUB**

Education/Social Activities

Purdue Cooperative Extension Service

4001 Crescent Ave., FW 46815 **481-6826**

Allen County office. Answers questions on home and family.

Senior Circle - Lutheran Health Network

800 Broadway, St. Joe Hospital, MOB, FW 46802 **425-3087**

Health education and activities.

Senior Information Fair **494-9321**

Free event with presentations, resource materials, and health screenings. See ad below.

The League

5821 S. Anthony Blvd., FW 46816 **Voice/TTY 441-0551**

Wellspring Interfaith Social Services

1316 Broadway, FW 46802 **422-6618**



Mark Your Calendar For
Thurs., Sept. 14th
9:00 a. m. — 2:00 p. m.
Allen County Public Library
Downtown Fort Wayne

2017 Senior Information Fair

Keynote Speaker:

SANDY THOMSON

Local veteran TV personality and host
of the popular PBS Channel 39 segment
LIFE Ahead.

Speaking On:

'AGE IS JUST A NUMBER'



For those attending SIF, it is a **FREE**
event featuring special presentations,
valuable resource materials, health
screenings and a **FREE** lunch!

Updates and complete information available on the SIF website:

www.seniorfair.info

SIF enables, empowers and promotes seniors to live healthy and safe lives.

Interested vendors can email or call for booth information:

seniorinformationfair@gmail.com • 260-494-9321

Emergency Response Systems

Companion Lifeline **459-9900**

Simplx Security **888-674-6759**

Employment Opportunities

Catholic Charities Senior Community Service Program

915 S. Clinton St., FW 46802 **422-5625**

Fort Wayne Urban League

2135 S. Hanna St., #3, FW 46803 **745-3100**

Foster Grandparent Program

233 W. Main St., FW 46802 **426-2273**

Offers seniors ages 55+ the opportunity to care for children with special needs. Income guidelines. Serve 20 hours/week at various not-for-profit sites. Tax-free stipend. Transportation reimbursed.

JobWorks

7832 Bluffton Rd., FW 46809 **745-2000**

Labor Ready

3968 W. Jefferson Blvd., FW 46804 **745-4577**

Labor Works

2028 S. Calhoun St., FW 46802 **745-7575**

WorkOne Northeast

201 E. Rudisill Blvd. #102, FW 46806 **745-3555**

Energy Assistance

Brightpoint

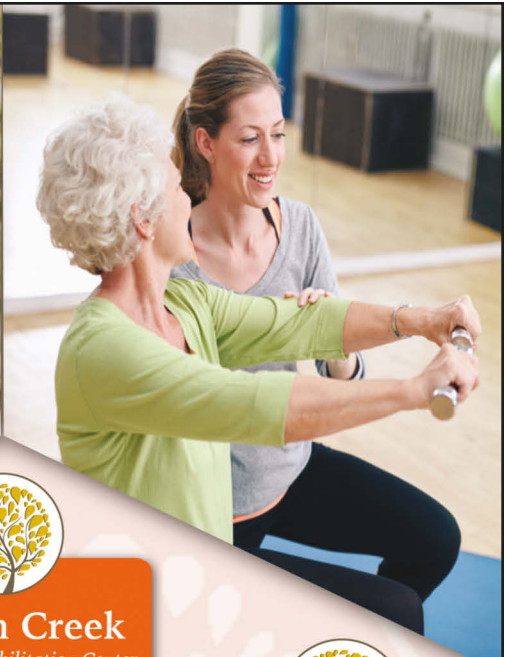
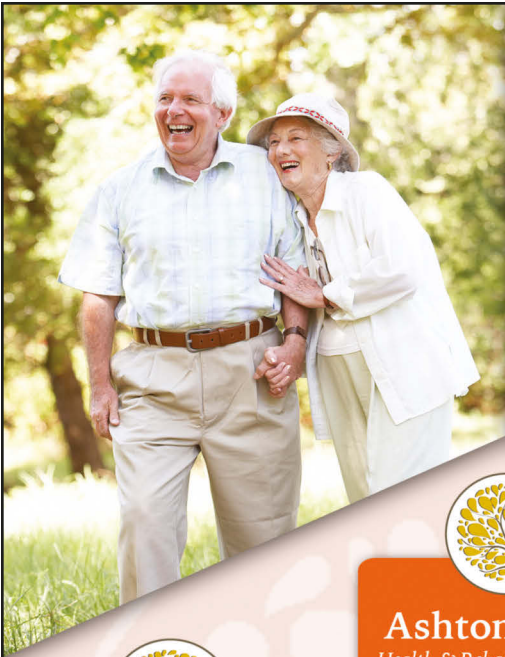
227 E. Washington Blvd., #1, FW 46802 **423-3546**

The Salvation Army

2901 N. Clinton St., FW 46805 **744-2311**

Township Trustees

(See listing under Governmental Offices, pages 43 and 45)



Ossia

Health & Rehabilitation Center

**Skilled Nursing
Rehabilitation
Memory Care**

1(260)622-7821

**215 Davis Road
Ossia, IN**

www.ossianhealthandrehab.com



Ashton Creek

Health & Rehabilitation Center

**Skilled Nursing
Rehabilitation**

1(260)373-2111

**4111 Park Place Dr
Fort Wayne, IN**

www.ashtoncreekhealthandrehab.com



Englewood

Health & Rehabilitation Center

**Skilled Nursing
Rehabilitation
Memory Care**

1(260)747-2353

**2237 Engle Road
Fort Wayne, IN**

www.engagewoodhealthandrehab.com



Living well is the lifestyle you will find at Ashton Creek, Ossia and Englewood Health and Rehabilitation. Our well-trained, compassionate staff supervises every aspect of our resident's wellness. With 24-hour nursing care, Ashton Creek, Ossia and Englewood focus on the entire spectrum of one's well-being; from their physical and emotional health to their needs for social and intellectual stimulation.



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www.shawneeconstruction.com | (260) 489-1234

DESIGN/BUILD | INTERIOR RENOVATIONS | BUILD/LEASE | MAINTENANCE

Fall Prevention

**Aging & In-Home Services of
Northeast Indiana** **469-3036**

**Fall Prevention Clinic
Parkview Center on Aging and Health** **373-4443**

Financial Services & Information

1st Source Bank
200 E. Main St. #100, FW 46802 **420-2427**
6506 E. State Blvd., FW 46815 **493-2110**

APTO Financial Partners LLC
1301 Lafayette St., Ste. 204, FW 46802 **494-2079**

Better Business Bureau of Northern Indiana
4011 Parnell Ave., FW 46805 **800-552-4631**

Consumer Product Safety Commission **800-638-2772**

DRQ Senior Services LLC **402-2659**

FinancialHope Counseling and Education
4105 W. Jefferson Blvd., FW 46804 **432-8200**

**Lutheran Social Services,
Financial Literacy Program**
333 E. Lewis St., FW 46802 **426-3347**

Fitness & Walking Programs

Academy of Sports & Health Centre (Ash Centre)
1701 Freeman St., FW 46802 **436-1507**

Fellowship Missionary Church
2536 E. Tillman Rd., FW 46816 **447-3578**

Continued on page 32

Fitness & Walking Programs

Fort Wayne Parks and Recreation Community Center

233 W. Main St., FW 46802 **427-6460**

Glenbrook Square Mall

4201 Coldwater Rd., FW 46805 **483-2121**

Indiana Tech

1600 E. Washington Blvd., FW 46803 **422-5561 ext. 2427**

Kingston Care Center

1010 W. Washington Center Rd., FW 46825 **489-2552**

Community aquatic classes in heated pool.

Mt. Calvary Lutheran Church

1819 Reservation Dr., FW 46819 **747-4121**

Parkview Health & Fitness Center

3000 E. State Blvd., FW 46805 **373-4151**

Parkview Physicians Group Cardiology

11108 Parkview Circle, FW 46845 **266-5700**

Partners with community agencies to offer FREE or low cost indoor walking and/or exercise options. Some agencies require an AOM ID card available at Parkview Physicians Group Cardiology or online at www.fort4fitness.org/4yourhealth in the Health Tips section.

Parkview Senior Services

2200 Randallia, FW 46805 **373-7209**

Senior Circle Walkers at Spiece Fitness

5310 Merchandise Dr., FW 46825 **425-3087**

No summer hours. Senior Circle membership required.

M - F 5 am - 10 pm, Sat., Sun. 7 am - 7 pm

Spiece Fitness

5310 Merchandise Dr., FW 46825 **483-1415**

St. Joseph United Methodist Church

6004 Reed Rd., FW 46835 **485-9681**

Fitness & Walking Programs

The Chapel

2505 W. Hamilton Rd., FW 46814 **625-6200**

The Towne House Retirement Community

2209 St. Joe Center Rd., FW 46825 **483-3116**

Turnstone Center for Adults and Children with Disabilities

3320 N. Clinton St., FW 46805 **483-2100**

Wellspring Interfaith Social Services

1316 Broadway, FW 46802 **422-6618**

M and F 9:30 am stretching exercise class.

YMCA Branches

• Central Branch YMCA

1020 Barr St., FW 46802 **422-6486**

• Jorgensen Family YMCA

10313 Aboite Center Rd., FW 46804 **432-8953**

• Parkview Family YMCA

10001 Dawson's Creek Blvd., FW 46825 **497-9996**

• Renaissance Pointe YMCA

2323 Bowser Ave., FW 46803 **447-4567**

• Skyline YMCA

838 S. Harrison St., FW 46802 **755-4900**

• Caylor Nickel YMCA

550 W. Dustman Rd., Bluffton 46714 **260-565-9622**

• Whitley County Family YMCA

950 East Van Buren St., Columbia City 46725 **260-244-9622**

.....
\$250,000

**Over A
 Quarter Million Given Back**

**Council On Senior
 Services (COSS)**

**Is Proud To
 Return
 Financial Support**



Each and every year, revenue received from ads placed in the COSS Senior Resource Guide is used to benefit organizations, members, community partners, other area non-profits and businesses who are awarded COSS grants.

COSS Gives Back To The Community

**\$15,000
 Yearly Average**

Food

FOOD BANK SYSTEMS

Associated Churches Neighborhood Food Network provides food assistance to needy Allen County residents. Families are eligible once a month to receive a 3-5 day supply of food. Each family is assigned to a pantry based on their address. There are 28 locations throughout Allen County. To discover which food pantry to visit, call Associated Churches at **422-3528**. When visiting a pantry, individuals will need to show a photo I.D. If current residency is different than the address on the photo I.D., then a utility bill, phone bill or rental lease needs to be presented for current proof of residency.

Anthony Wayne First Church of God

6012 South Bend Dr., FW 46804 **433-3323**
Aboite Twp. M and W 9 - 11 am

Beacon Heights Church of the Brethren

2810 Beacon St., FW 46805 **482-8595**
St. Joseph Twp. W 9:30 - 11:30 am

East Wayne Street Center

801 E. Wayne St., FW 46803 **422-6502, ext. 205**
T and Th 1 - 3 pm

Emanuel Lutheran Church

800 Green St., New Haven 46774 **749-2163**
T 9 - 11:45 am

First Christian Church

4800 S. Calhoun St., FW 46807 **744-3239**
M, W, and F 9 - 11 am

Harlan United Methodist Church

16434 State Rd. 37, Harlan 46743 **657-5364**
Harlan area, Springfield and Scipio Twps. Th 9 - 11 am

Heartland Community Church

1025 Vance Ave., FW 46805 **483-1770**
Any Hispanic with referral.
Su 5:30 - 7 pm

Leo United Methodist Church

13527 Leo Rd., Leo 46765 **627-2161**
Cedar Creek Twp.
By appointment.

Food

Light of the Cross

2936 S. Anthony Blvd., FW 46806 **387-7894**
W 8 am - Noon; F 9:30 am

Maplewood Mennonite Church

4129 Maplecrest Rd., FW 46815 **485-8512**
W 9:30 - 11:30 am

North Christian Church

5201 Camden Dr., FW 46825 **482-1596**
Washington and Perry Twps. 46825 zip code only.
M and Th 9 - 11:45 am

St. Alban's Episcopal Church

7308 St. Joe Rd., FW 46835 **485-8022**
St. Joseph Twp.
W and F 9 - 11:30 am

St. Mark's Lutheran Church

201 E. South, Monroeville 46773 **623-3797**
Monroe, Jackson and Madison Twps.
T 5:30 - 7:30 pm and 2nd Sat 9 - 11 am

St. Matthew's Lutheran Church

2305 Goshen Rd., FW 46808 **483-9312**
Lake, Eel River and Washington Twps.
W and F 9 - 11:30 am

St. Patrick's Catholic Church

2120 S. Harrison, FW 46802 **456-4868**
M, W, and F 9 - 10:45 am

Trinity United Methodist Church

609 Putnam, FW 46808 **422-7924**
Bloomingdale area.
M, W, and F 9 - 11:30 am

Union Baptist Church

2200 Smith St., FW 46803 **456-3421**
M, W, and F 9 - 11 am

Continued on page 36

Food

United Faith Presbyterian Church

1616 W. Main St., FW 46808 **424-5610**

Nebraska area.

M and W 9 - 11 am

Waynedale United Methodist Church

2501 Church St., FW 46809 **747-7424**

Pleasant, Lafayette and Wayne Twps.

M, W, and F 9 - 11 am

Wellspring Interfaith Social Services

1316 Broadway, FW 46802 **422-6618**

M, W, F 9 - 11:30 am, T 5 - 7:30 pm, Th 2:30 - 4 pm, Sat 9:30 am - 12:30 pm

Woodburn United Methodist Church

4300 Becker Rd., Woodburn 46797 **632-5313**

Maumee and part of Milan Twps.

T and Th 9:30 - 11:30 am

FOOD PANTRIES

Community Harvest Food Bank's member agencies offer Food Pantries for individuals and families seeking food assistance. Each agency operates its Food Pantry according to their own policies and procedures, but they must also adhere to strict standards agreed to as a Community Harvest member agency. Call the agency to learn about their individual requirements.

Adventist Community Services

228 W. Lexington Ave., FW 46807 **745-1594**

1st and 3rd T 9 am - 2 pm

Avalon Missionary Church

1500 Lower Huntington Rd., FW 46819 **747-1531**

Th 6:30 pm

East Wayne Street Center

801 E. Wayne St., FW 46803 **422-6502**

T, Th 1 - 3 pm

Emmanuel Lutheran Church

917 W. Jefferson Blvd., FW 46802 **423-1369**

3rd Th 3:30 - 5:30 pm

Food

Father Solanus Food Basket

4643 Gaywood, FW 46806 **744-2519**
F 9 - 10 am

Forest Park United Methodist Church

2100 Kentucky Ave., FW 46805 **484-6696**
T, Sat 10 am - Noon

Grace Point Church of the Nazarene

8611 Mayhew Rd., FW 46835 **485-2110**
By appointment only

Harvester Missionary Church

3331 Harvester Ave., FW 46803 **424-5533**
2nd and 4th W 5 - 6 pm

Heartland Church of Fort Wayne

1025 Vance Ave., FW 46805 **483-1770**
Sun 5:30 - 7 pm

Huntertown United Methodist Church

1601 W. Cedar Canyon Rd., Huntertown 46748 **637-3798**
2nd T and last Sat 9 - 11 am

Kings Chapel Assembly

703 E. Jefferson, FW 46803 **422-0946**
By appointment only

Miss Virginia's Food Pantry

1312 S. Hanna, FW 46802 **426-0176**
T and W 10 am - 1 pm

Oakridge Temple

2808 Evans St., FW 46806 **456-7913**
3rd W 10 am - Noon

St. John the Baptist Catholic Church

943 Powers St., New Haven 46774 **969-1898**
By appointment only.

Continued on page 36

Food

St. Joseph Hessen Cassel

11337 Old US 27 South, FW 46816 **639-3748**
Th 10 am - noon, Sat 9 - 10 am

St. Joseph/St. Vincent

2211 Brooklyn Ave., FW 46802 **432-5113**
Call for details.

St. Patrick's Catholic Church

2120 S. Harrison, FW 46802 **456-4868**
M, W, 9 - 10:45 am - call ahead

St. Peter's Catholic Church

510 E. Dewald, FW 46803 **744-2765**
Th 12:45 - 1:45 pm

St. Therese/St. Vincent DePaul

2304 Lower Huntington Rd., FW 46819 **747-9139**
Th 10 am - Noon



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the caregivers.**

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a Caregiver Homes Family since 2007.*

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We stand alongside you with a promise that you'll never be alone on your journey of providing the dignity and comfort of home. With experienced care teams that help solve day-to-day challenges while anticipating what's ahead, we support caregivers like you and help improve the lives of those in need of care.



Learn more and find out if you're eligible.

866-797-2333 | caregiverhomes.com

Food

The Salvation Army

2901 N. Clinton, FW 46805 **744-2311**

T and Th 1 - 3 pm. Serves the first 25 people only.

Trinity United Methodist Church

609 Putnam St., FW 46808 **422-7924**

M, W, and F 9 - 11:30 am

Turner Chapel A.M.E.

836 E. Jefferson Blvd., FW 46803 **426-3121**

1st, 3rd, and 5th F 8 - 11 am free groceries, 2nd & 4th F 5:30 - 7pm free hot meal.

Union Baptist Church

2200 Smith St., FW 46803 **456-3421**

M, W, and F 9 - 11 am

Waynedale United Methodist Church

2501 Church St., FW 46809 **747-7424**

M, W, and F 9 - 11 am

Wellspring Interfaith Social Services

1316 Broadway, FW 46802 **422-6618**

Call first.

MEALS/SOUP KITCHENS

Aging & In-Home Services of Northeast Indiana

2927 Lake Ave., FW 46805 **469-3036**

Call for information.

Aldersgate United Methodist Church

2417 Getz Rd., FW 46804 **432-1524**

Th 6 - 7 pm

Faith Lutheran Church

1700 E. Pettit, FW 46806 **745-2565**

W 6 pm

Fort Wayne Baptist Church

2323 Fairfield, FW 46807 **744-2373**

W 6 pm

Continued on page 40

Food

Fort Wayne Rescue Mission

301 W. Superior, FW 46802 **426-7357**

M - Sun 7 - 7:30 am, Noon - 12:30 pm, 5 - 5:30 pm

Gethsemane Lutheran Church

1505 Bethany Ln., FW 46825 **483-1813**

W 6 pm

Greater Christ Temple Apostolic Church

2940 S. Anthony Blvd., FW 46806 **426-8200**

W 4:30 - 5:45 pm, bi-weekly. Call for information.

New Life Lutheran Church

2424 Coliseum Blvd. South, FW 46803 **420-3024**

W 6 - 7 pm

St. Andrew's Soup Kitchen

2714 New Haven Ave., FW 46803 **423-6326**

M, W, F 11 am - 1 pm

Call for zip code and proof of residency information.

St. Mark's Lutheran Church

201 E. South St., Monroeville 46773 **623-3797**

T 5 - 6 pm

St. Mary's Soup Kitchen

1101 S. Lafayette, FW 46802 **424-8231**

M - F 10 am - 2 pm, Sat 10 am - 1 pm, Sun 11:30 am - 1 pm

Trinity United Methodist Church

609 Putnam St., FW 46808 **422-7924**

M, W, F 9 - 11:30 am

HOME-DELIVERED MEALS

Homebound Meals **422-3296**

Meals on Wheels **745-1200**

Program of Aging & In-Home Services of Northeast Indiana

Food

GROCERY DELIVERY

Commodity Supplement Food Program (CSFP)

Once a month program for medically homebound seniors as well as the option to walk-in and receive 40+ pounds of food the 3rd week of the month.

For more information or to enroll call

Brittany Rieke, Senior Pak Coordinator **447-3696, ext. 319**

SeniorPak

Ensures that homebound adults over 60 years of age and living on limited incomes have access to a 20+ pound bag of groceries, provided every two weeks to supplement the senior citizen's food budget.

Call to enroll **447-3696, ext. 319**

ON-LINE CURBSIDE GROCERY SHOPPING

meijer.com or kroger.com

At select locations, order on-line and set a pick up date and time. A fee is charged for this service.

Foot Care

A Lighter Step at Fort Wayne Parks and Recreation Community Center

233 W. Main St., FW 46802 **427-6460**

Foot Solutions

513 E. Coliseum Blvd., FW 46805 **484-8966**

Happy Toes **710-0056**

Foot and nail care in your home.

Parkview Center for Healthy Living

11123 Parkview Plaza Dr., FW 46845 **672-6500**

Senior Circle – Lutheran Health Network

700 Broadway, St. Joe Hospital, MOB, FW 46802 **425-3087**

Toenges Shoes & Pedorthics

2415 Hobson Rd., FW 46805 **484-4742**

Funeral Services

Hicks Caskets, Monuments & More

208 E. Pettit Ave., Ste. 66, FW 46806 **744-0054**

Infinity Casket, Vault and Monument Company

6218 1/2 Maplecrest Rd., FW 46835 **444-4100**
433-2159

Memories of You

6413 Lima Rd., FW 46818 **451-0555**

Midwest Funeral & Cremation Society, Inc.

4602 Newaygo Rd., FW 46808 **496-9600**

Northern Indiana Funeral Care - Veterans Funeral Care

1319 Magnavox Way, FW 46804 **456-0890**

Geriatric Case Management

Consultant services assisting seniors and their families/support systems in finding answers to challenges in aging and accessing services. Their goal is to assess, plan, advocate, monitor, and evaluate needs.

Aging & In-Home Services of Northeast Indiana

2927 Lake Ave., FW 46805 **469-3036**

Caring Connections **413-7169**

Dorian Maples & Associates

528 W. Washington Blvd., FW 46802 **918-1141**

Healthcare Advocates **437-7462**

TrueCare Solutions **260-333-6440**

Government Offices

CITY

311 Call Center “One call to city hall” Non-emergency service requests. Call M - F 7:30 am - 5:30 pm. Garbage questions, recycling, abandoned vehicles, rusty water, street/traffic lights out, storm drains, pothole repairs, street repair or street cleaning.

Community Liaison

200 E. Berry St., FW 46802 **427-6214**

Neighborhood Code Enforcement

200 E. Berry St., Ste. 320, FW 46802 **311/427-8311**

TOWNSHIP TRUSTEES

Limited emergency assistance for food, lodging, health care, fuel and utilities. Funeral and burial funds available. Call for further information.

• Aboite

11321 Aboite Center Rd., FW 46814 **432-0970**

M and Th 9 am - 2 pm, T 4 - 9 pm

• Adams

120 Lincoln Highway West, New Haven 46774 **749-4162**

M - F 8 am - 4 pm

• Cedar Creek

10523 Hosler Rd., Leo, 46765 **627-5695**

M, W, F 9 am - 1 pm

• Eel River

3925 McComb Rd., Huntertown 46748 **637-0238**

• Jackson

618 N. Brobst Rd., Woodburn 46797 **632-7701**

• Jefferson

816 Roussey Rd., New Haven 46774 **493-5745**

• Lafayette

11517 Dennis Rd., Roanoke 46783 **414-8148**

• Lake

8801 Frazier Dr., FW 46818 **625-1090**

• Madison

15009 Wayne St., Hoagland 46745 **639-3790**

• Marion

16404 US 27 S., Decatur 46733 **639-3062**

Continued on page 45

UNWANTED MEDICATION COLLECTION

Friday, April 28, 2017 and
Friday, September 22, 2017
9:00 AM - 1:00 PM

**Bring unwanted medication
(in their original bottles or packages)
to locations for drop-off at these select
Walgreen's Drug Stores:**

- 5830 N. Clinton St. (at St. Joe Center Rd.)
- 6202 W. Jefferson (at Getz Rd.)
- 6730 Bluffton Rd. (at Lower Huntington)
- 330 W. State (at Wells)
- 907 Lincoln Highway W. (New Haven)
- 10170 Maysville Rd.
- 1701 E. Paulding Rd. (at Anthony)
- 5435 E. Dupont Rd. (at Tonkel Rd.)
- 10211 Chestnut Plaza Dr.
- 11932 Lima Rd. (at Carroll Rd.)
- 10412 Coldwater Rd. (at Dupont)
- 2410 N. Coliseum Blvd. (at E. State)
- 6201 Stellhorn Rd. (at Maplecrest Rd.)
- 7950 W. Jefferson Blvd. (Lutheran Hospital)



ONGOING COLLECTION SITES (FOR PILLS ONLY) AT:

- Indiana State Police Post (5811 Ellison Rd.)
- Rousseau Centre (1 E. Main)
- Huntertown Town Hall (15617 Lima Rd.)
- New Haven Police (815 Lincoln Highway E.)



**For More
Information Call
469-3036**

www.agingihs.org

Government Offices

• Maumee

P.O.Box 142, Woodburn 46797 **632-9977**
M 9 am – noon, W 1 pm – 4 pm

• Milan

18208 Doty Rd., Woodburn 46797 **632-4511**

• Monroe

P.O. Box 137, Monroeville 46773 **623-3717**

• Perry

15412 Lima Rd., Hometown 46748 **449-3748**

• Pleasant

13427 Thiele Rd., FW 46819 **639-6251**

• Scipio

P.O. Box 163, Harlan 46743 **657-8001**

• Springfield

P.O. Box 283, Harlan 46743 **657-3422**

• St. Joseph

6033 Maplecrest Rd., FW 46835 **485-5993**
M - W 8 am - 1 pm; F 8 am - Noon

• Washington

1832 W. Wallen Rd., FW 46818 **449-3354**

• Wayne

320 E. Superior, FW 46802 **449-7000**

COUNTY

Advanced Disposal

4429 Allen Martin Dr., FW 46806 **436-8700**

Allen County Board of Voter Registration

1 E. Main St., Ste. 176, FW 46802 **449-7154**
M - F 8 am - 4:30 pm

Allen County Commissioners

200 E. Berry St., FW 46802 **449-7555**

Environmental Services of Allen County

200 Barr St., FW 46802 **449-7126**

Fort Wayne-Allen County Health Department

200 E. Berry St., 3rd Floor, FW 46802 **449-7561**

Continued on page 46

Government Offices

Greater Fort Wayne

Crime Stoppers **436-7867/800-237-7867**

Homeland Security

1 E. Main St., Ste. 754 FW 46802 **449-4663**

Republic Services of Fort Wayne

6231 Macbeth Rd., FW 46809 **311/747-4117**

Solid Waste Management District

1 E. Main St., Ste. 755, FW 46802 **449-7265**

STATE

Indiana Bureau of Motor Vehicles - Auto Licenses

New Haven

701 Lincoln Highway West, New Haven 46774 **749-5178**

Pine Valley

10204 Coldwater Rd., FW 46825 **489-0690**

Waynedale

6721 Old Trail Rd., #300, FW 46809 **747-5764**

Indiana Family and Social Services Administration

201 E. Rudisill Blvd., Ste. 302, FW 46802 **800-403-0864**

www.in.gov/fssa

Indiana House of Representatives

Switchboard **800-382-9842**

Telephone Center **317-232-9600**

Matthew Lehman (R) 79th District

Phil Giaquinta (D) 80th District

Martin Carbaugh (R) 81st District

David Ober (R) 82nd District

Christopher N. Judy (R) 83rd District

Robert Morris (R) 84th District

Dave Heine (R) 85th District

Indiana State Department of Health

2 N. Meridian St., Ste. 4B, Indianapolis 46204 **317-233-1325**

Government Offices

Indiana State Senate

Switchboard **800-382-9467**

Telephone Center **317-232-9400**

Dennis Kruse (R) 14th District

Liz Brown (R) 15th District

David Long (R) 16th District

Andy Zay (R) 17th District

Travis Holdman (R) 19th District

Long-Term Care Ombudsman, NE Indiana

3215 Stellhorn Rd., FW 46815 **469-3161**

Investigates concerns about nursing homes and other long term care facilities and works to resolve them.

Medicaid **800-457-4584**

FEDERAL

Federal Citizen Information Center **1-800-333-4636**

Medicare **1-800-633-4227**

Social Security Administration

2122 Lincolnway Ct., FW 46819 **877-223-6061**

National **800-772-1213**

TTY/TTD 877-486-2048

U.S. Representative 3rd District

Marlin Stutzman (R) **424-3041**

U.S. Senator Dan Coats (R) **317-554-0750**

U.S. Senator Joe Donnelly (D) **574-288-2780**

Hair Care

In-Home Beauty/Barber Services, Rona Morris **705-3271**

Health Support Services

DISEASE SPECIFIC SERVICES

AIDS:

- **Positive Resource Center**
525 Oxford, FW 46806 **744-1144**

Alzheimer's Disease:

- **Alzheimer's Association**
6324 Constitution Dr., FW 46804 **420-5547**

Arthritis:

- **Arthritis Foundation**
615 N. Alabama, Ste. 430, Indianapolis 46204 **317-879-0321**

Cancer:

- **American Cancer Society**
111 E. Ludwig Rd., #105, FW 46825 **471-3911**
- **Cancer Services of Northeast Indiana**
6316 Mutual Dr., FW 46825 **484-5531**
- **Fort Wayne African American Cancer Alliance (FWAACA)**
515 W. Wayne St., FW 46802 **432-6552**
- **Francine's Friends Mobile Mammography Unit**
3707 New Vision Drive., FW 46845 **483-1847**
- **Lutheran Hospital Cancer Resource Center**
7910 W. Jefferson Blvd., FW 46804 **435-7959**
- **Parkview Comprehensive Cancer Center**
11141 Parkview Plaza Dr., Ste. 110, FW 46845 **266-9100**

Chronic Disease Self-Management (Diabetes, Heart):

- **Aging & In-Home Services of Northeast Indiana** **745-1200**

Diabetes:

- **American Diabetes Association** **800-342-2383**
- **Lutheran Health Network**
Diabetes Education **425-3154**
- **Parkview Hospital Diabetes Treatment Center** **373-4280**

Health Support Services

Epilepsy:

- **Indiana University Comprehensive Epilepsy Clinic**
355 W. 16th St., Indianapolis 46202 **317-948-5450**

Heart:

- **American Heart Association** **800-242-8721**

Kidney/Dialysis:

- **National Kidney Foundation of IN, NE Region**
1415 Directors Row, Ste. 9-A, FW 46808 **456-0654**

Multiple Sclerosis:

- **National Multiple Sclerosis Society** **317-870-2501**

Muscular Dystrophy:

- **Muscular Dystrophy Association**
2869 E. Dupont Rd., FW 46825 **486-6698**

CLINICS/HEALTH SCREENINGS

Center for Vein Restoration

7230 Engle Rd., Ste. 101, FW 46804 **800-349-5347**

Clinica Madre de Dios

2120 S. Harrison, FW 46802 **755-3897**

T 8 - 11 am or by appointment.

Focus on Health

3618 New Vision Dr., FW 46845 **266-2472**

Fort Wayne - Allen County Department of Health Medical Annex

4813 New Haven Ave., FW 46802 **449-7504**

Immunizations by appointment.

Health Visions of Fort Wayne

2135 S. Hanna St., FW 46803 **745-1600**

Matthew 25 Health Clinic

413 E. Jefferson Blvd., FW 46802 **426-3250**

Call for appointment.

Continued on page 50

Health Support Services

Multi-County Medical Outreach Clinic

524 Branch Ct., Columbia City 46725 **260-564-1946**

Neighborhood Health Clinic

1717 S. Calhoun St., FW 46802 **458-2641**

M and W 8 am - 7 pm; T, Th, F 8 am - 5 pm

Oak Street Health

436 E. Washington Blvd., FW 46802 **209-7154**

Parkview Center for Healthy Living

11123 Parkview Plaza Dr., Ste. 200, FW 46845 **672-6500**

YMCA Branches - Contact Branches for Schedule

• Central Branch YMCA

1020 Barr St., FW 46802 **422-6486**

• Jorgensen Family YMCA

10313 Aboite Center Rd., FW 46804 **432-8953**

• Parkview Family YMCA

10001 Dawson's Creek Blvd., FW 46825 **497-9996**

• Renaissance Pointe YMCA

2323 Bowser Ave., FW 46803 **447-4567**

• Skyline YMCA

838 S. Harrison St., FW 46802 **755-4900**

• Caylor Nickel YMCA

550 W. Dustman Rd., Bluffton 46714 **260-565-9622**

• Whitley County Family YMCA

950 East Van Buren St., Columbia City 46725 **260-244-9622**

Hearing/Speech Impaired

IPFW Communications Disorders

2101 E. Coliseum Blvd., FW 46805 **481-6410**

Summit Hearing Solutions

927 E. Dupont Rd., FW 46825 **338-2942**

TTY Relay Indiana **800-743-3333**

Spanish 800-435-8590

The League

5821 S. Anthony Blvd., FW 46816 **Voice/TTY 441-0551**

Video Phone 440-3013

Home Care Agencies

PERSONAL SERVICES AGENCIES

Licensed by the Indiana State Department of Health. Will provide attendant care services and/or homemaker services that assist with or perform household tasks.

Absolute Angels

17217 Black Creek Ct., Harlan 46743 **715-7777**

Acti-Kare Responsive In-Home Care

921 E. Dupont Rd., Ste. 816, FW 46825 **245-0367**

Affordable Home Care/Aging & Disabled Home

..... **433-3636/800-260-6145**

Angel Corps

528 W. Washington Blvd., FW 46802 **426-4357**

Continued on page 53



*Homemaker Services
Personal Care Services
Respite Care*

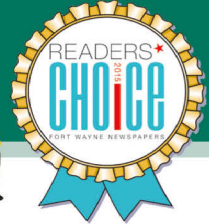
**When you choose The League's Home Care Plus Services,
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5821 S. Anthony Blvd. | Fort Wayne IN 46816
Voice/TTY: 260-441-0551 or 800-889-3443 | Video phone: 260-440-3013
www.the-league.org

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BrightStar

333 E. Washington Blvd., FW 46802 **918-0933**

Comfort Keepers

4110 Lower Huntington Rd., FW 46809 **484-5858**

Community Home Healthcare

2700 S. Lafayette, Ste. 210, FW 46806 **441-8302/800-541-4733**

Help At Home Inc.

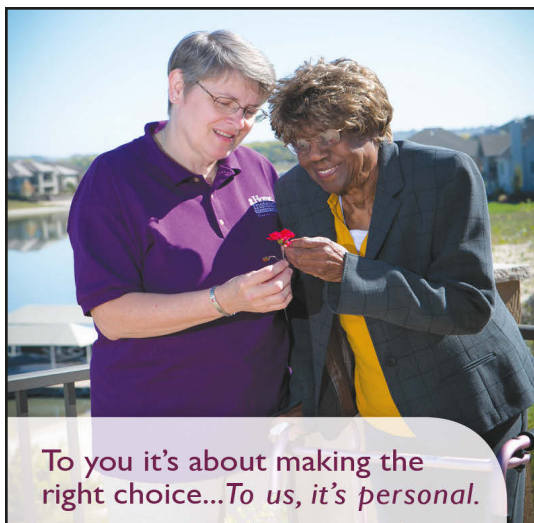
9025 Coldwater Rd., Ste. 400, FW 46825 **451-8383**

307 W. Van Buren, Columbia City 46725 **244-1951**

Home Healthcare Associates

6431 Georgetown North Blvd., FW 46815 **498-2990**

Continued on page 54



To you it's about making the right choice...To us, it's personal.

Whether you are looking for someone to help you or a loved one a few hours a week, or need more comprehensive assistance, Home Instead can help.

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- Light Housekeeping
- Meal Preparation
- Medication Reminders
- Personal Care
- Incidental Transportation
- Alzheimer's Care
- Shopping and Errands

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Home Care Agencies

Home Helpers Direct Link

7211 Miaqueah Ct., FW 46815 **408-6898**

Home Instead Senior Care

2789-B Maplecrest Rd., FW 46815 **485-2424/866-319-1765**

Home Is Where The Heart Is

2478 Lake Ave., FW 46805 **387-6369**

Interim HomeStyle Services

310 E. Dupont Rd., Ste. 1, FW 46825 **482-9405**

Lutheran Life Villages Home Care

8151 Glencairn Blvd., FW 46804 **866-573-4933**

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Home Care Agencies

Senior Helpers

820 Mill Lake Rd., FW 46845 **633-2005**

The League

5821 S. Anthony Blvd., FW 46816 **Voice/TTY 441-0551**

TrueCare Seniors

221 S. Main St., Auburn 46706 **260-333-6440**

Visiting Angels

2230 W. Coliseum Blvd., Ste. 104, FW 46808 **482-2273**

Home Health Agencies

Accredited Universal Home Health

6202 Constitution Hill, Ste. B, FW 46804 **436-2902**

Continued on page 57



**Personal Services Attendant
Homemakers / Companions
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24 Hour care available & MORE
Authorized Provider for
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State Licensed Insured and Bonded
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Angels of Mercy Home Care Plus

2190 North Pointe Dr., Warsaw 46582 **574-306-2843**

At Home Healthcare Agency, LLC

5800 Fairfield Ave., Ste. 140, FW 46807 **755-2727**

BrightStar

333 E. Washington Blvd., FW 46802 **918-0933**

Community Home Healthcare

2700 S. Lafayette, Ste. 210, FW 46806 **441-8302/800-541-4733**

Divine Home Healthcare

5215 North Bend Dr., FW 46804 **804-2223**

Continued on page 58



Randallia Place

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Independent & Assisted Living

Memory Care Assisted Living

Victory Noll

25 Victory Noll Dr. • Huntington

(260) 224-6848

Independent & Assisted Living

saintannecommunities.org

Home Health Agencies

Family LifeCare

108 S Jefferson St., Berne 46711 **800-355-2817**

Heartland Home Health

1315 Directors Row, Ste. 210, FW 46808 **866-421-6973**

Help at Home, Inc.

9025 Coldwater Rd., Ste. 400, FW 46825 **451-8383**

Home Care Services, Inc.

6202 Constitution Dr., Ste. C, FW 46804 **459-2907**

Home Healthcare Associates

6431 Georgetown North Blvd., FW 46815 **498-2990**

Home Health Care Solutions

5250 E. US 36, Ste. 710, Avon 46123 **317-718-1300**
877-718-1306



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comes home.**

Being in a familiar setting, surrounded by family and friends, can make you feel better during an illness or injury. For these times, Parkview Home Health & Hospice provides a full range of health services in your home.

- Skilled nursing
- Home IV therapy
- Physical therapy
- Home health aide services
- Hospice services
- Palliative care services

Parkview Home Health & Hospice serves the counties of northeast Indiana. A physician referral is needed before services begin.

For more information,
call 1-800-363-9977 or 260-373-9800.



PARKVIEW
HOME HEALTH & HOSPICE

Central Office:

1900 Carew Street, Suite 6 | Fort Wayne, IN 46805 | www.parkview.com

Home Health Agencies

Home Nursing Services

528 W. Washington Blvd., FW 46802 **424-1237**

HomePointe HealthCare

8515 Bluffton Rd., FW 46809 **748-7913/866-737-0213**

Interim HealthCare

310 E. Dupont Rd., Ste. 1, FW 46825 **482-9405**

Lutheran Health Network Home Health

2510 E. Dupont Rd., Ste. 237, FW 46825 **490-6535**

Maxim Healthcare Services

3000 E. Coliseum Blvd., FW 46805 **432-1166**
866-204-8087

New Horizons Home Health

621 Broadway, New Haven 46774 **493-1401**

Nightingale Home Health

1036 Rangeline Rd., Carmel 46032 **317-334-7777**

Parkview Home Health & Hospice

1900 Carew St., Ste. 6, FW 46805 **373-9800/800-363-9977**

Sunshine Home Health Care

302 E. Jefferson Blvd., FW 46803 **483-6878**

VA Northern Indiana Health Care

2121 Lake Ave., FW 46805 **460-1445**

VNA Healthtrends 855-864-9988



- ☼ Home Health
- ☼ Hospice
- ☼ Infusion Therapy
- ☼ Palliative Care
- ☼ Care Management
- ☼ Grief Support
- ☼ Wings of Hope (Children's Services)

800-355-2817

www.FamilyLifeCareIN.org

Home Maintenance/Remodeling

Access ONE

5120 Speedway Dr., FW 46825 **485-7007**
Handrails, ramps, bathrooms, and stair lifts.

NeighborLink Fort Wayne **710-7611**

Volunteer based home maintenance. www.nlfw.org

Council On Senior Services (COSS) **MISSION**

To promote services and benefits available to seniors and their caregivers in Northeastern Indiana through a not-for-profit network catering to the aging population.



Visiting Nurse

HOSPICE HOME

HOSPICE CARE

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GRIEF SUPPORT



- Hospice care to support those diagnosed with a serious illness
- Hospice Home – comfortable 14-bed facility dedicated to the care of the patient and family
- Palliative care to support those in need of symptom management and to provide guidance on goals of care
- Customized teaching about end-of-life issues
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- Grief support at the Peggy F. Murphy Community Grief Center
- Care for all patients – regardless of their ability to pay
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- A local non-profit agency serving the community for nearly 130 years
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www.vnfw.org

Hospice

Hospice is a special way of caring for people who are terminally ill. Hospice provides comfort and support to the individuals and their family/support group. The care includes physical, psychological, social, pastoral, and grief counseling services. Service is provided in the home, nursing facility, hospice home, or assisted living community.

Family LifeCare

108 S Jefferson St., Berne 46711 **800-355-2817**

Heartland Hospice

1315 Directors Row, Ste. 210, FW 46808 **866-421-6973**

Heart to Heart Hospice

7221 Engle Rd., Ste. 100, FW 46804 **203-5441**

Kindred At Home Hospice **574-224-4673**

Continued on page 63



"At a time when compassion and care are needed most, hospice is there for you and your loved ones. Our hospice will bring both you and your family peace, comfort and most importantly, control."

"Our goal is to allow our patients and their families the opportunity to share memories and to celebrate in the lives of their loved ones."



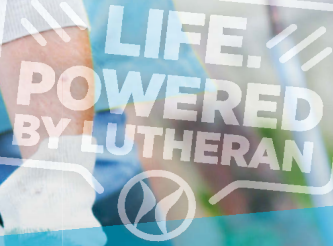
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NOW CAN DO



Joint pain can keep you from the things you love. At The Orthopedic Hospital, specially trained physicians and staff perform advanced procedures, participate in clinical research and offer rehabilitative support that can help you overcome joint pain and go from **No Can Do** to **Now Can Do**.

OUR SERVICES

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- ▶ Anterior-approach hip replacement
- ▶ Fracture care
- ▶ Hand surgeries
- ▶ Ankle and foot surgeries
- ▶ Joint replacements and revisions:
 - Hips
 - Knees
 - Shoulder
 - Ankle
- ▶ Orthopedic trauma
- ▶ Pain management procedures
- ▶ Spine surgeries
- ▶ Unicompartamental partial-knee replacement

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LutheranHealth.net/ortho



**Lutheran
Health Network**

The Orthopedic Hospital

The Orthopedic Hospital is owned in part by physicians.

Hospice

Nightingale Hospice

1036 Rangeline Rd., Carmel 46032 **866-334-7777**

Parkview Home Health & Hospice

1900 Carew St., Ste. 5, FW 46805 **373-9800**

SouthernCare

7557 W. Jefferson Blvd., FW 46804 **432-6075**

Visiting Nurse and Hospice Home

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IN only 800-288-4111

Hospitals

Dupont Hospital

2520 E. Dupont Rd., FW 46825 **416-3000**

Continued on page 64



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ortho.parkview.com

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Parkview Ortho Hospital is partially physician owned.

Hospitals

Lutheran Hospital

7950 W. Jefferson Blvd., FW 46804 **435-7001**

Parkview Randallia

2200 Randallia Dr., FW 46805 **373-4000**

Parkview Ortho Hospital

11130 Parkview Circle Dr., FW 46845 **672-5000**

Parkview Regional Medical Center

11109 Parkview Plaza Dr., FW 46845 **266-1000**

Rehabilitation Hospital of Fort Wayne

7970 W. Jefferson Blvd., FW 46804 **435-6100**

St. Joseph Hospital

700 Broadway, FW 46802 **425-3000**

The Orthopedic Hospital of Lutheran Health Network

7952 W. Jefferson Blvd., FW 46804 **435-2999**

VA Northern

Indiana Health Care System

2121 Lake Ave., FW 46805 **426-5431**

Vibra Hospital

2200 Randallia, FW 46805 **399-2900**

Housing

These agencies provide low income housing and inspect for unsanitary conditions, code violations, and radon.

SERVICES

Allen County Building Department

200 E. Berry St., Ste. 180, FW 46802 **449-7131**

Housing

Environmental Services of Allen County

200 Barr St., FW 46802 **449-7126**

Fort Wayne Housing Authority

7315 Hanna St., FW 46816 **267-9300**

Housing & Neighborhood Services

200 E. Berry St., Ste. 320, FW 46802 **427-1127**

Neighborhood Code Enforcement

200 E. Berry St., Ste. 320, FW 46802 **427-1324**

U.S. Dept of Housing & Urban Development

800-333-4636

INDEPENDENT LIVING

• Arbor Glen

5202 St. Joe Rd., FW 46835 **632-8116**

• Coventry Meadows Garden Homes

7833 W. Jefferson Blvd., FW, 46804 **435-2100**

• Covington Commons Senior Living

2601 Covington Commons Dr., FW 46804 **432-1932**

• Heritage Park Garden Homes

2001 Hobson Rd., FW 46805 **484-9557**

Continued on page 66




National Church Residences
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A senior residential community

- ◆ 1 & 2-BR units
- ◆ All utilities included
- ◆ Elevator
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- ◆ Maintenance-free
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www.NationalChurchResidences.org

Housing

- **Park Place Senior Living**
4411 Park Place Dr., FW 46845 **480-2500**

- **The Villas at Heritage Lakes**
6030 Heritage Pkwy., FW 46835 **466-8778**

Non-Subsidized Apartments

- **Bluffton Senior Villas**
301 Lamar St., Bluffton, IN 46714 **824-5820**
- **Brentwood**
2510 Farnsworth, Apt. 112, FW 46805 **484-3424**
- **Evard Homestead**
4530 Merchant Rd., FW 46818 **497-7010 ext. 300**
No office on site, contact New Generation Management
- **Georgetown Apartments**
6426 Georgetown Ln., FW 46815 **749-0461**
- **Jackson Square**
131 Jackson Square Dr., Roanoke 46783 **676-2177**
- **Preston Dean Villas**
4530 Merchant Rd., FW 46818 **497-7010 ext. 300**
No office on site, contact New Generation Management
- **Ryker Reserve**
1825 Laverne Ave., FW 46805 **203-3282**
- **Savannah Springs**
3706 Goeglein Rd., FW 46815 **245-0634**
- **Senior Town**
2202 Senior Dr., FW 46805 **482-2313**
- **Southwest Senior Community**
6104 Sapphire, FW 46804 **466-1202**
- **South Side Senior Villas**
7240 John St., FW 46816 **267-9300**
- **Tamera Senior Villas**
7045 John St., FW 46816 **447-9721**
- **Trails Edge**
2620 E. State Blvd., FW 46805 **483-1600**
- **Yellow Retirement Communities**
1214 W. Main St., FW 46808 **424-0424**

Housing

Subsidized Apartments

- **Adam and Bruce**
5910 Hessen Cassel Rd., FW 46816 **447-3496**
- **Brooklyn Manor**
3626 Brooklyn Ave., FW 46809 **267-9300**
- **Fairington Apartments**
4931 Fairington Dr., FW 46825 **484-2978**
- **LaFontaine Center**
208 W. State St., Huntington 46750 **356-9099**
- **Meetinghouse at St. Peter**
611 E. Dewald St., FW 46803 **456-9051**
- **Memorial Park Estates**
2024 Maumee Ave., FW 46803 **424-7275**
- **Salem Manor**
1221 & 1225 E. California Rd., FW 46825 **484-1959**
- **South Side Senior Villas**
7240 John Street, FW 46816 **267-9300**
- **True Love Manor**
6025 S. Hanna St., FW 46816 **456-2771**
- **Village of Brooklyn Pointe**
2003 Nuttman Ave., FW 46809 **267-9300**
- **Whispering Oaks**
7284 Decatur Rd., FW 46816 **267-9300**

INDEPENDENT LIVING WITH ASSISTANCE & SUPPORT

The assistance and support in these apartments generally means that housekeeping services, transportation, emergency response system, and scheduled activities may be available.

- **Arbor Glen**
5202 St. Joe Rd., FW 46835 **632-8116**
- **Brookdale Fort Wayne**
4730 E. State Blvd., FW 46815 **484-0308**
- **Coventry Meadows Garden Homes**
7833 W. Jefferson Blvd., FW 46804 **435-2100**
- **Covington Commons Senior Living**
2601 Covington Commons Dr., FW 46804 **432-1932**
- **Georgetowne Place**
1717 Maplecrest Rd., FW 46815 **493-6927**

Continued on page 69



Spring Opening

**Premier Retirement Community with our newly opened
Enhanced Assisted Living and Memory Care.**

*"You know our noteworthy reputation, you've heard about our
amazing staff and compassion towards our residents
...it will be continuing to another level of care to meet the
needs of our community."*

You'll find your own private apartment in a community
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to schedule a complimentary lunch and tour!***

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georgetownplaceretirement.com



Housing

- **Golden Years Homestead**
8300 Maysville Rd., FW 46815 **749-9655**
- **Heritage Park Assisted Living**
2001 Hobson Rd., FW 46805 **484-9557**
- **Lamplight Inn of Fort Wayne**
300 E. Washington Blvd., FW 46802 **422-5511**
- **Lutheran Life Villages**
6723 S. Anthony Blvd., FW 46816 **447-1591**
- **Park Place Senior Living**
4411 Park Place Dr., FW 46845 **480-2500**
- **Saint Anne Communities Grace Pointe**
5610 Noll Ave., FW 46806 **745-7039**
- **Smith Farms Manor**
406 Smith Dr., Auburn 46706 **925-4800**
- **The Cedars**
14409 Sunrise Ct., Leo 46765 **627-2191**
- **The Hearth at Sycamore Village**
611 W. County Line Rd. South, FW 46814 **625-4025**
- **The Heritage of Fort Wayne**
5250 Heritage Pkwy., FW 46835 **209-6279**
- **The Towne House Retirement Community**
2209 St. Joe Center Rd., FW 46825 **483-3116**
- **TrueCare Homes**
Auburn and FW **260-333-6440**

ASSISTED LIVING

A combination of housing, personalized supportive services, and health care for those who require help with activities of daily living. A facility may choose to be licensed by the Indiana State Department of Health as a Residential Care Facility.

- **Brookdale Fort Wayne**
4730 E. State Blvd., FW 46815 **484-0308**
- **Coventry Meadows**
7833 W. Jefferson Blvd., FW 46804 **435-2100**
- **Covington Commons Senior Living**
2601 Covington Commons Dr., FW 46804 **432-1932**
- **Georgetowne Place**
1717 Maplecrest Rd., FW 46815 **493-6927**
- **Golden Years Homestead**
8300 Maysville Rd., FW 46815 **749-9655**

Continued on page 70

Housing

- **Hamilton Place**
2116 Butler Rd., FW 46808 **471-0944**
- **Harbour of Fort Wayne**
3110 E. Coliseum Blvd., FW 46805 **471-3110**
- **Heritage Park Assisted Living**
2001 Hobson Rd., FW 46805 **484-9557**
- **Kingston Residence of Fort Wayne**
7515 Winchester Rd., FW 46819 **747-1523**
- **Lamplight Inn of Fort Wayne**
300 E. Washington Blvd., FW 46802 **422-5511**
- **Lutheran Life Villages**
6701 S. Anthony Blvd., FW 46816 **447-1591**
- **Orchard Pointe**
702 Sawyer Rd., Kendallville 46755 **260-242-9081**
- **Park Place Senior Living**
4411 Park Place Dr., FW 46845 **480-2500**
- **Saint Anne Communities Grace Pointe**
5610 Noll Ave., FW 46806 **745-7039**



Housing

- **Saint Anne Communities Randallia Place**
1900 Randallia, FW 46805 **484-5555**
- **Season's HomeCare**
*Assisted living in your own home or ours **489-2273**
- **Smith Farms Manor**
406 Smith Dr., Auburn 46706 **925-4800**
- **The Cedars**
14409 Sunrise Ct., Leo 46765 **627-2191**
- **The Hearth at Sycamore Village**
611 W. County Line Rd. S., FW 46814 **625-4025**
- **The Heritage of Fort Wayne**
5250 Heritage Pkwy., FW 46835 **209-6279**
- **The Towne House Retirement Community**
2209 St. Joe Center Rd., FW 46825 **483-3116**
- **TrueCare Homes**
Auburn and FW **260-333-6440**
- **Woodview Assisted Living**
3320 E. State Blvd., FW 46805 **483-4343**

Continued on page 73

Council On Senior Services (COSS) MISSION

To promote services and benefits available to seniors and their caregivers in Northeastern Indiana through a not-for-profit network catering to the aging population.

Lincolnshire Place

A Memory Care Residence



- Residential Neighborhood setting with enclosed walking areas providing easy and safe access to the outdoors.
- Town center features hobby shop, movie theater, potting shed, diner and beauty salon.

Call Angela Today For Information And To Schedule A Tour

11911 Diebold Road • Fort Wayne 46845

260-471-1620

Dedicated to Alzheimer's and Dementia Care

> Licensed Memory Care Assisted Living <

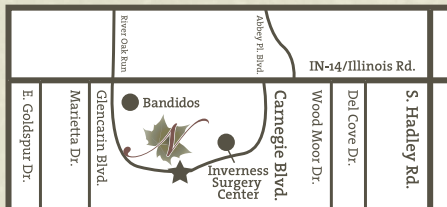
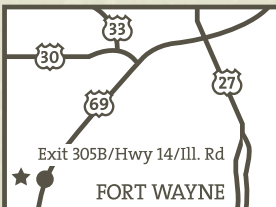


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- > Delicious Chef-prepared Meals and Snacks
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SCHEDULE YOUR
TOUR TODAY!

(260)420-1866



8075 Glencarin Boulevard | Fort Wayne, Indiana 46804



> www.NorthWoodsMemoryCare.com <



Housing

MEMORY CARE ASSISTED LIVING

- **Brookdale Fort Wayne**
4730 E. State Blvd., FW 46815 **484-0308**
- **Coventry Meadows**
7833 W. Jefferson Blvd., FW 46804 **432-4848**
- **Georgetowne Place**
1717 Maplecrest Rd., FW 46815 **493-6927**
- **Harbour of Fort Wayne**
3110 E. Coliseum Blvd., FW 46805 **471-3110**
- **Kingston at Dupont**
1716 E. Dupont Rd., FW 46825 **490-5111**
- **Lamplight Inn of Fort Wayne**
300 E. Washington Blvd., FW 46802 **422-5511**
- **Lincolnshire Place**
11911 Diebold Rd., FW 46845 **471-1620**
- **North Woods Village**
8075 Glencarin Blvd., FW 46804 **420-1866**
- **Orchard Pointe**
702 Sawyer Rd, Kendallville 46755 **260-242-9081**
- **Park Place Senior Living**
4411 Park Place Dr., FW 46845 **480-2500**
- **Saint Anne Communities Grace Pointe**
5610 Noll Ave., FW 46806 **745-7039**
- **Saint Anne Communities Randallia Place**
1900 Randallia, FW 46805 **484-5555**
- **The Hearth at Sycamore Village**
611 W. County Line Rd. S., FW 46814 **625-4025**
- **The Towne House Retirement Community**
2209 St. Joe Center Rd., FW 46825 **483-3116**
- **TrueCare Homes**
Auburn and FW **260-333-6440**
- **Woodview Assisted Living**
3320 E. State Blvd., FW 46805 **483-4343**

Insurance

AAA

607 Northcrest Shopping Center, FW 46805 **579-9151**

Continued on page 74

Insurance

Bankers Life

2720 Dupont Commerce Ct., #110, FW 46825 **277-6047**

DeHayes Group

11118 Coldwater Rd., FW 46845 **424-5600**

Health Insurance Shop, Inc.

3609 Lake Ave., FW 46805 **484-7010**

Indiana Long Term Care

Insurance Program **866-234-4582**

A partnership between the State of Indiana and private insurance companies. Partnership policies provide asset protection through more favorable Medicaid eligibility rules.

LPE Insurance Services

1315 Winnsboro Pass, FW 46845 **602-1801**

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I'm Peggy Mang, a licensed sales representative in Northern Indiana.

When it comes to Medicare, one size definitely does not fit all. What works well for your neighbor may not be the best fit for you. And what met your needs last year might not be the best fit this year. Now's the time to explore your choices so you can enroll in a plan with confidence.

I'm here to help. As a licensed sales representative, I know the ins and outs of Medicare. And I know how to make it easier for you to understand, as well.

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Licensed Sales Representative
888-866-3191, TTY 711
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注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-814-6894 (TTY: 711)。

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Insurance

Medicaid **800-403-0864**

Medicare **800-633-4227**

Moring Insurance Agency, Inc. - State Farm

10351 Dawson's Creek Blvd., Ste. A, FW 46825 **490-8553**

Sage Insurance Advisors, LLC

2801 Martin Luther Dr., FW 46825 **496-9229**

Senior Health Insurance Assistance Program (SHIP)

Free unbiased information on health insurance, Medicare, Medicaid, long-term care insurance, supplemental insurance, and prescription drug plans (Part D) for seniors and pre-retirees.

- **Aging & In Home Services of Northeast Indiana**

2927 Lake Ave., FW 46805 **745-1200**

- **Fort Wayne Parks and Recreation Community Center**

233 W. Main St., FW 46802 **427-6460**

Call for Appointment.

- **Fort Wayne Urban League**

2135 S. Hanna St., Ste. 3, FW 46803 **745-3100**

Call for appointment.

- **Parkview Randallia**

1900 Carew St., Suite 2, FW 46805 **373-7952**

- **Senior Circle - Lutheran Health Network**

St. Joe Hospital, Medical Office Building

700 Broadway, FW 46802 **425-3087**

Call for Appointment.

Trahin Insurance Services, LLC

10441 Illinois Rd., FW 46814 **312-6798**

United Healthcare Medicare Solutions

1275 Evergreen Rd., Huntington 46750 **888-866-3191**

Marketing/Website Design

One Purpose Marketing

111 W. Berry St., FW 46802 **446-4980**

Massage

A Touch of Silk Therapeutic Massage

347 Airport North Office Park, FW 46825 **446-9125**

Medical Equipment & Supplies

Access ONE

5120 Speedway Dr., FW 46825 **485-7007**

Airway Oxygen, Inc.

3730 Metro Park Dr. N., FW 46818 **877-346-9875**

Apria Healthcare

6413 Cross Creek Blvd., FW 46818 **489-7722**

Coram/CVS Healthcare Services

431 Fernhill Ave., FW 46805 **484-4442**

Home Health Depot

6004 Highview Dr., FW 46818 **399-1355/800-617-4140**

Hook's Oxygen & Medical Equipment

1235 Magnovox Way, FW 46804 **432-3321**

James Medical

7821 Coldwater Rd., FW 46825 **423-9571**

7107 W. Jefferson, FW 46804 **487-3141**

L.J.'s Discount Medical

737 N. Coliseum Blvd., FW 46805 **444-5105**

Lincare Respiratory

3204 Congressional Pkwy., FW 46808 **489-0481**

Live On Goods

P.O. Box 80072, FW 46898-0074 **255-5745**

M-D Choice Medical Supply

2413 Hobson Rd., FW 46805 **424-6743**

Medical Equipment & Supplies

Numotion

1901 Production Rd., FW 46808 **877-444-6316**

Personal Care Medical Supplies

7501 W. Jefferson Blvd., FW 46804 **483-7720**

Prevail Prosthetics & Orthotics

7735 W. Jefferson Blvd., FW 46804 **483-5219**

3906 New Vision Dr., FW 46845 **483-5219 ext. 351**

Self-Image

3501 Fairfield Ave., FW 46807 **436-6544**

Toenges Prosthetics and Orthotics

2415 Hobson Rd., FW 46805 **484-4742**

Turnstone Center for Children and Adults

3320 N. Clinton St., FW 46805 **483-2100**

The League

5821 S. Anthony Blvd., FW 46816 **Voice/TTY 441-0551**

Medication Disposal Program

Allen County TRIAD

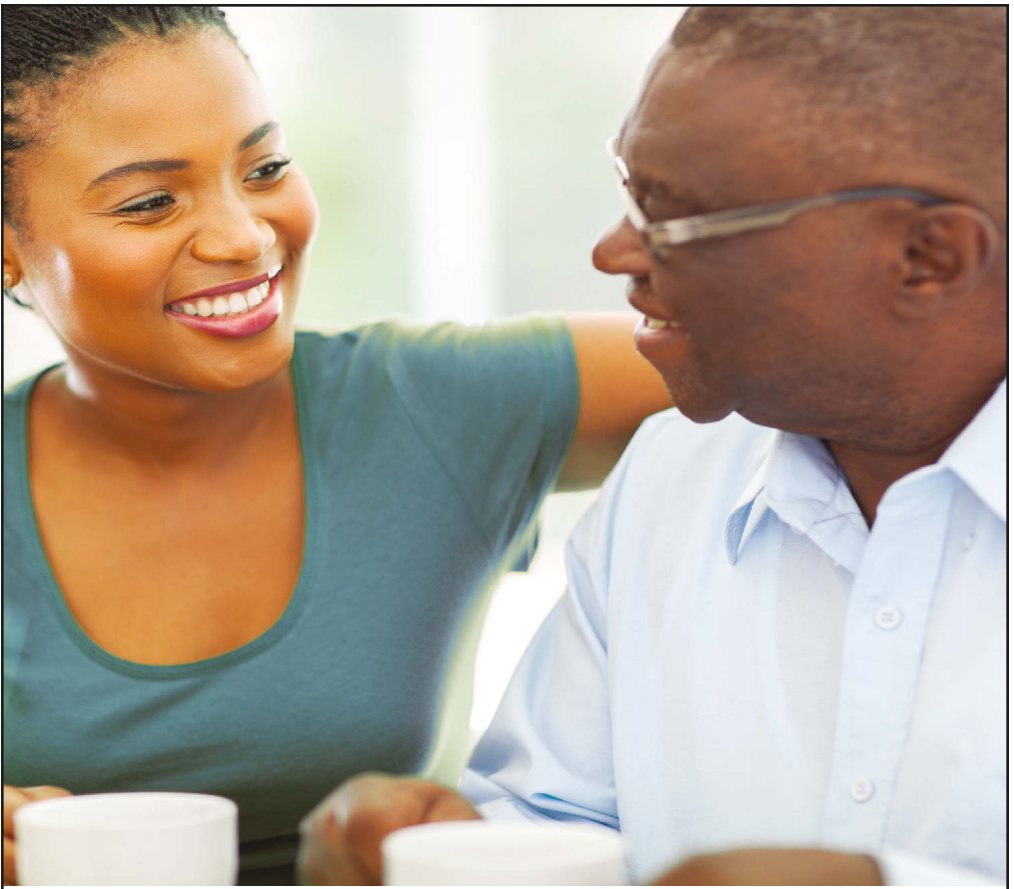
2927 Lake Ave., FW 46805 **469-3036**

Semi annual collection dates are the 4th Friday of each April and September from 9 am - 1 pm at select Walgreens locations. Next collection dates are Friday, April 28, 2017 and Friday, September 22, 2017.

CONTINUOUS COLLECTION BOXES

- Rousseau Centre
1 E. Main St., FW 46802
- Hometown Town Hall
15617 Lima Rd., Hometown 46748
- State Police Post
5811 Ellison Rd., FW 46804
- New Haven Police Department
815 Lincoln Highway East, New Haven 46774





Caring for parents.

As your parents age, you might notice some significant changes in their day-to-day behavior. When it's time to ask for help, contact St. Joseph Hospital. Our Behavioral Health team will connect you with the resources you and your family need.



Our Behavioral Health team provides:

- ▶ Personalized care from a multi-disciplinary team
- ▶ Psychiatric and medical evaluation and treatment
- ▶ Medication monitoring and education
- ▶ Activity, occupational and physical therapy
- ▶ Therapeutic group activities
- ▶ A dedicated geropsych unit



**Lutheran
Health Network**

St. Joseph Hospital

LutheranHealth.net/Generations

For info, call (260) 425-3606

St. Joseph Hospital is owned in part by physicians.

Memorial Gifts

Memories of You

6413 Lima Rd., FW 46818 **451-0555**

Mental Health

Generations

700 Broadway, St. Joseph Hospital, FW 46802 **425-3606**

Hope Alive

1747 N. Wells St., FW 46808 **420-6100**

Indiana Protection & Advocacy Services

800-622-4845

Mental Health America of Northeast Indiana

2200 Lake Ave., Ste. 105, FW 46805 **422-6441**

National Alliance On Mental Illness (NAMI)

2200 Lake Ave., Ste. 110, FW 46805 **447-8990**

Park Center

909 E. State Blvd., FW 46805 **481-2700**

Parkview Behavioral Health

1720 Beacon St., FW 46805 **373-7500**

Continued on page 80



Mental Health

Parkview BridgeWays

2200 Randallia, FW 46805 **373-7500**

St. Joseph Behavioral Health

700 Broadway, FW 46802 **425-3606**

The Salvation Army Adult Rehabilitation Center

427 W. Washington Blvd., FW 46802 **424-1655**

Vanguard Eldercare Medical Group **888-403-7246**

Treats patients in long term care facilities only for neurological and/or psychiatric illnesses.

Nurse Practitioners

Advanced Care Connections

3010 Independence Dr., FW 46808 **739-5821**

Extended Care Specialists **483-9081**

Parkview BridgeWays.

Helping seniors when life becomes challenging.

There's a reason more people choose Parkview BridgeWays to care for their loved ones. At BridgeWays, we provide help, hope and healing for older adults in a secure, short-term care, hospital-based setting.

Our mental health team offers compassionate and personalized support to help families with loved ones who are experiencing:

For a free screening,
call the Help Line at
(260) 373-7500
or toll free
(800) 284-8439
anytime, 24/7.

- Moderate to severe memory loss and confusion
- Depression and thoughts of hopelessness or helplessness
- Grief, anxiety and fear
- Problems adjusting to a new environment
- Aggressive behaviors and outbursts
- Difficulty managing daily life and activities



**PARKVIEW
BEHAVIORAL HEALTH**

Parkview BridgeWays

Located within Parkview Hospital Randallia

2200 Randallia Drive, Fort Wayne, IN 46805 | www.parkview.com/bridgeways

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Nursing Facilities

Adams Heritage

12011 Whittern Rd., Monroeville 46773 **623-6440**

Ashton Creek Health & Rehabilitation Center

4111 Park Place Dr., FW 46845 **373-2111**

Bethlehem Woods Nursing & Rehabilitation Center

4430 Elsdale Dr., FW 46835 **485-8157**

Byron Health Center

12101 Lima Rd., FW 46818 **637-3166**

Canterbury Nursing & Rehabilitation Center

2827 Northgate Blvd., FW 46835 **492-1400**

Coventry Meadows

7843 W. Jefferson Blvd., FW 46804 **432-4848**

Covington Manor Health & Rehabilitation

5700 Wilkie Dr., FW 46804 **432-7556**

Englewood Health & Rehabilitation Center

2237 Engle Rd., FW 46809 **747-2353**

Genesis HealthCare New Haven Center

1201 Daly Dr., New Haven 46774 **749-0413**

Glenbrook Rehabilitation & Skilled Nursing Center

3811 Parnell Ave., FW 46805 **482-4651**

Golden Years Homestead

3136 Goeglein Rd., FW 46815 **749-9655**

Grey Stone Health and Rehabilitation Center

10445 Dupont Oaks Blvd., FW 46845 **471-4770**

Heritage Park

2001 Hobson Rd., FW 46805 **484-9557**

Kendallville Manor

1802 E. Dowling St., Kendallville 46755 **260-347-4374**

Continued on page 82

Nursing Facilities

Kingston Care Center

1010 W. Washington Center Rd., FW 46825 **489-2552**

*** Full Time Respiratory Therapists**

Lakeland Skilled Nursing & Rehabilitation Center

500 N. Williams St., Angola 46703 **665-2161**

Life Care Center of Fort Wayne

1649 Spy Run Ave., FW 46805 **422-8520**

Lutheran Life Villages

6701 S. Anthony Blvd., FW 46816 **447-1591**

Lutheran Life Villages - The Village at Pine Valley

9802 Coldwater Rd., FW 46825 **469-0600**

Markle Health and Rehabilitation

170 N. Tracy St., Markle 46770 **758-2131**

Miller's Merry Manor

5544 E. State Blvd., FW 46815 **749-9506**

North Ridge Village Nursing and Rehab

600 Trail Ridge Rd., Albion 46701 **260-636-1000**

Norwood Health & Rehabilitation Center

3720 N. Norwood Rd., Huntington 46750 **260-356-1252**

Orchard Pointe

702 Sawyer Rd., Kendallville 46755 **260-347-3333**

Ossian Health Care and Rehabilitation Center

215 Davis Rd., Ossian 46777 **622-7821**

Parkview Hospital Continuing Care Center

2200 Randallia Dr., FW 46805 **373-6506**

Premier Healthcare of Fort Wayne

7519 Winchester Rd., FW 46819 **747-7435**

Nursing Facilities

Renaissance Village

6050 S. 800 E-92, FW 46814 **625-3545**

Rolling Meadows Health & Rehab

604 Rennaker St., LaFontaine 46940 **765-981-2081**

Sage Bluff Health and Rehabilitation Center

4180 Sage Bluff Crossing, FW 46804 **443-7300**

Saint Anne Communities Randallia Place

1900 Randallia Dr., FW 46805 **484-5555**

Signature HealthCARE of Fort Wayne

6006 Brandy Chase Cove, FW 46815 **486-3001**

St. Joseph Hospital Transitional Care Unit

700 Broadway, FW 46802 **425-3940**

Summit City Nursing and Rehabilitation

2940 N. Clinton, FW 46805 **484-0602**

***Vent Unit**

The Cedars

14409 Sunrise Ct., Leo 46765 **627-2191**

The Heritage of Fort Wayne

5250 Heritage Pkwy., FW 46835 **209-6279**

The Towne House Retirement Community

2209 St. Joe Center Rd., FW 46825 **483-3116**

University Park Health & Rehab Center

1400 Medical Park Dr., FW 46825 **484-1558**

***Behavioral Health Unit**

VA Northern Indiana Health Care System

2121 Lake Ave., FW 46805 **426-5431 / 800-360-8387**

For qualified veterans.

Woodview Healthcare

3420 E. State Blvd., FW 46805 **484-3120**

Nursing Facilities with Memory Care Units

- Bethlehem Woods Nursing and Rehabilitation Center**
4430 Elsdale Dr., FW 46835 **485-8157**
- Byron Health Center**
12101 Lima Rd., FW 46818 **637-3166**
- Canterbury Nursing & Rehabilitation Center**
2827 Northgate Blvd., FW 46835 **492-1400**
- Coventry Meadows**
7843 W. Jefferson Blvd., FW 46804 **432-4848**
- Covington Manor Health and Rehab Center**
5700 Wilkie Dr., FW 46804 **432-7556**
- Englewood Health & Rehabilitation Center**
2237 Engle Rd., FW 46809 **747-2353**
- Golden Years Homestead**
3136 Goeglein Rd., FW 46815 **749-9655**
- Heritage Park**
2001 Hobson Rd., FW 46805 **484-9557**
- Life Care Center of Fort Wayne**
1649 Spy Run Ave., FW 46805 **422-8520**
- Lutheran Life Villages**
6701 S. Anthony Blvd., FW 46816 **447-1591**
- Markle Health and Rehabilitation**
170 N. Tracy St., Markle 46770 **758-2131**
- Ossian Health Care and Rehabilitation Center**
215 Davis Rd., Ossian 46777 **622-7821**
- Saint Anne Communities Randallia Place**
1900 Randallia Dr., FW 46805 **484-5555**
- Signature HealthCARE of Fort Wayne**
6006 Brandy Chase Cove, FW 46815 **486-3001**

Nursing Facilities with Memory Care Units

Summit City Nursing and Rehabilitation

2940 N. Clinton, FW 46805 **484-0602**

The Heritage of Fort Wayne

5250 Heritage Pkwy., FW 46835 **466-8778**

The Towne House Retirement Community

2209 St. Joe Center Rd., FW 46825 **483-3116**

CONTINUING CARE RETIREMENT COMMUNITIES

A facility or campus that includes separate housing for those who live independently and for those with assisted living services, medical services, long term care, and skilled nursing care. Some include memory care units.

- **Coventry Meadows**

7843 W. Jefferson Blvd., FW 46804 **432-4848**

- **Golden Years Homestead**

8300 Maysville Rd., FW 46815 **749-9655**

- **Heritage Park**

2001 Hobson Rd., FW 46805 **484-9557**

- **Lutheran Life Villages**

6701 S. Anthony Blvd., FW 46816 **447-1591**

- **Saint Anne Communities Randallia Place**

1900 Randallia Dr., FW 46805 **484-5555**

- **The Heritage of Fort Wayne**

5250 Heritage Pkwy, FW 46845 **209-6279**

- **The Towne House Retirement Community**

2209 St. Joe Center Rd., FW 46825 **483-3116**

Packing and Shipping

The Sending Center - Pak Mail at Maplecrest

7525 Maplecrest Rd., FW 46835 **486-0204**

Pharmacy Delivery

Kroger:

601 E. Dupont Rd., FW 46825	637-6115
821 Lincoln Hwy. West, New Haven 46774	749-0215
6002 St. Joe Center Rd., FW 46835	492-2054
218 E. Pettit Ave., FW 46806	456-4736
6310 E. State Blvd., FW 46815	493-1531
7008 Bluffton Rd., FW 46809	747-4136
4120 N. Clinton St., FW 46805	483-3185
1125 W. State Blvd., FW 46808	426-4487
5725 Coventry Lane, FW 46804	432-2475
10230 Chestnut Plaza, FW 46814	625-5949

Physical Therapy

Extended Care Specialists

3512 Stellhorn Rd., FW 46815 **483-9081**

Healthy Expectations

3982 New Vision Dr., FW 46845 **483-9933**

Lutheran Hospital Outpatient Rehabilitation 435-6143

**Also see Home Health Agencies for therapy services.*



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SAFENET Identification Program

THE PROBLEM

It is common for a person with memory impairment (such as Dementia or Alzheimer's Disease) to wander and roam. This can happen without prior warning and be dangerous to the patient and worrisome for caregivers.

THE SOLUTION

In cooperation with local healthcare and law enforcement agencies, the SAFENET Program can assist in the return of an individual who has wandered. This FREE service will help family members and the community to keep your loved one safe.

HOW TO PARTICIPATE

1. Please detach the application, fill out the form, seal and mail to:
Allen County TRIAD
c/o Aging & In-Home Services
2927 Lake Avenue
Fort Wayne, IN 46805
2. You will receive confirmation and a coupon for a FREE identification bracelet to be redeemed at your local Walgreens.
3. A TRIAD representative will contact you to complete the enrollment process which includes an optional picture identification.
4. For more information, call 260-469-3036 or visit www.fwpd.org/prevention or www.allencountyhealth.com

SAFENET APPLICATION

Last Name: _____

First Name: _____

Nickname: _____

Address: _____

City: _____ State: _____ Zip: _____

Caregiver's Name: _____

Caregiver's Phone Number: _____

**PLEASE MAIL APPLICATION TO
TRIAD, 2927 Lake Avenue, Fort Wayne, IN 46805**

Physician Referrals

Fort Wayne Medical Society

709 Clay St., Ste. 101, FW 46802 **420-1011**

Lutheran Health Network lutheranhealth.net/finder

Parkview Physician Referral Service **373-8270**

Physicians/Geriatricians

Bledsoe M.D., Larry

620 W. Berry St., FW 46802 **424-6311**

Center for Vein Restoration

7230 Engle Rd., Ste. 101, FW 46804 **800-349-5347**

Oak Street Health

436 E. Washington Blvd., FW 46802 **209-7154**

Van Den Driessche M.D., Thomas

3030 Lake Ave., Ste. 32, FW 46805 **424-3134**

Vanguard Eldercare Medical Group **888-403-7246**

Treats patients in long term care facilities only for neurological and/or psychiatric illnesses.



Prescription Medication

Fort Wayne Custom Rx

425 E. Dupont Rd., FW 46825 **490-3447**

Hoosier Rx

P.O. Box 6224, Indianapolis 46206-6224 **866-267-4679**

Helps with monthly insurance payments for Part D.

Matthew 25 Health & Dental Clinic

413 E. Jefferson Blvd., FW 46802 **426-3250**

Rx for Indiana **877-793-0765**

Social Security Administration

2122 Lincolnway Ct., FW 46819 **800-772-1213**

TTY/TTD 877-486-2048

Primary Medical Care at Home

Advanced Care Connections

3010 Independence Dr., FW 46808 **739-5821**

Publications

Business People Magazine

7729 Westfield Dr., FW 46825 **497-0433**

KPC Media Group

3306 Independence Dr., FW 46808 **426-2640**

Senior Life Newspaper of Allen County

P.O. Box 188, 206 S. Main St., Milford 46542 **494-9321**

Religious Broadcast

Worship for Shut-Ins

5 Martin Luther Dr., FW 46825 **471-5683**

Sun. at: 6:30 am WPTA-TV 21, 8 am FiOS Channel 9, Digital 33.2 and Comcast 252, 11:30 am WINM TV 12/38 and DIRECTV Channel 377; Sun. at 4 pm on Comcast Channel 55 and FiOS Channel 25. Mon. at 10 am on Comcast Channel 55 and FiOS 25.

Relocation & Real Estate

Ellenberger Brothers, Inc.

130 W. Market St., Bluffton 46714 **260-824-2426**

Re/Max Results - David Graney

7806-A W. Jefferson Blvd., FW 46804 **466-9686**

Scheerer McCulloch Systems

515 E. Paulding Rd., FW 46816 **441-8636**

Steffen Group

803 S. Calhoun St., Ste. 100, FW 46802 **426-0633**

Respite Care

Temporary short term stay. Funding may be available through the Family Caregiver Program. Call Aging & In-Home Services of North-east Indiana at 745-1200.

Active Day Adult Day Services

3711 Rupp Dr., Ste. 106, FW 46815 **484-2414**
M - F 7:30 am - 5 pm

Ashton Creek Health & Rehabilitation Center

4111 Park Place Dr., FW 46845 **373-2111**

Bethlehem Woods Nursing & Rehabilitation Center

4430 Elsdale Dr., FW 46835 **485-8157**

Brookdale Fort Wayne

4730 E. State Blvd., FW 46815 **484-0308**

Canterbury Nursing and Rehabilitation Center

2827 Northgate Blvd., FW 46835 **492-1400**

Covington Manor Health & Rehabilitation

5700 Wilkie Dr., FW 46804 **432-7556**

Englewood Health and Rehabilitation Center

2237 Engle Rd., FW 46809 **747-2353**

Respite Care

Genesis HealthCare New Haven Center 1201 Daly Dr., New Haven 46774	749-0413
Georgetowne Place Retirement 1717 Maplecrest Rd., FW 46815	493-6927
Grey Stone Health and Rehabilitation 10445 Dupont Oaks Blvd., FW 46845	471-4770
Harbour of Fort Wayne 3110 E. Coliseum Blvd., FW 46805	471-3110
Heritage Park 2001 Hobson Rd., FW 46805	484-9557
Kingston at Dupont 1716 E. Dupont Rd., FW 46825	490-5111
Kingston Residence of Fort Wayne 7515 Winchester Rd., FW 46819	747-1523
Life Care Center of Fort Wayne 1649 Spy Run Ave., FW 46805	422-8520
Lutheran Life Villages 6701 S. Anthony Blvd., FW 46816	447-1591
Miller's Merry Manor 5544 E. State Blvd., FW 46815	749-9500
Orchard Pointe 702 Sawyer Rd., Kendallville 46755	260-347-3333
Premier Healthcare of Fort Wayne 7519 Winchester Rd., FW 46819	747-7435
Sage Bluff Health and Rehabilitation Center 4180 Sage Bluff Crossing, FW 46804	443-7300
Signature HealthCARE of Fort Wayne 6006 Brandy Chase Cove, FW 46815	486-3001

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Respite Care

Summit City Nursing and Rehabilitation

2940 N. Clinton St., FW 46805 **484-0602**

The Cedars

14409 Sunrise Ct., Leo 46765 **627-2191**

The Hearth at Sycamore Village

611 W. County Line Rd. South, FW 46814 **625-4025**

The League

5821 S. Anthony Blvd., FW 46816 **Voice/TTY 441-0551**
After Hours 452-9401

TrueCare Homes

Auburn and FW **260-333-6440**

University Park Nursing Center

1400 Medical Park Dr., FW 46825 **484-1558**

VA Northern Indiana Health Care System

2121 Lake Ave., FW 46805 **426-5431 ext. 71445**

Village of Birchwood

8151 Glencarin Blvd., FW 46804 **432-0011**

Woodview Healthcare

3420 E. State Blvd., FW 46805 **484-3120**

Safety

Safe at Home Emergency Registration System 469-3036

A registration program with emergency response services for seniors with special needs during an emergency, natural disaster, etc. See pages 101 and 102 for application.

SafeNet Identification Program 469-3036

For individuals at risk of wandering. See page 87 for application.

Simplex Security

P.O. Box 15086, FW 46885 **888-674-6759**

Support Groups

Alcoholism:

- **Alcoholics Anonymous/FW Intergroup**
2118 Inwood Dr., FW 46815 **471-6262**
- **Al-Anon**
2118 Inwood Dr., FW 46815 - Help for family members .. **471-6262**

Alzheimer's Disease:

- **Alzheimer's Association**
6324 Constitution Dr., FW 46804 **420-5547**
24 hour Helpline 800-272-3900

Bereavement:

- **The Peggy F. Murphy Community Grief Center — A Service of Visiting Nurse**
5920 Homestead Rd., FW 46814 **435-3261**

Brain Injury:

- **Parkview Regional Medical Center**
11109 Parkview Plaza Dr., FW 46845 **452-4943**

Cancer:

- **Cancer Services of Northeast Indiana**
6316 Mutual Dr., FW 46825 **484-9560**
- **Lutheran Hospital Cancer Resource Center**
7910 W. Jefferson, Ste. 109, FW 46804 **435-7959**
- **Parkview Comprehensive Cancer Center**
11141 Parkview Plaza Dr., FW 46845 **266-9100/800-758-4673**

Caregiver:

- **Aging & In-Home Services of Northeast Indiana**
2927 Lake Ave., FW 46805 **469-3036**

Crohns and Colitis

..... **672-9429**

Disabilities:

- **The League**
5821 S. Anthony Blvd., FW 46816 **Voice/TTY 441-0551**

Continued on page 94

Support Groups

Kidney Diseases:

- **National Kidney Foundation of Indiana**

5800 Fairfield Ave., Ste. 110, FW 46807 **456-0654**

Multiple Sclerosis:

- **MS Support Group**

7970 W. Jefferson Blvd., FW 46804 **639-0549 or 434-0322**

Parkinson's:

- **Turnstone Center for Children & Adults**

3320 N. Clinton St., FW 46805 **Dan Spangler 483-2100**

Respiratory:

- **Better Breathers - Lutheran Hospital**

7950 W. Jefferson Blvd., FW 46804 **435-7363**

Cardio-Pulmonary Rehabilitation.



If you are a woman who has survived a heart-related event or has heart disease, you are part of a growing sisterhood. To help you connect with other women like you, Parkview has created the **WomenHeart Support Network of Parkview Heart Institute.**

Four local WomenHeart volunteers facilitate the support group to offer you encouragement, help in discovering new strengths, and information about community resources.

Join us on the second Thursday of each month from 6 to 8 p.m. at the Parkview Center for Healthy Living on the Parkview Regional Medical Center campus.

..... To learn more, call (260) 672-6500
or visit www.parkview.com/heart.

 **PARKVIEW**
HEART INSTITUTE

Support Groups

Sexual Assault:

- **Fort Wayne Women's Bureau**

3521 Lake Ave., Ste. 1, FW 46805 **424-7977**

Stroke:

- **Parkview Regional Medical Center**

11109 Parkview Plaza Dr., FW 46845 **266-1452**

- **Rehabilitation Hospital of Fort Wayne**

7970 W. Jefferson Blvd., FW 46804 **435-6100**

Women:

- **Parkview Center for Healthy Living**

11123 Parkview Plaza Dr., Ste. 200, FW 46845 **672-6500**

Taxes

Indiana Department of Revenue

1415 Magnavox Way, FW 46804 **436-5663**

Internal Revenue Service

201 E. Rudisill, FW 46806 **458-5000**

Transportation

ACCESSIBLE TRANSPORTATION:

Access United **580-4377**

Allen County Council on Aging/AIHS **469-3036**

Benson Transport **387-6369**

By His Grace **312-8212**

Community Transportation Network (CTN) **420-3280**

Companion Transportation **338-4025**

Continued on page 96

Transportation

Gibson Mobility	493-8070
J & A	804-6043
Medilink	705-2728
Ride Express	918-0413/317-670-9631
St. Vincent De Paul “Care Van”	456-3561
Tanksley	580-1670/487-1349
TrueCare Seniors	260-333-6440
White Glove Transportation LLC	433-8490

CAR AND TAXI SERVICE:

AAA Taxi Service	463-8294
Deluxe Taxi Co.	426-8555
Premier Comfort	740-3030
Yellow Cab	422-1010

BUS SERVICE:

American Heritage Trails - Nationwide	493-4121
Citilink - Fort Wayne/New Haven	432-4546
Greyhound - Nationwide	423-9525
Hoosier Shuttle - Shuttle to Indy	469-8747

Veteran Services

Allen County Veterans Services Office

1 E. Main St., Room 106, FW 46802 **449-7861**

Northern Indiana Funeral Care/Veterans Funeral

1319 Magnavox Way, FW 46804 **456-0890**

VA Northern Indiana Health Care System

2121 Lake Ave., FW 46805 **426-5431**

Vet Center

5800 Fairfield Ave., Worthman Office Mall, FW 46807 **460-1456**

Veterans Affairs Regional Office **800-827-1000**

Veterans Cemetery/Burial

Marion National Cemetery
1700 E. 38th St., Marion 46952 **765-674-0284**

Vision Impaired

Allen County Public Library

Talking Book Program **421-1235**

Audio Reading Service

Of Allen County Public Library **421-1376**

Matthew 25 Health & Dental Clinic

413 E. Jefferson Blvd., FW 46802 **426-3250**

Robinson Family Eyecare Clinic

6710 Old Trail Rd., FW 46809 **203-5905**

The League

5821 S. Anthony Blvd., FW 46816 **Voice/TTY 441-0551**

Volunteer Opportunities

Allen County Public Library	421-1233
Alzheimer's Association of Greater Indiana	420-5547
Dupont Hospital	416-3014
Fort Wayne Parks and Recreation Community Center	427-6460
Heartland Hospice	484-7622
Lutheran Hospital	435-7028
NeighborLink	209-0074
Parkview Hospital Randallia & Parkview Regional Medical Center	266-1470
Ronald McDonald House	266-6274
St. Joseph Hospital	425-3012
The League	Voice/TTY 441-0551

Volunteer Center

3401 Lake Ave., Ste. 4, FW 46805 **424-3505/888-219-6868**

For Volunteers: Ability to find meaningful and rewarding volunteer positions that utilize their skills, talents and passion for their personal cause. Free supplemental volunteer insurance, recognitions and training opportunities. Volunteers use their skills at more than 90 partner agencies in Allen county and at the following Volunteer Center's signature programs: Coats for Kids, EITC Volunteer Income Tax Program, Help Residents Apply for Food Stamps, Second Chance Expungement Initiative and the Homeland Security Volunteer Reception Center at times of local disasters.

For Agencies: Recruitment and matching of exceptional volunteers for both long-term, short-term and sporadic event needs. Free \$1,000,000 agency supplemental volunteer liability insurance. We offer the ability to publicize/recruit volunteer positions at www.volunteer-fortwayne.org and agency newsletter.

Volunteer Opportunities

YMCA Branches

- **Central Branch YMCA**

1020 Barr St., FW 46802 **422-6486**

- **Jorgensen Family YMCA**

10313 Aboite Center Rd., FW 46804 **432-8953**

- **Parkview Family YMCA**

10001 Dawson's Creek Blvd., FW 46825 **497-9996**

- **Renaissance Pointe YMCA**

2323 Bowser Ave., FW 46803 **447-4567**

- **Skyline YMCA**

838 S. Harrison St., FW 46802 **755-4900**

- **Caylor Nickel YMCA**

550 W. Dustman Rd., Bluffton 46714 **565-9622**

- **Whitley County Family YMCA**

950 East Van Buren St., Columbia City 46725 **244-9622**



COSS Grant Criteria

The program request must follow the Mission Statement of the Council on Senior Services...To promote services and benefits of seniors and their caregivers in North-eastern Indiana through a not-for-profit network catering to the aging population.

A maximum total amount will be awarded annually via the COSS grant process. The amount requested and the annual maximum award per organization is not guaranteed. The awarded amount will be determined by the COSS Board of Directors.

The focus of each request should mirror the purposes of the Council on Senior Services. These purposes include providing education, information and advocating for seniors. These purposes are to be accomplished using a grassroots approach. Grant recipients are notified and checks are awarded at the November membership meeting.

In order to continue to qualify for subsequent grant awards, a written report evaluating the project will be required by the COSS Board of Directors by May 1st. There will also be an opportunity to provide an oral report to the general COSS membership at the May meeting.

Deadline for grant requests is October 1st. Grant applications are also available on the website at www.councilonseniorservices.org

Council on Senior Services Grant Application

Date of Request: _____

Name of Organization: _____

Address: _____

Phone: _____ Fax: _____

Email: _____

Contact Person: _____ Title: _____

Brief description of your organization (its purpose, services, accomplishments):

Geographic area served: _____

Number of people served: _____

Major sources of funding: _____

Time period the grant covers: _____

If grant request is for a specific project, please describe (include purpose, need for project, and time period): _____

**Please return the completed application by October 1 to:
COSS - Special Projects Committee
709 Clay Street, Suite 101, Fort Wayne, IN 46802**

Safe at Home

THE PROBLEM

Every year emergency personnel respond to hundreds of telephone calls to homes where there is a possible emergency situation, but are unable to gain immediate access. It may be a concerned neighbor or a family member who has a fear for their safety or a 9-1-1 call that is answered, but the caller is unable to speak.

THE SOLUTION

Registering in the Safe at Home Emergency Registration System will provide important contact information to emergency personnel before an emergency occurs. The information you give is strictly voluntary, confidential and could save your life. Safe at Home information is entered into the computer system shared by police, fire and EMS services throughout Allen County.

HOW TO ENROLL

Seniors or family members may complete the FREE enrollment form and mail it to the address on the form. You or your family member will receive a postcard confirming enrollment and will receive bi-annual calls to update information. For more information call 260-469-3036 or visit www.fwpd.org/prevention or www.allencountyhealth.com

SAFE AT HOME APPLICATION

Full Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

Keyless Entry System: YES/NO Entry Code: _____

Home Phone: _____ Alternate Phone: _____

Family Physician: _____ Physician Phone: _____

Major Medical or Physical Disabilities: _____

Special Medical Needs: _____

Oxygen: _____ Vision: _____ Hearing: _____ Walking: _____

Wheelchair Bound: _____

Confined to Bed: _____ Transfer with Assistance: _____ Diabetic: _____

COPD: _____

CHF: _____ Hypertension: _____ Cancer: _____

Hospital Preference: _____

Known Allergies: _____

Where will you go if you need to leave home in an emergency? (Include Address)

PLEASE COMPLETE THE SECOND PAGE OF THIS APPLICATION ON PAGE 102

Safe at Home

SAFE AT HOME APPLICATION

Do You Have Pets? YES/NO What Kind? _____

Power of Attorney: _____

Phone Number: _____

The information provided is for EMS, fire and law enforcement purposes only and will only be used in those emergencies deemed necessary in order to protect or help the applicant. This information will NOT be released to outside sources, however it may be collected by appropriate volunteers from the Allen County TRIAD. Your participation in this program is voluntary.

Applicant Signature: _____ Date: _____

Witness Signature: _____ Date: _____

Printed Name: _____ Relationship: _____

EMERGENCY CONTACTS:

Name: _____ Relationship: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email: _____

Name: _____ Relationship: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email: _____

Name: _____ Relationship: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email: _____

PLEASE MAIL TO:

**Allen County Triad c/o Aging & In-Home Services
2927 Lake Avenue, Fort Wayne, IN 46805**

PLEASE COMPLETE THE FIRST PAGE OF THIS APPLICATION ON PAGE 101

COSS Membership List

**Please refer to COSS Website for additional
membership information.**

www.councilonseniorservices.org

1st Source Bank	493-2110
A Touch of Silk Therapeutic Massage	446-9125
AAA	579-9151
AARP Indiana	866-448-3678
ActiKare Responsive In-Home Care	245-0367
Active Day Adult Day Services	484-2414
Advanced Care Connections	739-5821
Affordable Home Care/Aging and Disabled Home	403-6828
Aging & In-Home Services of Northeast Indiana	745-1200
Alzheimer's Association of Greater Indiana	420-5547
American Senior Communities	
Bethlehem Woods Nursing & Rehabilitation	485-8157
Canterbury Nursing & Rehabilitation	492-1400
Coventry Meadows Healthcare & Assisted Living	435-2100
Glenbrook Rehabilitation & Skilled Nursing	482-4651
Heritage Park	484-9557
Markle Health and Rehabilitation	260-758-2131
Summit City Nursing & Rehabilitation	484-0602
Angel Corps	426-4357
Dorian Maples & Associates	918-1141
Home Nursing Services	424-1237
APTO Financial Partners	494-2079
Audio Reading Services of the	
Allen County Public Library	421-1376
Bankers Life	277-6047
Beers, Mallers, Backs & Salin	426-9706
Benson Transport	387-6369
Home Is Where The Heart Is	387-6369
Bilinski Law Office	402-9041
Boeglin, Gerardot & Grubbs	436-3883
Bright Star	918-0933
Business People Magazine	497-0433
Byron Health Center	637-3166
Caregiver Homes	905-3047
Center for Vein Restoration	800-349-5347
Comfort Keepers	484-5858
Companion Lifeline	459-9900

COSS Membership List

Community Transportation Network (CTN)	420-3407
Covenant Care	
Covington Manor Nursing	432-7556
Lakeland Health & Rehabilitation	260-665-2161
Norwood Health & Rehabilitation	260-356-7157
University Park Health & Rehabilitation	484-1558
DRQ Senior Services	402-2659
Elder Law Office of James E. Springer	747-7224
Ellenberger Brothers, Inc.	260-824-2426
Extended Care Specialists	483-9081
Fairington Apartments	739-7956
Family LifeCare	800-355-2817
Fort Wayne Custom RX	490-3447
Fort Wayne Medical Society	420-1011
Fort Wayne Parks and Recreation Community Center.....	427-6466
Genesis Health Care-New Haven Center	749-0413
Georgetowne Place	493-6927
Grunden Law Office	969-1177
Haller & Colvin	426-0444
Hamilton Place Senior Living	471-0944
Harbour Assisted Living	471-3110
Health Insurance Shop, Inc.	484-7010
Health Visions of Fort Wayne	745-1600
Healthcare Advocates	437-7462
Healthy Expectations	483-9933
Heart to Heart Hospice	203-5441
Heartland Home Health & Hospice	484-7622
Help At Home	451-8383
Hicks Caskets, Monuments & More	744-0054
Homebound Meals (on Wheels)	422-3296
Home Helpers and Direct Link	408-6898
Infinity Casket, Vault & Monument Company	444-4100
In-Home Beauty and Barber Services	436-4139
Kendallville Manor	260-347-4374
Kingston HealthCare	
Kingston at Dupont	490-5111
Kingston Care Center	489-2552
Kingston Residence	747-1523
KPC Media Group	426-2640
Lamplight Communities	422-5511
Life Care Center of Fort Wayne	422-8520

COSS Membership List

Lincolnshire Place	471-1620
Live On Goods	255-5745
Long Term Care Ombudsman Program	469-3161
LPE Insurance Services	602-1801
Lutheran Health Network	
Generations	425-3506
Home Health	490-6535
Outpatient Rehabilitation	435-6143
Rehabilitation Hospital	435-6111
Senior Circle	425-3861
St. Joe Hospital Behavioral Health	425-3606
Trauma Services	435-2671
Lutheran Life Villages	
The Village at Anthony Boulevard	447-1591
The Village at Birchwood	432-0011
The Village at Kendallville	260-347-2256
The Village at Pine Valley	469-0600
Memories of You	451-0555
Michael Rosswurm Elder Mediation Services	483-7660
Midwest Funeral Home & Cremation Society	496-9600
National Active & Retired Federal Employees	422-7925
North Woods Village at Inverness Lake	420-1866
Oak Street Health	209-7154
One Purpose Marketing	446-4980
Orchard Pointe	260-242-9081
The Sending Center – Pak Mail	486-0204
Park Place Senior Living	480-2500
Parkview	
Behavioral Health	373-7697
Center on Aging and Health	373-4441
Center for Healthy Living	266-1000
Senior Services	373-7209
ReMax Results	466-9686
Renaissance Village	625-3545
Retirement Housing Foundation	
Adam & Bruce Apartments	447-3305
LaFontaine Center	260-356-2706
Robinson Eye Care	203-5905
Saber Healthcare	
Grey Stone Health and Rehabilitation	471-4770
Sage Bluff Crossing	443-7300

COSS Membership List

Sage Insurance Advisors	496-9229
Saint Anne Communities	
Grace Pointe	745-7039
Randallia Place	484-5555
Salem Manor	484-4454
Season's HomeCare	489-2273
Senior Helpers of Fort Wayne	633-2005
Senior Information Fair (SIF)	426-9706
Senior Life Newspaper of Allen County	494-9321
Shawnee Construction	489-1234
Signature HealthCARE	486-3001
Simplx Security	888-674-6759
SouthernCare Hospice	432-6075
St. Vincent DePaul Society	602-7534
Swagger Law	260-925-3738
T & C Cleaning Service	422-9232
The DeHayes Group	424-5600
The Hearth at Sycamore Village	625-4925
The League	441-0551
The Steffen Group	426-0633
TLC Management	
Ashton Creek Health & Rehabilitation Center	373-2111
Englewood Health & Rehabilitation Center	747-2353
Ossian Health Care & Rehabilitation Center	622-7821
Rolling Meadows Health & Rehabilitation Center.....	765-981-2081
Trahin Insurance Services	312-6798
Trails Edge Apartments (National Church Residences)	483-1600
TrueCare	
TrueCare Homes	260-333-6440
TrueCare Seniors	260-333-6440
TrueCare Solutions	260-333-6440
Turnstone Center for Children & Adults with Disabilities	483-1200

COSS expresses appreciation to the volunteer committee that worked hours to correct, edit and proof this publication. An additional thank you to our advertisers. The financial support of the advertisers makes the free distribution of this publication possible in our community.

COSS Membership List

United Healthcare Medicare Solutions	888-866-3191
Vanguard Eldercare Medical Group	888-403-7246
Visiting Angels	482-2273
Visiting Nurse Hospice Home	435-3222
Volunteer Center @ RSVP	424-3505
Wellspring Interfaith Social Services	422-6618
White Glove Transportation	433-8490



COSS MEMBERSHIP APPLICATION

Name: _____

Business/Agency: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email (if applicable): _____

Membership Category (check the appropriate line)

Individual _____ \$25.00

Corporate _____ \$25.00

Non-Participatory _____ \$25.00

Contribution/Donation: \$ _____

Committee Interest (if applicable)

_____ Program _____ Membership _____ Finance

_____ Guide to Senior Services/Publicity _____ Special Projects/Education

Please make check payable to Council on Senior Services.

Mail to: Council on Senior Services, 709 Clay St., Ste. 101, Fort Wayne, IN 46802

Visit our Website at www.councilonseniorservices.org

Senior Care Terminology

Activities of Daily Living (ADL's) - Bathing, dressing, eating, walking and all necessary activities required to function on a daily basis.

Advance Directives - Legal documents outlining how a person's medical decisions are to be handled including living will, power of attorney for health care and health care representative.

Adult Protective Services (APS) - The official agency mandated to receive, investigate, and respond to complaints of neglect and abuse of the elderly.

Ambulatory - The ability to walk freely and independently.

Assisted Living (AL) - Housing for an elderly or disabled person that provides room, meals and various levels of care.

Assessment - An evaluation performed of a person's mental, emotional and social capabilities.

Do Not Resuscitate (DNR) - A written and legal order that a patient does not want to be resuscitated.

Dementia - A group of symptoms that accompanies certain diseases. A loss of thinking, remembering, and reasoning. May also include behavioral changes and moods.

Durable Medical Equipment (DME) - Reusable medical equipment such as walkers, wheelchairs and hospital beds.

Durable Power of Attorney (DPOA) - A legal document giving another person authority to make financial and legal decisions if a person becomes physically or mentally incapable.

Geriatrics - Medical specialty of treating the problems and diseases of old age.

Hospice - A way of providing care, support, and comfort to people approaching end of life.

Long Term Care (LTC) - A term used to describe care given in the form of medical and support services to people who have lost some or all of their capacity to function without assistance.

Senior Care Terminology

Medicaid - A jointly funded state and federal program to assist those with a financial need with medical care.

Medicare - A federal insurance program for those age 65 and over or disabled.

Memory Care - Special programs dedicated to caring for those with Alzheimer's Disease, dementia or other cognitive impairments. Usually services include group activities, socialization and assistance with ADL's.

Nurse Practitioner (NP) - A professional registered nurse who has special training to provide primary healthcare.

Palliative Care - Care provided to manage pain and make the patient as comfortable as possible.

Support Group - A group, usually family members or caregivers that meet for mutual support and to discuss practical means of addressing their loved one's needs.

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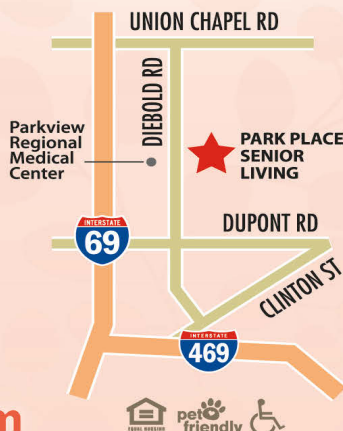
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