

# The Wisconsin Update in Geriatric Medicine and Board Review Course

September 26-29, 2017

The Abbey Resort  
Fontana, Wisconsin

Jointly provided by:



**Interprofessional  
Continuing Education Partnership**  
UNIVERSITY OF WISCONSIN-MADISON

School of Medicine  
and Public Health  
School of Nursing  
School of Pharmacy

**Registration now open.** Course information and registration available on our website:  
[www.geriatricsboardreview.com](http://www.geriatricsboardreview.com)

## TUESDAY, SEPTEMBER 26

AM

- 7:00 Continental Breakfast
- 7:45 **Welcome**  
Elizabeth N. Chapman, MD  
and Steven Denson, MD
- 8:00 **Physiology and Biology of Aging**  
Steven R. Barczy, MD
- 8:45 **Geriatric Assessment**  
Jessica Kuester, MD
- 9:30 **Depression/Other Mood Disorders**  
Joseph Goveas, MD
- 10:15 Break
- 10:30 **Ischemic Stroke**  
Ann Helms, MD
- 11:15 **Dementia/Cognitive Impairment**  
Sanjay Asthana, MD, FACP
- PM
- 12:00 Lunch
- 1:00 **Anticoagulation**  
Lisa Baumann Kreuziger, MD
- 1:30 **Geriatric Pharmacology**  
Robert Breslow, RPh
- 2:30 **Urogynecology**  
Heidi W. Brown, MD
- 3:15 Break
- 3:30 **Mary Cohan Memorial Lecture – Nursing Home – 1, 2, You're It!**  
Irene Hamrick, MD
- 4:15 **Mistreatment of Older Adults**  
Steven Denson, MD
- 5:00 **Hospital Care including Delirium**  
Elizabeth N. Chapman, MD
- 5:45 **Daily Wrap-Up**
- 6:00 **Reception and Dinner**

## WEDNESDAY, SEPTEMBER 27

AM

- 7:00 Continental Breakfast
- 7:55 **Opening Remarks**  
Elizabeth N. Chapman, MD  
and Steven Denson, MD

- 8:00 **Behavioral/Psychological Symptoms of Dementia**  
Art Walaszek, MD
- 8:45 **Geriatric Pain Management**  
Katherine A. Recka, MD
- 9:30 **Infectious Diseases**  
Christopher J. Crnich, MD, PhD
- 10:15 Break
- 10:30 **Transitional Care**  
Amy J. Kind, MD, PhD
- 11:15 **Palliative Care**  
Sara K. Johnson, MD
- 12:00 **Wound Care**  
Barbara J. Provo, RN, MSN, FNP-BC
- PM
- 12:45 Lunch
- 1:30 **Cultural Aspects of Aging**  
Ryan Bartkus, MD
- 2:15 **Cardiovascular Diseases/Disorders**  
Michael Widlansky, MD, MPH
- 3:00 **Pharmacological Management of Dementia**  
Nashaat Gerges, PhD, BPharm
- 3:30 Break
- 3:45 **Legal & Ethical Issues**  
Arthur Derse, MD, JD
- 4:30 **GI Diseases/Disorders**  
Ian C. Grimes, MD
- 5:15 **Daily Wrap-Up**

## THURSDAY, SEPTEMBER 28

AM

- 7:00 Continental Breakfast
- 7:55 **Opening Remarks**  
Elizabeth N. Chapman, MD  
and Steven Denson, MD
- 8:00 **Dermatologic Diseases/Disorders**  
Justin Endo, MD
- 9:00 **Musculoskeletal Diseases/Disorders**  
Mary Ellen Csuka, MD, FACP

- 9:45 **Oral Health**  
Jadwiga Hjertstedt, DDS, MS
- 10:30 Break
- 10:45 **Osteoporosis**  
Joseph Shaker, MD
- 11:30 **Alcohol & Geriatric Syndromes**  
Lisa Boyle, MD, MPH
- PM
- 12:30 Lunch
- 1:30 **Respiratory Diseases/Disorders**  
Sameer K. Mathur, MD, PhD
- 2:30 **Common Endocrine Disorders in Older Adults**  
Ritu Madan, MD
- 3:15 Break
- 3:30 **Rehabilitation**  
Nicholas C. Ketchum, MD
- 4:15 **Feeding & Swallowing**  
Nicole M. Pulia, PhD, CCC-SLP
- 5:00 **Daily Wrap-Up**

## FRIDAY, SEPTEMBER 29

AM

- 7:00 Continental Breakfast
- 7:55 **Opening Remarks**  
Elizabeth N. Chapman, MD  
and Steven Denson, MD
- 8:00 **Hematology/Oncology**  
Kathryn Bylow, MD
- 9:00 **Parkinson's Disease**  
Catherine L. Gallagher, MD
- 9:45 **Kidney Diseases/Disorders**  
Dawn Wolfgram, MD
- 10:30 Break
- 10:45 **Falls Including Gait Impairment**  
Robert J. Przybelski, MD
- 11:30 **Prevention**  
Kirk Nelson, MD
- PM
- 12:15 **Conference Wrap-Up**
- 12:30 Box Lunches Available



## SOCIAL WORK BREAKOUT SESSIONS

### Tuesday, September 26, 2017

1:00-3:00

#### Ethics & Boundaries with Older Adults

Jeanne Wagner, MSW, LCSW

### Wednesday, September 27, 2017

8:45-11:00\*

#### Ethics & Boundaries – Sexuality and Intimacy

Tracy Schroepfer, MSW, PhD

\*15 minute break from 10:15-10:30



## PHARMACY BREAKOUT SESSIONS

### Tuesday, September 26, 2017

2:30-3:15 **Appropriate Prescribing and Deprescribing Workshop**

Lauren Welch, PharmD,  
BCGP

3:30 - 4:15 **Pharmacy Practice in LTC: Pearls and Patient Cases**

Nicole Dengel, PharmD

4:15 - 5:00 **Medication Adherence and Motivational Interviewing with Older Adults**

Presenter TBA

---

## POLICY ON FACULTY AND SPONSOR DISCLOSURE

It is the policy of the University of Wisconsin–Madison ICEP, that the faculty, authors, planners, and other persons who may influence content of this CE activity disclose all relevant financial relationships with commercial interests in order to allow CE staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the activity materials.

---

The University of Wisconsin provides equal opportunities in employment and programming, including Title IX requirement. The University of Wisconsin School of Medicine and Public Health fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please call Anne Howaniec (608-256-1901 ext.12566 or amhowan@medicine.wisc.edu) in order to receive service.

**Registration now open.** Course information and registration available on our website:

[www.geriatricsboardreview.com](http://www.geriatricsboardreview.com)

## TARGET AUDIENCE

Physicians, Physician Assistants, Nurses, Nurse Practitioners, Pharmacists, Social Workers and Psychologists

## COURSE INFORMATION

The Wisconsin Update in Geriatric Medicine and Board Review Course is an in-depth, knowledge-based review of the field of Geriatric Medicine. It is designed for all providers who care for older adults: physicians, physician assistants, nurses, nurse practitioners, pharmacists, social workers and psychologists who wish to provide better care for their patients.

Physicians and other clinicians planning to sit for the American Board of Internal Medicine (ABIM), the American Board of Family Medicine (ABFM) Examination in Geriatric Medicine (or recertification) or comparable examinations for other health disciplines will also benefit from the course, which is jointly provided by the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) and the Medical College of Wisconsin.

During the course, participants learn about principles of aging; the clinical approach to the geriatric patient; major syndromes such as dementia, incontinence, falls and metabolic bone disease; organ-specific diseases that have special import for the geriatric patient; and clinical pearls regarding care for the geriatric population.

Special emphasis will be placed on neuropsychiatry, pharmacological and non-pharmacological approaches to treatment, and systems of geriatric care including long-term care and geriatric assessment. The course offers didactic sessions, question and answer sessions with presenters, and case-based learning. In addition to the plenary sessions for all interprofessional learners, specialized breakout sessions will be offered for social workers and pharmacists.

## ELEMENTS OF COMPETENCE

This activity focuses on the interprofessional competencies of values/ethics for interprofessional practice, roles/responsibilities, interprofessional communication and teams/teamwork.

## OBJECTIVES

Upon completion of this course, participants should be able to:

- Discuss the diagnosis and management of common geriatric syndromes (e.g., urinary incontinence, metabolic bone disease, dementia, and falls).
- Describe organ-specific changes and diseases as they relate to the geriatric patient.
- Develop a clinical approach to geriatric patients based on knowledge of geriatric syndromes.
- Summarize the principles of preventive medicine, ethics, rehabilitation, and psychiatry as they relate specifically to the geriatric patient.
- Discuss appropriate pharmacologic and non-pharmacologic treatments for older adults.
- Identify pharmacokinetic/ pharmacodynamic changes that affect drug use in the geriatric patient.
- Discuss the social milieu in which the elderly patient lives.
- Recognize the complex service delivery network that has been devised to serve the elderly patient.
- Describe the operation of long-term care systems and specialized geriatric assessment programs designed to treat the elderly person.

## CONFERENCE MATERIALS

The conference syllabus will be posted online. Registered participants will receive a website link approximately one week prior to the conference.

## VENUE

The Abbey Resort  
269 Fontana Blvd  
Fontana, WI 53125  
TheAbbeyResort.com  
1-800-772-1000

## FURTHER INFORMATION

For conference and special needs information, please contact:  
Anne Howaniec  
Phone: 608-256-1901 x12566  
Email: amhowan@medicine.wisc.edu

## CURRICULUM PLANNING COMMITTEE

**Terese M. Bailey, BS**  
University of Wisconsin-Madison ICEP

**Steven R. Barczy, MD**  
University of Wisconsin School of Medicine and Public Health,  
Course Advisor

**Lisa L. Boyle, MD, MPH**  
William S. Middleton Memorial Veterans Hospital

**Ruth Bruskiwitz, MS, RPh**  
University of Wisconsin-Madison, School of Pharmacy;  
University of Wisconsin-Madison ICEP

**Elizabeth N. Chapman, MD**  
University of Wisconsin School of Medicine and Public Health,  
Course Co-Director

**Steven Denson, MD**  
Medical College of Wisconsin, Course Co-Director

**Sandra Galles, MS, RN, APNP, GNP-BC**  
University of Wisconsin-Madison, School of Nursing;  
University of Wisconsin-Madison ICEP

**Anne M. Howaniec, BA**  
University of Wisconsin School of Medicine and Public Health

**Gail Gunter Hunt, ACSW, LCSW**  
William S. Middleton Memorial Veterans Hospital

**Julie A. Roznowski-Olson, Geriatric NP-BC, APNP**  
Medical College of Wisconsin

**Teresa Chervenka Swader, MSSW, LCSW**  
William S. Middleton Memorial Veterans Hospital

**Lauren L. Welch, PharmD, BCGP**  
William S. Middleton Memorial Veterans Hospital

## FACULTY

### MEDICAL COLLEGE OF WISCONSIN

Lisa Baumann Kreuziger, MD; Kathryn Bylow, MD; Steven Denson, MD; Mary Ellen Csuka, MD; Arthur Derse, MD, JD; Nashaat Gerges, PhD, BPharm; Joseph Goveas, MD; Ann Helms, MD; Nicholas C. Ketchum, MD; Jessica Kuester, MD; Ritu Madan, MD; Barbara J. Provo, RN, MSN, FNP-BC; Katherine A. Recka, MD; Joseph Shaker, MD; Michael Widlansky, MD, MPH; Dawn Wolfgram, MD

### UNIVERSITY OF WISCONSIN-MADISON

Sanjay Asthana, MD, FACP; Steven R. Barczy, MD; Ryan Bartkus, MD; Lisa L. Boyle, MD, MPH; Robert M. Breslow, RPh; Heidi W. Brown, MD; Elizabeth N. Chapman, MD; Christopher J. Crnich, MD, PhD; Justin Endo, MD; Catherine L. Gallagher, MD; Ian C. Grimes, MD; Irene Hamrick, MD; Sara K. Johnson, MD; Amy J. Kind, MD, PhD; Sameer K. Mathur, MD, PhD; Robert J. Przybelski, MD, MS; Nicole M. Pulia, PhD, CCC-SLP; Tracy Schroepfer, MSW, PhD; Art Walaszek, MD; Lauren L. Welch, PharmD, BCGP

## VISITING FACULTY

**Nicole Dengel, PharmD**  
Mallatt's Homecare Pharmacy

**Jadwiga Hjerstedt, DDS, MS**  
Marquette University

**Kirk Nelson, MD**  
Clement J. Zablocki Veterans Affairs Medical Center

**Jeanne Wagner, MSW, LCSW**  
UW-Milwaukee

## CREDIT

### Accreditation Statement



JOINTLY ACCREDITED PROVIDER  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the University of Wisconsin-Madison ICEP and the Medical College of Wisconsin. The University of Wisconsin-Madison ICEP

is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Accreditation Council for Pharmacy Education (ACPE)

The University of Wisconsin-Madison ICEP designates this live activity for a maximum of 28 hours of knowledge-based pharmacy credit. CE credit will be provided separately for each AM and PM session as noted below. There will be no partial credit issued for partial attendance at any of the sessions. CE credit, based on verification of live attendance and completion of the program evaluation, will be forwarded to NABP within two business days after the activity completion.

**Part 1 (September 26, AM)**  
ACPE UAN 0073-9999-17-051-L01-P (3.75 hours)

**Part 2 (September 26, PM)**  
ACPE UAN 0073-9999-17-052-L01-P (4.5 hours)

**Part 3 (September 27, AM)**  
ACPE UAN 0073-9999-17-053-L01-P (4.5 hours)

**Part 4 (September 27, PM)**  
ACPE UAN 0073-9999-17-054-L01-P (3.5 hours)

**Part 5 (September 28, AM)**  
ACPE UAN 0073-9999-17-055-L01-P (4.25 hours)

**Part 6 (September 28, PM)**  
ACPE UAN 0073-9999-17-056-L01-P (3.25 hours)

**Part 7 (September 29, AM)**  
ACPE UAN 0073-9999-17-057-L01-P (4.25 hours)

### American Medical Association (AMA)

The University of Wisconsin-Madison ICEP designates this live activity for a maximum of 28 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Nurses Credentialing Center (ANCC) & Iowa Board of Nursing

The University of Wisconsin-Madison ICEP designates this live activity for a maximum of 28 ANCC contact hours (33.6 Iowa Board of Nursing contact hours). ANCC pharmacotherapeutic contact hours will be calculated and awarded to meet requirements for advanced practice nurses. The University of Wisconsin-Madison School of Nursing is Iowa Board of Nursing provider 350.

### Continuing Education Units

The University of Wisconsin-Madison, as a member of the University Professional Continuing Education Association (UPCEA), authorizes this program for 2.8 continuing education units (CEUs) or 28 hours.

### NASW

This program has been approved by the National Association of Social Workers, Wisconsin Chapter and is worth up to 26.75 continuing education hours. Attendees should claim only the credit commensurate with the extent of their participation in the activity.