

The Wisconsin Update in Geriatric Medicine and Board Review Course



**Tuesday, September 24 to
Friday, September 27, 2019**



The Abbey Resort
269 Fontana Blvd
Fontana, WI 53125
(800) 772-1000

Target Audience:

Physicians
Physician Assistants
Nurses
Nurse Practitioners
Pharmacists
Social Workers
Psychologists



**Interprofessional
Continuing Education Partnership**
UNIVERSITY OF WISCONSIN-MADISON

School of Medicine
and Public Health
School of Nursing
School of Pharmacy

Jointly Provided By:

University of Wisconsin—Madison Interprofessional Continuing
Education Partnership (ICEP)
and
Medical College of Wisconsin

The Wisconsin Update in Geriatric Medicine and Board Review Course Program

September 24, 2019 - September 27, 2019

Course Description

The Wisconsin Update in Geriatric Medicine and Board Review Course is an in-depth, knowledge-based review of the field of Geriatric Medicine. It is designed for all providers who care for older adults: physicians, physician assistants, nurses, nurse practitioners, pharmacists, social workers and psychologists who wish to provide better care for their patients.

Physicians and other clinicians planning to sit for the American Board of Internal Medicine (ABIM), the American Board of Family Medicine (ABFM) Examination in Geriatric Medicine (or recertification) or comparable examinations for other health disciplines will also benefit from the course, which is jointly provided by the University of Wisconsin– Madison Interprofessional Continuing Education Partnership (ICEP) and the Medical College of Wisconsin.

During the course, participants learn about principles of aging; the clinical approach to the geriatric patient; major syndromes such as dementia, incontinence, falls and metabolic bone disease; organ-specific diseases that have special import for the geriatric patient; and clinical pearls regarding care for the geriatric population.

Special emphasis will be placed on neuropsychiatry, pharmacological and non-pharmacological approaches to treatment, and systems of geriatric care including long-term care and geriatric assessment. The course offers didactic sessions, question and answer sessions with presenters, and case-based learning. In addition to the plenary sessions for all interprofessional learners, specialized breakout sessions will be offered for social workers and pharmacists.

Course Objectives

Upon completion of this course, participants should be able to:

- Discuss the diagnosis and management of common geriatric syndromes (e.g., urinary incontinence, metabolic bone disease, dementia, and falls).
- Describe organ-specific changes and diseases as they relate to the geriatric patient.
- Develop a clinical approach to geriatric patients based on knowledge of geriatric syndromes.
- Summarize the principles of preventive medicine, ethics, rehabilitation, and psychiatry as they relate specifically to the geriatric patient.
- Discuss appropriate pharmacologic and non-pharmacologic treatments for older adults.
- Identify pharmacokinetic/ pharmacodynamic changes that affect drug use in the geriatric patient.
- Discuss the social milieu in which the elderly patient lives.
- Recognize the complex service delivery network that has been devised to serve the elderly patient.
- Describe the operation of long-term care systems and specialized geriatric assessment programs designed to treat the elderly person.

Accreditation

Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the University of Wisconsin–Madison ICEP and the Medical College of Wisconsin. The University of Wisconsin–Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Accreditation Council for Pharmacy Education (ACPE)

The University of Wisconsin–Madison ICEP designates this knowledge-based activity for a maximum of 27 hours/2.7 CEUs of CPE credit. Credit can be earned by documented attendance and by successfully completing the evaluation. Credit will be provided to NABP CPE Monitor within 60 days after the activity completion. Universal Activity Number (UAN): J0000358-9999-19-074-L01-P.

American Medical Association (AMA)

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 27 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC) & Iowa Board of Nursing

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 27 ANCC contact hours (6.75 of which are eligible for pharmacotherapeutic contact hours) and 27 Iowa contact hours.

The University of Wisconsin–Madison School of Nursing is Iowa Board of Nursing provider 350. A copy of the evaluation(s) may be sent to the Iowa Board of Nursing, 400 SW 8th St., Suite B, Des Moines, IA 50309.

Continuing Education Units

The University of Wisconsin–Madison, as a member of the University Professional Continuing Education Association (UPCEA), authorizes this program for 2.7 continuing education units (CEUs) or 27 hours.

Social Work

Wisconsin certificate holders may earn a maximum of 27 Continuing Education Hours for attending this activity, participants should claim only the credit commensurate with the extent of their participation in this activity. Please visit: <https://www.naswwi.org/continuing-education/continuing-education-approval/> and click on 'New Continuing Education Rules' for additional State of WI information. For all other states: Check with your state licensing board if you have questions. Indicate the course is approved for both UW-Madison CEUs and *AMA PRA Category 1 Credits*™.

Elements of Competence

This activity focuses on the interprofessional competencies of values/ethics for interprofessional practice, roles/ responsibilities, interprofessional communication and teams/teamwork.

Conference Contributors

Jointly Provided By

The University of Wisconsin—Madison Continuing Education Partnership (ICEP) and the Medical College of Wisconsin

In Collaboration With

- Clement J. Zablocki Veterans Affairs Medical Center, Milwaukee, WI
- Madison VA Geriatrics Research, Education and Clinical Center
- William S. Middleton Memorial Veterans Hospital, Madison, WI
- Wisconsin Geriatrics Education Center (HRSA grant #U1QHP28712)

Course Directors and Advisors

Course Directors:

Elizabeth N. Chapman, MD and **Steven Denson, MD**

Course Advisor:

Steven R. Barczi, MD

Exhibitors

Location: Harbor Ballroom 1 & 2

Tuesday, September 24, 2019

- Janssen Pharmaceuticals, Inc
- Alzheimer's Association Wisconsin Chapter

Wednesday, September 25, 2019

- Lilly USA
- Janssen Pharmaceuticals, Inc.
- Alzheimer's Association Wisconsin Chapter
- Wisconsin Alzheimer's Institute

Thursday, September 26, 2019

- Pfizer, Inc.
- Alzheimer's Association Wisconsin Chapter

Friday, September 27, 2019

- Alzheimer's Association Wisconsin Chapter

Curriculum Planning Committee

Terese Bailey, BS, University of Wisconsin–Madison ICEP
Steven R. Barczy, MD, University of Wisconsin School of Medicine & Public Health
Lisa Boyle, MD, MPH, William S. Middleton Memorial Veterans Hospital
Elizabeth Chapman, MD, University of Wisconsin School of Medicine & Public Health
Steven Denson, MD, Medical College of Wisconsin
Gail Gunter Hunt, ACSW, LCSW, William S. Middleton Memorial Veterans Hospital
Tracy Mrochek, MPA, RN, University of Wisconsin–Madison School of Nursing
Cara O’Brien, MD, Medical College of Wisconsin
Julie Roznowski-Olson, APNP, Medical College of Wisconsin
Teresa Chervenka Swader, MSSW, LCSW, William S. Middleton Memorial Veterans Hospital
Amanda Szymkowski, BA, Medical College of Wisconsin
Lauren Welch, PharmD, BCGP, William S. Middleton Memorial Veterans Hospital
Sara Wray, BA, University of Wisconsin School of Medicine & Public Health

Speakers

Medical College of Wisconsin

Angela Beckert, MD
Kathryn Bylow, MD
Mary Ellen Csuka, MD
Kathryn Denson, MD
Steven Denson, MD
Arthur Derse, MD, JD
Malgorzata B. Franczak, MD
Joseph Goveas, MD
Kathryn Hanley, MD
Ann Helms, MD
Emily Kieu, DPT
Jessica Kuester, MD
Cara C. O’Brien, MD
Irene O’Shaughnessy, MD
Andrew Petroll, MD
Barbara J. Provo, RN, MSN, FNP-BC
Katherine A. Recka, MD
Joseph Shaker, MD
Michael Widlansky, MD, MPH
Dawn Wolfram, MD

University of Wisconsin School of Medicine and Public Health

Sanjay Asthana, MD, FACP
Steven R. Barczy, MD
Lisa L. Boyle, MD, MPH
Ann Braus, MD
Robert M. Breslow, RPh
Randall Brown, MD, PhD, DFASAM
Elizabeth N. Chapman, MD
Nathaniel Chin, MD
Lindsay Clark, PhD
Christopher J. Crnich, MD, PhD
Melissa Dattalo, MD, MPH
Alexis Eastman, MD
Justin Endo, MD
Tammy Henrichs, MSW, APSW
Sara K. Johnson, MD
Amy J. Kind, MD, PhD
Keith C. Meyer, MD
Robert Przybelski, MD, MS
Art Walaszek MD
Lauren L. Welch, PharmD, BCGP

Visiting Speakers

Amy Devine, JD, MSW, Haskins Short & Brindley LLC
Jadwiga Hjerstedt, DDS, MS, Marquette University
Jenny Patterson, MSSW, CAPSW, Care Wisconsin
Jenny Rodefeld, MSW, LCSW, Care Wisconsin
Deborah Simpson, PhD, Aurora Health Care
Travis Suss, PharmD, Concordia University of Wisconsin
Beth Thorson, LCSW, ACSW, Bread of Healing Clinic

Tuesday, September 24, 2019

Agenda

AM

7:00 **Breakfast** (Location: Harbor Ballroom 1 & 2)

General Session (Location: Harbor Ballroom 3 & 4)

7:45 **Welcome**

Co-Chairs: Elizabeth N. Chapman, MD and Steven Denson, MD

8:00 **How the Physiology & Biology of Aging Influences Patient Care**

Steven R. Barczi, MD

8:45 **Geriatric Assessment**

Jessica Kuester, MD

9:30 **Pharmacology and Aging: Optimizing Care and Mitigating Unwanted Consequences**

Robert M. Breslow, RPh

10:15 **Break** (Location: Harbor Ballroom 1 & 2)

10:30 **What's New in UTI, C. difficile and Vaccines: An Update in Infectious Diseases**

Christopher J. Crnich, MD, PhD

11:15 **Health Care for the LGBTQ Community - Inclusion Health Clinics**

Andrew Petroll, MD

Tues AM presenter evaluations: <https://go.wisc.edu/q13rgv>

PM

12:00 **Lunch** (Location: Harbor Ballroom 1 & 2)

General Session (Location: Harbor Ballroom 3 & 4)

1:00 **Is it Dementia or Not? The Spectrum of Cognitive Impairment**

Sanjay Asthana, MD, FACP

1:45 **Transitional Care**

Amy J. Kind, MD, PhD

2:30 **Break** (Location: Harbor Ballroom 1 & 2)

2:45 **An Interdisciplinary Approach to Dementia Diagnosis and Care**

Lindsay Clark, PhD, Nathaniel Chin, MD and

Tammy Henrichs, MSW, APSW

3:30 **Normal Pressure Hydrocephalus**

Malgorzata B. Franczak, MD

4:15 **Managing Behavioral & Psychological Symptoms of Dementia**

Art Walaszek, MD

5:00 **Adjourn**

Tues PM presenter evaluations: <https://go.wisc.edu/Of61i2>

6:00 **Reception and Dinner** (Location: Harbor Lawn)

Wednesday, September 25, 2019

Agenda

AM

7:00 **Breakfast** (Location: Harbor Ballroom 1 & 2)

General Session (Location: Harbor Ballroom 3 & 4)

8:00 **Stroke and TIA, Update in Acute Care and Secondary Prevention**

Ann Helms, MD

8:45 **Geriatric Nephrology**

Dawn Wolfgram, MD

9:30 **Guardianship Panel Discussion**

Steven Denson, MD, Beth Thorson, LCSW, ACSW, Amy Devine, JD, MSW, GCAG,

10:15 **Break** (Location: Harbor Ballroom 1 & 2)

10:30 **Geriatric Rheumatology**

Mary Ellen Csuka, MD, FACP

11:15 **Challenges in Cardiovascular Care for Older Adults**

Michael Widlansky, MD, MPH

Wed AM presenter evaluations: <https://go.wisc.edu/r8xtfc>

PM

12:00 **Lunch** (Location: Harbor Ballroom 1 & 2)

1:00 PM-5:00 PM **Pharmacy Breakout Sessions** (Location: North Shore)

General Session (Location: Harbor Ballroom 3 & 4)

1:00 **Home Based Primary Care**

Melissa Dattalo, MD, MPH

1:45 **Perioperative Optimization of Senior Health: the UW POSH Pilot**

Alexis Eastman, MD

2:30 **Break** (Location: Harbor Ballroom 1 & 2)

2:45 **"Mary Cohan Memorial Lecture" - Skilled Nursing Facilities: Essentials for the Primary Care Provider**

Ann Braus, MD

3:30 **Legal and Ethical Issues**

Arthur Derse, MD, JD

4:15 **Palliative Care Across the Continuum of Geriatric Illness**

Sara K. Johnson, MD

Wednesday, September 25, 2019

Pharmacy Breakout Session

1:00 PM—5:00 PM

Location: North Shore

PM

1:00 Deprescribing/Update to Beer's Criteria

Lauren Welch, PharmD, BCGP

1:45 Evidence Based Use of Herbals, Supplements and CBD in the Older Adult

Travis Suss, PharmD

2:30 Break (*Location: Harbor Ballroom 1 & 2*)

2:45 A Palliative Care Pharmacist's Role in Pain and Symptom Management

Allison Riendeau, PharmD

3:30 Behaviors and Psychological Symptoms of Dementia in SNF Residents

Mara Kieser, MS, RPh

4:15 Panel Discussion

Lauren Welch, PharmD, BCGP, Travis Suss, PharmD, Allison Riendeau, PharmD,
Mara Kieser, MS, RPh

5:00 Adjourn

Pharmacy Breakout presenter evaluations: <https://go.wisc.edu/167zi4>

Thursday, September 26, 2019

Social Work Breakout Sessions

8:45 AM—12:00 PM

Location: North Shore

AM

8:45 Motivational Interviewing: A Taste of MI

Jenny Rodefeld, MSW, LCSW and Jenny Patterson, MSSW, CAPSW

10:15 Break (*Location: Harbor Ballroom 1 & 2*)

10:30 Motivational Interviewing: A Taste of MI (*continued*)

Jenny Rodefeld, MSW, LCSW and Jenny Patterson, MSSW, CAPSW

PM

12:00 Adjourn

Social Work Breakout presenter evaluations: <https://go.wisc.edu/gylns9>

Thursday, September 26, 2019

Agenda

AM

7:00 **Breakfast** (Location: Harbor Ballroom 1 & 2)

8:45AM-12:00PM **Social Work Breakout Sessions** (Location: North Shore)

General Session (Location: Harbor Ballroom 3 & 4)

8:00 **Geriatric Anxiety**

Lisa L. Boyle, MD, MPH

8:45 **Geriatric Pain Management**

Katherine A. Recka, MD

9:30 **Osteoporosis - 2019**

Joseph Shaker, MD

10:15 **Break** (Location: Harbor Ballroom 1 & 2)

10:30 **Geriatric Thyroid and Parathyroid Disease**

Irene O'Shaughnessy, MD

11:15 **Geriatric Skin Conditions Made Simpler**

Justin Endo, MD

Thurs AM presenter evaluations: <https://go.wisc.edu/36c2q6>

PM

12:00 **Lunch** (Location: Harbor Ballroom 1 & 2)

12:00 **Workshop Luncheon: Dementia Caregiver: Conversations & Resources**

(Location: South Shore)

Kathryn Denson, MD, Steven Denson, MD & Deborah Simpson, PhD

Lunch Workshop presenter evaluation: <https://go.wisc.edu/79a8zo>

General Session (Location: Harbor Ballroom 3 & 4)

1:00 **When Cancer and Aging Collide: Unique Issues in Caring for Older Patients with Cancer**

Kathryn Bylow, MD

1:45 **Geriatric Depression**

Joseph Goveas, MD

2:30 **Break** (Location: Harbor Ballroom 1 & 2)

2:45 **Urinary Incontinence Panel Discussion**

Cara O'Brien, MD & Emily Kieu, DPT

3:30 **The Essentials of the Geriatric ED**

Kathryn Hanley, MD

4:15 **Chronic Wound Management: Practice Update**

Barbara J. Provo, RN, MSN, FNP-BC

Friday, September 27, 2019

Agenda

AM

7:00 **Breakfast** (*Location: Harbor Ballroom 1 & 2*)

General Session (*Location: Harbor Ballroom 3 & 4*)

8:00 **Substance-Related Issues in Geriatrics: Opioids, Sedative/Hypnotic Agents & Alcohol**

Randall Brown, MD, PhD, DFASAM

8:45 **Frailty**

Angela Beckert, MD

9:30 **Oral Health in Older Adults**

Jadwiga Hjertstedt, DDS, MS

10:15 **Break** (*Location: Harbor Ballroom 1 & 2*)

10:30 **Changes in the Aging Lung: What Is Normal and What Is Not**

Keith C. Meyer, MD

11:15 **Vitamin Deficiencies: What to Test and How to Treat**

Robert Przybelski, MD, MS

PM

12:00 **Adjourn**

12:00 **Boxed Lunches Available**

Fri AM presenter evaluations: <https://go.wisc.edu/1j5fc6>

Accreditation: In order to receive credit for attendance, please complete each half-day session evaluation, as well as the overall course evaluation: <https://go.wisc.edu/9xj116>.

In Memory of Dr. Mary Cohan (3/16/56—2/23/17)

We dedicate Dr. Ann Braus' "Skilled Nursing Facilities: Essentials for the Primary Care



Provider" lecture to Dr. Mary Cohan. As Medical Director for Clement Manor Nursing Home for 25 years and Care Age of Brookfield for 12 years, Dr. Cohan was our expert nursing home presenter at this bi-annual conference. She was an outstanding and caring physician named "Best Doctor" by her peers and several publications on numerous occasions. She was a distinguished teacher who educated and mentored hundreds of students, residents and fellows through her nursing home work as well as through her positions at the Medical College of Wisconsin and the Milwaukee VA. This photo was taken in 2016, when she joined the MCW

Global Health Elective where she cared for patients and taught learners in Nepal.